

# Paras Health Udaipur Launches Dedicated Stroke Clinic; Experts Call for Wider Access in Private Hospitals



**Udaipur:** Paras Health Udaipur has launched a dedicated Stroke Clinic, a milestone that promises faster diagnosis, treatment, and rehabilitation for stroke patients across southern Rajasthan and neighboring states. The facility was inaugurated in the presence of the

Neurosciences team, healthcare professionals, and community stakeholders under the theme "Recognize Stroke, Act FAST – Every Minute Saved is a Life Rebuilt."

**Experts Stress Urgency and Early Action**

Leading the initiative were Dr. Uday Bhowmick (Director & HOD, Neurosurgery), Dr. Tarun Mathur (Senior Consultant, Neurology), Dr. Manish Kulshrestha (Senior Consultant, Neurology), Dr. Ajit Singh (Senior Consultant, Neurosurgery), and Dr. Amitendu Sekhar (Senior Consultant, Neurosurgery). Together, they underlined the urgent need for public awareness using the B.E.F.A.S.T. tool (Balance, Eyes, Face, Arms, Speech, Time) to recognize stroke symptoms early.

With over 12 million new cases globally and nearly 1 crore incidents annually in India, doctors emphasized that early intervention during the golden window—the first few hours after onset—can mean

the difference between life, death, or permanent disability.

**A Call for Expansion Beyond Government Hospitals**

Speaking at the launch, Dr. Prasun Kumar, Facility Director at Paras Health Udaipur, highlighted the stark reality: "In India, nearly 1 crore people suffer from strokes every year. About 5 lakh die, while another 5 lakh are left dependent on life-long care."

Timely recognition and treatment can change this story—but for that, stroke management facilities must be accessible to citizens beyond government hospitals."

Currently, most advanced stroke treatment facilities are concentrated in government medical institutions. Experts at

the launch demanded that private hospitals too must integrate comprehensive stroke management units, so that citizens can access life-saving treatment closer to home, without losing critical time in transit.

**Comprehensive Stroke Care at Paras Health**

The new Stroke Clinic at Paras Health Udaipur will deliver emergency response, advanced neuroimaging, interventions for ischemic and hemorrhagic strokes, and post-stroke rehabilitation services such as physiotherapy, speech therapy, and long-term care—all under one roof. By reducing delays, the hospital aims to set an example for private healthcare institutions across the region.

**Community Awareness and Prevention**

The expert panel urged people to undergo regular health check-ups, control hypertension and diabetes, and adopt healthy lifestyles. They called for community-wide stroke education campaigns, particularly around the B.E.F.A.S.T. method, so that patients can be rushed to hospitals within the golden period.

With this launch, Paras Health Udaipur not only strengthens its role as a hub for advanced neurological care but also raises a critical demand—that stroke management should not remain confined to government hospitals but must be available in every private hospital as a standard of care.

## Three-Day International Conference on "Trends of Transformation in Oncology" Concludes in Udaipur



**Udaipur:** The three-day International Conference on "Trends of Transformation in Oncology" successfully concluded at Pacific Medical College & Hospital (PMCH), Udaipur, marking a significant step in advancing cancer research and treatment practices. The event, jointly organized by PMCH, Paras, HMRI, IASCO, Menken Foundation, and Cancer Research & Statistic Foundation, brought together more than 100 oncologists, researchers, and medical professionals from India and abroad.

The conference was inaugurated with the ceremonial lamp lighting before Lord Ganesha by eminent dignitaries including Dr. Purvish Parikh (Former Head, Medical Oncology, Tata Memorial Hospital, Mumbai), PMCH Director Dr. Preeti Agrawal, Executive Director Aman Agrawal, University President Dr. M.M. Mangal, Principal Dr. U.S. Parihar, Conference Chairman Dr. Manoj Mahajan, and Oncosurgeon Dr. Saurabh Sharma. Chairman Rahul Agrawal extended his best wishes, emphasizing that the event would be a milestone in oncology.

Over the course of three days, experts deliberated on revolutionary therapies and emerging trends in oncology. Day One focused on CAR T-Cell therapy and its role in treating hematological malignancies like DLBCL, ALL, and Multiple Myeloma. Dr. Nguyen Duy Sinh (Japan) and Dr. Vijay Patil (Tata Memorial, Mumbai) presented insights on real-world applications, side effects such as CRS and ICANS, and long-term monitoring. Dr. Saurabh Sharma discussed complications in cellular therapy, while Dr. Ashay Karpe emphasized the importance of early detection in multiple myeloma.

Day Two explored the application of cellular therapies in solid tumors including breast, lung, head & neck, kidney, and prostate cancers. Sessions led by Dr. Vijay Patil and Dr. Manoj Mahajan highlighted innovations in ctDNA, CTCs for cancer monitoring, and the establishment of CAR T-Cell Units in India.

Day Three addressed advances in targeted therapies for gastrointestinal and gynecological cancers, with Dr. Ashay Karpe discussing CLDN18.2 and HER2 pathways. The event concluded with detailed case studies and interactive panel discussions, encouraging collaborative solutions for complex oncology challenges.

Parallel to the academic sessions, a special OPD was organized at Sunrise Cancer Care Clinic, Saubhagpura, where international and national oncologists offered second opinions to cancer patients, ensuring direct public benefit from the conference.

Dr. Mahajan emphasized that innovations such as cellular therapy, immunotherapy, and liquid biopsy are reshaping oncology by enhancing awareness and equipping doctors with advanced skills. The conference concluded on a note of global collaboration, placing Udaipur firmly on the international medical map.

## PMCH Creates History in ICMR STS Scheme – Five MBBS Students Selected



**Udaipur:** Pacific Medical College and Hospital (PMCH), Udaipur, has created history this year by achieving outstanding success in the Indian Council of Medical Research (ICMR) Short-Term Studentship (STS) Research Project Scheme at the national level. Among all medical colleges in Rajasthan, PMCH recorded the highest number of selections, marking a proud moment not only for the institution but also for the entire region.

Chairman of the institution, Rahul Agrawal, expressed happiness on this achievement and extended heartfelt congratulations to all the selected students and their guides. He said this success reflects the academic excellence and research strength of PMCH. He further added that in the coming years, more students would participate in research and bring greater recognition to the institution.

CEO Sharad Kothari also congratulated the selected students and their mentors, describing this success as a result of the institution's research-oriented policies.

Dr. M.M. Mangal, President of Pacific Medical University, informed that five MBBS students were selected in this prestigious scheme. He highlighted that the selection in ICMR's STS is highly competitive, with thousands of students applying from across the country. In such a scenario, five selections from a single college is a remarkable achievement.

Principal Dr. U.S. Parihar congratulated the selected students and their mentors, stating that this success is the outcome of a strong research culture, committed faculty, and enthusiastic students. He emphasized that PMCH is not only delivering quality medical education but is also emerging as a nationally recognized research hub.

Advisory members Dr. Neeta Sahi and Dr. B. Kumar also expressed their delight, remarking that this historic achievement will inspire future generations to participate in research. They described it as a significant step towards establishing PMCH as a leading research institution in the years ahead.

The success of students in this research project scheme was made possible by the dedicated efforts of Dr. Rohtash Yadav, Nodal In-charge of the projects from the Department of Pharmacology.

## 200 Weeks of Continuous Free Yoga Camp at Sukhadia University



**Udaipur:** The University Yoga Center of Sukhadia University has achieved a historic milestone by conducting a free yoga camp continuously for 200 weeks and 1,400 days without interruption since October 19, 2021. Held daily from 6:00–7:15 AM at Vivekananda Auditorium's Cafeteria Hall, the camp promotes holistic well-being through asanas, pranayama, and advanced yoga practices.

Currently led by instructor Ms. Aditi Sharda, it provides free access and mats to all participants. Coordinator Dr. Deependra Singh Chauhan emphasized its role in physical, mental, and spiritual health. The initiative was recognized by Udaipur District Administration during Independence Day 2025 for its remarkable contribution.

## Successful Non-Surgical Heart Treatment at PIMS Hospital

**Udaipur:** A remarkable medical achievement was recorded at Pacific Institute of Medical Sciences (PIMS), Umarda, where doctors successfully treated a four-year-old child's congenital heart defect without open-heart surgery.

Chairman Ashish Agrawal informed that under the Chiranjeevi Yojana, the procedure was performed free of cost by Senior Consultant and Interventional Cardiologist Dr. Mahesh Jain and his team. The child was suffering from a condition known as Patent Ductus Arteriosus (PDA), in which a passage between two main arteries of the heart remains open instead of closing naturally after birth.

Dr. Jain explained that PDA patients often face breathing difficulties, dizziness, weakness, and poor physical growth. The team employed the advanced PDA Device Closure technique, using an umbrella-shaped device with two discs and a tubular connector that is inserted through a catheter to seal the defect.

Supporting the procedure were Cardiac Anesthetist Dr. Vipin Sisodia and CTVS Surgeon Dr. Vivek Rawat. The successful treatment highlights PIMS Hospital's expertise in advanced cardiology and its commitment to providing modern healthcare facilities to patients.



## Apex University's Orientation "Udaan-2025" Filled with Energy, Inspiration and Laughter

Jaipur, Apex University, Jaipur, hosted a three-day orientation programme "Udaan-2025" to welcome over 3,000 new students for the academic session 2025-

26. The event began with traditional welcome rituals of dhol-nagada and tilak, followed by vibrant cultural performances, folk songs, and Bollywood music, creating an atmosphere of excitement and joy.

The inaugural day was highlighted by global motivational speaker Harshvardhan, who shared the seven principles of success—emphasizing big goals, positive attitude during crises, discipline, and dedication to humanity. University Chairperson Dr. Ravi Vinayak encouraged students to move forward with confidence, while Vice Chancellor Dr. Somdev Shatanshu stressed that true success lies in moral values and character building. Advisor Prof. O.P. Chhangani highlighted the university's global vision, and Registrar Dr. Pankaj Kumar Sharma reflected on the institution's 60-year journey of academic excellence.

The second day was marked by

## Induction Ceremony Welcomes Student-Teachers

**Udaipur:** The Faculty of Education of Manikya Lal Verma Shramjeevi College, Janardan Rai Nagar Rajasthan Vidyapeeth University, organized an induction ceremony for the newly admitted student-teachers of BA-B.Ed and B.Sc-B.Ed courses in the college auditorium. The program began with the lighting of the ceremonial lamp before the idol of Maa Saraswati by Vice Chancellor Col. (Prof.) Shiv Singh Sarangdevot, Chancellor Bhawar Lal Gurjar, Prof. Malay Paneri, Dr. Dharmendra Rajora, and Dr. Sunita Murdia. Addressing the gathering, Prof. Sarangdevot advised the new students to focus on holistic growth, emphasizing the balance of physical, mental, and spiritual development. He said that time management, self-discipline, and determination of goals are essential to success. He reminded them that failure is the first step to success and that teachers bear the responsibility if students fall short. Chancellor Gurjar recalled that Rajasthan Vidyapeeth was founded in 1937 to provide education to deprived sections and encouraged participation in co-curricular activities.

At the beginning, Dr. Sunita Murdia welcomed the guests and shared the program's objectives. On this occasion, the book "Mela Anchal Swaroop aur Sarokar" edited by Dr. Lalit Shrivastava was released.

## Sangam University Hosts 'Deeksharambh 2025' Orientation Program



**Bhilwara:** Sangam University inaugurated its three-day mega orientation program "Deeksharambh 2025" for newly admitted first-year students at the Town Hall, Bhilwara. The event welcomed freshers with academic insights, motivational talks, and cultural performances, marking the beginning of their university journey.

The program commenced with a traditional welcome and the University's kul-geet, in the presence of Chairman Shri Rampal Soni, Board Member Ms. Palak Modani, Vice Chancellor Prof. Karunesh Saxena, Pro Vice Chancellor Prof. Manas Ranjan Panigrahi, Registrar Alok Kumar, special guest Dr. Anurag Srivastava, and IAS officer Akshat Kumar Singh.

In his address, Prof. Saxena highlighted Sangam's achievements and advised students to adopt SWOT analysis for growth, stressing that "earning is embedded in learning." Dr. Srivastava inspired students to embrace technology, adaptability, and self-belief, while Chairman Soni emphasized mental fitness, resource utilization, and nation-building. IAS officer Singh motivated students to identify their strengths early to shape careers effectively.

The event also recognized students excelling in sports, NCC, and national championships. Dr. Srivastava was honored with the Corporate Icon for Youth Award. A cultural evening followed, with vibrant performances by senior students and active participation from freshers.

The orientation, coordinated by dedicated faculty and staff, set the tone for an enriching academic journey, blending motivation, recognition, and cultural integration.

## Dr. Rishi Kumar Sharma Delivered Lecture at National Pulmonology Conference



**Udaipur:** Dr. Rishi Kumar Sharma, Senior Professor in the Department of Respiratory Medicine at Geetanjali Medical College & Hospital, participated as Faculty at the 6th CCI-CON National Pulmonology Conference held in Kolkata.

Dr. Sharma delivered a lecture on the role of biologic therapies in severe asthma and on contemporary management of pleural infections and empyema. His address highlighted that the use of biologic agents can provide significant relief to patients with severe and refractory asthma, while timely and advanced therapeutic interventions in pleural space infections can be lifesaving.

The conference was attended by eminent pulmonologists and specialists from across the country, where Dr. Sharma's contribution brought recognition and pride to Udaipur.

## GITS achieved a major milestone



**Udaipur:** Geetanjali Institute of Technical Studies (GITS) achieved a major milestone as 19 students were selected as Junior Software Engineers in the pool campus drive conducted by In Time Tech. The two-day drive, held with participation from GITS, CTAE Udaipur, and Techno India Udaipur, saw over 250 students competing. The recruitment process included aptitude tests, technical and HR interviews, led by Mr. Kapil Paliwal and Ms. Sanskruti Bairagi. Selected candidates excelled in Computer Science Engineering. GITS Director Dr. S.M. Prasanna Kumar highlighted In Time Tech's global IT expertise, while Finance Controller B.L. Jangid wished the students success in their professional journey.