



Kota: A Morning of Motion, Motivation, and Memories A burst of energy, color, and community spirit swept through the Indraprastha Industrial Area of Kota on Sunday morning as Motion Education's Foundation Division hosted its much-anticipated fitness event — "Run the Mile, Walk with Style – Walk-O-Run." Thousands of children, accompanied by their parents, gathered near the Dakaniya Railway Station at the Drona-2 Campus, transforming the area into a festive zone of wellness and unity.

A Dance-Fueled Start to a Fitness-Packed Day -As the first light of dawn broke, so did the rhythm of celebration. Founder and CEO of Motion Education, Nitin Vijay, set the pace with an energetic Zumba session, followed by a high-energy DJ con-

cert that had children and parents dancing in perfect harmony. The early morning sky lit up not just with sunlight, but with joy and laughter, as the community warmed up for the races ahead.

Marathon in Motion: Three Distinct Age Categories : Director Dr. Swati Vijay elaborated on the structure of the event, explaining that the marathon was thoughtfully divided into age-specific categories:

- 1.5 km for ages 7–9
- 3 km for ages 10–12
- 5 km for ages 13–15

Each child, regardless of the outcome, was celebrated — receiving a Motion-branded T-shirt, a sturdy backpack, refresh-

Run the Mile, Walk with Style: A Fitness Fiesta for Families in Kota

ing treats, and a participation e-certificate. The event was further uplifted by the presence of Motion Education's Chairman Surendra Vijay, Director Sushila Vijay, and Foundation Division Academic Head Mukesh Gaur.

Winners Who Stole the Show - The marathon officially commenced with a flag-off ceremony led by Nitin Vijay. Cheers erupted as the young runners took their first steps. At the finish line, top runners were welcomed with applause and accolades:

- 7–9 years: Mitansh Jain, Vansh Paralia, Virat Singh, and Tanish
- 10–12 years: Keshav Malav, Deeksha, and Mrinal
- 13–15 years: Hitik Singh, Jeevesh Singh, and Anukrant Singh

Trophies and mementos awaited the top performers, while every participant wore their medals with pride, each one a sym-

bol of effort and enthusiasm.

A Message Beyond the Finish Line -Promotional partner Dr. Vipul Khandelwal of Kota Heart Group used the platform to inspire families with a message on health awareness. Emphasizing the profound benefits of waking up early and maintaining a morning fitness routine, Dr. Khandelwal called upon all families to integrate physical activity into their daily lives — not just as a one-day celebration, but as a lifelong commitment to health and happiness.

A Community United by Fitness -"Run the Mile, Walk with Style" wasn't just a marathon; it was a movement — a fusion of fitness, family bonding, and fun. As the morning came to a close, one thing was clear: Motion Education had successfully turned a regular Sunday into an unforgettable celebration of life, health, and community spirit.

Presented by: Nishant Shrivastava

Research and Governance Workshops Organized at Sangam

Bhilwara: Two significant academic events were successfully organized at Sangam University, Bhilwara, aimed at enhancing research capabilities and promoting effective governance in higher education.

Research and Project Development Workshop -A one-day workshop focusing on Research and Project Development for faculty members was conducted at Sangam University. Lt. Raj Kumar Jain provided the inputs, and Pawan Garg delivered the presentation.

The special session was led by Dr. Ajay Kumar Gupta, former Director and Senior Advisor of the Indian Council of Social Science Research (ICSSR), New Delhi, who offered valuable insights to the participants.

Faculty members from the School of Humanities and Social Sciences, School of Management, School of Law, and School of Basic Sciences and Humanities actively participated.

The workshop was attended by dignitaries including Vice Chancellor Prof. Karun Saxena, Pro Vice Chancellor Prof. Manas Ranjan Panigrahi, Registrar Dr. Rajeet Mehta, IQAC Director Dr. K.K. Sharma, Dean Prof. Preeti Mehta, and Assistant Professor Dr. Mukesh Kumar Sharma.

Dr. Gupta elaborated on ICSSR-supported research projects and grants, emphasizing the importance of promoting research tailored to the social environment of semi-urban regions like Bhilwara. He encouraged faculty to undertake impactful local research using available grant opportunities.

Vice Chancellor Prof. Karun Saxena assured that Sangam University would continue fostering a vibrant research culture. Pro Vice Chancellor Prof. Manas Ranjan Panigrahi expressed gratitude to the guests and participants during the concluding session, reaffirming the university's commitment to advancing research collaborations with premier institutions for the benefit of students and society.

Administrative Development Program on Effective Governance - Additionally, a week-long Administrative Development Program on "Effective Governance in Higher Education" was inaugurated under the joint auspices of the Association of Indian Universities (AIU), the Academic and Administrative Development Center, and the Internal Quality Assurance Cell (IQAC).

Prof. Preeti Mehta outlined the program's structure. Chief Guest and Vice Chancellor Prof. Karunesh Saxena highlighted the importance of time management, stress control, and digital proficiency for achieving institutional excellence.

The first session focused on prioritization, work-life balance, and the use of digital tools for stress management. Upcoming sessions will delve into higher education policies, service excellence, financial administration, data security, and digital governance. The program is being coordinated by Dr. Seema Kabra, ensuring its effective implementation and impactful learning outcomes for participants.



Udaipur MP Recommends ₹1 Lakh Worth Books for 18 Colleges

Udaipur: In a pioneering move

to support higher education in Rajasthan, Udaipur MP Dr. Mannalal Rawat has initiated the distribution of books worth ₹1 lakh each to 18 government colleges in the Udaipur parliamentary constituency. This initiative is being carried out under the Member of Parliament Local Area Development Scheme (MPLADS).

Dr. Rawat stated that many colleges lack access to basic course textbooks, which directly affects students' academic progress. Recognizing this gap, he recommended the establishment of Youth Resource Centres in all government colleges across the constituency and provision of books especially useful for competitive exam preparation—particularly benefiting students from tribal regions.

The colleges benefiting from this initiative include:

Government College, Dhariyawad
Government PG College, Pratapgarh
Government College, Sarada
Government College, Semari
Hadarani Government PG College, Salumber
Government College, Lasadia
Government Girls College, Kherwada
Government College, Kherwada
Government College, Rishabhdev
Government College, Jhadol
Government College, Badgaon
Government College, Kotda
Government Meera Girls College, Udaipur
Government Maharana Acharya Sanskrit College, Udaipur
Government College, Nayagaon
Government College, Gogunda
Government College, Sabla (Dungarpur)
Government Veerabala Kalibai Girls College, Dungarpur
MP Rawat's effort marks the first such educational support initiative by a parliamentarian in the state, aimed at ensuring that every student in government colleges has the resources to study and succeed.



World Water Day Celebrated by Faculty of Education

Udaipur: The Faculty of Education at Mohanlal Sukhadia University observed World Water Day with a series of awareness activities emphasizing the importance of water conservation.

The event was graced by Dr. Alpna Singh, Head of the Faculty of Education, along with faculty members Dr. Sapna Sen and Dr. Nisha Singhvi. The program began with a symbolic worship of the water pump, where female students, carrying traditional water pots, sang devotional songs as they walked to the site for the ritual.

The celebration continued with a mime performance by B.Ed. first-year student Jaswant Singh, a poetry recitation by second-year students, and a short documentary highlighting the urgent need to conserve water.

Dr. Alpna Singh addressed the students, introducing innovative methods and technologies for water conservation. Event coordinators Dr. Nisha Sharma and Mrs. Kiran Ranawat also shared insights on rainwater harvesting and sustainable water usage practices.

The event was anchored by Nehal Jain, a second-year BAB.Ed. student, who kept the audience engaged throughout the program.

Dr. Karnataka Appointed New President of IAUA

Udaipur: Dr. Ajit Kumar Karnatak, Vice Chancellor of Maharana Pratap University of Agriculture and Technology (MPUAT), Udaipur, has been appointed as the President of the Indian Agricultural Universities Association (IAUA).

Executive Secretary of the Association, Dr. Dinesh Kumar, informed that Dr. Karnatak was already serving as the Vice President of IAUA. However, he will now also assume the responsibilities of the President until the formation of a new executive committee. His tenure as President will continue until the committee is formed or until he completes his term as Vice Chancellor of MPUAT and Vice President of IAUA, whichever is ear-

lier.

It is noteworthy that Dr. Karnatak is also holding the additional charge of Vice Chancellor of Jai Narain Vyas University, Jodhpur. The headquarters of the Indian Agricultural Universities Association is located at the Pusa campus in New Delhi. Until now, Dr. N.H. Kelawala, Vice Chancellor of Kamdhenu University, Gandhinagar, was serving as President, whose term concluded on April 25, 2025.

Three-Day Workshop on Research Methodology Concludes

Udaipur: A three-day workshop on Research Methodology was successfully organized under the auspices of the IQAC and the Faculty of Management, Pacific University. The objective was to inspire students towards research and to equip them with essential techniques for conducting high-quality studies.

During the inaugural session, Dean Prof. Dipin Mathur emphasized that a proper understanding of the research process is crucial for quality research. He stated that this workshop would help students execute their research projects accurately and systematically. It would also assist scholars in simplifying the research process and working with scientific temper and confidence. Workshop Coordinator Dr. Pushpakant Shaktiwee informed that on the first day, Prof. (Retd.) N.K. Dashora from B.N. College elaborated on research frameworks, hypothesis development, and various uses of statistical analysis.

On the second day, Dr. Shilpa Lodha from Mohanlal Sukhadia University discussed parametric and non-parametric tests. On the final day, Dr. Pushpakant Shaktiwee detailed different aspects of research report writing, covering the review of literature, data presentation, and the presentation of results and conclusions. Students' participation was actively encouraged through practical exercises and group discussions. On the concluding day, Dr. Pallavi Mehta, Director of IQAC, expressed gratitude to both students and trainers. She highlighted the growing relevance of research and strongly advocated for organizing more such workshops in upcoming academic ses-

sions. A total of fifty-seven students participated in the workshop.

Art and Craft Workshop Organized at Pacific Medical University

Udaipur: A unique and creative Art and Craft Workshop was organized for the employees at Pacific Medical University, Udaipur. The primary aim of this workshop was not only to bring out the hidden creative energies among the staff but also to strengthen their mental well-being. The event was held in collaboration with Pidilite Industries, a company renowned for promoting art and innovation. The workshop was inaugurated with a traditional lamp-lighting ceremony by the senior officials and distinguished guests of the university. Gopal Mathur, CMDI of Pidilite Industries, and Lalit Naithani, AMMD, were present as special guests on the occasion. The workshop was led by the chief trainer, Dr. Raheela Ghodch, who guided over 35 employees through the intricate techniques of handicraft using Mouldit Clay. Participants experimented with this unique medium to create artistic figures and decorative items.

Additionally, with the help of pastel colors, they explored the vibrant world of colors, beautifully expressing their thoughts and emotions on canvas. Dr. Raheela remarked, "This workshop is not just a medium for teaching art but also a powerful tool for self-discovery and stress relief. Creativity mirrors mental health, and this platform allowed participants to express their inner worlds." At the end of the workshop, an art exhibition was organized, where all participants showcased their creations.

The depth of emotions, flights of imagination, and vibrancy of colors were vividly reflected in these artworks. The work of the participants was widely appreciated by all attendees. The HR Department of PMCH, including Navneet Singh Gaur, Praveen, Mahendra, Kundan, and other team members, played a significant role in the successful execution of this creative initiative.

This event undoubtedly infused new energy, confidence, and creativity into the lives of the employees.

Dr. Nalini Sharma of GMCH Honored with International Fellowship, Showcases Research at AIIMS Rishikesh



Udaipur: Adding yet another feather to the cap of Udaipur's healthcare fraternity, Dr. Nalini Sharma, a renowned Obstetrician and Gynecologist at Geetanjali Medical College & Hospital (GMCH), has been conferred with a prestigious international fellowship in the field of medical education.

The two-year fellowship, conducted by the Foundation for Advancement of International Medical Education and Research (FAIMER) and hosted by CMCL-FRI, Ludhiana, is considered one of the most reputed recognitions in the field of academic medicine. The fellowship was awarded in the esteemed presence of Dr. Rashmi Vyas, Senior Vice President of Intealth and Director at FAIMER Global, and Dr. Lyuba Konopasek, MD, Executive Director at FAIMER and Senior VP at Intealth.

As a testament to her dedication to innovative teaching methods, Dr. Sharma also presented her groundbreaking research at Simulcon 2025, held at AIIMS Rishikesh. Her study focused on simulation-based training conducted at GMCH, receiving widespread appreciation from leading medical experts and educators attending the conference.

Her contribution not only reinforces the growing reputation of GMCH as a hub of academic excellence but also serves as an inspiration for medical professionals seeking to blend traditional care with modern pedagogical practices.

With this achievement, Dr. Nalini Sharma continues to lead the way in elevating the standards of medical education, both nationally and globally.

Mother's Day Activities Begin at Geetanjali Hospital

Udaipur -Preparations are in full swing for the upcoming Mother's Day Celebration to be held on May 10, 2025, at Geetanjali Hospital in collaboration with Preksha Entertainment. A series of engaging daily activities has already commenced, witnessing enthusiastic participation and setting a lively tone for the main event. Dr. Reena Rathore, State President of Laghu Udyog Bharti, praised the initiative of honoring motherhood and stated that such events spread positive energy in society. The presence of Rani Suhalka, President of Kalal Royal Women's Society, along with Secretary Neelu Suhalka, and members Vinita Mahur and Tamanna Suhalka Petton, added a fresh wave of enthusiasm to the celebration.

Dr. Baldeep Sharma, Secretary of Bharat Vikas Parishad, and Shilpa Pamecha, President, also appreciated the initia-

Successful Celebration of 'National Oral Medicine and Radiology Day' at Geetanjali Dental and Research Institute



Udaipur: Under the aegis of the Indian Academy of Oral Medicine and Radiology, a grand event was organized at Geetanjali Dental and Research Institute on the occasion of National Oral Medicine and Radiology

Day." The event was hosted by the Department of Oral Medicine and Radiology, led by Head of Department and Professor Dr. Simi Thankeppan, Professor Dr. S. Bhuvaneshwari, and Assistant Professor Dr. Ashni Chatterjee. As part of the program, a guest lecture was delivered by Dr. Ashish Jakhethia on the topic "Oral Pre-cancer and Cancer."

Special Focus on the Management of Oral Cancer." During the event, the new department logo was also unveiled, symbolizing the department's vision and commitment to comprehensive oral healthcare and diagnostic services. The logo was formally launched by the respected Principal, Dr. Balaji Manohar, who also addressed the gathering with an inspiring speech. Various competitions were held to mark the occasion, witnessing enthusiastic participation from students across all batches. The winners of the events were: Logo Making Competition – Ms. Amanpreet Kaur (BDS Intern)/Video Making Competition – Ms. Arpita Rajan and Ms. Aditi Sharma (BDS Interns)/E-Poster Making Competition – Mr. Amit Kumawat (BDS Final Year). Outstanding academic performers from the final year university exams of the Oral Medicine and Radiology Department were also honored and felicitated during the ceremony. Following the OMR Day celebrations, the department marked the inauguration of a new CBCT machine.

The ribbon-cutting was performed by Dr. Rakesh Kumar Vyas, Vice Chancellor of Geetanjali University, ushering in a new chapter for the Radiology Department. The entire event was filled with enthusiasm and energy, making it a grand success.