

Women Empowerment Celebrated at Nari Shakti Bharte Kadam 2.0 Conference

Udaipur recently witnessed a grand celebration of women empowerment at the Nari Shakti Bharte Kadam 2.0 conference held at Sukhadiya Theater. This event was organized by Jain Social Groups International Federation Mewar-Marwar Region 23-25, with the active participation of Jain Social Group Vijay Udaipur and Jain Social Group Sangini Vijay Udaipur.

The chief guest for the conference, His Excellency Gulab Chand Kataria, Governor of Assam, lauded the pivotal role women play in society. He emphasized the historical reverence for women in India, citing examples of women's immense contributions to the nation's cul-



ture and progress. He pointed out that women have been at the forefront of var-

ious fields, from religion to space exploration, underscoring that they are no

longer lagging behind in any domain.

Governor Kataria praised the impact of women's reservation policies, highlighting the accomplishments of Madhu Mehta, a former district chief, as a testament to the opportunities provided by these policies. He emphasized the importance of education for women, believing that it is a potent tool to combat injustice.

In his address, Rashtrasant Chandraprabh Maharaj echoed the sentiment of equality within society as a prerequisite for women's empowerment. He emphasized that until gender discrimination is eradicated entirely, true equality cannot be achieved. Chandraprabh Maharaj celebrated the role of women in

religious practices, penance, and sacrifice, highlighting the historical prominence of women in Indian culture. During the conference, women attendees expressed their views on societal issues and the importance of values. They stressed the need for values to be imparted to both daughters and sons. The attendees also took pledges against dowry and female foeticide and advocated for better communication between spouses.

The event honored notable women with Nari Gaurav decorations, recognizing their remarkable contributions to society. Mrs. Anila Kothari, Mrs. Madhu Mehta, Mrs. Vinita Ordia, Mrs. Dr. Madhu Nahar, Mrs. Dr. Deepali Dhing, Mrs. Ranjana

Ostwal, Mrs. Madhu Mehta, Mrs. Archana Jain, and Mrs. Preeti Saruparia were among the distinguished honorees.

Notably, the conference also explored the idea of arranging marriages within the Jain community and promoting pre-marriage counseling to foster better relationships between couples. The Nari Shakti Bharte Kadam 2.0 conference was a vibrant celebration of women's achievements and an exploration of the path forward for gender equality and empowerment. The message of the event was clear: Women have always been a powerful force, and their potential should be harnessed to create a more equitable and prosperous society.

The Shri Chitragupt Sabha, Udaipur, celebrated its 29th establishment day



Udaipur: The Shri Chitragupt Sabha, Udaipur, celebrated its 29th establishment day and a felicitation ceremony with great enthusiasm at the Bhagwan Shri

Chitragupt Temple in Hiran Magri Sector 4 on October 14, 2023.

During this event, they honored 67 senior citizens who are 75 years or older, students

who achieved 75% or more in the field of education, students who earned the title of "Vidya Vachaspati," students recognized at the state and national levels, and athletes who excelled in sports competitions. Furthermore, the Sabha recognized individuals who made significant contributions to society's development by providing financial support. In the past ten months, more than 30 subcommittees have fulfilled their responsibilities by providing essential necessities and financial contributions to uplift the com-

munity. Special guest Mrs. Chanchal Mathur also received recognition during the event.

Dr. Girish Nath Mathur, President of the Sabha, spoke about the establishment of the Bhagwan Shri Chitragupt Temple in this area 29 years ago and how they are planning to expand this area for the future. He called on everyone to contribute to this endeavor and expressed his gratitude to all the members and participants.

The program began with a presentation by Vanshika

Mathur, followed by various cultural events including yoga, dance, and musical performances. The Sabha's General Secretary, Dinesh Mathur, expressed his gratitude to the subcommittees for their ongoing support and presented a detailed account of the funds allocated for societal needs.

Other members present at the event included Vice President Veerendra Mathur, Treasurer Govind Mathur, Education Secretary Sunny Mathur, and Sports Secretary Arvind Mathur. During the ceremony, Dr. Girish Nath Mathur

was honored with the "Society's Crown Jewel Award" for his notable contributions to education and societal uplift through the presentation of a shawl, memento, and a shawl.

Dilip Mathur, the Social and Cultural Secretary, expressed that such events will continue in the future, providing opportunities for the youth of our society to showcase their talents. Ekha Mathur, President of the Women's Wing, and the Executive Committee contributed cultural presentations, and Rajkumar Mathur hosted the event.

Lecture Series on Life Values at Bhopal Nobles Public School

Udaipur: A lecture series on life values, organized by Bhopal Nobles Public School, featured the esteemed speaker Shri Sudhirji Shroff, a disciple of Swami Shri Ishwaranand Giri Maharaj, the head of the Adi Shankaracharya tradition.



Dr. Seema Narooka, the principal, shared that Acharya Sudhirji educated students about life values through a short film, covering aspects like compassion, love, forgiveness, gratitude, self-confidence, courage, and family relationships. Sudhirji used practical life examples to make the understanding of these values intriguing for the students. His associates in this initiative were Shri Niranjani and Shrimati Ritu Soni.

Dr. Mahendra Singh Agariya, Secretary of B.N. Institution, conveyed in his message that everything good, benevolent, auspicious, and ideal for human life is considered life values. He emphasized that creating and preserving these values is crucial for human existence.

Mr. Mohabbat Singh Rathore, the Director, stated that the construction and preservation of values serve as an essential purpose for humanity. He stressed that the more importance we give to human values, the better society we create.

The program was coordinated by Mrs. Murdhar Rathore, and Mrs. Gurvinder Kaur was the program's anchor.

Ananta Trust Enables Successful Cochlear Implants

Rajsamand, With Ananta Charitable and Education Society's support, two children born with hearing impairments have successfully undergone "Cochlear Implantation," a procedure performed by renowned doctors specializing in ear, nose, and throat conditions.

Dr. Nitin Sharma, the Executive Director of Ananta Hospital, informed that Jayashree Jhala, a 2-year-9-month-old resident of Devji Khara, Mavli, Udaipur, and Bhavesh Chaudhary, a 3-year-old resident of Sadari, Pali district, have been unable to hear since birth, which had also hindered their speech development. When their families brought them to the Ear, Nose, and Throat department at Ananta Hospital, the doctors recommended Cochlear Implantation. The cost of the implantation procedure was estimated to be around 10 to 12 lakh rupees, which the families, coming from economically disadvantaged backgrounds, were unable to afford.

In response to their request for assistance, Ananta Charitable Trust came forward and provided the necessary financial support for the Cochlear Implantation of both children.

The Cochlear Implantation procedure occurred in a workshop led by Dr. Mohanish Grover, a prominent Cochlear Implant surgeon at Sawai Man Singh Medical College, Jaipur. Dr. H.S. Bhui, Superintendent of Ananta Hospital, led the team, which included Dr. Sushant Joshi, Dr. Ram Kalyan Meena, Dr. Sumal, Dr. Ankita, Dr. Ashish, and others. ENT specialist Dr. Bhui explained the uniqueness of Cochlear Implantation, describing how these devices are surgically implanted into the inner ear through a medical procedure, allowing children who could not hear from an early age to lead normal lives, including speech and communication. He urged the general public to be attentive to children's hearing abilities and seek specialized medical attention if a child exhibits hearing difficulties or speech impediments.

This endeavor showcases the impact of collaborative efforts in providing essential medical care to children with hearing impairments and ensuring they have a chance at a brighter future.

Successful Surgery Corrects Child's Scoliosis, Providing a New Lease on Life

Udaipur: Pacific Medical College & Hospital, Bedla, recently witnessed a life-transforming surgical procedure as a 14-year-old child from Rani Kheda, Nimbaheda, suffering from severe scoliosis (an abnormal curvature of the spine), underwent successful surgery, giving him a chance at a new, healthier life.

The young child had been struggling with the debilitating effects of scoliosis from a very young age. Every time he tried to stand upright, his body would bend to one side. According to the child's family, this condition had been noticeable since he was around eight to ten. Despite consultations at various hospitals, no relief was found. Finally, in pur-



suit of an effective solution, the child's family turned to Pacific Medical College & Hospital in Bhilwara.

Upon examination by Dr. Deepak Agrawal, a spine surgeon at the hospital, it was determined that the child was indeed suffering from scoliosis, which had resulted in a 58-degree curvature of the spine. After a meticulous six-hour operation, the curvature was successfully reduced to 15 degrees.

This surgical procedure involved the dedicated efforts of Dr. R.N. Laddha from the Department of Orthopedics, along with Dr. Deepak Agrawal and Dr. Anurodh Shadilya, both spine surgeons. They managed to correct the curvature in the child's spine.

The Anesthesiology

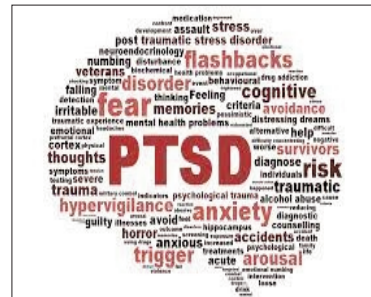
department, including Dr. Prakash Oudichya, Dr. Sameer Goyal, Dr. Vikram Singh, and intensive care and critical care specialist Dr. Maninder, played a crucial role in the procedure's success.

Dr. Deepak Agrawal, a spine surgeon at PMCH, pointed out that such conditions can be congenital, even from birth. While some children manifest these problems early, others develop them as they grow older. In this case, the child's spinal issue had become noticeable over the past nine to ten years. With the support of Chiranjeevi Yojana, a healthcare initiative for children, and assistance from the hospital management, the child received treatment free of cost.

PTSD can be a serious indicator of a mental condition, don't ignore it

Udaipur: Post-Traumatic Stress Disorder (PTSD) is a type of mental problem that occurs after a traumatic incident. Situations such as car accidents, falling from heights, getting trapped somewhere, have a significant impact on a person's mental state.

After such events, individuals often experience symptoms like flashbacks, nightmares related to the incident, and high levels of anxiety. Dr. Chetan Goyal, Head of Critical Care at Paras Health, Udaipur, explained that it is crucial to pay close attention to the symptoms of the individual first.



Many times, patients with this problem are so tangled up in it that they don't even realize what is happening, and even if they do, we tend to overlook it sometimes. Therefore, it is essential to pay attention to the symptoms and seek treatment for the patient.

Dr. Sandeep Bhatnagar, Director of Internal Medicine at Paras Health, Udaipur, mentioned that understanding changes in a patient's behavior is essential. The person may start withdrawing from social settings, avoiding people, preferring to be alone.

If a severe accident or incident occurs, and the person survives, they often cannot escape from flashbacks even after recovery. They keep thinking about this dangerous incident.

The person also faces sleep-related issues and may experience depression. In such cases, it is necessary to observe the patient's symptoms and immediately seek psychological treatment from a mental health professional.

If you take the patient to a mental health doctor in a timely manner, they provide treatment through counseling, hypnosis, and medications. Therefore, my suggestion is to pay attention to the patient's symptoms, and if they exhibit such problems, contact a mental health professional immediately."

Dr. Narendra Singh Rathore Appointed as Member of Rajasthan State Farmers' Loan Relief Commission

Udaipur: To provide relief to farmers who have suffered losses due to natural disasters and have been unable to repay loans on time, the Rajasthan government had passed the 'Rajasthan State Farmers' Loan Relief Commission Bill-2023' in August. Under this bill, the Rajasthan government established the 'Rajasthan State Farmers' Loan Relief Commission.'

Former Vice-Chancellor of Maharana Pratap Agriculture and Technology University, Udaipur, Dr. Narendra Singh Rathore, has been appointed as a member of this commission. It is worth noting that during his tenure as Vice-Chancellor, Dr. Rathore made commendable contributions to the field of



agricultural education and rural development across the state. His efforts in the field of agricultural education and innovation in rural areas were widely recognized. As a token of appreciation, he was previously honored with the title of the state's best Vice-Chancellor by

Rajasthan Governor's Office.

Dr. Rathore stated that in his role as a member of the commission, he aims to provide relief to farmers and protect their land from being auctioned off. He expressed his commitment to provide the government with valuable suggestions for the benefit of farmers and will work towards resolving disputes related to loans between banks and farmers. Dr. Rathore will also suggest ways for debt waiver for farmers and facilitate settlements.

Furthermore, Dr. Rathore emphasized that the commission will prevent banks and financial institutions from pressuring farmers for loan recovery in cases of crop failure. Under the new provisions, farmers in distress due to crop loss can apply to the commission for loan forgiveness. Several provisions have been made in various bills, and the commission will also determine the settlement process based on the hearing with the banks. In these hearings, suggestions or orders will be given, such as extending loan installment payments or reducing interest rates.

Dr. Rathore's appointment received best wishes from stakeholders in higher education and well-wishers, and he expressed gratitude to all for their support and good wishes.

GMCH :Dr. Rajiv Pandya dedicates his new album "Darshan Dejo Re"

Udaipur: Navratri, the celebration of devotion and strength, is now underway. Devotees are immersed in various forms of worship, honoring Mother Bhagwati during this auspicious festival.



With the arrival of Maa Navadurga, the entire market is adorned with vibrant positivity. The chants of "Ambe Jai Jai Ambe" echo all around, and preparations for Garba dance are in full swing.

In the current era, where Western culture influences the younger generation, leading them to gradually forget their rich heritage, some individuals are sowing the seeds of tradition and spirituality alongside their corporate lives. Dr. Rajiv Pandya, the Chief Administrator of Geetanjali Medical College and Hospital, is one such talent. He contributes to the realm of devotion and spirituality, leaving a profound impact on people's hearts.

Taking a step towards honoring Goddess Durga during the first Navratri of the year, Dr. Pandya has prepared an album titled "Darshan Dejo Re" in the Gujarati language, which encapsulates the essence of Garba dance.

It's worth noting that Dr. Pandya is not only a skilled Human Resources manager but also a YouTuber. His melodious voice narrates numerous spiritually inclined videos. Dr. Pandya believes that when one integrates spirituality into their professional or personal life, success starts to trail them. It infuses a new energy into human life. The present generation lacks this awareness, which is what Dr. Pandya, through his music, aims to inspire in the generations to come. He is determined to lead them on the path of spirituality and upliftment through his music. In the world of change, Dr. Rajiv Pandya's efforts resonate as a harmonious blend of modernity and tradition, making Navratri all the more divine and celebratory. So, as you immerse yourself in the festive spirit of Navratri, let the melodies from Dr. Rajiv Pandya's album "Darshan Dejo Re" guide you towards a deeper connection with the divine.