



Pacific University Celebrates Grand Convocation Ceremony

Udaipur: Pacific University held a momentous convocation ceremony honoring the outstanding academic achievements of its students. The prestigious university's Chairperson, Rahul Agarwal, proudly announced that 1,234 students received degrees in various disciplines, including graduation, post-graduation, diploma, and PhD programs during this convocation. The grand event took place within the captivating campus of Pacific University.

During the ceremony, President K.K. Dave delivered an informative speech highlighting the university's accomplishments in signing national and international Memorandums of Understanding (MoUs) throughout the year. He also emphasized the institution's dedication to skill development, entrepreneurship, and the successful implementation of the National Education Policy to enhance academic standards. President Dave fur-



ther enlightened the students about the numerous scholarships available at Pacific University, providing opportunities for higher education. This year, Pacific University has allocated scholarships worth approximately one crore rupees across various faculties.

The convocation commenced with a majestic parade, featuring esteemed individuals such as Founder Chairperson B.R. Agarwal, the

Board of Management, Vice Chancellor K.K. Dave, Chief Guest Dr. Anil Kohli, Guest of Honor Prof. B.P. Sharma, Convenor Prof. Hemant Kothari, and members of the Academic Council.

According to Registrar Sharad Kothari, a total of 639 students successfully completed their graduation, while 203 students achieved post-graduate degrees. Additionally, 295 students received diplomas, and 97 Ph.D. research

scholars were granted their well-deserved degrees during this session. Exceptional students who secured the first and second positions in various fields such as Engineering, Management, Commerce, Pharmacy, Computer Application, Dental, Education, Hotel Management, Fire and Safety Management, Science, Social Science and Humanities, Yoga, Agriculture, Dairy and Food Technology, Physical Education, and Law

were honoured with Gold and Silver Medals.

Dr. Anil Kohli, a distinguished recipient of the Padma Shri and Padma Bhushan awards and former President of the Dental Council of India, graced the occasion as the chief guest.

He commended Pacific University for its commitment to providing affordable, high-quality education that meets international standards. Dr. Kohli advised the students to prioritize self-discipline, clear vision, and unwavering dedication as key factors for achieving success in life. The students exuded tremendous enthusiasm throughout the entire ceremony.

Professor B.P. Sharma underscored the significance of professional ethics, research, and innovation in students' personal and professional growth as the Guest of Honor. Dean of PG Studies, Dr. Hemant Kothari, informed the audience that notable figures such as educational entre-

preneur Manmohan Singh Chawla, entrepreneur Rohan Roy, and senior journalist from ABP News, Manogya Loiwal, were also present at the event. The presence of esteemed educationists, including Professor A.P. Gupta, Dr. MM Mangal, Prof. PK Singh, Dr. KC Yadav, Dr. Zafar Khan, Dr. Vikas Poonia, and Prof. MG Varshney, was a great inspiration to the students.

The convocation ceremony was attended by the students and graced by their proud parents. The event served as a catalyst, motivating the students to become empowered and compassionate citizens dedicated to serving society. The program was meticulously designed to encourage students to apply their acquired knowledge, skills, and values to make a positive impact. It also emphasized the importance of culture, ideals, and ethics, sensitizing the students to the significance of justice, equality, and dignity in society.

Along with family life, mental health is very important in women's life: Sneha

Udaipur: Instagram influencer Sneha Chadha said that family is very important in a woman's life, but taking care of her mental health is also very important.

She was speaking at a function organized at Ashoka Green today, she told that four years back she had created her food page 'Udaipur Bhog' as a hobby. Little did she know then that this food page would help her fight postpartum depression? Postpartum depression is caused by psychological, social, and chemical changes before having a baby.

Many women go through this, but cannot say anything. It is very important to keep yourself happy in this period. Any hobby or passion helps you a lot to come out of it.

Sneha keeps giving this message to all women through her food page, that along with family life, your mental wellness is also very important, and if a woman wants, she can do everything.

Udaipur Animal Feed embarked on a journey to Kedarnath, opposing the cruelties

Udaipur: A team from Udaipur Animal Feed embarked on a journey to Kedarnath, opposing the cruelties and dangers faced by animals there. Upon reaching Kedarnath, the team conducted inspections and ensured that the owners treated these voiceless beings with care and attention, spreading awareness about their well-being.

The team also met with the District Magistrate, Mayur Dixit, in Rudraprayag, where they shared information about the mistreatment of horses and animals. They presented a memorandum highlighting various demands, including:

1. Strict enforcement of existing regulations against the owners who violate the rules and subject the animals to cruelty.

2. Provision of nutritious food by the government for these animals, ensuring their health and well-being.

3. Ensuring that the horses and animals are not overworked and do not suffer from any physical ailments.

4. Formation of a dedicated team, including local NGOs, to address all the issues related to animal welfare and gather suggestions.

5. Improving the facilities at the hospital for immediate medical attention to the animals.

The District Magistrate assured the organization that prompt action would be taken to fulfill all the demands and expressed confidence in the founder of the team, Ravi Bhavasar, for further actions.

The Udaipur Animal Feed team, advocating for the voiceless, returned with reassurance and urged the Supreme Court and the central government to enact stringent laws to prevent cruelty towards these animals and ensure their safety and well-being.

Paras Health in Udaipur organized a special program

Udaipur: To commemorate National Doctor's Day, Paras Health in Udaipur organized a special program dedicated to honouring and expressing gratitude to doctors. The event aimed to acknowledge doctors' tireless efforts and dedication to providing exceptional healthcare services to the community.

The Paras family warmly welcomed the esteemed doctors and expressed their heartfelt appreciation for their invaluable contributions. The program served as a platform to recognize doctors' significant role in safeguarding and improving the well-being of individuals.



Paras Health, a reputable healthcare institution, took this opportunity to extend their gratitude to the medical professionals who work tirelessly to ensure the health and safety of patients. The event emphasized the importance of the doctor-patient relationship and aimed to strengthen the bond between the medical fraternity and the community they serve. Through this special program, Paras Health aimed to create a meaningful and memorable experience for the doctors, expressing their deep respect and gratitude for their unwavering commitment to providing quality healthcare services.

CPS Celebrates Success of Veteran Students in NEET and JEE Advanced

Udaipur: Central Public School (CPS) held a grand felicitation ceremony to honor the exceptional achievements of students who successfully cleared the NEET and JEE Advanced examinations. The school administration organized the event with great enthusiasm and pride.

Niharika Singh Bhati secured the top position in the NEET exam in Udaipur, showcasing her exceptional skills and dedication. Alongside her, Harshita Sharma, Freya Kothari, Vishita Vyas, Mohd. Alfaj, and Sanjay Soni achieved success with commendable marks in the same examination. Moreover, Navneet Meena and Ayush Chandak brought glory to their families and the school by earning impressive scores in the JEE Advanced exam. The selected students were invited to the school and warmly honored for their outstanding accomplishments. The students humbly attributed their success to the guidance provided by the dedicated teachers at CPS and the unwavering support from their families. They expressed their gratitude towards both for their instrumental roles in their achievements. During the ceremony, Mrs. Alka Sharma, the school's Chairperson, Mr. Deepak Sharma, the Director, Mrs. Poonam Rathod, the Principal, Mr. Vikramjeet Singh Shekhawat, the Joint Director, Mr. Sunil Babel, the Administrator, Mrs. Krishna Shaktawat, the Principal, and the entire school family came together to extend their heartfelt congratulations to the accomplished students.

Establishes A Safe Space for Intersection of Mental health & Inclusivity

Mumbai: In conversation with Faye D'souza, Independent Journalist, Sushant Divigkar AKA Rani KoHenur, Singer & Performer, Raj Mariwala, Director, Mariwala Healthcare Initiative & Karen Thompson, Brand Manager, MAC Cosmetics, Trijog, India's #1 leading progressive platform for mental health and holistic wellbeing announced the launch of #DiversifyWithTrijog.

In a first-of-its-kind initiative to keep mental well-being as the core focus, #DiversifyWithTrijog will focus on creating safe places for diverse groups. With the first chapter launching today, Trijog kick-started the IP with keeping the LGBTQIA+ community at the core. By bringing together a panel with the best cross-organizational representation, Trijog aims at initiating conversations that lead to long-term change.

Talking about the initiative, Arushi Sethi Shah, Co-founder & CEO, Trijog, said, "At Trijog, we are committed to working towards making mental healthcare accessible for all. Through all our endeavors, we want to focus on building a better India, an India, where mental health conversations are not a taboo and an India where physical health and mental health are given equal importance. With #DiversifyWithTrijog, we aim to connect with representatives and communities to drive change and encourage inclusion across the spectrum. We are certain that our attempt to make an inclusive, mentally healthy and happier India will be fruitful through multiple chapters of #DiversifyWithTrijog"

Focussing on the intersection of mental health and diversity, the first chapter of #DiversifyWithTrijog was filled with conversations on media representation of the LGBTQI community, the role of corporates in implementing inclusivity and decoding what we as a community can do better to promote inclusivity.

Talking about the community and how each one can promote inclusivity, Sushant Divigkar Aka Rani KoHenur said, "Inclusivity is the way forward- today, I am sitting here on this panel with the best of our allies from different walks of life is the first step towards integration. As we move towards a better India, leading brands, media, the community and mental health organizations coming together, having these impactful conversations will be the stepping stone to implementing impactful policies where each one is celebrated for their talent without any biases, there's evident representation of the queer community across sectors and we see a community where diversity is appreciated"

Commenting on diversity and inclusion, independent journalist, Faye D'Souza, said, "For me inclusion and diversity is a simple equation - It's as simple as having equal opportunities for everyone to voice their opinions and have a proper representation - every voice needs to be heard and only when we have adequate voices, we can say that everyone is equally heard."

Commenting on the media's role in promoting inclusivity and diversity, she added, "A few years ago, audiences were not very receptive towards the wholesome representation of the queer community across various mediums of news. But this is now changing and simplifying our role, we are taking small steps towards inclusion and acceptance. The media's role is simple- let people own their story and tell the world - just pass the mic and let people be their most authentic and real selves."

To cement acceptance and inclusivity across Tier II & III cities, Trijog has allocated funds to reach out to 100+ people of the community across smaller cities in India and help them champion and navigate through their mental health journey.



Dr. Ajeet Kumar Karnataka Receives CHAI Awards

Udaipur: Dr. Ajeet Kumar Karnataka, the Vice Chancellor of Maharana Pratap University of Agriculture & Technology (MPUAT) in Udaipur, has been awarded the esteemed CHAI Honorary Fellow Award 2023 and CHAI Institutional Award 2023 by the Confederation of Horticulture Associations of India. This recognition is a testament to Dr. Ajeet Kumar's outstanding contributions to research and human resource development in agriculture.

Furthermore, the Confederation of Horticulture Associations of India has also bestowed the Institutional Award "Fellow of CHAI-2023" upon MPUAT for its exceptional dedication and achievements in advancing horticulture. This accolade serves as a great honour not only for Dr. Ajeet Kumar but also for the entire staff of MPUAT and the state as a whole.



Dr. Ajeet Kumar Karnataka, hailing from Udaipur, Rajasthan, has been honored with the prestigious "Honorary Fellow-2023" award by CHAI, an ISO 9001 certified organization based in New Delhi, under the leadership of its founder and president, Dr. H.P. Singh.

Dr. Ajeet Kumar assumed the position of Vice Chancellor at MPUAT on October 15, 2022. He was born on July 9, 1959, in Almore, Uttarakhand. Before joining MPUAT, he served as the Vice Chancellor of Veer Chandra Singh Garhwali Uttarakhand University of Horticulture & Forestry in Bharsar, Pauri-Garhwal, from July 22, 2019, to October 12, 2022. He also held the position of Vice Chancellor at Doon University, Dehradun, from December 14, 2019, to December 15, 2020.

With a Ph.D. in Entomology from GBPU-

AT, Pantnagar in 1985, Dr. A.K. Karnataka possesses a rich academic and professional background. He has 21 years of experience as a professor and a career spanning 38 years in teaching, research, and extension. Throughout his journey, he has served in various capacities, including Warden, Associate Dean of Student Welfare, Associate Director of Liberal Education, Estate Officer, Director Monitoring, Chief Security Officer, Chief Vigilance Officer, Chief Personnel Officer, Dean of Student Welfare, HOD, and Additional Director Administration & Monitoring.

Dr. Ajeet Kumar has guided 15 PhD and 21 M.Sc. students and actively participated in numerous national and international conferences. He has also authored 5 books, multiple book chapters, over 109 research papers, and 67 popular articles in renowned international and national journals. Moreover, he has completed 15 research projects and developed several innovative technologies widely adopted by the community. His notable contributions have earned him prestigious awards such as the Scientist of the Year, Dr. R.S. Paroda Award, and Dr. S.I. Mishra Medal.

Recently, Dr. Karnataka was honoured with the Outstanding CHAI-Honorary Fellow-2020 award in Pitsou, Hyderabad. In recognition of his remarkable achievements, he was bestowed with the 'Best Vice Chancellor of the Year Award - 2021' by the Honorable Chief Minister of Uttarakhand on Teachers' Day in October 2021, as well as by the Principals Progressive Schools Association, Uttarakhand. Additionally, he served as the Chairman of the Peer Review Team (PRT) for the accreditation of the College of Horticulture, Bengaluru, under the aegis of UHS, Bagalkot.

On May 28, 2023, the Confederation of Horticulture Associations of India conferred the Honorary Fellow-2023 award

Inauguration of Advanced Endoscopic Ultrasound Machine at Geetanjali Medical College and Hospital

Udaipur: Geetanjali Medical College and Hospital organized the inauguration ceremony of an advanced endoscopic ultrasound



machine. The event was graced by Mr. Ankit Agarwal, Executive Director of the Geetanjali Group, who performed the ribbon-cutting ceremony and unveiled a comprehensive booklet providing detailed information about the machine.

Among the dignitaries present were Dr D.C. Kumawat, Dean GMC, Mr. Prateem Tamboli, CEO, Dr. Y.N. Verma, doctors from the Gastroenterology department, and other doctors and staff from various departments.

During the event, doctors from the Gastroenterology department, including Dr. Pankaj Gupta, Dr. Dhaval Vyas, Dr. Manish Doodmani, and GI Surgeon Dr. Kamal Kishor Bishnoi, explained the significance of the advanced endoscopic ultrasound machine. They mentioned that it is a diagnostic and therapeutic procedure that offers two major benefits. Firstly, it helps in identifying diseases, and secondly, it enables the treatment of those diseases. The procedure is divided into two parts: diagnostic and therapeutic. Similar to endoscopy, a small endoscope is inserted into the body without any surgical incisions, and the procedure is completed in 15-20 minutes under minimal anesthesia. There are numerous advantages to this technique. It can detect small stones in the last part of the bile duct, diagnose pancreatic masses, drain fluid from a swollen pancreas without surgery, and even perform biopsies to examine suspicious growths, especially when other imaging techniques like CT scans and MRIs are inconclusive. It can also stage early cancer, and in some cases, treat the disease without major surgeries.

Mr. Prateem Tamboli, CEO of GMC, mentioned that Geetanjali Hospital has been providing advanced medical services for the past 16 years. The utilization of state-of-the-art technologies has facilitated the treatment of patients coming here, including the Rajasthan Government Health Scheme (RGHS) beneficiaries, who can now benefit from this technique. With the help of this diagnostic tool,

patients can avoid major surgeries based on the diagnosis, resulting in improved outcomes.

Ph- Hip
Paras :Rare Hip Joint Tumor Surgery Restores Patient's Quality of Life

Udaipur - A 32-year-old male patient had been grappling with excruciating hip pain for the past two to three years due to a rare hip cancer tumour. Despite undergoing two previous surgeries, his condition continued to deteriorate.

Bedridden and cancer spreading to his bone, the patient's prospects seemed bleak. However, thanks to the exceptional skills of Dr. Ashish Singhal and his team at Paras Health, Udaipur, the patient has been granted a fresh start through an extraordinarily complex surgical intervention.

Dr. Ashish Singhal, an esteemed Orthopedic and Joint Replacement Surgeon at Paras Health, Udaipur, shed light on the case, stating, "The patient had been battling pain caused by a hip cancer tumour for the past two to three years. He arrived at our facility with severe pain and mobility impairment in his right hip. Despite having undergone two previous surgeries, the problem persisted.

After a thorough examination, we made the decision to excise the tumour from the hip joint and implement a mega prosthesis. This intricate procedure posed significant challenges. This form of cancer is sporadic, with only a handful of cases observed among patients. Throughout my 12 to 13 years of practice, I have encountered just two or three similar cases. Fortunately, the patient could walk unassisted immediately after the surgery."

Expressing heartfelt gratitude, the patient commended the doctors and staff at Paras Health, Udaipur, remarking, "The doctors and staff at Paras Health provided invaluable support, which enabled me to regain full health. The doctors approached my treatment with the utmost care, offering me a renewed hope for a better life."