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Grand Chaturmas Mangal Pravesh: Unity, Saints, and Historic Udaipur

Udaipur: The historic and grand Chaturmas Mangal Pravesh of national saints Lalitprabh, Chandraprabh, and Shantipriya Sagar Maharaj unfolded in Udaipur, creating a momentous occasion. The event garnered even greater significance as the saints were warmly received by Sarva Dharma Samaj, a congregation representing diverse religious communities. Eminent personalities, including Mayor Govind Singh Tank, Collector Tarachand Meena, Rural MLA Phool Singh Meena, and former ministers Harish Rajani, Pratapray Chugh, Tejendra Singh Robin, Mahavir Chaudhary Bhilwara, and Paras Ranka Indore, graced

the ceremony with their presence.

The Dharm Sabha commenced with an invocation led by Saint Pravara Lalitprabh Maharaj, accompanied by the collective chanting of the Dharma Mantra. Lalitprabh Maharaj expressed his deep gratitude to the people of Udaipur, acknowledging their overwhelming love and affection. Although requests poured in from various parts of the country to host this Chaturmas, it was the special bond with the people of Udaipur that led him to choose the city. Playfully, Lalitprabh Maharaj quipped about his inclination to mark a black spot, akin to a kajal mark, on everyone's forehead,

symbolizing the connection he felt with the townspeople.

In his address, Lalitprabh Maharaj emphasized the paramount importance of unity and harmony, asserting that the convergence of people embodies the essence of scriptures, architectural marvels, and humanity itself. The audience wholeheartedly recited inspirational phrases in unison, fostering a deep sense of unity. The auspicious first day of Mangal Chaturmas commenced with the collective chanting of the Namokar Mahamantra.

The program continued with welcoming speeches by Raj Lodha and Hansraj Chaudhary. Anil Nahar pro-



vided insightful information about the significance of Chaturmas, and Saint Dr. Shantipriya Sagar Maharaj led a heartfelt prayer. The esteemed guests ceremoniously lit a symbolic lamp, while children from Scholars Arena Multi Media, Manakchand Dhariwal School, Narayan Seva Sansthan, and Dingbar Jain Girls School presented captivating devotional dances. Raj Lodha introduced the trust members to the audience, fostering a deeper connection.

In a gesture representing the entire Udaipur district, Collector Tarachand Meena and Mayor Govind Singh Tank extended a warm and heartfelt welcome to the national

saints, acknowledging the indomitable spirit and resilience of Mewar. Anil Nahar expressed profound gratitude to the representatives and distinguished guests from various communities, recognizing their invaluable contributions in making the historic Mangal Pravesh of Chaturmas an overwhelming success.

Santpravara Chandraprabh Maharaj commenced his enlightening discourse on the art of leading a Lok Kalyankari Chaturmas, advising everyone to maintain a happy and smiling disposition in life. Chandraprabh Maharaj shared an inspiring song titled "Don't lose heart, live your life with a smile," encapsulating the

essence of his teachings and uplifting the spirits of the audience. Expressing deep admiration for the people of Udaipur, Chandraprabh Maharaj drew parallels to the triumphant return of Lord Ram to Ayodhya after his 14-year exile. He highlighted that they had congregated to honor Mewar and its people, who wholeheartedly engaged in service and devotion. Chandraprabh Maharaj imparted wisdom on how to transform life into a heavenly experience, emphasizing the profound significance of maintaining a smile in every situation. He believed that happiness and sorrow were inseparable, coexisting aspects of life, and one could find sol-



Shah's Rally Highlights Unity

Udaipur: Amit Shah's address at the rally in Udaipur, Rajasthan emphasized unity and highlighted the importance of Vasundhara Raje, a prominent mass leader and former Chief Minister of Rajasthan. The visit of Shah and other top BJP leaders to the state indicates the party's strong focus on winning the upcoming Rajasthan Legislative Assembly elections.

Shah's speech showcased his emphasis on unity by urging Vasundhara Raje to speak before him. Despite initial hesitation, Shah insisted that Raje take the stage, demonstrating his rejection of factionalism and his belief in the party's unity for victory in the elections. During his speech, Shah launched a scathing attack on the Ashok Gehlot government and the Congress party, accusing them of internal family feuds and neglecting the interests of the people. He highlighted alleged corruption scandals faced by these parties and emphasized that the opposition has failed to level a single corruption allegation against the Modi government.

Shah also highlighted the achievements of the Modi government over the past nine years, including India's improved global standing under Prime Minister Narendra Modi's leadership. He mentioned the overwhelming support expressed by people during his visits to different states, with many voicing their support for Modi to become the Prime Minister for a third time in the 2024 elections.

Shah criticized the Gehlot government on issues of law and order, pointing out specific instances such as a murder in Udaipur and the escape of culprits in a bomb blast case in Jaipur.

He accused the government of instigating riots, mistreating women, and oppressing Dalits. Shah called upon the people to unite and overthrow the corrupt and inefficient Gehlot government, expressing confidence in the BJP's ability to win the upcoming assembly elections in Rajasthan. The visit to Udaipur indicated the BJP's intent to kick-start their election campaign in Rajasthan, with a focus on tribal communities in the Mewar and Vagad regions. Shah highlighted the historical significance of the tribal Bhil brothers and praised the Modi government's welfare initiatives for tribals. Despite heavy rains, Shah's rally in Udaipur attracted a massive crowd, including people from tribal-dominated areas. Several notable figures, including MPs and party leaders, were also present at the event. Overall, Shah's visit and his speech emphasized the BJP's commitment to winning the upcoming elections in Rajasthan and overthrowing the Ashok Gehlot government.

Promoting Wellness and Mindfulness: International Yoga Day Celebration at SPSU

Udaipur: Highlighting yoga's universal appeal and its ability to transcend boundaries, Sir Padampat Singhania



University, Udaipur, celebrated International Yoga Day with great fanfare on June 21, 2023. The day witnessed a myriad of yoga sessions, workshops, and demonstrations, each highlighting the diverse practices and styles that make

up this ancient discipline. The Honourable President and Vice Chancellor of the University, Prof. (Dr.) Padmakali Banerjee has always encouraged the potential of Yoga to remove stress, improve flexibility, and enhance mental clarity, making it a valuable tool in the pursuit of holistic well-being. Prof. Deepak Vyas, the Proctor, welcomed the guests. Guneet Monga Bhargava, Director Dynamic Yoga Studio and Ms Richa Talreja, Col. (Dr.) Sanjiv Kumar, Pro Vice-Chancellor, reiterated the significance of yoga as a transformative practice for both individuals and communities.

In the workshop 'Yoga for Modern Life Style' by experienced yoga instructor Dr Guneet Monga Bhargava, the participants

immersed themselves in a series of yoga sessions featuring a variety of poses, breathing exercises, and meditation techniques. The tranquil environment and soothing music created an ambience conducive to relaxation and self-reflection. By promoting physical fitness, mental equilibrium, and a sense of inclusiveness, this global celebration reaffirmed the timeless relevance of yoga in promoting overall well-being. The event left participants feeling rejuvenated, centred, and inspired. Deans, Faculty Members and the entire SPSU fraternity participated actively in the celebration. The event was coordinated by Dr Deepak Vyas, Dr Monika Anand, Dr Shiban Banerjee and Dr Archana Gajbajay.

Jharna Kumavat Creates History with Epic

Udaipur: Jharna Kumavat, a renowned international open water swimmer hailing from Udaipur, has etched her name in history with an extraordinary feat. She successfully completed an epic swim in Lake Coniston, located in northern England, United Kingdom. Swimming continuously for an impressive 3 hours and 15 minutes, Jharna covered a remarkable distance of 8.3 kilometers without any breaks.

This outstanding achievement has not only brought immense pride to Udaipur and Rajasthan but has also shone a spotlight on India's talent on the global stage. Jharna's swim took place on a Sunday morning at 10 am, according to British Summertime.

What makes Jharna's accomplishment even more remarkable is the fact that she is a Type 1 diabetic who depends on insulin. To ensure her safety during the challenging swim, she wore a swim glucose monitoring device. Jharna revealed that she has been dedicatedly training for open-water swimming over the past three years, regularly honing her skills in oceans, rivers, and lakes throughout the year. Even in the harsh winters, she perseveres by swimming in cold water, displaying her unwavering determination and commitment.

This latest milestone has elevated Jharna's status as the first Indian woman representing India in the race category held in the United Kingdom. However, she aspires to inspire other Indian women residing in the UK to embrace the thrill and joy of open-water swimming. Jharna's remarkable journey of accomplishments began in 2022 when she brought glory to Udaipur by completing a challenging sea route of 33 kilometers from Dover Beach in England to France. She achieved this feat alongside her relay team of five members, covering the distance in an impressive 14 hours and 40 minutes.

Beyond her swimming achievements, Jharna Kumavat leads a multifaceted life. Currently working as a contract manager

for the National Health Service in England, she has been residing in the UK for the past 13 years. Alongside her demanding professional life, she is also a dedicated mother to her two children, aged 9 and 6. Jharna's extraordinary journey in open water swimming serves as an inspiration to aspiring athletes and individuals worldwide. Her indomitable spirit, perseverance, and unwavering dedication to her passion continue to push boundaries and redefine what is possible. With each milestone she achieves, Jharna Kumavat cements her place in sporting history and leaves an indelible mark on the world of open-water swimming.

Vedanta's Transgender Inclusion Initiative

Udaipur: Vedanta Group of companies in Udaipur has taken a significant step towards promoting diversity and inclusivity by introducing a unique inclusion policy for transgender individuals. This groundbreaking policy was unveiled during an interactive awareness session organized by Hindustan Zinc, a subsidiary of Vedanta Limited, as part of their commitment to fostering a diverse and inclusive workplace.

The session, titled 'Inclusion', featured renowned activist Lakshmi Narayan Tripathi, along with Ella De Verma, the first runner-up of Miss Transqueen. Priya Agarwal Hebbur, Chairperson of Hindustan Zinc and Non-Executive Director of Vedanta Limited, and Arun Mishra, CEO of Zinc Business at Vedanta, were also present, alongside employees from all Vedanta units, as part of the Pride Month celebrations. During the session, Chairperson Priya Agarwal announced the implementation of a comprehensive medical benefit policy and medical leave specifically designed for transgender employees at Hindustan Zinc. This inclusive policy includes 30 days of medical leave and financial assistance of up to Rs 2 lakh for surgery, aiming to support the well-being and inclusivity of transgender employees.

HAPPY NATIONAL
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