

Choices and consequences

We face choices and consequences at every step in our life. Before moving ahead we have to make some choices and act according to that only. Karma is an act done by us physically or mentally, knowingly or unknowingly. According to our own choices we get results. These results are the consequences of our own choices that we made earlier. So we must make a choice with great sense of responsibility because we only will face its consequences in the future. As we know that we are not the body, mind or intelligence, we are soul, a part of supreme consciousness.

We have come here to lead our role which we only have selected. Not only selected but before taking birth on the earth, we have practiced it a lot, as how to do that role in a perfect manner.

But, as we come on the earth we gradually forget everything. Whatever we had decided in higher lok before taking birth. Everything goes out of the mind after taking birth on the Earth. This happens because of some sanskars that we have gathered in our causal body. We bring sanscars from previous birth, then after taking birth we get some sanscars from our parents, relatives and other family members. Not only that we get our sanscars from outside also, that is from the society we live in and then from the environment of school, college, office, company etc. All these acquired sanskars have their own impact on our decisions.

Now, to correct all this, we have to work on our mental body that is called Mano May kosh which is made up of thoughts and emotions. To work on our mental body, we have to control our thoughts and emotions. To control them we have to sit and meditate. During meditation, when we reach to a thoughtless state of mind then knowledge emerges from within. In this state when energy is collected our Karma's also are burnt.

After meditation we have to work in the light of that knowledge, which we have gathered recently. Then according to that knowledge we can make right choices and get right consequences of our deeds.

- Sulekha Shrivastav

Anupam Kher sings along with Talat Aziz-Anup Jalota at Anup Jalota's award celebration

Aapki Uunchai hi aapki Saaransh hai," said Anup Jalota to an emotional actor Anupam Kher when the latter shared stage with Talat Aziz who sang Daddy's Aaana Mujhse Meri Pehli Si Soorat Maange for Anupam Kher at the quaint familial gathering at Anup Jalota's residence in celebration of Anup Jalota receiving the Sangeet Natak Akademi Awards.

The gathering included stalwarts of music world including Madhushree, Shailendra Singh, Dr. Soma Ghosh, Jaspinder Narula, Sanjay Tandon, Usha Timothy, Vivek Prakash, Robby Badal, Papon, Chandan Das, Shubhankar Ghosh, Nitin Mukesh, Sameer Date, Leena Bose, Deepak Pandit, Anuradha Pal amongst others



Anup Jalota in a zestful mood said that post Padma Shri for music, the award was for his natak and acting producing films. Talat spoke of Anupam's prowess as an actor and how he becomes the character himself.

Anupam replied saying sharing stage and humming a few lines with stalwarts like Talat and Anupam was nothing short of a Sangeet Natak Akademi Award. Touche!

Nexus Malls appoints Amitabh Bachchan as Brand Ambassador

Udaipur: Nexus Malls, the retail platform in India owned and managed by Blackstone Real Estate funds, has announced Amitabh Bachchan as their 'Happyness Ambassador'. This is a unique, one-of-a-kind partnership with India's biggest global superstar to provide customers with a 'Har Din Kuch Naya' experience.

Amitabh Bachchan is one of the most iconic celebrities in India, who is an all-time favourite across different age groups. He is a household name renowned for his award-winning acting career and charitable efforts.

"We are extremely privileged to welcome Amitabh Bachchan to our Nexus Malls family. He has a remarkable ability to connect with different age groups. We are proud to partner with one of India's biggest icons to help us deliver Har Din Kuch Naya experiences to our customers," said Mr. Dalip Sehgal, CEO, Nexus Malls. Mr. Amitabh Bachchan added, "I am delighted to endorse Nexus Malls. Together, we will try and further aim at curating new experiences for the customers each time they visit Nexus Malls."

Since its inception in 2016, Nexus has become India's largest retail platform with 17 properties across 13 cities. In June 2022, Nexus Malls unveiled a new brand identity, which represents joy, excitement, freshness, life, and magic – and most importantly, happiness.

Shradha Rani Sharma will show her dance performance in America

A 'Christmas Party and Red Carpet Award' is organised on 27 December, 2022 in New York (USA). In which famous dancer and actress of serials, films and 'Bigg Boss' fame Shradha Rani Sharma has been called from India for a 'Dance Show' where Shradha will show her power & dance performance. Regarding this, Shradha Rani Sharma says, "It was a very good offer, many people of Indian origin are associated with this organization. I always get offers of shows from India & abroad and the live reaction of the people always encourages the artist. The fun part of it is different. I love live performances. Such an experience is very interesting and memorable."

Oakridge Bachupally Students are Assisting Less Fortunate Children with their Future Educational Needs

Hyderabad: This World Children's Day, students at Oakridge International School, Bachupally, along with more than 78,000 students from 32 countries across the Nord Anglia family, came together to spread awareness about Children's Rights. As part of the World Children's Day celebration, which was focused on promoting "Quality education" this year, a weeklong series of events was launched on November 14 at Oakridge Bachupally by Mr. Christopher Short, Managing Director of Nord Anglia India. The activities were focused on UNICEF's Sustainable Development Goals, SDG-4, to ensure that these students' voices are heard.

The senior students of Oakridge Bachupally sponsored the educational needs of an orphanage and donated a full library setup to foster a

love of reading in the kids. As the first step toward promoting quality education, these students have pledged to contribute to society positively and deliver high-quality education for students in need. In addition, a health camp has been organized in order to promote wellness and good health for all the support staff.

Inspired by these senior students, even the early years students of Oakridge Bachupally joined to celebrate and promote quality education for all. They took part in a range of events and activities, such as a creative space costume party, CAS event, building a rocket out of recycled materials, and a donation drive with the theme "Make a School for my Friends".

"It's a time to promote togetherness around the world, awareness of the problems children faces in every corner



of the globe and improve the welfare for all children. We, at Oakridge believe in "Starting Early" to consciously grow an environment of "imparting" amongst our givers, caretakers, thinkers, and innovators of the future. I firmly believe, if our eyes see the world, we are conditioned to see then children must see acceptance and compassion frequently because in the words of Frederick Douglass it is eas-

ier to build strong children than to repair broken men," said Baljeet Oberoi, Principal at Oakridge Bachupally.

Speaking on the occasion, Ms. Fiona, our CAS coordinator said, "Our young students demonstrated their creativity by building rockets with limited materials available to them and learned about SDG-12 Sustainable consumption and production. The week-long World Children's Day cele-

brations came to a powerful close on November 18th with student performances, reflections on numerous activities related to Quality education SDG-4, such as a Rocket exhibition, dressing in blue, and conducting a Health and wellness camp for our support staff."

"Being a UNICEF ambassador comes with a lot of responsibility. Working together to create an impact in our society and our school, not only brings so much pride but leaves us with the motivation to do so much more. Over the past week, we witnessed the entire school participate in numerous activities to spread awareness, empower, and really act upon the SDG's and child rights. It was honestly inspiring! We learned so much through these amazing experiences. We cannot wait to continue our work as UNICEF ambassadors for

the rest of the year and to hopefully make a lasting impact on the world!" said UNICEF student ambassador Ms. Neha Kalagudi of grade XI from Oakridge Bachupally.

"I was delighted to be able to join the Oakridge School - Bachupally community as they celebrated Children's Day this year. As one of the students at their launch assembly said - children are the future and must be part of the solutions for the world's issues over the coming years. I'm delighted that the school was able to combine their Children's Day celebrations with the UNICEF World Children's Day to make a week of activities to showcase the powerful impact that our children and young people have and will have on the global and local communities," said Christopher Short, Managing Director at Nord Anglia Education India.

Vi Launches Ludo Tournament – 'Ludo Khelo London Ja', Exclusively on Vi App

• **Tournament is running from 30th November, 2022 till 15th December, 2022**
• **Participants can win Amazon Gift Vouchers every day**
• **Bumper Prize winner gets a family trip to London**
• **Play Tambola every night starting**

8pm till midnight and win cash vouchers
Udaipur: Leading telecom operator, Vi has announced an exciting offer for online gamers, specifically targeting casual gamers. Vi is inviting its customers to play 'Express Ludo Tournament' on the Vi Games platform on the Vi App and win a trip for two to London. The tournament is on from 30th November and continues till



15th December 2022. Players winning the daily Express Ludo tournament can win tickets based on their ranking. The more games that the gamers play and tickets earned in the tournament, better their chances of winning a trip to London. The gratification includes flight tick-

ets and stay for two.

The name and photos of the winners will be shared on Vi social media pages. In addition to this, Vi is running Tambola Nights under Vi Games on Vi App for last few weeks, wherein there is a Tambola game every 30 minutes starting 8pm till midnight daily. With this, Vi has attempted to replicate the real Tambola experience for its users. Vi

users can enjoy playing Tambola at no ticket cost and also win cash vouchers for a full-house or a line or early 5. Vi Games on the Vi App, offers an immersive gaming experience with 1200+ android and HTML5 based mobile games across 10 popular genres like - Action, Adventure, Arcade, Casual, Education, Fun, Puzzle, Racing, Sports and Strategy.

Max Life elevates customer experience with 'VOX Speech'

New Delhi: Max Life Insurance Company Ltd. ("Max Life"/"Company"), has launched a pioneering 'VOX Speech' AI Program that leverages intelligent speech analytics and helps in extracting valuable customer insights from voice call data. It has helped the Company improve the customer buying and onboarding journey and to build a hyper-personalized customer experience. The program uses a language-based speech-to-text analysis model along with NLP (Natural Language Processing) program to extract insights from customer and tele-caller voice interactions. These insights coupled with aggregating call engagement scores, script adherence, pitch effectiveness scores, and similar productivity metrics, help dramatically improve the customer experience. Manu Lavanya, Director & Chief Operations Officer, Max Life Insurance said, "We are a customer-obsessed Company, and we firmly believe technology to be a strong enabler in our journey to deliver a superior customer experience. Using innovations around AI and Natural Language Processing, we have created cutting-edge solutions like VOX AI that enable us to sit closer to our customers." The VOX AI system is currently implemented to analyze tele-sales calls with plans to scale this solution across every type of customer call touchpoint. This includes renewal reminder calls, service and verification calls, and tele-medical calls. As part of its digital excellence journey, Max Life recently launched 'Medicheck', an innovative real-time health analytics solution that generates customer health scores basis medical data.

Such solutions are enabling Max Life in the journey of building a digital and analytics-driven ecosystem to achieve business goals and improve the overall customer experience.

Actor Neeraj Bharadwaj was honored with 'Dada Saheb Phalke Cine Artist and Technician Award-2022'

Mumbai: 'Dada Saheb Phalke Cine Artist and Technician Award-2022' was organized on 3 December 2022 at 'Mayor Hall', Andheri (West), Mumbai, which was successfully completed. It was presented by Siddhi Television Pvt Ltd. In which famous film and TV actor Neeraj Bharadwaj was honored with the 'Dada Saheb Phalke Cine Artist and Technician Award-2022' at the hands of the film industry's famous standup comedian actor Sunil Pal. Significant and famous people like film writer Rajan Agarwal, lyricist Zahid Akhtar, actors associated with the film, technicians, politicians, police officers etc graced the program by attending it.

On this occasion, actor Neeraj Bharadwaj said, "Whatever the award may be or whatever it is, it is a matter of honor for the people. Award always boosts the morale of the people and also gives a sense of responsibility to do better work in future. I thank the people of the award committee, who gave me this award."

Ms. Priya Mogra honored with "Outstanding Woman Achiever Award 2022"
Udaipur: The Indian Institute of Materials Management (IIMM) has conferred the National Award to Udaipur branch for "Best Branch Education Activity Award 2022". Along with this, National Councilor Ms. Priya Mogra has been honored by the "Outstanding Woman Achiever Award 2022". This award is being conferred for the first time at the national level and Mrs Priya Mogra from Udaipur branch becomes

the first woman to achieve it. The President's Appreciation Medal was presented to Mr. DC Jhanwar, Chairman, IIMM-Udaipur Branch and Vice President, Udaipur Cement Works Limited at the Awards function. These awards were presented by Mr. HK Sharma, National President - IIMM, during the National Conference "NATCOM 2022" held in Chennai. Approximate 150 Senior Supply Chain Management Professionals from across the country, Office Bearers and Members of the IIMM were present at the function.

On receiving the "Outstanding Woman Achiever Award 2022", National Councilor Ms. Priya Mogra said that it is the result of team efforts of IIMM-Udaipur branch and able leadership of Branch Chairman Mr. DC Jhanwar. It is a great honor and proud moment for Office Bearers and all the members of the IIMM Udaipur branch.

Dr. Sharma, Awarded with S.N. Pareek Memorial Oration

Udaipur: In the 33rd Annual Conference organized by the Association of Physicians of India (Rajasthan Chapter) at Mahatma Gandhi Medical College, Sitapura, Jaipur, Dr. K.R. Sharma, Head, Department of Medicine, Pacific Medical College and Hospital, was honored with S.N. Pareek Memorial Oration. In 2022, S.N. Dr. Sharma is the only physician to have received the Pareek Memorial Oration Award. He was awarded this honor for his work on Male Infertility and Androgen. On this occasion, Dr. Sharma said that increasing western lifestyle (food and drink), increasing chemical pollution in the environment, and rising temperature on the earth are mainly responsible for childlessness among young couples not only in our country but all over the world. It is noteworthy that Dr. Sharma has read papers on androgen disorders at international conferences organized in many countries.

During this, 14 posters of P.G. students of the Department of Medicine of PMCH were selected, the highest among any medical college in Rajasthan.

Dr. Jagdish Vishnoi, Professor, Department of Medicine, while congratulating the 14 postgraduate students of the Department of Medicine, said that in the Inter College Diabetes Quiz organized during the World Diabetes Week, the P.G. team of Medicine Department, Dr. Shreya Rathore and Dr. Aseem Kumar was the winner of the quiz.

Indian Icon Award to Lotus Hi-tech

Udaipur's Lotus Hi-tech Industries was felicitated with the Indian Icon Award at the CEO Business Conclave held at Hotel Holiday Inn, Jaipur. Jaipur MP Ramcharan Bohra, film actress Preeti Jhingani and Rajasthan Police's Additional Police Commissioner and Nirbhaya Squad Sunita Meena felicitated General Manager Bhanupriya Jain with the awards in a program organized by the Knowledge Chamber of Commerce and Industry. The award was given to Lotus for Pre-Engineered Building Manufacturers of the Year.

Successful treatment of right lung lump in PIMS

Udaipur: Doctors at Pacific Institute of Medical Sciences (PIMS) Hospital Umrada have successfully treated a lump in the right lung of an elderly patient. PIMS Chairman Ashish Agarwal said that last few days, a 64-year-old man was admitted to the Respiratory Medicine Department of PIMS Hospital due to the problem of breathing, cough, sputum, loss of appetite, and loss of body weight. On examination, it was found that the patient's right lung was deflated, and there was water in the chest, along with a lump of 10 x 11 x 16 cm in the patient's right lung, which was pressing the trachea and lungs.

Factory visit with training on Six Sigma

Udaipur: The Udaipur Chamber of Commerce and Industry organized a factory visit and training on Six Sigma. Mr. Praveen R. Joshi, Deputy Director, Udaipur Extension Center of MSME TDC, Ministry of Micro, Small and Medium Enterprises, Government of India, in the training program. Joshi was a sub-



ject expert. About 50 entrepreneurs from the MSME sector, including Udaipur Cement, Pyrotech, Rama Phosphate, Mednec Biotech, Queens Kyona, Breathe Solar Power, Surjit Timber, Amrapali Electricals, etc., participated in the seminar.

UCCI Senior Vice President Dr. Anshu Kothari while welcoming, said that it was felt by the Chairman, Mr. Sanjay Singhal, and the office bearers that the members can learn for a long time with practical training the information provided in the training program organized in the chamber. Therefore, if practical training is done along with the program, its effect remains for a long time. Dr. Anshu Kothari said that under this, immediately after the training program on Lean Six Sigma in UCCI, the participants visited the M/s G.G. Valve Pvt Ltd factory was visited.

During the seminar, Mr. Praveen Joshi gave information about Lean Manufacturing techniques and Six Sigma for quality control in the production process in the manufacturing industry. Lean manufacturing removes operations from the manufacturing process that does not add value. Mr. Joshi said that Six Sigma manufacturing and business processes have such properties by which it is possible to measure, analyze, improve and control. Shri Joshi gave detailed information about various disciplines like Five S, Three M, Poka Yoke, Kaizen, TPM, Just in Time, etc., through power point presentation.

Sayaji Indore provides hospitality services at the biggest ODC event held in Udaipur

Udaipur: Sayaji Indore provided top-class outdoor catering services for a grand wedding ceremony in Udaipur. The event was attended by experienced chefs from Sayaji Indore and a team of more than 150 employees from both kitchen and service. The event served delicious cuisine and beverages to over 8,000 guests during all meal periods, including breakfast, lunch, high tea, and dinner.

Rakshit Sharma, Vice President, Operations - Sayaji Hotels Ltd., said that I am very proud of our team's sincere efforts, enthusiasm, and speedy working style, and our team has contributed a lot in making this event a success and making every effort, they have prepared more than 250 veg dishes and more than 100 names- Refreshing beverages and delicious sweets were served along with veg dishes. Delivery of tons of raw material from Indore to Udaipur was his top priority, for which our team sometimes did not even care about theirs. Sayaji Indore offers exquisite culinary experiences and fantastic catering options for weddings, conferences, and banquet events. Sayaji Indore provides its guests with the best amenities and ensures hospitality where an ambience of luxury and relaxation welcomes you.

