

By the way

## Love or Leave me!!

It's not easy to live in this world without getting influenced by people who are either supporters or big haters. Everyone knows that human life is not everlasting but still they fight with each other. Families face disputes among brothers and sisters for small or big issues. They don't care for relations

and affection. The world has become a battlefield for human beings. They are not ready to adjust. I had faced hatred from many people after the death of my husband which was not even my mistake. I was blamed and tortured by those who called me their friend once. I was untouchable and guilty for a crime that I had never done.

The husband and wife's relationship is the most unpredictable one. Sometimes they act like best pals and the other time they behave like the cruellest animals. Those who take either side without understanding the whole situation, are the biggest foe. Nobody can solve the real problem but those two who are confronting

the same.

Death is pre-decided by us before we take birth. We meet those people again and again with whom we have to correct our Karma. We change our bodies but our souls will always remain immortal.

I have been practising Buddhism for twelve years. During this period I came to

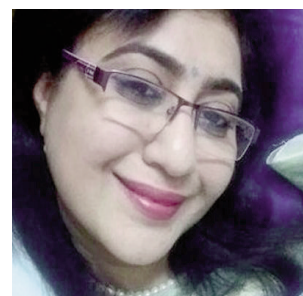
know that husband and wife are the biggest enemies who take birth to break the chain of hatred. We will continue to take birth in the same situation unless we learn to evolve.

I have learnt that it is pointless to keep grudges against those who are your haters.

This is fundamental darkness to blame the other per-

son for your problems. Life is short and we have to learn everything before we leave this body. Where is the time to feel hostility toward the other person?

We have faced what we have done in the past. Nothing will come to us which we never did. I will also die when the pre-written fate occurs. I want to



tell the whole world that either you love or leave me but stop hating me without any reason. Showing love towards me will break the karma chain and leaving me will stop you from doing wrong with me. You will gain in both ways. Karma will not spare any of us. Believe it or not, this will continue for ages.

- Ritu Sodhi

## Hindustan Zinc Wins Big at the CSR Journal Excellence Awards 2021

**Udaipur:** Hindustan Zinc, India's only and the world's second-largest integrated zinc-lead-silver producer, received the CSR Journal's Fourth Edition CSR Journal Excellence Awards 2021 during the ceremony in Mumbai. The award was presented to the company for its two flagship CSR projects, the Zinc Football, which promotes grassroots football in India, and the Sakhi, which empowers the women entrepreneurs of the future. The chief guests of the event were the Hon'ble Minister of Road Transport and Highways - Shri. Nitin Gadkari Ji, the Hon'ble Governor of Maharashtra - Shri. Bhagat Singh Koshyari Ji and Hon'ble Minister of Finance & Planning, Forest - Shri. Sudhir Mungantiwar ji. On behalf of Hindustan Zinc Ms. Anupam Misra - Head CSR, received the award.

On this occasion, Mr. Arun Misra CEO - Hindustan Zinc Ltd. said "It's an honour to receive the prestigious CSR

Journal Excellence Awards 2021 for our projects - Zinc Football Academy and women empowerment initiative, Sakhi.

when the efforts are being recognized, it reaffirms the commitment towards the same" The CSR Journal

ouring innovative and best practices in the field of Corporate Social Responsibility across seven



We at Hindustan Zinc believe that the relation between an organisation and its communities is symbiotic. As the organisation grows, the responsibility towards community also grows. Hindustan Zinc adheres to its core philosophy of giving back and

Excellence Award recognises and honours companies for their outstanding contributions to achieving long-term social transformation. The Excellence Awards 2021 highlights responsible leadership from individuals and organizations in humanitarian initiatives, hon-

award categories. Agriculture and Rural Development, COVID-19 Relief, Education and Skill Training, Environment, Health and Sanitation, Sports, and Women Empowerment and Child Welfare are among the categories.

As a responsible corporate, Hindustan Zinc is committed to fostering and enhancing the communities in which it operates. Through frequent initiatives and investments in their growth, development, and welfare, it strives to enable the holistic growth of everybody. With the philosophy that "every child should have the opportunity to play," Zinc Football has developed 12 community football facilities where 350+ boys and girls get football training from certified coaches. Its ambition is to generate future football stars for the state and country by nurturing talent. A residential academy with world-class facilities and the country's first-ever 'technology-hinged football training' centre is at the core of this endeavour in Zawal. Sakhi, the company's other significant initiative, has spread across the state of Rajasthan. The flagship project aims to bring rural women together in self-help groups (SHGs) and strengthen their leadership, skill devel-

opment, and entrepreneurship skills. Spices, pulses, and pickle-based micro-enterprises with 250+ women have been established to train these SHG women to become rural entrepreneurs. Project Sakhi has also united the women craftsmen under the brand Upaya, which is now touching urban cities. Business Sakhis worked hard during COVID-19 to increase sales of items made in operational communities. The Sakhi members assisted the CSR team in reaching out to the most impacted communities with food and other necessary supplies during the pandemic. As a socially responsible corporate, Hindustan Zinc has been relentlessly working towards improving the lives of rural and tribal people residing near its business locations. The company is amongst the top 15 CSR spenders in India and is currently reaching out to 700,000 people in 184 villages in Rajasthan, 5 in Uttarakhand and 16 villages in Gujarat.

## ZINC FOOTBALL ACADEMY WIN HEARTS WITH BRAVE PERFORMANCE IN PUNJAB

**Udaipur:** The young footballers of Zinc Football Academy exhibited their top form while going head to head against physically stronger and more experienced teams in the 59th All India Principal Harbhajan Singh Memorial Football Tournament held in Punjab from 22nd February.



The Vedanta-Hindustan Zinc initiated Zinc Football Academy was included in Group A alongside Rangers FC Delhi and CRPF Jalandhar. The winner from each of the four groups would progress to the semi-finals of the coveted tournament.

Underdogs in the group, the Zawal based team, however, produced a masterclass to defeat Rangers FC Delhi 3-1 in their first match. Forward Ashish Mayla scored two stunning second half goals after Aman Khan equalised in the later part of first half with a calm finish.

In their second match, Zinc Football team came out with a hard-earned point after a 2-2 draw versus CRPF Jalandhar. The young boys from Zawal led twice in the match courtesy of goals by Jangminthang Haokip and Ashish Mayla, but eventually conceded the equalisers albeit an outstanding defensive performance against the strong men. With four points from two matches, Zinc Football could only manage the second spot in Group A due to goal difference. Zinc Football is an initiative of Vedanta Hindustan Zinc to usher in a footballing revolution in Rajasthan. It is a one-of-its-kind grassroots development programme with technology and data analysis at its core at Zawal near Udaipur, Rajasthan. The programme is using football as a tool for social and community development and ensuring young boys and girls have a platform to express themselves through football.

## Indian Institute of Science (IISc) inks MoU with Ajit and Sarah Isaac

**Mumbai:** The Indian Institute of Science (IISc), Bengaluru, entered into a MoU with Mr Ajit Isaac, Founder and Chairman of Quess Corp, and Mrs Sarah Isaac, for establishing a Centre for Public Health at the IISc campus.

Mr and Mrs Isaac have committed a sum of INR 105 crore towards setting up this Centre, which will be called the Isaac Centre for Public Health (ICPH), and will be a part of the post-graduate Medical School, soon to be established on campus. The Centre will be operational by 2024 and is expected to encourage aspirants to pursue careers in clinical research to develop new treatments and healthcare solutions driven by a bench-to-bedside philosophy.

The Centre is poised to create world-class post-graduate education and research programmes in public health to redefine healthcare models for India and for the rest of the world. It will offer dual degree programmes such as Master of Public Health (MPH)-PhD (5-6 years) and Master of Public Health (MPH)-MTech Research (3 years). The total annual student intake will be about 10 per year with a steady-state student population of about 40 over time. The Centre will also host state-of-the-art biomedical research computing infrastructure to host the data, develop and test big data analysis methods tailored for public health.

## A patient suffering from diaphragm disease was cured by surgery

The Gastroenterology team of Geetanjali Medical College and Hospital Udaipur performed successful surgery for a 36-year-old patient with Diaphragm disease. The team that conducted this highly complex successful operation included GI Surgeon Dr. Kamal Kishore Bishnoi, Gastroenterologist Dr Pankaj Gupta Dr Dhaval Vyas, Dr Manish Dodmani, Dr Charu Sharma from Surgical ICU, Endoscopy Incharge Sanjay Somra, OT Incharge Hemant Garg, Ward Incharge Manju etcs contribution was very good, due to which this operation was successfully carried out.

**What was the issue** - The patient said that he was suffering from problems like abdominal pain, weakness, etc., so he showed up at a private hospital in Ahmedabad for the last few months, but there was no improvement in the situation. A close friend advised me to go to Geetanjali Hospital Udaipur. On coming here, when the patient was questioned, he said that he was taking pain killers and drugs in large quantities to reduce the pain in his stomach for a long time. When Dr. Dhaval Vyas did the patient's endoscopy, it was found that the patient had three blockages in the D1 (first) and D3 (last) part of the small intestine (duodenum).

## The foundation of human values for the prosperity of society rests on happiness - Prof. Amarika Singh

**Udaipur:** The felicitation ceremony coincided with the Annual General Board Meeting of the Academy of Well Being Society.

For doing various works in education, extension, and research in Mohanlal Sukhadia University and Mewar region, Vice-Chancellor

founder advisory member of the Academy, Prof. Kalpana Jain, gave detailed information about the online seminars, workshops, works done in the raw settlements, and all the other works done during the covid period. In the program, Dr. Prem Bhandari, Dr. Nihal Jain, Dr. Pamil



Prof. Amarika Singh was honored. Prof. Amarika Singh, in his statement as the chief guest, said that it had been clarified in the new education policy that education can be made complete only with the coordinated efforts of universities and other institutions. Everyone should be ready to work for society according to their ability and ability.

The founder President of the Akademi, Prof. Vijayalakshmi Chouhan, Welcomed the guests congratulated on International Happiness Day. For human well-being, such as attachment, bonding, cooperation has been given. The

Modi, Dr. Devendra Hiran, Dr. Vaishali Devpura, Dr. Lenny Nagda were honored for the exceptional work for prosperity during the covid period. Dr. Dolly Mogra conducted the program. Thanks given by Prof. Gayatri Tiwari.

Akademi secretary Dr. Alpina Singh presented the annual report of the academy, Dr. Anita Talesara, Treasurer, gave the financial information. Dr. Paul Mathew, Dr. Christie, Dr. Varsha Joshi, Dr. Ravi Sharma, Dr. Jayshree Singh, Dr. Rajshree Gandhi, Dr. Venus Vyas, Dr. Mamta Dhupia, etc., were present in the program

## Team GBH saved a girl injured in an accident



**Udaipur:** The girl was brought here in a serious condition. The girl injured in the accident was treated safely by the board of doctors at GBH American Hospital.

A girl resident of Banswara had an accident recently. The girl was seriously injured in this. In this accident, she had severe injuries in her stomach and ribs. There was a fracture in the joint between the spine and the hip. The arm vein was cut and the urinary tract was injured. Amidst all these injuries, the hemoglobin of the injured girl was only four grams. It was difficult to save the girl who was brought unconscious.

Group Director Dr. Anand Jha said that for the treatment of the girl who reached this critical condition, a board of doctors was formed, in which orthopedic and joint replacement surgeon Dr. Rahul Khanna, Neuro Surgeon Dr. Nitin Bhakal, General Surgeon Dr. Rajesh Agarwal, along with plastic surgeon Dr. Vimal Mittal, ICU intensivist Dr. Satyanarayan Nagar was formed. The first saved her life by giving CPR to the girl and started treatment by keeping her under ICU care. After this, the joint rupture between the spine and the hip bone is treated, which is medically called sacroiliac joint distension. She was operated upon with a neuro-monitoring device, saving the nerves safely. Apart from this, the cut veins of the girl bleeding in the stomach were stopped. This girl was discharged on Monday while in a moving condition with the

help of a walker.

## Artist Hemant Joshi's sculpture got appreciation

Poornima University Jaipur is organizing the spring 22 National Sculpture Camp. In this camp, the sculpture of Udaipur's artist Hemant Joshi remains the center of unique attraction, and all appreciate this artwork.

Joshi has displayed dawat and Kalm in his artwork made of stone. Hemant Joshi, a teacher by profession, said that kalam and dawat have particular importance for a teacher. It has been selected from this point of view. He noted that sculptors and students participate in this camp in places like Gujarat, Tamil Nadu, Kerala, Pondicherry, West Bengal, Jammu and Kashmir, New Delhi, etc.

## Students work hard by setting goals - Dr. Parmar

**Udaipur:** Kherwara MLA Dr. Dayaram Parmar said that every success could be achieved if students work hard by setting goals. He was addressing the laying down a foundation stone of Gram Panchayat Bhawan in Bhadra, the inauguration of classrooms of HSS Bhadra, and the annual function of UPS Anjalaiya as chief guest.

MLA Parmar said that apart from promoting education in the area, practical efforts are being made to provide all possible facilities to the students.

The function was presided over by Pradhan Keshar Devi Meena, while the special guests were District Council member Kaluram Meena, Panchayat Samiti member Gautam Jalat, social worker Kamla Parmar and former

Deputy Director of Education Bhupendra Kumar Jain, Chief Block Education Officer Jai Singh Parmar. Principal Prakashchand Bhanawat and Sarpanch Jeevali Devi welcomed the guests. The students presented cultural programs. MLA Dr. Parmar honored the students, including social worker Chetanlal Meena and village development officer Bagdi Lal Raigar for their excellent services.

## Celebrations organized for women and children

**Udaipur:** Women entrepreneurs of Udaipur Women's Chamber of Commerce and Industries and women and children of Sambal Swadhar Grah Bargain organized the holi function.

Rangoli, Mehndi, and dance competitions were organized to highlight the talent of women. President Dr. Neeta Mehta, Secretary Tina Soni, program coordinator Dr. Mamta Dhupia inaugurated the program by lighting the lamp after the women of Swadhar grah gave that dance performance. Maya Kumbhat of the chamber gave a speech to the women and children. On this occasion, the children present celebrated the festival of Holi by cutting cakes on their birthdays as well as applying color gulal. Games and toys were distributed to the children, and daily necessities were distributed to the women. In the end, all the winners were awarded. Nisha Field, the coordinator of Swadhar Grah, gave information about the organization, and in the end, manager Vimla Chauhan expressed her gratitude.

Mamta Jain, Meenu Kumbhat, Jyotsna Minna, Bela Caravan, Seema Parikh, Dr. Chitra Ladda, Rekha Rani Jain, Bhavya Garg, etc. were present on this occasion.

## KGAf- Saffron Art auction on StoryLtd to help restore David Sassoon library's neo-gothic glory

The Kala Ghoda Association that has unified various art galleries, patrons and concerned citizens with the single-minded goal to maintain and preserve the heritage buildings and other structures in the Kala Ghoda district, is now going ahead with a fundraiser auction to give wings to the current Kala Ghoda Arts Festival (KGAf) goal to preserve heritage structures.

The auction has 50 artworks and is a no-reserve auction, which means that the buyer can get best quality art from known artist at a competitive price. Artists, collectors and gallerists have contributed by giving works of veteran artists like Jehangir Sabavala, Sudhir Patwardhan, Laxma Goud, Anjali Ela Menon, Vaikuntham, Rini Dhumal among others, while Saffron Art Pvt Ltd, through its shopping and auction platform StoryLtd, is putting this online fundraiser together. Express Tarana Khubchandani and Brinda Miller, the driving forces behind KGAf, "We are very thankful to all those who have contributed to this fundraiser and Saffron Art Pvt Ltd for supporting us. The funds raised from this auction will contribute towards the restoration of the David Sassoon Library in Mumbai.