

By the way

Suicide is not Easy !!

Sushant Singh Rajput left a question in everybody's mind. Why do you want to commit suicide? Maybe life is not going as you wanted. Maybe your wishes are not fulfilled? So why do you end yourself, end your desires?

Maybe your expectations are not fulfilled and you are feeling upset.

When a person is in trouble, he wants to ruin everything. There are only two possibilities, either kill someone else or yourself. It is dangerous to kill someone else and face the law. It's easy to commit suicide. But this is also a murder, so why not change life instead of ending it.

Death is coming on its own, why are you in such a hurry?

Death will come, it always comes. Death comes even though you don't want to. You do not need to go and meet her, she comes on her own, but trust that you will miss your life badly when you end it untimely.

Do you want to commit suicide because of anger or anxiety or any other reason?

Do you know you will be born immediately in someone else's womb after committing suicide. Before leaving this body, you will get caught in some other trap and once again you will have to go to school, college, university to face same problems. Just think about it. Think of all those painful experiences. All this will stop you from committing suicide.

Many people in the world do suicide and psychoanalysts say that there are very few people who do not think to do so. In fact, a man invests and collected some data, according to which every person thinks of being suicidal at least four times in life.

We need to understand people, what they are experiencing rather than telling the person in problems to become normal by himself.

A person thinks about 100 options before taking this devastating step. Is it worth asking that should he has given more consideration to the possibility how he might impact his fans when he had to think through how his loved ones would be devastated by his

action. Yet he did it.

People very easily pass judgements that the person took the easy way out and he/she was a loser who didn't think of his family, etc.

Do you really think that is even possible?

That anyone who is taking such a huge step will not consider all options, aspects, implications of such a huge step over & over again?

Off course he did.

Yet he went ahead and did what he did. After all the thinking, the considerations, the deliberations he went ahead and did what he did. Because in his mind that was the only option left for him. Not because it was the easy way out. If suicide was so easy every loser would be doing it.

Suicide is a very hard choice. One takes it under extreme circumstances when one thinks he/she doesn't have any other choice left.

No one knows what he was going through so stop making assumptions and jumping to conclusions and passing judgements.

He must have been totally bereft of hope to have taken



this step.

Can you people, who are so quick to pass judgement, can you even imagine what it's like to have no hope at all?

No you can't. Coz if you could, you would be so saddened by the mere prospect of it you would be stunned into silence. And stop telling people and believing that just talking to people, young or old, will make no difference to a person dealing with depression.

can you treat a cancer patient without medicines or surgery?

Yes, depression is a psychological issue, and yes therapists often use communication as a major part of the treatment but that doesn't mean any

and he jumped from the 8th floor in my society 8 years back.

He was suffering from cancer and it took him so long to take this step.

I don't know what was going on in his mind at that point of time I was living in the same society just opposite to his flat. It was winter season and he took a table and sat on it to reach out the level. He had tea and after that he jumped from his balcony. His dead body was found lying on the cemented floor by early walkers. Is this a debatable issue?

Yes off course but in a positive way.

we have no right to comment on the other person's life.

He had left many questions, no doubt but its bad to snatch away his family's privacy by discussing it over and over again.

We have Judiciary, we have a system.

Truth will be revealed soon but one thing is clear that suicide is not easy.

RIP means Rest in peace but in my opinion it is "Return If Possible."

Women came forward to end the social evil - Gurjar

Udaipur: Training ceremony for 33 women from Project Mavli, Badgaon, Girwa, Sullambar, Gogunda, Jadol, Kotda in Udaipur district concluded on Thursday this training was organized by Janardhana Rai Nagar Rajasthan Vidyapeeth Kul, at the Anganwadi Workers Training Center. Kul Pramukh



Bhanwar Gurjar said that to eradicate corruption, blind faith, and social malpractices, we must be encouraged and motivated to empower women.

VC SS Sarangdevot said that it is essential to have a skilled speaker and self-confidence in the

Anganwadi worker so that she can bring awareness to the people by presenting her talk well in her field of work. Kendra in-charge Nand Kunwar informed that 33 women participated in this training camp in the camp. Certificates were distributed to women by guests at the ceremony. The ceremony was conducted by Nand Kanwar, while thanksgiving was given by Rekha Rathore.

Juhi Sharma nominated as National President

Udaipur: Advocate Juhi Sharma has been nominated as the National President of the Legal Wing of the All India Congress Workers Committee by National President Vinod Sharma on the recommendation of the Observer of All India Congress Workers Committee, Abdul Warsi.

Sanitization of Jewelry with UV Machine at Sojatia Jewelers

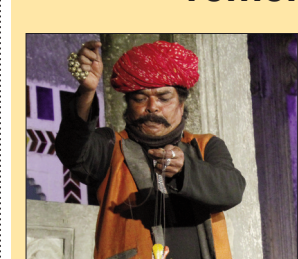
Udaipur: Jewelry is now being sanitized with UV machines at Sojatia Jewelers. Director Dr. Mahendra Sojatia told that Sojatia Jewelers had taken several steps to protect the customers can shop confidently. The customer has to go through the paddle sanitizer at the entry in the showroom so that his shoes can be a sanitizer. Thermal scanning is being done at the entering point of customers in the showroom.

He told us that whether the customer is wearing a mask or not, be checked if the handout mask is given to the customer immediately. A hand sanitizer machine is also placed at the entrance so that the customer can sanitize their hands. After buying the jewelry by the customer, it is being sanitized

by the UV machine. Special attention has been given to social distancing because Sojatia Jewelers Multistory is a large showroom, so social distancing is being followed thoroughly. Now the jewelry preferred by the customer will be sanitized for packing, and the customer will take the jewelry by payment. Online payment will be given priority. Cash will be sanitized from the UV scanner when the cash is paid. The counter is being re-sanitized when the customer leaves the cash counter.



Puppeteer Veni Lal will be remembered



Udaipur: Traditional puppeteer of Udaipur, Veni Lal Bhat (s/o Shri Ramju Bhat) died recently at the age of fifty five years. Veni Lal was an expert puppeteer who had perfect control on traditional marionettes (string puppets). He used to put life in puppets he manipulated.

Normally traditional Rajasthani puppeteers hide themselves behind curtain and skillfully operate hanging puppets, but Veni Lal exhibited his talent in open where the spectators could also watch the magic of Veni's fingers. He used to give supporting sound effect of Pipadi (a small wind instrument made of bamboo and rubber). This accomplished artiste made his puppet swing, dances and astonishing movements. Every puppet, whether it was dancer (Anarkali), snake charmer, Sukli Julahi or Bangal ka Jadoogar would come alive at the hands of Veni Lal. He had the skill to engross audience. Veni Lal's name can be taken after the stalwart puppeteers Shri Dayaram Ji and Shri Tolaram Ji who worked with Bhartiya Lok Kala Mandal, Udaipur and established Rajasthani traditional puppets world over.

The Dancer puppet manipulated by Daya Ram ji, after performance used to salute the audience in royal style and wipe sweat with her long skirt before making final exit. This amazing act would get high admiration of viewers. Shri Deepak Dixit, well known artist and Director of 'Dharohar' (Daily evening concert staged in Bagor Ki Haveli, Gangaur Ghat at West Zone Cultural Centre, Udaipur) expressed that Veni Lal was star attraction of 'Dharohar' (daily evening concert) at Bagor ki Haveli. Domestic as well as foreign tourists used to get engrossed in his performance and liked to capture selfie with him. WZCC helped Veni Lal to exhibit his talent in various exclusive shows in India and abroad. Dixit of Dharohar who supported this talented artist to a great extent feels sad on sudden demise of Veni Lal and decides to groom and support Veni Lal's young son Vrijesh Bhat. Senior Theatre Director Dr. Laique Hussain also praised skill of Veni Lal who directed puppet play 'Shakar mai Raja ka Sala' produced by West Zone Cultural Center, Udaipur. Veni Lal was an all-round artist and entrepreneur who created huge size puppets and allied decorative items for Shilpgram Festivals and special events. He encouraged many traditional puppeteers of Dewali Neemajkheda as well as Badgaon. A skilled artist associated with the art world will always remain in the heart of art lovers of Udaipur.

- Vilas Janve

For Royal Harbinger Call

Mangi Lal Purohit - 9024311494

Bharat - 7597908870

EDUCATION FOR ALL

- Pranjali Nathaniel

Raj, 22 year old belonged to Rampur village, the village known for its greenery, farming and livestock.

Raj completed his graduation in agriculture science. Now he helps his family in farming and also help the village farmers to sell the farming produce and vegetables in the local market.

Raj's elder sister Reema wants to help her family in agriculture, but she's unable to do anything as she had to leave her studies at an early age due to looking after her siblings.

One fine evening Reema express her interest to his brother Raj that she wants to complete her study. She also shared her dream to be an entrepreneur in agriculture field.

By knowing her sister interest Raj decides to enroll her in an online certification course regarding agriculture science and economic.


Reema starts working hard and her younger brother Raj was there to motivate and guide her wherever she used to feel any difficulty.

After few years she completes the course with very good scores. Reema was so happy that her brother supported her to complete her study.

Now she started helping Raj in the agriculture farming management and also selling of the crops in the market. Soon they expanded their market from domestic to whole sale and then multi-national corporations.

Now Reema started giving motivational trainings to women farmers regarding seeds, manure and organic pesticides. Her sessions were focused on better yield of crops.

Seeing this, Reema becomes a ray of inspiration for many other girls in the same village and in neighboring villages. She became the role model for the village. Her family started appreciating her and feel proud on her. But she remains thankful for her younger brother Raj who shown her the light in the dark.



Lost Food

Poda Pitha

Ingredients

- Urad Dal (white) – 250 GM
- Rice -300 GM
- Coconut (Grated) – 6 TBS
- Jaggery – 500 GM
- Salt – 2 TSP
- Ginger Chopped -2 TSP
- Black Pepper Whole – 1 TSP
- Ghee – 2 TSP

Method

1. Soak urad Dal and rice for six hour. Wash the dal and rice 3 times and grind it to fine paste (it should be thick consistency).
2. Add salt and keep the mixture for 3 hours for fomentation.
3. Mix together grated coconut, ginger, jaggery and black pepper powder and mix well.
4. Pre-heat oven to 180 Degree.
5. Grease the baking tray with ghee.
6. Pour the mixture into grease tray and keep it in oven for 30 to 40 minutes.
7. Check with knife, if it is fully cooked and colour turns to golden brown.
8. Remove the Poda pitha from oven and allow it to cool down

Chef Satish Comments:

This poda pitha is a simple and plane version, if you like you can do a flavor pitha with pumpkin, Mango Etc

JSG blood donation helpline has donated 3500 blood units

Udaipur: JSG Blood Donation Helpline started eight years ago to provide immediate blood to the needy, has so far offered blood to about 3,500 people.

On the occasion of World Blood Donation Day, the founder president of JSG Blood Donation Help Line, RC Mehta, said that no such institution was functioning before 2012 when the patients admitted to the hospital in Udaipur city needed blood. All the organizations used to organize blood donation camps, but such admitted patients did not come forward for any help at the time of need. Due to the non-availability of a blood donor to such patients, these patients were agitated. In view of this problem, JSG Blood Donation Help Line was established by connecting the donors with a new line of help to Udaipur city for arranging on-call blood.



Mehta informed that through this institution, the foundation of the first helpline of Udaipur city was laid eight years ago on April 1, 2012. Its inauguration was inaugurated by Dr. Narendra Mogra, in-charge of RNT Blood Bank and blood donation in Jindal Suri Auditorium in the presence of dignitaries and blood donors.

He said that from 2012 till today, more than 3,500 needy admitted patients had been provided with on-call blood donation. In order to connect the blood donors, blood donation camps have been organized everywhere in the city, and aware of more than 2000 blood donors have been filled with pledge letters. The data bank of more than 2000 blood donors of the city is ready; they are called from time to time and are given blood donations. Today, this institution is committed to arranging blood for the patients of the city throughout India. In Udaipur, this institution has the distinction of donating 552 units of blood on the same day under one roof. No one has touched this figure yet. Mehta said that the institution had received honors at the district level, state level and national level in the service sector of blood for this charitable work.