

# Kerala's fight against COVID-19 pandemic set to intensify, says new Chief Secretary

**New Delhi:** Kerala's new Chief secretary Dr. Vishwas Mehta Monday said the fight against COVID-19 was set to intensify with the resumption of land, air, and sea travel.

The guard against the spread of the pandemic should evolve into a movement of the people, said Kerala's new Chief Secretary, Dr. Vishwas Mehta.

After assuming office at the Government Secretariat here, Mr. Mehta said Kerala faced a particularly severe challenge in preventing the transmission of the disease from those bound home from epidemic hotspots within the country and abroad. The State also needed to tread cautiously so as not to cause new flareups when the economy opened up,

free travel resumed, and life shuffled back to normalcy. Mr. Mehta said the police might find it challenging to assign an officer to every home which had people in quarantine. Hence, the guard against the spread of the pandemic should evolve into a movement of the people. Members of the neighborhood watch, volunteers, and elected office-bearers of local self-government institutions should forge themselves as a bulwark against the spread of the coronavirus. Individual citizens should view wearing masks, maintaining physical distance and following the health protocol as their civic responsibility.

Mr. Mehta indicated that the manner of the fight against the pandemic would

change as the country eased COVID-19 lockdown restrictions and the diaspora returned home in higher numbers. Hence, the resistance against the spread of disease was likely to be a long haul.

He indicated that Kerala could not allow the pandemic to disrupt its "priority projects". Pandemic prevention and the State's development have to go hand-in-hand.

The Government had prioritized the completion of the GAIL pipeline project, the piped supply of cooking gas to households, and affordable fiber optic cable supported high-speed and seamless internet connectivity to homes and businesses. The construction of the high-speed Thiruvananthapuram-Kasargode rail corridor (532 km) was another prime concern. The proposed rail connectivity could



reduce travel time and open up the hinterlands of the State for development. The

government has also given precedence to the construction of industrial level and environment-friendly garbage disposal and sewage treatment plants across Kerala. Outgoing Chief Secretary Tom Jose welcomed Mr. Mehta with a bouquet and ushered him to his seat. Mr. Mehta praised Mr. Jose for the resilience and administrative insight he had shown as Chief Secretary in the past "tumultuous" 23-month period. Mr. Mehta said he hoped to continue from where Mr. Jose had left off and would strive to live up to the legacy of his predecessor. He sought the cooperation of the bureaucracy. State Police Chief Loknath Behera and City Police Commissioner Balaram Kumar Upadhyaya were present.

## Dual responsibility of Common man: Be Crime and Corona Warrior



- Dr. Vartika Jain

In a few month's periods, one ultramicroscopic organism has affected millions of human lives across the world including deaths in several thousand. Not only the social sphere but also spheres of ecology, economy, and ergonomics have been drastically affected. The pandemic has impacted mental spheres leading more towards psycho-spiritual longings rather than materialistic greed. Indeed some changes are very positive and being welcomed everywhere wholeheartedly.

Five months of this calendar year 2020 has ended and so the hope for ending of corona era has begun. The crucial time has passed with hard work, patience, foresightedness of corona warriors working on several fronts. People are now learning to live along with this invisible terrorist surrounding them. And life has to speed up in this new era after lockdown – The post lockdown era. Many implication studies of Covid-19 in various fields are being carried out and it is presumed that life is never going to be the same as it was before Corona. That speculation is going to be true in various realms but here the

emphasis is on crimes in the Post lockdown era.

Lockdown for more than two months in India has greatly impacted the economy and going to create many upheavals in upcoming months. Jobs of several people have been lost which is going to worsen the crime scenario of any city. If one may think deeper, it will be realized that one of the major causes behind any crime is economic disparity which can suspend all other emotions except feelings of hunger. In a long time, these feelings of a criminal convert into greed to enjoy life in materialistic pleasures. Gradually, it is considered a valid right of occupation which remains continued for generations. Even, the feelings of guilt never arise in such people. So, here comes the importance of money; irrational distribution of which has caused several problems in society.

During the lockdown period, we were talking about crimes in the cyber world, domestic violence, corona assault incidents, etc. But the world after lockdown is going to face increased cases of some other heinous crimes as well by both habitual criminals and others imposed by the situation. A few days ago, in the period of modified lockdown, robbery of Rupees Two lakhs at Savina mandi in Udaipur city for which robbers came on a stolen bike is an alarm to everyone around the country. Poverty and other capitalist schemes including high salary packages and increasing product costs may lead to many such crimes of loot, theft, burglary, etc.

Now, when lockdown has almost ended in many areas, the responsibility of remaining safe has come on the shoulders of the common man. He/she has to become a warrior by fighting against invisible terrorists roaming around them either in form of Corona or in form of other innocently seeming Common man. The use of masks for protection of Corona is also going to protect such mal-intentioned people.

Traveling alone is also not going to be easy as before.

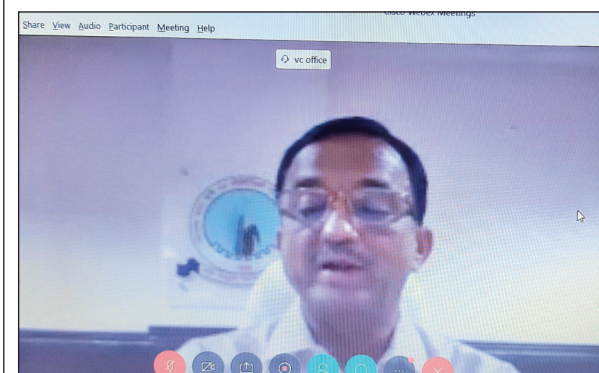
Housewives should have to be alert and smart enough to avoid any such incidences while alone at home. Children should be given proper instructions on how to act in any such insecure situation. One has to be vigilant everywhere to remain safe from both Corona and such crimes. The best thing would be to organize a 'Colony safety committee' in every colony that can work in rotation every week to take appropriate safety measures for their colony. This will also build up assurance for senior citizens who are living alone in the colonies. Regular police reporting of suspicious persons visible in the colony and nearby areas should also be made. Moreover, some programs could be arranged on moral values, mental alertness, self-defense, etc. which may help all in becoming physically and mentally strong.

As we are preparing ourselves to remain healthy in the Corona era by increasing immunity from various means, it is another requirement of the coming era to get ready for such unwanted crimes and further overcome post-trauma of such happenings. I hope that this dual responsibility of becoming a Corona warrior and a Crime warrior together could be well accomplished by us as a common man. We should rely on our insight and try to be physically as well as mentally very fit to fight with those unseen situations. Patience, alertness, and mental tactics will greatly help us. Economic reformation after the lockdown period by adopting concepts of progressive co-operatives and local for local may help in ending disparity soon. But still, it is going to take time in becoming a completely economically independent city, state or country. Till then, the role of everyone as a common man keeps the utmost importance to abate the crimes around us. Stay positive and stay safe.

## One day seminar on the future scenario of agriculture after Covid-19

**Udaipur:** A one-day seminar on the future and landscape of agriculture after Covid-19 was organized at Maharana Pratap University of Agriculture and Technology, Udaipur, on the webinar. The workshop was organized by the Directorate of Research, Maharana Pratap University of Agriculture and Technology. Scientists from all over the world were invited to the seminar to discuss the agricultural landscape after Covid-19. In this, about 1000 scientists, students and officials of various universities, national agricultural institutes, agriculture departments have participated along with eminent subject experts.

The seminar was chaired by the Vice-Chancellor Dr. Narendra Singh Rathore, in his presidential address, said that the impact of COVID-19 had been seen on a full scale in the agricultural industry and service sectors of the country. About 52% of the population in the country is dependent on agriculture, and 70% of the population lives in the village, for this, the production of functional quality foods, farm mechanization, use of intelligent intelligence in agriculture and smart to increase production and employment opportunities in the agriculture sector. In the COVID-19 pandemic, new opportunities to reach new dimensions to farmers have presented a new challenge to the country. Agricultural scientists should work on the development of village-based models in organic agriculture, integrated farming practices, market linkage, food processing, and farming industries.



Today, we have the challenge to achieve the target of producing 345 million tones of food in 2030 and given COVID-19, the emphasis has been laid on the health and nutrition of farmers.

Dr. N. Ravi Shankar, Project Coordinator, Indian Institute of Agricultural Systems Research, Modi Puram, stated in his address that more than 45 integrated farming models had been developed to increase the income of the nation's farmers. With growing revenue, employment of 150 to 397 days can also be obtained through these advanced farming method models. There is a need to adopt diverse farming system models at the village level for quality food and pure environment during the COVID epidemic.

In the seminar, Dr. Shailendra Singh Chauhan, Manager of the Regional Office of NABARD, told that for the availability, timely management of inputs after the Covid epidemic, financial management and proper technical availability, farmers should benefit from various schemes of the Government of India related to the Producer Group. Small agricultural industries will develop in villages, and the livelihood of farmers will increase. He said that there are 211 farmer producing groups in Rajasthan.

Dr. C.R. Mehta, Director, Central Agricultural and Engineering Institute, said that under the COVID-19, there is a need to use machines and equipment operated remotely in agriculture. There is a need for a custom hiring center to provide devices.

Dr. Abhay Kumar Mehta, Director of Research, said that due to COVID-19, there is a need to research areas like organic food production, soil and water quality, animal health, mechanization, food processing, and jump industrial technologies in agriculture. Knowledge-based on the nature of agriculture needs to be included in more and more agricultural research.

Organizing Secretary Dr. S.K. Sharma, Regional Director of Research, conducted the entire seminar's technical operation, thanked the experts, and thanked everyone.

## Drugs made to prevent corona infection and increase immunity

**M**adan Mohan Malaviya Government Ayurveda College, Udaipur, has now taken the initiative to protect against corona infection and increase immunity and made from Ayurvedic herbs for immunity boosting by the committee of experts of the college. Three types of special medicine have been prepared.

The principal of the college Prof. Mahesh Dixit said that social distance, personal hygiene, and self-discipline to prevent corona infection, as well as Ayurveda medicines, can prevent disease and enhance immunity. Ministry of AYUSH has used Ayush decoction made from basil, dry gourd, cinnamon, black pepper to avoid the infection of Covid-19, use of turmeric in milk, and for the proper and optimum use of chemicals like Ashwagandha, Giloy, Mulethi, Pippali, etc. for the promotion of immunity. Guidelines have been released.

### 1500 kits of three medicine combo preparations:

Pro. Dixit told that in the first phase, 1500 kits of three medicinal formulations to the people of Udaipur and adjoining areas, COVID Warriors, Police Administration, Media personnel, etc., including Navrasayan Yoga, Mouth Wash, and Nasal Drop to be injected in the nose. All the drug formulations have been used in optimum quantity as directed by the Ministry of AYUSH in the medicine kit.

### IG and Collector released the guide:

Dixit said that a guide had been prepared by the committee of experts of the college and preparation of medicines, while a formulation has been prepared regarding immunity-boosting prepared by the college, in which necessary health improvement can be done by strengthening the routine. This guide was released by Inspector General of Police vinita Thakur and District Collector Smt Anandi. During this time, Dixit handed over these medicines to IG and Collector as well as Dr. Lakhan Poswal, Principal of RNT, and made them aware of its properties and uses. He informed that the data of all the people using medicines would be collected, and after the use of drugs, data will be kept of the changes in them. Also, the guide issued by the college will be placed in the main places, markets, government offices, etc. of Udaipur. This guide is also being provided in every medicine kit. Dixit also informed that after the success of the first phase, arrangements are being made to provide this medicine free of cost in the hospitals of the college.

### Made these medicines:

#### Mouth Wash Yoga (Mouth Wash)

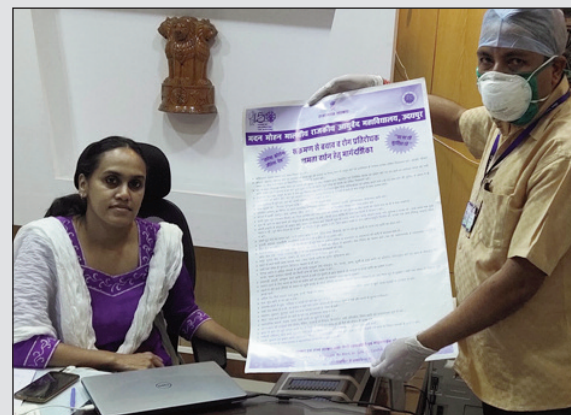
Pro. Dixit said that the oral cavity of the mouth of our digestive and respiratory tract might contain up to 20 billion bacteria that cause diseases. In Ayurveda, to control these, the law of Achman, Kaval and Ganadhi has been prescribed. It has been decided by the expert committee of the college to build a mouth wash. By its use, the phlegm deposited in the throat and mouth, the mixture accumulated in the tongue and teeth, and the smell of the mouth and the stickiness is removed. It is beneficial in mouth ulcers, sore throat, tonsils, nausea, lethargy, anorexia, colds, throat and mouth ulcers, and burning sensation.

#### Nav rasayan yoga

Ayurveda describes chemicals to protect against the infection of COVID-19 by increasing immunity. Department of AYUSH Government of India, CSIR, And ICMR Research on the substances mentioned in Ayurveda is under progress in enhancing Covid-19 infection prevention and protection. Nav rasayan Yoga has been made on the recommendation of the expert committee of the college based on the fluids directed by the Department of AYUSH. It has anti-oxidant, anti-bacterial, anti-inflammatory, anti-biotic, and immunomodulatory properties among the components of Navrasayan Yoga. It helps prevent infection and enhance immunity, fever, cold, cough, sore throat, etc. Respiratory disease-related diseases like throat diseases, difficulty in breathing, etc., is beneficial in reducing mental stress and insomnia, an executive in related digestive disorders like loss of appetite, indigestion, etc., removes toxic substances from the body.

#### Nasal oil

Dixit said that to prevent infection, strengthening of the nasal mucosa and respiratory institution, the Ayurvedic method has been mentioned in Ayurveda. Nourishing with drug proven oil strengthens the nasal mucosa, which helps prevent bacteria, viruses, dust particles from entering the body. Keeping in view, the expert committee of the college has approved sesame oil to be used as a vein, sculpted by law. By using it, toxins or toxins are removed, and it increases the immunity power. Frequent sneezing, nasal congestion, colds, catarrh, sinus, tonsils, headaches, mental stress, insomnia, half discoloration, hair loss, hair whitening, etc. are beneficial in diseases. This prevents the side effects of sterilization.



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