

The True Investment

When you invest in good things, returns are bound to be good. At times you get instant results while more than often you have to wait. But for those who have made investing in good things a habit, results don't matter. These are the people who believe in Nishkam Karma and do good and offer it to the God. They, in return, get a deep peace inside instantly and then also get results in the future.

Now, in our lives, what we have been told is that good thing have to be big in magnitude. You donate money, feed someone, help a blind cross the road, pay fees of your maid's children, donate your old clothes, return an ornament to back to the owner, and so on.

Of course, these are great deeds but you do not get an opportunity to perform such investments always. So, there are many ways with which you can continue with great deeds for the mankind and you too get rewarded more than often.

The frequency of you getting benefited in the present from your past good deeds is proportional to the frequency you committed good work in the past.

What you reap is what you sow can be realized in many small endeavors we take across the day. For example, if you flush the toilet after using it on a train, you are most likely to get a clean toilet when you step in to use it. If you find it filthy, you must have left it so sometime in the past for someone else.

Similarly, if I get a lower berth in the train and I offer it to the senior citizen or a lady with an infant, I shall find similarly generous and kind youngster when I am old.

So, it is all about getting benefited from the past deeds of your self. This implies that you yourself write your destiny. For many cases you see around you every day, you can connect with your past actions.

You dropped a student to the exam center when it was difficult for him to reach in time will surely result in similar help for you in the future.

The power is like money which is too slippery to hold in your hands.

Today, if you are powerful, you are bound to be weak next time. And that cannot be changed. Now the way you behave in the times of your power will determine how you will get treated in the future in your weaker times.

So, you are not obliging anyone by helping them. All you do is pave a path of comfort for your future.

So next time when you use public parking, make sure that your park your vehicle in the most proper way so that others can park as well. Next time, you will get your parking space even when its Saturday night.

VISTARA INAUGURATES SERVICE TO JODHPUR AND UDAIPUR

Udaipur: Vistara, India's finest full-service carrier and a joint venture of Tata Sons and Singapore Airlines, today inaugurated daily flights between Mumbai and Jodhpur, and Delhi and Udaipur. This follows the airline's launch of flights between Mumbai and Udaipur on 4 October 2019. Vistara's flights also enable customers from Udaipur and Jodhpur to take convenient one-stop connections via Mumbai and Delhi to destinations across India as well as to cities abroad that the airline flies to. On this occasion, Vistara's Chief Strategy Officer, Mr. Vinod Kannan, said, "We are delighted to bring India's only five-star airline to Rajasthan with flights to and from Udaipur and Jodhpur, two cities that have significantly contributed to putting Indian tourism on the global map."

Both these cities continue to see demand for more connectivity for domestic as well international travellers. We firmly believe that Vistara's much sought after product and globally-awarded service makes just the right combination to suit the market need and demand."

Ryan International School Organised workshop



Udaipur: Ryan International School has organised a workshop on "Health and Hygiene" conducted by Ms. Gangotri Gehlot from Procter and Gamble Company in which she guided girls of std. 6-8 for good health and hygiene during menstruation and also about good touch and bad touch. Mothers of these girls also participated in this workshop. It was an informative workshop.

National Conference and Workshop in Pacific University

Udaipur: Ministry of Human Resources and Development, Government of India, New Delhi, and Pacific University, Udaipur is going to organize jointly a National Conference cum Workshop on November 3-4, 2019 on 'Green Chemistry'.

The inauguration will be done by the Chief Guest Prof. M.L. Kalra, Ex- Vice Chancellor, Kota University at Vishveshwarya Hall, Pacific University, Udaipur on November 3, 2019 and will be Presided by Prof. B. D. Rai, President, Pacific University. The main focus of the workshop is to promote 'Green Chemistry' and to encourage learning and teaching science in Hindi language. About 100 participants from different parts of country will participate. Prof. Suresh Ameta informed that in order to encourage younger generation to write Chemistry in Hindi. Eight invited lectures and about 25 papers will be presented by the researchers in this conference.

PM's interview to Bangkok Post on India's role in the region and the world ahead of Asean related summits in Bangkok

Prime Minister Narendra Modi in an interview with Bangkok Post shared his views on India's role in the region and the world, ahead of the 35th Asean Summit and Related Summits, including tomorrow's 16th Asean-India Summit and Monday's 3rd RCEP Summit.

Transcript of interview

Do you think India has become a global power under your leadership?

It is well-known that India's is an ancient civilisation with enormous richness and diversity. Till a few hundred years ago, India contributed a major chunk of global growth. It has contributed to the development of science, literature, philosophy, art and architecture. In doing all this, it did not seek to dominate others but built lasting ties across seas and oceans. In the last few years, we have been actively increasing our contribution in the world, be it in the economic sphere or in the fight against climate change, in the field of space or the fight against terrorism.

Today, India is one of the largest contributors to global economic growth and development. The people of India have amply demonstrated that they are second to none, if they get the right environment policies that enable them to realise their true potential.

We are running the world's largest campaign to improve the "Ease of Living" for the people of India and to improve their productive potential via better infrastructure, better services and better technology.

This has been made possible because we have electrified every village; brought over 350 million of our citizens into the banking system; reduced leakage of money in social schemes; built 150 million toilets in rural and urban areas; improved governance by digitising services, made rapid strides to become one of the fastest growing markets for fintech products; and have put the Indian economy in a fast-growth trajectory. We have moved up about 80 places in the World Bank's Ease of Doing Business index. And we have done this within a democratic

framework and while preserving the best of our heritage.

There is a large aspirational middle class emerging in India, which has access to all the basic necessities and is looking to move up the ladder in life.

Our mantra is "Sabka Saath, Sabka Vikas, Sabka Vishwas", which means development for all and with the cooperation and trust of everyone. And by everyone, we mean not only our own citizens, but the whole of mankind.

Hence, we are actively working to promote development partnerships with all our friendly neighbours. And we are seeking to build international partnerships to combat global and trans-boundary challenges.

These include the International Solar Alliance and an initiative to build a Coalition for Disaster Resilient Infrastructure.

India remains a strong advocate of strengthening and reforming multilateralism amid contemporary realities. In times of global uncertainties, a rapidly growing, democratic and strong India continues to be a beacon of stability, prosperity and peace.

It is said that the 21st century will be Asia's century. India is prepared to contribute to this transformation in Asia and the world.

What is the importance of Asean to India's Act East Policy?

Asean is at the core of our Act East policy. It is the only cooperative mechanism by which we have had uninterrupted summit-level dialogues for 16 years so far.

This is because the Asean region is not just an important gateway to the Indian Ocean region, and not only because it is civilisationally very close to us. It is also because Asean is one of the most economically and politically dynamic regions of the world today. India wishes to see a strong, unified and prosperous Asean playing a central role in the emerging dynamic of the Indo-Pacific. This is in the best interests of India's prosperity and security as well.

Engagement with Asean has been, and will remain, a critical element of India's Act East policy and strategy. Our close civilisational links provide

a strong foundation on which we have built a robust, modern and multifaceted strategic partnership. Strengthening Asean, expanding connectivity and deepening India-Asean economic integration are among key priorities of our Act East Policy.

We are very thankful to Thailand for steering India's close relations with Asean under its leadership of the organisation.

What kind of role India would like to play in the regional security architecture?

India has outlined its vision for Indo-Pacific, which is shared by countries of the region as well. This recognises the primacy and the interconnected nature of the oceanic domain. Our views in this regard were articulated by me very clearly at the Shangri-La Dialogue in Singapore last year. We believe that the regional security architecture for Indo-Pacific should be open, transparent, inclusive and rules-based, anchored in respect for international law. A stable maritime security environment in the region, including freedom of navigation and over-flight and unimpeded commerce, in accordance with international law including the UN Convention on the Law of the Sea, is essential to any regional security architecture.

I enunciated the concept of SAGAR in 2015. It stands for Security And Growth for All in the Region. "Sagar" in Hindi means sea. We seek to achieve this vision by enhancing mutual trust and expanding security cooperation.

India will work towards evolving common perspectives on the regional security architecture and the principles underpinning it, and developing a viable institutional framework for addressing common security challenges, building on the existing frameworks and mechanisms.

How can India's Indo-Pacific synergise with the Asean Outlook on the Indo-

Pacific?

We compliment Asean for its own Outlook on the Indo-Pacific, which has significant convergence with our own Indo-Pacific Vision, especially from the standpoint of principles and approach. We believe that unity and centrality of Asean must be a key ele-

all the major external partners of the Mekong countries together to build synergies and avoid duplication of cooperation efforts.

At the same time, we are also cognisant of the distinctive identities and focus of these regional frameworks. In the Indian context, for exam-



ment in developing an Indo-Pacific vision. This is not only in recognition of the geographic centrality of Asean in this region, but also because Asean-led regional mechanisms -- especially the East Asia Summit, as the only leaders-led forum -- are the most inclusive fora currently available for discussions on issues of importance to the region.

Maritime security, connectivity, economic growth and sustainable development are priority areas both in our and Asean's approaches to build a peaceful and prosperous Indo-Pacific region. We will be glad to work with our partners in Asean to progress partnership in achieving these objectives.

Are you concerned about development in the Mekong subregion, where many regional powers are competing?

India has a long history of maritime, trade, cultural and civilisational links with the countries of the region. In today's world, we have renewed these links and forged new regional partnerships. The establishment of the Mekong-Ganga Cooperation initiative 19 years ago is one such step.

India recently joined the Thailand-led Ayeyawady-Chao Phraya-Mekong Economic Cooperation Strategy (ACMECS). Here, we bring

ple, we are working with the Mekong countries in the frameworks of Asean-India Dialogue Relations, Mekong-Ganga Cooperation (MGC) and BIMSTEC. Despite seeming overlaps in themes among these frameworks, the instruments, processes and intensity in cooperation vary.

There is ample scope for the multifarious regional groupings in the Mekong sub-region to harmoniously coexist and seek synergy for progress and prosperity of the region and also its external partners.

How does BIMSTEC fit into the broader Act East Policy?

India attaches great importance to the Bay of Bengal Initiative for Multi-Sectoral Technical and Economic Cooperation (BIMSTEC). It constitutes a unique link between South Asia and Southeast Asia with five members from South Asia (Bangladesh, Bhutan, India, Nepal and Sri Lanka) and two from Southeast Asia (Myanmar and Thailand). The 4th BIMSTEC Summit in Kathmandu gave a significant push to regional cooperation, and to the strengthening of institutional mechanisms of BIMSTEC, such as mandating the drafting of the BIMSTEC Charter and exploring the possibility for a BIMSTEC Development Fund. India actively participated in shaping the outcome of the summit. We have announced a number of initiatives to be undertaken by

India to advance BIMSTEC cooperation and capacity in diverse areas such as security, disaster management, economy and trade, agriculture, health and digital connectivity, as well as activities to promote cultural and youth linkages. India firmly believes that BIMSTEC is an important part of our Act East Policy.

As readers may be aware, leaders of BIMSTEC countries attended the swearing-in of our new government in its second term at the end of May this year. This great honour for us was also a reminder of the close bonds that our countries and their leaders share.

I would especially like to mention that Thailand has made a significant contribution in strengthening cooperation within BIMSTEC.

India is perceived as reluctant to join the RCEP trade deal. Do you think RCEP negotiations can be concluded this year, and what has to be done to achieve that goal?

India today is one of the most open places in the world to do business. This is reflected in the jumps that we have made in the World Bank's "Ease of Doing Business" index from 142 to 63 in the last four to five years. We believe in the power of global trade to integrate economies and uplift the poor.

India remains committed to a comprehensive and balanced outcome from the ongoing RCEP negotiations. Their successful conclusion is in the interest of everyone involved. Hence, India seeks balance across goods, services and investments, and also within each pillar. We recognise the high ambitions of our partners on goods. We too would like a win-win outcome. We believe that for this, addressing our concerns over unsustainable trade deficits is important.

It needs to be recognised that opening the vast Indian market must be matched by openings in some areas where our businesses can also benefit. We have put forward reasonable proposals in a clear manner and are engaged in negotiations with sincerity. We would like to see commensurate levels of ambition on services from many of our partners, even as we are ready to address their sensitivities.

Overall, we are clear that a mutually beneficial RCEP, in which all sides gain reasonably, is in interests of India and of all partners in the negotiation.

Apollo Hospitals hosts the International Pediatric Gastroenterology and Hepatology School

Udaipur: Indraprastha Apollo hospital is hosting 5 days of academic activities in pediatric gastroenterology and hepatology at a scale which has not been seen before in India.

Starting with the first successful pediatric liver transplant in India in 1998, Apollo Hospitals has been a pioneer in the field of pediatric gastroenterology, hepatology and nutrition. Apollo hospitals has performed 3431 liver transplants of which 341 have been in children, the most in not just India but the region. The first recipient of pediatric liver transplantation in 1998 is now 22 years old and leading a normal life. He is now a 4th year medical student. The second recipient has completed the 20 years following a transplant and is now an accountant in Canada. Speaking on the occasion, Dr Anupam Sibal, Group Medical Director, Senior Consultant Pediatric Gastroenterology and Hepatology, Indraprastha Apollo Hospitals said, "our conference, which is now in its 9th year has emerged as a key platform for pediatric gastroenterologists and pediatricians from across the world to meet, discuss and debate new techniques and treatments. This year, the conference will draw faculty and delegates from 22 countries in 4 continents. We have been privileged to promote academics in this super speciality."

The first National Board of Examination (NBE) trainee in Pediatric Gastroenterology in India graduated in 2016 from our hospital.

Mr P Shivakumar, CEO, Apollo Hospitals Delhi said, "Such conferences go a long way in improv-

ing clinical excellence, something extremely important to Apollo Hospitals. Clinicians must remain up-to-date with the latest techniques, findings and knowledge so as to be able to offer the best care possible. As many as 30% of patients visiting pediatricians have gastrointestinal or liver problems and the treatments options are improving every year. This conference acts as a perfect platform for sharing latest knowledge using evidence-based content and hands-on learning modules."

Dr N Subramanian, Director Medical Services and Senior Urologist, Apollo Hospitals Delhi said, "Important topics to be covered include hepatitis B, hepatitis C, infantile cholestasis, acute liver failure, liver transplantation, advanced endoscopy, celiac disease, pancreatitis, inflammatory bowel disease, motility and food allergy. This academic activity has been endorsed by the Asian Pan-Pacific Society for Pediatric Gastroenterology, Hepatology, and Nutrition (APSPGHAN), Indian Society of Pediatric Gastroenterology, Hepatology and Nutrition (ISPGHAN) and accredited by the National Board of Examination (NBE)". Dr Sarath Gopalan, Sr. Consultant, Pediatric Gastroenterology and Hepatology added, "Such a galaxy of speakers who are widely regarded as world authorities have not come on one single platform in India ever before on this scale in Pediatric Gastroenterology and Hepatology. Even the most senior doctors will find the conference to be informative. Delegates will excited to go back and implement their new learnings to improve patient care"

Congress General Secretary Priyanka Gandhi was also informed of a privacy breach on WhatsApp, claimed Randeep Surjewala



Congress on Sunday alleged that Party General secretary Priyanka Gandhi had received a message from WhatsApp about the spyware. In a press conference, the Congress questioned whether the Modi government spied on individuals and policymakers who disagreed with them in the run-up to the Lok Sabha election in 2019.

Randeep Surjewala questioned whether those in control were guilty of crimes, and whether the government knew that illicit spyware was being used to spy on important individuals.

"Shocking facts in #WhatsAppSpygate -

Was BJP Government spying on citizens and political leaders in the run up to 2019 elections," he asked.

"Did Government know of the illegal spyware since May 2019? Are those sitting in echelons of power guilty of criminal offences," Surjewala asked.

WhatsApp told the government in September that 121 Indian users might have been hacked by an Israeli spyware firm, an official at the online messaging service provider said, explaining what was a second warning about a potential snooping effort which came to light earlier in the week.