

## HEALTH UPDATES

## APOLLO HOSPITALS SCRIPTS NEW ERA IN CARDIAC CARE WITH KEY INNOVATIONS IN MEDICAL TECHNOLOGY



**Udaipur:** Apollo Hospitals Enterprise Ltd. most trusted multi-specialty chain of hospitals recently showcased the group's prowess in cardiac care in the largest cohort of cases treated with advanced cardiac interventional methods. These include three key innovations – MitraClip, TAVI (Trans-catheter Aortic Valve Implantation) or TAVR (Trans-catheter Aortic Valve Replacement) and MICS CABG or MICAS (Minimally Invasive Coronary Artery Bypass Surgery). Specialists in structural and interventional cardiology at Apollo Hospitals have successfully performed 6 MitraClip procedures out of the 9 performed in India, over 85 TAVI/TAVRs with excellent clinical outcomes and a nation-leading 1250+ MICS CABGs with superior outcomes at par with international standards, at only 1/2 or 1/3rd the cost compared to global price matrix. Emphasizing Apollo Hospitals' pioneering position in bringing the cutting edge of medical technology to India, Dr Prathap C Reddy, Founder and Chairman, Apollo Hospitals Group said, "Globally, an estimated 17 million people die of cardiovascular disease every

year. Today, we have the power of technology and we must harness this to empower us in the battle against this epidemic of heart disease. In line with our mission to bring healthcare of international standards within the reach of every individual, we have also been apioneer in the field of cardiac care, and it is our constant endeavor to get the latest technology to benefit our patients. We are indeed proud to showcase our achievements in bringing futuristic cardiac care with state of the art medical technology to the country. Over the years Apollo Hospitals has established itself as home to the largest cardiac practice in India, and I am no doubt that today we are not just the largest, but the most advanced!" Ms. Sangita Reddy, Joint Managing Director, Apollo Hospitals Group said, "The need of the hour is to have a robust scientific approach to identify the challenges in India in dealing with the patients affected with cardiac disease. This allows us to work towards a future where cardiovascular care is population-based, weighing cost and outcomes, but individually tailored and thoroughly coordinated around patients. Today,

the role of technology in healthcare is as inseparable as a shadow to a body. Our services are designed to give more control, choices, and knowledge to patients. Technology can enable better access to medical care, lower costs of healthcare delivery and enhance the clinical outcome.

We firmly believe that adoption of technological innovations is the fundamental enabler for future care delivery focused on pinpointing initiatives to enhance clinical and patient experience. With our prowess in harnessing cutting edge technology, we at Apollo Hospitals are committed to deliver best in cardiac care to our patients in India and around the globe"

Elaborating on the modern techniques in interventional cardiology, Dr. Sai Satish, Senior Interventional Cardiologist, Apollo Hospitals said, "Apollo Hospitals is constantly striving to bring the latest advanced therapies for patients in India and is uniquely placed as the academic TAVR centre of excellence with many milestone achievements. Transcatheter Aortic Valve Replacement (TAVR), also known as Transcatheter Aortic Valve Implantation (TAVI) is the most cutting edge procedure being conducted at Apollo Hospitals, and allows a cardiologist to replace a malfunctioning valve in a patient's heart in a minimally invasive procedure without cutting open the chest. It is a promising alternative to open heart surgery giving elderly patients a second chance at life."

Dr. Srinivas Kumar A, Cardiologist, Apollo Hospitals, Hyderabad and Director of National Interventional Council said, "In 2018, Apollo Hospitals performed the largest number of coronary interventions performed in India. Today, the Apollo group of hospitals are leading the nation in undertaking highest number of Coronary Interventions in India. With 29 Cathlab facilities and 300+ Cardiovascular clinicians, Apollo Hospital is well-positioned to enhance their service offering across the country." Dr. Sathyaki P Nambala, Senior Consultant, Cardio-Thoracic and Vascular Surgery said, "MICS requires advanced training and besides Apollo Hospitals, there are only a handful of centers all over the world that are capable of performing MICS safely.

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## "Rajasthan's First VSR, Aneurysm Repair & Valve Replacement Surgeries Altogether"



Geetanjali Medical College & Hospital, Udaipur's Cardiac Sciences Team have successfully saved a 50 years old man by performing three major & complex heart surgeries including Post Heart Attack Ventricular Septal Rupture Repair + LV Aneurysm Repair + Mitral Valve Replacement recently. The landmark was accomplished by a team of doctors including Cardiac Thoracic Vascular Surgeon Dr. Sanjay Gandhi & Dr. Ajay Verma, Cardiac Anesthetist Dr. Ankur Gandhi, Dr. Kalpesh Mistry, Dr. Manmohan Jindal & Dr. Ashish Patiyal, Interventional Cardiologists Dr. Danny Kumar, Dr. Kapil Bhargava, Dr. Ramesh Patel & Dr. Shalabh Agarwal.

"Hailing from Chittorgarh -- District, ASI Rajasthan Police Uday Lal Singh Regar (Age 50 years) suffered from myocardial function or heart attack causing the mechanical complications of

Ventricular Septal Rupture, LV Aneurysm & Valve Leakage. He reported in emergency with chest discomfort, shortness of breath & nausea. On consultation by Interventional Cardiologist Dr. Danny Kumar & investigations of Echocardiography confirmed the major complications which required immediate surgical intervention. If this intervention was not done, then the blood in the two chambers would start mixing and could have filled lungs resulting in major complications. Due to heart attack the patient started having problems in kidneys making it weak. On shifting to CTVS ICU the patient was kept on supplements to recover well from kidney problems. After this, Angiography was performed which one of the arteries revealed 100% blockage and rest were normal to which the patient was then shifted for surgery. In this surgery, 1.5x2 centimeters measuring heart

hole in heart chamber (caused due to heart attack) was repaired along with valve replacement of leakage valve and 6x5 centimeters aneurysm in heart was repaired. To best of my knowledge, this is a rare procedure of undergoing simultaneous performing three major & complex heart surgeries in a single procedure & has been claimed to be the first in Rajasthan as no other cases have been reported till date," quoted Dr. Sanjay Gandhi, the treating Cardiac Thoracic Vascular Surgeon.

"Ventricular septal rupture (VSR) is a rare but lethal complication of myocardial infarction (MI). It is defect in interventricular septum (wall dividing left and right ventricles of heart).

It occurs in only 3% of patients out of 100 cases of heart attack; also accompanied by valve leakage (a leaking mitral valve allows blood to flow in two directions during the con-

traction) & aneurysm (an aneurysm is a bulge in a blood vessel caused by a weakness in the blood vessel wall) with this rupture makes it rarer with a ratio of any one out of 100,000 patients. Treating these complex & rare diseases altogether is technically very challenging process," said Dr. Gandhi.

CEO Geetanjali Medical College & Hospital Mr. Prateem Tamboli said that, "The Super-Specialty Services under one roof are provided by team of Super-Specialists is a preferred choice for treatment.

We have been doing consistent efforts to make such rare procedures succeed as at Geetanjali Medical College & Hospital we care about are patients care to our patients. The hallmark of success has been timely and correct diagnosis followed by rare & innovative surgery by a competent team of Cardiac Sciences," he added.

## Staging of drama "Master Sahib"

**Udaipur:** In the Udaipur, on the 158th birth anniversary of Guru Rabindranath Tagore, Bharatiya Lok Kala Mandal staged drama "Master Sahib".

Secretary of the Society, Daulat Singh Porwal said that the theater workshop for the last one month, under the joint venture of Bharatiya Lok Kala Mandal, Udaipur, and The Performers Udaipur was organized.

On the closing ceremony a months long training camp and the establishment day of Udaipur city, the drama "Master Sahib" was staged at the theater of Mukta Kashi. He said that the drama of the "Master Sahib" written by Guru Rabindranath Tagore was adapted and directed by Dr. Laiq Hussain (senior theater artist) Director of the Institute, Dr. Laiq Hussain said that on this occasion a play was being searched which would highlight the event sequence of both the opportunities and the eventual status of human values in the common situations even in the context of the importance. Tagore has displayed in the drama, stories, and pictures from time to time, the lack of adversity in society and the lack of human values. So Mewar has been known for the protection and sacrifice of his human values, the poor, the tribals. And always has been struggling to fulfill his point of view. In such a drama, Master Sahib is an important drama keeping all these visible. The story of the drama "Master Sahib" is centered at a large, miserable hut in a poor family. Haralal's mother worked in the homes of others and taught him. Due to the harassment of his mother, while working in the homes of others, Haralal was coward and shiver, boy. To continue the studies, he came from the village to the city. And he stayed at a moneylender's house by teaching his child and doing small works of the house. While teaching the child with intimacy, he comes very close to him, his proximity to the moneylender and his family does not look good and therefore he removes it from his house. In the meantime, the same little child goes to Haralal's house with the amount of his office without telling him to fulfill his ambition. Haralal is harassed because of rupees and he can not bear the shock and is away from this world.

## Core group committee for Measles-Rubella vaccination campaign



**Udaipur:** District Collector Smt. Anandi has issued another order to set up another group committee to conduct the National Program Measles-Rubella vaccination campaign. In addition, liabilities have been entrusted to different departments for successful and effective implementation of the campaign.

Measles-Rubella vaccination campaign is a special campaign to vaccinate all children of 9 months to <15 years of age group with one additional dose of MR vaccine. This additional campaign dose will boost the immunity of the child and protect the entire community by eliminating transmission of measles and rubella.

According to the order, the Chief Medical and Health Officer, Women's Child Development Deputy Director, Chief District Education Officer, District Reproductive and Child Health Officer, WHO, District Program Manager (NHM), Urban Consultant NUHM, In-charge Lions club, Rotary Club and Nehru Yuva Kendra will be the member of the committee. The meeting regularly under the chairmanship of the Chief Medical and Health Officer will be held to achieve % target of successful operation of the program in the district by expelling the shortcomings in the program. At the same time, the Collector directed the necessary direction for the micro-planning, publicity and the successful operation of the campaign by taking various responsibilities to the Medical, Education, Women and Child Development, Labor, Roadways, and Railway Board, Panchayati Raj, Urban Development and Information and Public Relations Departments. At the same time, women and child development department would be part of the District / Block task force and core committee: CDPO, Women Supervisor and Anganwadi workers, etc., becoming a part of Micro planning and supervision process, Anganwadi worker helps in creating a line list and micro plan. To ensure the mapping of children targeted in their area, mothers by Anganwadi workers Responsibilities have been entrusted to organize meetings and to explain to the grandmother. Similarly, the labor department has been directed to make the number of beneficiary children available to the medical department by arranging the meetings of the owners in all factories and kilns. To provide information by providing information to the railway institutes in their residential premises, providing information, helping in organizing vaccination sessions in hospitals and clinics, disseminating vaccination messages and spreading the campaign on bus and railway station premises. Is assigned.

## Ashram Artist wins 30 awards

**Udaipur:** Indian Cultural Society in Goa, organized dance, music and singing competition in Goa recently, in which Artists of Kathak Ashram of Udaipur won Artists of Kathak Ashram of Udaipur.

Narayan Gandharva told that in the group air machine classical, Ruchi Mandawaria, Shorya Pratap Singh Rajawat, Rishi Nirale, Yashti Mittal, Kush Gawariya, and Bhavya Mandowara got first place. In Kathak Ashram Minor Group, Janvi Singh, Sia Choudhary, Ayana Kalra, kavyanshi Lohar got first place and second place in Sub Kathak. In Junior Group, Varani Gour, Surbhi Tailor, Lavisha Sahu, Chavi Chaplot, Chahat Bapna, Arsha Duggad, and Paridhi Jain got second place. In duet, Dhara Ahuja, Arsha Duggad got third, Avisha Tripathi, Darshita Sharma got second place, Chahat Bapna and Chavi Chaplot got second place, Rudanshi Pujari and Himonish Sharma in second place.

## Distribution of 50 mini water pots

**Udaipur:** Sangini Jain Social Group Vijay distributed free 50 mini water pots to the public in the field club to arrange water for birds in the summer season.

Chairman Madhu Khamsera told that on this occasion different types of the competition were arranged for members of the group. In which Kalpana Chordia stood first while Anita Nahar & Sanjana Singhvi remained second & third respectively. Nirmala Badala, Program Coordinator Pallavi Mehta, Priyanka Talasara, Madhu Nahar, Twinkle Nahar, Rekha Chordia, Ekta Kasliwal, Anju Jain, Renuka Banthia, Ranjana Singhvi, Meena Lodha, Manju Nahar and Indra Dhupia were felicitated.

## Women gain knowledge of Vaastu

**Udaipur:** Meeting of Udaipur Woman Chamber of Commerce and Industries was held at Hotel Mumbai House. In which the architect Dr. Kalpana Sharma informed the women about Vaastu.

Initially, President Rita Mahajan gave the welcome address. He welcomed four new members with a pin. Member Dr. Mamta Dhupia introduced the main guest. Blessings by the members were offered as Happy birthday to Dr. Reena Rathod. Finally, Dr. Nita Mehta expressed gratitude. Jyotsna Jain conducted the program. On this occasion, Secretary Dr. Neeta Mehta, Advisor Lovelin Claire, Vice President Jyotsna Jain, Neeta Pawar, Dr. Reena Rathod, Dr. Mamta Dhupia, Rekha Rani Jain, Neelam Kothai, Minu Kumbhat, Darshana Singhvi, Bhavish Kavadiya, Manju Bordia, and Dr. Anju Giri was present.

## Overviewed Rotary Taya Physiotherapy Center

**Udaipur:** Nirmal Singhvi, on the official, visited the Rotary Taya Physiotherapy Center, run by Rotary Club Udaipur, at Ashok Nagar Road No. 3.

On this occasion, while observing the center said that this center would prove to be a milestone for the city dwellers patient will be greatly benefited at it is situated in the middle of the city, the President OP Shahlot said that all the equipment provided by Rotary Club Udaipur is an example of human service in actual form.

Club secretary Rakesh Maheshwari told that camps should include shoulder, neck, waist, knees and joint pain, mental and physical disability, deformity of body organs, fact or problem after the operation, the problem of physical and mental development of children, nerves, and Problems related to malfunction

and muscle tissue related problems will be diagnosed. To solve all these problems, the physiotherapist will provide their services. There were many members present on this occasion

## The successful operation of football-shaped lump in PIMS

**Udaipur:** In the Pacific Institute of Medical Sciences (PIMS), Hospital Umra, doctors have successfully carried out a successful operation by removing a football-shaped lump from a woman's stomach.

PIMS Chairman Ashish Agrawal said that a woman from Udaipur had always complained of pain in the stomach. On this, the family admitted him to PIMS. On sonography, it was found that there is a large lump of football in the womb of a woman. On this, obstetrician and gynecologist Dr. Jeeni Gupta carried out an operation with a telescopic method and pulled out heavy lumps from her stomach.

A Diastasis Recti looks like a ridge, which runs down the middle of your belly area. The protruding bulge can stretch from the bottom of your breastbone to your bellybutton and increases with muscle straining. ... Normally, the two sides of the muscle are joined at the linea alba at the body mid-line

The woman was discharged from the hospital on the second day after the condition of her condition was correct. The woman is now completely healthy. Dr. Genie Gupta carried this procedure under the guidance of Dr. Annapurna Mathur and Dr. P.K. Bhatnagar

## Celebrated Nurses Day

**Udaipur:** Nurses Day was celebrated at the GBH American Hospital.

GBH American Hospital nursing staff gave concerts on film songs and put out their favorite songs.

On Florence Nightingale-the Nurses Day, program was started by the group director Dr. Anand Jha and the patron of the American International Institute of Medical Sciences and senior cardiologist Dr. SK Kaushik and finance manager Nikhil Jain enlightened the lamp. Deputy nursing superintendent Smitha administered the oath of nursing to nursing staff & trainees.

Citing quotes from Florence Nightingale life, Mohit gave importance to the patient of nursing care. After this, the nursing staff made a concert of the one-on-one show with presentations on film songs.

Finally, the charge-holders of all departments reached the stage and played one minute game with their staff. The winners were gifted to the winners by GBH management. The program was conducted by HR Manager Vandana Sharma.

## Training of youth to increase leadership skills in Rotary

**Udaipur:** In the Rotary Club Heritage hosted in Rotary District 3054, a two-day rotary district training assembly is organized in Ananta resort. The Rotary gave training to the younger generation to increase the leadership capacity so that rotary on their shoulders for many years working in the service of the people's work at uninterrupted speed. Keep moving

District Trainer PDG Dnyaneshwar Rao told that the time to come is now for the youth and it does not have rotary rotation. Young people have new ideas and rotary those ideas are reaching out to the masses through leadership. In the assembly, young Rotary members gave training to leadership development, how to bring the hidden qualities of Leadership into their lives and get the benefit of the victims.

Kalyan Banerjee, former president of Rotary International said that the Rotary is doing many things in the public interest but the information of those works still can not reach the masses. Because of which the public is unaware of the rotary work. Those tasks should try to reach the public through a public image.

On this occasion, former Provincial Governor Arun Parikh gave information about the Super Social Security scheme run by Rotary and urged that every Rotarian should be connected to this scheme. Provincially informed about the Bina Desai District Business, elected by the provincial. Former governor Nirmal Singhvi told about the success achieved through the calamity that if a person learns to live in adversity then no one can stop him from achieving success in life.

## CBSE: State Topper in Science Faculty Jatin

**Udaipur:** Jatin Talreja of Target Institute has got the first place in Rajasthan and named after Udaipur. Jatin Talreja scored 98.8% marks. In addition, Ishaan Sharma got 97% and secured second place in the district, while Jigisha Bansal got 96.8% and remained third in the district. 60 students scored more than 90% marks. All these students were honored and best wishes were sent for the bright future.

During this, the cake was also cut by the teachers while celebrating with the students. On this occasion, SK Jain gave wishes to the students and motivated them to work hard. Shailendra Jha and Sharad Jain makes everyone aware of the future plans of the Target Institute, especially the School Integrated Program (SIP).