

RH & Much More

A historical moment Mewar in health care



Kalpesh Chand Rajwar belongs to Rajput family from RawlaNogava, Chakkarpur, Utrakhhand. He married to Lalita Rajya Lakshmi Chand from RawlaKanchanpur, Nepal, He is caring 15 years of rich healthcare experience in Sales & Marketing. Earlier he worked with Max Healthcare Delhi, Fortis Healthcare Delhi, Apollo Hospital Ludhiana (Punjab) and presently associate with Fortis JK Hospital, Udaipur as Head-Sales & Marketing. As per him - Fortis JK Hospital is State-of-the-Art Multi Super Specialty Hospital, extending its services to the people of southern Rajasthan. It has been established with a vision to raise the bar of Indian healthcare to the highest international standards. Fortis JK Hospital provides state-of-art evidence-based healthcare with focus on personal attention, doctor accountability and choice of informed decision. With established systems and procedures in place, the Hospital offers the world's latest medical technology and treatment modalities to the patients. Fortis JK Hospital is committed to excellence and standards of quality care and has an established international reputation for offering the very best in private healthcare. We believe that paying close attention to the comfort of our patients helps their recovery. The hospital caters for individual tastes and requirements to ensure that patients feel as relaxed and comfortable as possible during their stay.

Fortis JK Hospital pursues technical excellence, raising patient care to highest Standards.

Technological superiority forms the backbone for the human medical resources to deliver their services efficiently and safely. Fortis JK Hospital is well equipped with departments with the latest, state-of-the-art medical and surgical equipment's to deliver the best and safest medical care to its patients. Our medical team consist of group of skilled doctors who are excel in their clinical and surgical fields. The team will be made up of doctors who are highly respected in their fields for their expertise and know-how. We assure, their commitment to patients will be unmatched along with their dedication to treat them with utmost care and give them the right cost-effective treatment.

We at Fortis JK Hospital offer world class care in clean, hygienic and comfortable setup. Centrally air-conditioned In-Patient rooms with central oxygen and suction facility, in-house dietary department. Separate neuro science, cardiac science, Surgical & Medical E-ICU (CRITINEXT), ventilators, web viewer and all intensive care devices and equipment's.

Kalpesh Chand
Head: Sales and Marketing
Fortis JK Hospital, Udaipur

Honoring The Excellence Glimpses from UCCI President Appreciation Award - 2018



Arth Diagnostic Pvt. Ltd.



Geetanjali Medical College



Rajasthan Barytes Ltd.



Multinet Pvt. Ltd.

MMFAA 2018 - Honouring service of permanent value rendered to society

36th MMFAA 2018



Udaipur: Maharana of Mewar Charitable Foundation (MMCF) has been committed to nurturing centres of excellence in heritage management, fine arts, the performing arts, education, ecological management, philanthropy, spirituality and sports. Maharana Mewar Foundation Annual Scheme of Awards constitutes a major part of the activities of the Maharana of Mewar Charitable Foundation (MMCF), Udaipur.

The ceremony that takes place on Sunday the 11th March 2018 starts with the presentation of certificates to students from schools and universities in Udaipur and across the State of Rajasthan. This is followed by the main Ceremony when the awardees gather on the dais to receive their awards from Shriji Arvind Singh Mewar of Udaipur, Chairman and Managing Trustee of Maharana of Mewar Charitable Foundation, Udaipur.

Announcing the State and Special awards, Convener of the Ceremony Dr. Mayank Gupta declared that these annual awards carry a cash prize, a

'Toran' plaque of honour, a citation certificate and a ceremonial shawl. Maharishi Harit Rashi Award is Being awarded to Pandit (Dr.) Chandrakant Purohit (Munshi), who is a retired teacher. His pioneering work over the last 28 years includes Karma Kand and Jyotish Vidhya. . Another Maharishi Harit Rashi awardee is Dr. Sandeep Joshi, well-known name in the field of oriental research and preservation of our Indian Heritage and ancient literature. He proved through his research work that India is the first country in the world where a scientific and systematic study of the animals was conducted thousands of years before the evolution of Zoological science in the western world.

The Maharana Mewar Award has been instituted to honour work of permanent value rendered to society, in the field of social service, nation building and character building activities, contributed through educational methods. This year's award is given to Ms. Raspreet Sidhu, captain of the Indian Basketball

Women's Team. Presently she is working as a Director of Sports for Shiv Nadar Schools at Shiv Nadar Foundation, New Delhi. Another awardee is Prof. Satyavrat Shastri, a highly decorated Sanskrit scholar, writer, grammar expert and poet from India. He is currently an honorary professor at the Special Centre for Sanskrit Studies, Jawaharlal Nehru University, New Delhi and is working on a multi volume Sanskrit Mahakavya on the principal cultural currents of the Worlds. He is the first recipient of the Jnanpith Award in Sanskrit - 2009; Padma Shri - 2009 and Padma Bhushan Award - 2010 for literature and education. . Maharana Mewar Award is also given to Mr. Aabid Surti, writer in Hindi and Gujarati who is also an expert in Urdu.

He has won critical acclaim for multiple creative talents in India and abroad as a painter; author; cartoonist; journalist; environmentalist; playwright and screen writer besides being a 'one-man' NGO - Drop Dead Foundation committed to 'save every drop of water'. The list of his creative

accomplishments befits half a dozen people rather than one individual.

Dr. Laxman Singh Rathore who is an Indian scientist and is Director General of India Meteorological Department (IMD) He is Permanent Representative of India with the World Meteorological Organization (WMO), United Nations and Vice-Chairman of the Intergovernmental Board for Climate Services, United Nations. Dr. Rathore has made a significant contribution to the Public Weather System and played a leading role in setting up the weather based agricultural advisory service in India. During his long career, he has made a significant contribution to developing the role of meteorology in both social and economic fields that today is recognized as work of permanent value to society.

Maharana Kumbha Award is awarded to Mr. Deo Kishan Rajpurohit, Nagaur, renowned for his Rajasthani literature. His writings are known for remarkable clarity; subtle observation and sensitivity. His poems reflect his clear vision and deep insights.

Maharana Sajjan Singh Award is awarded to Mr. Abhishek Joshi, from a lineage of Phad artists in Shahpura, Bhilwara, Rajasthan. Presently he is work-

ing on researching the history of Mewar from books and journals and depicting Mewar by portraying inimitable episodes of heroism; sacrifice; courage; bravery; traditions and cultures into a unique 60 ft x10 ft long Phad painting.

Dagar Gharana Award is awarded to Shri Prashant Mallick and Shri Nishant Mallick who are listed among the finest Dhrupad vocalists in the field of Hindustani Vocal. They belong to the illustrious family of musicians, Rana Purja Award is awarded to Ms. Vardi Bai, resident of Malaira Village, Gogunda. She has become a leader of Social Change in a society.

She has helped organise training women clusters through women training centres, filling gender gaps through increased women participative actions; prohibiting liquor consumption by men and women in the village; empowering women; income generation; overcoming caste based inequality and unjust practices; ensuring a better livelihood and working hard towards opposing the practice of polygamy.

Aravali Award is awarded for the outstanding achievements in sports and games from Rajasthan.

This year Mr. Himanshu Lamba who is a National and International, Roll Ball and was

the highest scorer in the 3rd South Asian Roll Ball Championship held at Kathmandu, Nepal at International Level; where he represented India from 29th - 30th December 2017 and where India secured 1st position.

Another Aravali Awardee is Mr. Mihir Soni, Powerlifter from Udaipur has won 4 Gold Medals in Commonwealth Sub - Junior Category of the Commonwealth Powerlifter Championship held in South Africa - 2017 who also became the 1st Boy of India to achieve 'Best Lifter' title in 2017 Commonwealth Games a great achievement and 'feather in the cap' for the city of Udaipur..

Both awardees have made the sports fraternity proud of their commitment, strength, courage, enthusiasm and strong determination demonstrating their skill at various Championships across the world.

As per Mayank Gupta, 23 students have been short-listed for Bhamashah awards. The award has a cash prize of 11,001 rupees. 17 students have been selected for Maharana Raj Singh award. This award also has a cash prize of 11,001 rupees. 62 students will be given Maharana Fateh Singh award which has a cash prize of 5001 rupees.

Global Healthcare Conclave: GMCH Awarded "Excellence in Community Engagement"

Udaipur: Recently, the Association of Healthcare Providers (AHP) had organized its fifth global conclave in Kochi in which Geetanjali Medical College & Hospital, Udaipur was awarded the "Excellence in Community Engagement" award. The award was being honored to Geetanjali Hospital's CEO Dr Kishor Pujari and Sr. General Manager Quality & Accreditation Sukanta Das by the honorable Health Minister Kerala, Mrs. K.K. Shailja & Arch Bishop Mr. Andrews. The award was presented in recognition of delivering preventive & curative healthcare services to the community as social welfare activity through compassionate & dedicated care.

Dr. Pujari in his interview said that the award itself indicates that the national body has recognized the community services & social services done by GMCH in the field of preventive health and awareness for positive contribution towards social welfare. The award was presented after a detailed facility and community services assessment and inspection of the hospital processes by the representatives of AHP for two months. After the preliminary evaluation GMCH was shortlisted on the basis of the documentation auditing and assessment done by the AHP team. The award ceremony included 8 categories in which "Excellence in Community Engagement" was awarded to Geetanjali Hospital.

Ask for Zinc

How much Zinc you should have in Winters

Pavan Kaushik

EXTREMELY low temperatures outdoors to the heated indoors coupled with pollution, sun's UV rays and harsh chemicals; winter is the season of dry & cracking skin. A trace mineral essential to all forms of life, Zinc is especially important for skin care because of its fundamental role in gene expression, cell growth and cell replication. Zinc repairs skin, fights free radical damage and slows down the ageing process. It is also an anti-inflammatory agent that helps battle chronic diseases.

Zinc's presence in personal care products like sunscreens, bath soaps, baby lotion, makeup etc. helps reduce sunburn and premature aging of the skin. Used in a wide range of cosmetics and personal care products, Zinc in the form of Zinc Oxide, acts as a skin protectant from both UVA and UVB rays. It enhances the wound healing process, and meets the increased demand of cell proliferation that occurs in the early phases of healing. Sunscreens containing Zinc and its soluble forms provide antioxidant protection to the skin. Zinc salt has been used as a cosmetic ingredient since it contains anti - microbial and astringent properties. By using skin toners with Zinc helps tighten pores and absorb excess oil, which in turn helps to prevent the build-up of sebum, the reason behind acne. Also, extensively used in the form of mineral make up, Zinc and its compounds help prevent and protect the skin from burns and irritation because of which, it is universally used in ointments for relieving from sunburns, windburns and diaper rashes.

A deficiency of Zinc might lead to white marks, psoriasis, dermatitis, boils, acne, face marks and might also lead to bulimia, anorexia nervosa. Winters are when the amount of Zinc in diet should be increased. Good sources of Zinc include seafood, eggs, oysters, mushrooms, whole grain foods, dairy products, seeds, wheat bran, and wheat germ etc.



Welcome

New Member in

Fortis JK Hospital & Pacific Center

of Neurosciences



Dr. Atulabh Vajpeyee
MD, DM (Neurology), FINS
Fellowship in Interventional
Neurology & Stroke
Ex. Asst. Professor, NIMHANS, Bangalore
Director & Consultant Interventional Neurologist
Pacific Center of Neuroscience
Pacific Medical College & Hospital,
Pacific Medical University



Dr. Vinit Banga
MD, DM (Neurology), FINS
Fellowship in Interventional Neurology & Stroke
Consultant Interventional Neurologist
Pacific Center of Neuroscience
Pacific Medical College & Hospital,
Pacific Medical University

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