

## Ask for Znic

### 'Zinc... a Tonic for your Skin...'

Pollution, harsh weather, the sun's UV rays, poor diet, stress and lack of exercise. All of these have a role to play in deteriorating your skin's condition. A trace mineral essential to all forms of life, Zinc is especially important for clear skin because of its fundamental role in gene expression, cell growth and cell replication. Zinc's presence in personal care products like sunscreens, bath soaps, baby lotion, makeup etc. helps reduce sunburn and premature aging of the skin.

Used in a wide range of cosmetics and personal care products, Zinc in the form of Zinc Oxide, acts as a skin protectant from both UVA and UVB rays.

It enhances the wound healing process, and meets the increased demand of cell proliferation that occur in the early phases of healing. Sunscreens containing Zinc

and its soluble forms provide antioxidant protection to the skin. Zinc salt has been used as a cosmetic ingredient since it contains anti-microbial and astringent properties. By using skin toners with zinc helps tighten pores and absorb excess oil, which in turn helps to prevent the build-up of sebum, the reason behind acne.

'Seborrheic dermatitis' aka dandruff is a condition that we are well aware of. Shampoos containing Zinc help treat and prevent flaking of the scalp tremendously as per a study done by National Centre for Biotechnology Information.

Also, extensively used in the form of mineral make up, Zinc and its compounds help prevent and protect the skin from burns and irritation because of which, it is universally used in ointments for relieving from sunburns, windburns and diaper rashes.



## Legislative Council Should Be Formed



**Udaipur:** In order to raise the problems of public, effective representations of intellectuals is need of the hour. For this like other states the Legislative Council should be formed. This demand has been put in the letter written to Prime Minister Narendra Modi and Chief Minister Vasundhara Raje

Scindia by former Assembly Speaker Shanti Lal Chaplot.

Former Speaker Shantilal Chaplot said that there is a Legislative Council in Uttar Pradesh, Bihar, Madhya Pradesh, Maharashtra, Mysore and other states & also working effectively, and their results are also sophisticated and effective. Chaplot emphasized the need for constitution of the Vidhan Parishad in Rajasthan.

Chaplot said that considering the possibilities of Legislative Council in the current assembly, arrangements of sitting is already planned when I was the speaker. Therefore, the government does not even need to make separate buildings.

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## Photography Workshop

**Udaipur:** A one-day photography workshop organized by the "Creative Camera Internal Club" and Monalisa Club at Universal School. It was inaugurated by Rotary Mewar Former President Sandeep Singhviwadia and Monalisa Club Chairman Purnima Jain lighting the lamp.

Principal Dr. Madhu Yogi said that Vishnu Paliwal, along with photo journalist Rakesh Rajdeep, Madhuri Jain, Kusum Mehta, Vikal Mogra, Sunita Hinged, Preeti Bohra, Sadhana Talasira, of Monalisa Club, have closely followed the tips told in a workshop. about photography. In Photography competition, Khadiza Bohra of The Universal Group A, Mayank Sahu in Group B, Parth Sharma in Group C, Rahul Pandey in Group D and Siddharth Jain of saint Gregorius stood first.

# Serving the mankind

**Udaipur:** A group of highly qualified doctors visits a remote area in Uttar Pradesh's barabanki and provides top class health services to the people who otherwise cannot afford. This place is an Ashram called Shri Ram Van Kutir Ashram located in the Hariakol Jungle. Situated approximately seven kilometers west of the coast of River Rethi in Trai belt, the Ashram which is a spiritual point was headed by Late saint Swamy Ramdas Ji Maharaj followed by late Saint Badridasji. At present, Saint Ram Gyan Das Ji Maharaj is heading the Ashram.

The three aforementioned saints had left their comfortable homes in their school age to fight against the disparity prevailing in the society. They wanted to eradicate the huge gap between the rich and downtrodden. The three saints

chose this place for preaching the holy Ramayan.

Swamy Ram Das Ji has shared his spiritual message with the pupils including:

1. Rise early by 5 am
2. Offer the morning prayer
3. Take bath and read at least five dohas of the Ramayana
4. Touch feet of the elder to take blessings
5. Adopt vegetarian lifestyle
6. Maintain a joint family
7. Donate generously and help poor to get better life
8. Speak truth firmly but maintain the polite tone
9. Follow principles of Swami Vivekanand
10. Spare some time for the jungle service

He preached these 10 commandments of life across states and touched lives of people in a big way. Areas that he covered included UP, Rajasthan, Gujarat, MP, Haryana, Delhi,

Assam, West Bengal, and Bihar.

The Ashram location has no facilities to stay or work. The team of doctors chose this tough area and have been treating people for many years.

Eminent personalities and public representatives of the city flagged off the Barabanki surgical team of doctors that started from Udaipur.

Dr. D P Singh, the Principal & controller of RNT Medical college Udaipur was the chief guest while Phool Singh Meena, Ravindra Shrimali, Chandra Singh Kothari, Manoj Agarwal were special guests.

Dr. J K Chhapral on the occasion said that it is the 35th surgical camp which included medical specialists and staff members.

Among doctors: Dr Vinya Pendse Sr Prof & Gynaecologist, Dr Y N Verma



Dr. S.K. Samar, Dr. J.L. Kumawat, Dr. Sharad Nalwaya, Dr. Sandhya Nalwaya, Dr. Manohar, Dr. B M Soni, Dr. P C Jain, Dr. Kartar Singh, 18 residents 40 Nursing staff Mr

Prakash Samota, Ramesh Purohit, Chandrakala Paliwal, Sampat Barala, Dinesh Sisodia, Suresh Lahoti, Deep Chand Raiger, 12 Vaidya: Dikhush Seth, Arun Vyasa, L K Acharya, Mr. Ram Lal Agarwal, Deepak Poddar, Budhi Prakash, Prakash Devpura, Bhagwati Sharma, Videsh jinger.'

Ward boys Heeralal, Motilal, Chamanlal, Ratanlal, Shivlal, kesu, Ratan Devi.

Sharing records, Dr. Chhaparwal said that hitherto more than 55 thousand operations have been completed on 22 operation tables. He said that people come from a radius of about 500 kilometers for treatment from

Barabanki, Lucknow, Sitapur, Bahraich, Gorakhpur, Gonda, Raibareilly, Amethi, Faizabad, Mughalsarai, and the state of Bihar.

## Together with me: Justice for Jainab

**Kashish Sodhi**

I don't want to write about any particular girl but its the toughest to express feelings without taking any name. Jainab belongs to a country which we hate the most. But I can not hate a small child who was abducted and strangled to death in the most heinous form.

Rape is the biggest crime and unfortunately small girls have been facing this punishment without understanding their fault.

Jainab was too small to understand the bad intention of a male. I have stopped reading newspapers these days. Pages are full of news which are not easy to digest. Small girls are the easiest victims because neither they can protest nor complaint. In recent cases these criminals have crossed all limits. Memories of Nirbhaya is still fresh in my mind. My mother cried the whole night and prayed for the health of that girl. I was not very small but my mind got disturbed after reading the whole incident.

What is the definition of a monster?

Maybe he looked the same or these sick people look more than a monster.

How can anyone do such a thing to a small baby?

Education and awareness are big words which belong to a certain community. Others are free to do anything. Half of the generation is busy surfing internet & half is busy experimenting such things which is beyond imagination.

But one thing keeps haunting in my mind that these people are born in our country and part of us. Its not a moment of proud for any of us to call them Indians.

Can we do anything to stop them?

I am unable to stop this crime alone but I definitely want some solution to this problem. Our generation can come forward to protest against rapists. At least we can aware young children who are living in fear.

Yes guys, its time to get ready to stop the crime before it happens in our surroundings. We can keep an eye on those who live alone and need help in emergency. Don't leave young children on roads or homes alone. Please complaint to the local police if you see anything disrespectful happening to any girl.

Jainab is no more but many Jainabs are crying and need help. Don't ignore their tears and screams. Help and support Rape victims.

## Thread Flag on Republic-Day

**Udaipur:** Renowned miniature diary maker Chandra Prakash Chittoor of Udaipur had made a tricolor flag on 69th Republic Day with 69 threads, sizing of 1x2 centimeter size. He told that he had tried to give a message of unity and peace and integrity brotherhood. Chittora claimed that this is the smallest national flag tricolor from the thread. It took two days to make it.



## TU HAI KAMAAL Music Album Unveiled and YOGA 2018 Calendar Launch

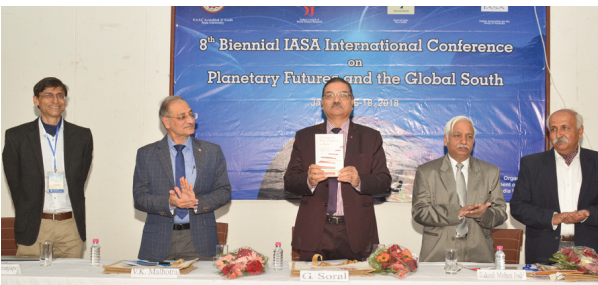
**SK De**

It was a musical evening to cherish as the keenly anticipated Tu Hai Kamaal Song Presented by Kala Media Network Pvt. Ltd and Released by Venus Music was unveiled today at The View, Andheri. This mellifluous number has been sung by Amit Chaubey and the Music Video features Karishma K and Amit Chaubey. This Music Album is Directed by Sudhanshu Jha and Produced by Ajay Chaubey. The Music Directors are Vishal Raut and Sager Pathare and the Lyrics is by Pranav Patwari.

Song Link: <https://www.youtube.com/watch?v=Cf4ZEySa1mE>  
The Honourable Chief Guests were Shri Mahendra Agarwal, Shri Lakhmendra Khurana, Shri Anand Maingade, Adv. Rajkumar M. Chandanshive and Shri Champak Jain (Director-Venus).

On this occasion there was also YOGA 2018 CALENDAR LAUNCH also by Yoga Guru Shri Ajay Chaubey who has trained various Celebrities. The Yoga Calendar depicts different Yoga Positions for the various months. The Celebrities at the event included Avani Modi, Gayathri Iyer, Ragini Nandwani, Akhilendra Mishra, K.K Goswami, Amit Chaubey and Karishma K.

## 9th Biennial IASA Conference: Planetary Futures and the Global South 16-18 January 2018



**Udaipur:** The 9th Biennial IASA Conference held at the Department of English, Mohanlal Sukhadia University, Udaipur took off on the 16th of Jan. 2018. Academicians from different parts of India as well as from Germany and Australia travelled to the City of Lakes to attend the event. The Conference was inaugurated by Prof. V.K. Malhotra, Member Secretary, Indian Council of Social Science Research, New Delhi, and the keynote was given by Prof. Rakesh Mohan Joshi, Indian Institute of Foreign Trade, New Delhi while Prof. G. Soral from the host University chaired the session. During the inaugural session besides the release of the Conference Souvenir the book Debating the 'Post' Condition in India: Critical Vernaculars, Unauthorized Modernities, Post-Colonial Contentions by Prof. Makarand Pranjape was also released by the dignitaries.

There were fourteen technical sessions, two plenary, and one special session. The first plenary session on the second day was a panel discussion on 'Identity, Ethics, and Rhetoric'. Prof. Vijaya Ramaswami dealt with the issue of Tamil identity. Prof. Vijayanti Raghavan traced the foundation, in logic, of Confucianism in the Korean context, Prof. Pradeep Tripathi dealt with the shaping of the Australian short fiction during

the 1960s to the 90s. The discussion modulated by Prof. Makarand Pranjape led to vibrant discussion and some very useful deductions. The second plenary session held in the Udaipur Chamber of Commerce and Industry had Prof. Anne Brewster of New South Wales University of Australia, presenting a paper on "Roanna Gonsalves' Fiction: The Permanent Resident".

The issue of structural violence in the context of racism in Australia was one of the important paradigms discussed by her. The special session on Indian Ocean: Culture, Geography, Security added the very important geographical dimension to the discourse of Planetary Futures. The Chairperson of the Valedictory Session Prof. B. P. Sharma, Director, Pacific Institute of Education, rightly, focused upon the need to convert the demographic dividends of the Global South into the service of the future of the planet. The chief speaker Prof. Helen Pringle of NSW University of Australia expressed her sentiments with a poem admiring the IASA activities as well as the Udaipur conference.

During the presentation of some 68 papers and the ensuing discussions some of the points made can be summed up in the following manner-

- Identity, individualism, independence and related

- Return to nature as reflected in the folk/tribal/indigenous/aboriginal arts, literature, culture, and epistemological systems could be the alter directions.

- Grassroots movements could provide a much required impetus to the challenges that the Global South needs to throw in order to save the planet.

- There is an urgent need to distinguish rhetoric from genuine discourses of concern in relation to the issues of Identity and Ethics as well as to see through the politics, hegemonies, violence embedded in ideological, cultural structures not the least those of binaries like north/south, patriarchy/feminism, civilization/primitivism, culture/nature etc.

- Demographic dividend needs to be channelized constructively and cultivated into an asset. The planet can't afford this to go astray to play havoc with the 'progress' made so far. The Globe, at the present moment, as much as at the time of writing of the poem

ethos perched on difference and uniqueness end up being DIVISIVE, whereas, collectivism, that celebrates commonality, sharedness, and belonging leads to harmonious co-existence. Balancing individual emancipation and collectivity in a nuanced manner might indicate towards a Global future where the hegemonic structures/ the Northern dominance can be effectively challenged. How rightly the poet Sarshaar Sailani said-

Chaman me ikhlat-e-rang-boo se baat banati he

Hum hi hum hen to kya hum hen

Tum hi tum ho to kya tum ho...

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'The Second Coming', reverberates with the words of Yeats- Turning and turning in the widening gyre ...

The best lack all conviction The worst are full of passionate intensity ...

Surely the second coming is at hand.

Besides the business of the conference, the general body meeting of the IASA carried the goal of the forum forward by registering new life members and planning future course of action under the highly able and dynamic leadership of Prof. Makarand Pranjape. While every member of the host department was trying to do what she/he is best at, the General Secretary of IASA and the Coordinator of conference Prof. Pradeep Tripathi stole the show by putting up two beautiful and delicious evenings for the entertainment, enjoyment, and enrichment of the participants. The first was a cultural eve that provided a glimpse into the regional culture. The second was a lakeside feast. Even after the valedictory on the third day the conference delegates were taken to the heart of the city, the residence of the present Maharana of Mewar in the premises of the city palace museum.

There, a boat ride to Jagniwas Palace and the guided walk through the School of Art run by the Maharana Mewar Public School was probably the most fitting finale of the three day long intellectual festival. We won't be surprised if the participants felt happily trapped throughout the three long days though we did come to know that many of them managed to squeeze out, time and again, not being able to resist the lure of the city.

## 10th Miraj Mart Launched



**Udaipur:** The Tenth Mart of Miraj groups was inaugurated by opening Ribbon with Vedic Mantras by Mantaraj Paliwal of Miraj Group at Garden Complex in Nathdwara.

Miraj Food Products CEO Sanjeev Joshi said that the company plans to open 100 new Miraj Mart in Rajasthan Mansion and 1000 Miraj Mart coming years.

In these markets, Miraj's food, grocery, stationery products will be available. Till now

Miraj has opened two stores in Mumbai and 8 stores in Rajasthan and by the end of this year, the company plans to open 50 Miraj Mart in the whole of Rajasthan so that the availability of Miraj FMCG products in every age group and every area is easily available.

In this inaugural program, Jitendra Singhal of Miraj Pipes and Fittings, K K G Sharma of Miraj Multi colors, Rajesh Mehta of Miraj Developers Ltd. and other dignitaries of Miraj group were present.

## Coaching Maha Kumbh@sojatia



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**Udaipur:** The nation's renowned dedicated faculty is guiding the students getting coaching at Sojatia classes from 19th. Founder Professor of Sojatia classes Ranjit Singh Sojatia told that the experienced faculty team of India is guiding students of CA final-ists face-to-face and on virtual basis. He said that coaching is altogether for 8 hours daily for 60 consecutive days; CA Asim Trivedi-Nahata Indore, CA Tarun Mahajan-

Nahata Indore, CA, Ashok Pahwa-Prudential Academy, CA Swapnil Patni-S.P Classes Pune and for II Group Anil Nahata-Indore, C.A. Bhanwar Borana-Mumbai, CA Farooq Haq-Nagpur will be interect students at Sojatia classes.

Dr. Mahendra Sojatia said that Sojatia classes have been coaching students for last 30 years, & hundreds of students ranked at all India level. Students also have hostel facilities.