

IR & Much More

By the way : Born with a Difference

Every person takes birth with some or the other quality. I have seen many people who are dissatisfied with their looks, education or life.

Malvika has dark complexion. She always feel shy to meet people. In our society people mostly like girls with fair complexion. Malvika avoid going to parties with her parents. She sings very well. People judge Malvika by her looks which makes her sad and shy. They should have seen her inner qualities. Malvika should also focus on her singing abilities rather than begrudging on her dusky looks.



We don't see our qualities most of the time. Our main focus should be to live life happily with families but we generally compare our lives with other people. Overthinking and complaining nature makes our lives hell.

Every individual is unique in its own way. Sachin Tendulkar's height is short but he is a terrific player. Amitabh Bachchan was rejected many times because of his height and voice. Now he is the most famous superstar of the millennium. If both of them had complexes about physique, they would not have become successful.

No one is perfect in this world. We must learn to live with our abilities and disabilities. After all real beauty lies in pure heart and good behaviour. Some people live ordinary life till the end and always curse their fate for not getting enough money or fame. It would be good if they concentrate on good and hard work to make their lives comfortable. It's good to fanticise about rich and famous people but it's not good to begrudge daily for not being successful like them.

Life is for learning and educating yourself daily. We expand when we learn something new. We evolve when we start accepting the facts related to us. Next time when you see any person complaining about life, please tell him to enjoy life. Actually those who are born with a difference can take our world to new heights because they can think different from common people. Choose your path and make your own different way. World need people with different outlook so that we can progress.

Achari Aloo Parantha

Ingredients:

- oil, 1 cup Fennel seeds 1 tsp, 1 tsp Cumin seeds
- 1 tsp Kalonji, ½ tsp Coriander powder, 1 tsp Red chilly powder, ½ tsp Amchur powder, ¼ tsp Fine chopped green chilly, 2-3 tbsps Pickle masala dough

Method:

- 1 cup Water, ½ cup Cooking Oil, 1-2 tsp of oil in it
2 minutes Now add salt and achar masala, mix, saute and cook for another, minutes Now switch off the heat and transfer the potato mixture in a bowl and let it cool down

After 20 minutes knead the dough once again and divide it in equal parts. Now roll the balls and fill potato mixture in this. Roll again. Fry these Paranthas in oil on hot tava. Serve with butter and curd.

Here are few tips to make perfect aloo paratha or achari aloo paratha:

Make smooth and soft dough. Apply little oil after kneading the dough and let it rest for 15-20 minutes before making parathas. This will make soft parathas.

I prefer grating potatoes rather than breaking them with hands while using them for stuffing. That will make the stuffing smooth and parathas will not break while rolling. roast the potato for a small time to make stuffing so that there is no moisture in the potatoes and they are easy to roll. Try to make equal size of stuffing balls and dough balls for better taste.

Roll the paratha with very gentle hands. You can add or skip green chillies according to your taste. With the same stuffing you can make basic aloo paratha just skip kalonji (nigella seeds) and achar masala. Little achari masala goes long way. It gives enough tangy flavor and aroma to stuffing. flavor and aroma to stuffing.

Jyoti Ba Phule 191th Birth Anniversary Celebrated

Udaipur: On 191th birth anniversary of Mahatma Jyoti Ba Phule a function was organized at Swami Vivekananda Auditorium, by the Mali Society, talented students and senior citizens were awarded Mahatma Phule Sammelan at Mohanlal Sukhaadia University.

Praveen Ratalia, informes that b 78 children were awarded for good results in the field of education. 22 senior citizens, Dr. S.K. Verma, Dr. K.L. Mali, Kanhaiyalal Talach, Prithviraj Asavara, Chetram Shapuriya, Nilkand Aswara, Lakshman Vagral, Bhanwarlal Khamanora, Hiralal Dhebaria, Arjun Garhwal, Ruplal Alodiya, Ambalal Valdia, Bhagwati Samarwal, Daulatram, Mohanji, Jaggnath Tanwar, Naruji and Kesar Devi. Were awarded for their contribution to the society. The program was chaired by former Municipal Council Chairman Yudhishtar Kumavat. Chief guest Motilal Sankhla has educated the society towards the social reform of Phule. special, guest Dr. Vishnu Mali proposed to keep the name of 100 feet Udaipur's Shodhpura road named Mahatma Jyotiba Phule, which is supported by present mass group agreed with unanimous consent. Special guest Dinesh Mali gave all the members of the Mali society united to inspire their rights.

6-bedded ICU in Nephrology@MBHospital

Udaipur: Rotary has become synonymous with service in the world, keeping in mind instead of self-interest, has always given priority to service activities and this is the reason that the name of the rotary is high on the needs of the needy.

The Nephrology Unit of Maharana Bhupal Hospital, a cost of Rs. 30 lakh rupees will be given to the hospital administration by creating a fully automatic and full furnished ICU of 6 beds. For its fund raising, the upcoming musical night is being organized in the Bhartiya Lok kala Mandal where o Bollywood singer Aditi Paul and Nayan Rathod will perform on April 22. Aditi Paul is singing in Bahubali 2. Club President Manik Nahar told that the requirement of an ICU was felt for a long time in the nephrology department. Considering the need of the unit, the club has decided to fulfill this requirement.

YUGPURUSH - A highly professional Mega Drama Production

SHRIMAD RAJCHANDRA MISSION DHARMPUR presented an ultimate Drama Production, "Mahatma ke Mahatma" at Bhartiya Lok Kala Mandal, Udaipur on April 5 and 6, 2017. This play was studied with outstanding Creativity and Concern.

This unique drama has won three prestigious awards for Best of the Best Drama, Best Director and three awards for Best supporting actors. Last three months it has staged 200 house full shows. Thousands of people have seen this drama in 111 cities of India. Entire nation is commemorating 150th birth anniversary of great Indian saint, poet-philosopher luminary and honored as and spiritual guide of Mahatma Gandhi, 'Shrimad Rajchandra Mission Dharmapur' who is profound follower of Shrimadji. 'Puja Gurudevshri Rakeshbhai himself is world known divine personality has done Ph.D. on the best literary creation of Shrimadji "Shri Atmasiddhi Shastra". Shrimad Rajchandra Mission, Dharmapur is raising funds for building 200 bed Hospital at Dharmapur, District Valsad of south Gujarat through staging of this Drama. Staging of these two shows at Udaipur

brought pleasant surprise to art and culture lovers of the Smart City.

"Yugpurush", the two act play started with an instance before the last prayer meeting (Prarthna Sabha) of Mahatma Gandhi at Delhi. Gandhi ji while spinning 'Charkha' recited Srimadji's poem 'Nirkhine Nav Yauvana'. Honoring sincere request of followers Gandhiji told them story of Shrimadji with enthusiasm. Through flash back the significant instances of Shrimadji's life and his influence on Gandhi ji were enacted with high proficiency and technology engrossing each and every viewer.

Gandhiji met Shrimadji for the first time in Mumbai, upon his return from England as barrister in 1891. Shrimadji's inner equipoise, absorption in spiritual pursuits, enlightening wisdom, knowledge of the scriptures and moral earnestness left deep-rooted impression on Gandhiji. Their relationship blossomed over profound interactions in two years that Gandhiji spent in Mumbai. Upon moving to South Africa, Gandhiji corresponded with Shrimadji through letters. Shrimadji's insightful thoughts ignited the fire of spiritual inquisitiveness in Gandhiji. Shrimadji's inherent adherence to the principles of Satya,



Pic: Shivam Sharma

Ahimsa and Dharmalater crystallized as the fundamental tenets of Gandhism. Although Shrimadji left His mortal body at young age of 33 in 1901, Shrimadji's letters and compositions were Gandhiji's dear companions. He contemplated upon them time and time again. Gandhiji would write about Shrimadji, speak about Him in his speeches and discuss Him with his close associates. He continued to be deeply inspired by his bond with Shrimadji, and his spiritual work. The force that influenced Gandhiji's ideas and guided his beliefs, the entity that contributed in the making of the Mahatma- Shrimad Rajchandraji is revered for His great spiritual state, extraordinary personality and literary genius by seekers across the world. The drama was well conceived, designed and presented. The

strong script by Uttam Guda played a pivotal role. Description of each instance was so well woven in dialogues that many a time audience gave instant response. Off course the actors did their best to live each and every character on stage. Their natural acting and timely dialogue delivery with perfect voice modulation made every scene significant. Entire drama was flawless and the element of inquisition was sustained till the end. Involvement of slight humor made this two hours drama very lively. Actors used hidden button mikes which helped them to concentrate more on acting. Henish Kharwad as Shrimadji almost stole the show, His tremendous memory, confidence and concerned acting made him outstanding actor. Darshan Mahajan and Indrajit Soni as Young and Senior Gandhiji were very

effective and created required impact. Preeti Pandya and Gauri Vishwakarma handled all female characters show casing their multi talented acting. Other actors Bhavya Denisa, Rupesh Makwana, Yash Shah, Kunal Goswami, Twinkle Dave, Nimesh Mehta, Madhur Bhavsar, and Vismay Shah also contributed their share of good acting. Production Director Nilesh Patel did his job well. This Mega drama was skillfully and creatively directed by Rajesh Joshi. Rajsh Joshi's tireless efforts were visualized. Handling such a mega production is not an easy game. He kept every spectator engaged till the end. Music by Sachin & Jigar made this production memorable. Ravi Shaladiya operated music with perfection. Set Design and settings were efficiently handled by Subhash Ashar and

Praveen Bhosle. Not only the elaborate and sufficing set is praiseworthy but the young team also deserves appreciation who handled set within stipulated time. These were Brijesh, Amit, Dinesh, Jameel, Shokat Khan and Rashid Shekh. Make up by Jitendra Shinde and Bhushan Dutta, Costume by Dinesh and Raju Sharma did their respective jobs well. Light Design and operation by Bhoutesh Vyas, Rishi, Praveen and Kapil Jadhav is also worth appreciating. The back stage work was handled by the volunteers of the Mission. Inspiration by Puja Gurudevshri and team work made this production an extraordinary theatrical production with noble cause. Father of the Nation Gandhiji rightly said about Shrimadji-"I have often declared that I have learnt, and learnt much, from the lives of many persons. But it is from Kavishri (Shrimadji's) life that I have learnt the most. It was from His life that I understood the way of compassion" and "The more I consider His life and writings, the more I consider Him to have been the Best Indian of His Times". Udaipur was lucky to have this Mega drama and those who have witnessed this play will never forget the teachings of Shrimadji and Gandhiji in their life.

Be Healthy And Diabetic Free



Udaipur: Health Talks were held on the World Health Day with the railway staff on behalf of the GBH American Hospital in the Auditorium of the Railway Training School. In this, diabetes specialist Dr. Jai Chaudaria has explained the ways to keep diabetes free and healthy. They tell other diseases and risks caused by diabetes.

Dr. Prakash Chandra Meena of the Railway Hospital told us how to live a normal and simple life. Here, the Health Talks of Neurologist Dr Tarun Mathur for families and patients of GBH American Hospital. He stressed that stress, for hereditary reasons, would be neurological problem. The program was conducted by HR Manager Vandana Jain.

Nursery camp -

A free medical camp was organized at GBH General Hospital, Bedwas. Eye specialist Dr. Akshay Soni examined eye patients and selected 30 elders for free operation at GBH General Hospital.



Life Goes on!

Every day of life
Rises with a new dawn
Live it with hope
As the life goes on.
Enjoy in your life
Both buds and thorn
Never criticize strife
As the life goes on.
Prosperity in life
Is there for a season
Adversity is a play
That always goes on.
Never be locked in past
Take a chance in
unknown
Lead the life the way you
like
As the life goes on.
- Ms. Pooja Bhandari

Virgin Dreams

Can you hear the echo
The promises we weaved for us
In the frame of love
On the sea-shore of Gopalpur?
I clasped your hand tight
Eyes closed
Neatly painted my love
On the canvas of blue sea.
And offered a bouquet of lovelets
Half-bloomed
Plucked tiny buds from Ghalib
Dipped in the melody of blue sea.
Can we not melt again ?
Now -
After fifteen years
In that Soothing fire.
'Coz beneath my wrinkles
Are still alive
A bunch of fresh untouched
Virgin dreams.

- Dr.Sanchita Choudhury

Second Gym for Women inaugurated

Udaipur: Jim is a place where both men and women use physical machines to keep their bodies tidy. In almost every gym, they appear to work together, but the Winidip Fitness Gym is the only city for women. The second gym is opened on the Sodhpurpura hundred feet road, above the Punjabi Tadka Restaurant which was inaugurated on Sunday in a grand ceremony.

Casting Couch In Films Is A Mere Fiction

Udaipur: Mugdha Godse was in Udaipur to attend a private programme. While addressing the media, she said that the news of casting couch in films is a mere fiction. She also said that it was actually difficult to pin point if casting couch exists at all since she hasn't faced any such thing in her career in films till now. Casting couch has been much talked of by a number of actresses who have struggled to enter the film industry or have been wanting...

Ashoka Cine awards : Forms available Ashoka Bakery

Udaipur: Forms are available on the Ashoka bakery for the Ashoka Cine Award, which will be organized in the Shaurya Garh resort on April 15 by the Film Association Committee. The last date for submitting the form is April 12. Mukesh Madhwani of Rajasthan line producer com-

mittee said that in any of the disciplines related to the films, the young man-woman, the woman and men can avail up to 12 April to participate in this event. From the applications received, 25 best fellows will be rewarded with toffee. There will be 4 specialties for

Rajasthan films. He told that a talent of the rajasthan be conferred with the Life Time Achievement Award at the ceremony. To make this festival interesting, it will be organized in Talent Hunt Contest and Fashion Shows. Whose winners will also be praiseworthy.

Dr. Manju Jain Felicitated with Platinum Shakti Award-2017



Udaipur: 9 April 2017. Dr. Manju Jain, resident of Udaipur city was felicitated on Sunday evening at Mohanlal Sukhadia University Auditorium by Platinum Shakti Award-2017 which was an initiative by Platinum University, Udaipur.

Award was given by famous film actress Mugdha Godse, Brahmakumar Sister Reeta and Dr Nisha Dixit.

She was selected among 700 applicants for being Udaipur's

only lady promoting Solar energy conservation through Solar cooker and Solar geissers. She is cooking various dishes in Solar cooker for last 36 years and also organizing live demonstration classes as well as give talks and write articles to aware people about this precious energy source and its simple utilization in day to day life through these appliances. Besides, she is also working in the field of Rain Water harvesting and plantation programs run by different societies.

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Royal Harbinger

