



# ROYAL HARBINGER

Reporting Fact of the Matter

Weekly

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UDAIPUR | MONDAY, MARCH 13, 2017 | PAGE 1 - 4 | PRICE : 5.00\* (Vol. 03, No. 04) Postal Registration No. RJ/UD/ 29-134/2017-2019

## Glimpses

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## Abnormalities of Behaviour



Dr. Sushma Talesara

An individual is said to be normal in his/her behaviour till he/she feels satisfied with environment. Environment presents positive as well as negative stimuli, individuals are expected to establish an equilibrium with environmental stimuli. Whenever this equilibrium disturbs it leads to abnormalities in behaviour and cause ill mental health.

How can we decide that an individual has become mentally ill is a question which will be answered so that mentally ill person can be identified at easier stage.

Generally it has been observed that mentally ill person suffered with vague and unreasonable fear, it is only a sign but should not be ignored. One should go in depth of causes of fear. Just reduction of the fear if not cure, it is only sign that all is not going well with regards to personality.

Therefore in the diagnosis of mental illness careful study of other symptoms is important. Person with behavioral abnormality generally do not accept or admit that there is need of help of counselor, so one can't expect cooperation of patient. Before reaching at any conclusion some more symptoms that may be seen in abnormality of behavior are to be considered. For example in spite of the fact that ones physical examination reveals no causal organic defect but he may complain of reduced vision or double vision. Similarly illusion and hallucinations are symptoms related to perception. In illusion things are mistaken like piece of rope is taken (mis) as snake while hallucination is an imaginary perception, like there is no sound but he hear voices of bell or feel muscular pain or sensation that are not present.

In some individuals disorder of thoughts are seen, it consists of rapid jump of one idea to another without coordination or link. Occasionally blocking of thoughts is also seen where sudden stoppage or failure in the sequence of thought process are seen. For example when asked what have you taken in lunch. He started I took..... and say nothing.

In severe cases of mental disorder a symptom called as "Agnosia" is observed where individual loses power to perceive existing relationship around him. Similarly obsession and compulsion is very common abnormality sometimes seen in all of us at any point of time in life. For example with the idea that hands are dirty one feels an overwhelming urge to wash his hands. Respectably called as washing mania. There are person used to take bath twice a day even in coldest climate, such persons are obsessed with the idea that their body had caught germs, they think that if not taken both, he will get ill. Similarly an individual may be compelled to return and check the lock of door many times while proceeding to market or office. Similarly fear of being poisoned is an irrational, irrelevant and inappropriate thought, but individual has little control over that thought he is obsessed to this thought.

We can observe some people persistently shaking their legs, this repetition of movement without cause is also sign of onset of behavioral abnormality, this type of act is called as impulsive motor behavior.

Some people exhibits negativism in their behavior in which they behave just opposite to expected behavior. For example if all the family members decide to go the picnic one member refuses saying place is not good for picnic or says it is wastage of time.

In some people an irrational excessive increase in the emotional reactions are seen such as unnatural state of happiness shows in the form of signing, dancing and much laughter. This emotional state is called as "Elation" while in depression individual feels sick, glory, sad, worried, worthless. In some mental cases there is an unusual fluctuation of the mood between elation and depression.

Apathy is a state of emotional flatness in which one feels neither happy nor sad. Thus events that normally evoke anger, happiness, sadness or shame have no effect upon the person suffering from apathy.

Phobia is also irrational persistent fear of something like fear of High places, fear of animals, fear of water, fear of the darkness, fear of disease or fear of being poisoned.

Some of the abnormalities of behaviour are being mentioned here so that we as a lay person can identify the signal that all is not going well with regards to behavior. Consequently early measure may be taken to help an individual with behavioral abnormality.

## MODI IS KING OF THE HEARTLAND

New Delhi: The Bharatiya Janata Party won stunning election victories in Uttar Pradesh and Uttarakhand on Saturday, a personal triumph for Prime Minister Narendra Modi that could ensure his party's near-dominance of politics in India. In the battleground state of Uttar Pradesh, the BJP seemed on course for the biggest-ever victory by any political party since Indira Gandhi led the Congress to 309 seats in 1980. Such an outcome also means the saffron party will replicate its performance in the national polls of 2014 when Modi's personal charisma and leadership won it a landslide. It also signals a ringing endorsement of his stewardship of the economy, especially after his controversial decision to scrap 500-and 1000-rupee banknotes which led to a cash crunch but was welcomed by many as helpful in fighting corruption.

The BJP and Congress were neck-and-neck in Manipur and Goa where smaller parties will hold the balance of power in these assemblies. For AAP supreme and Delhi chief minister Arvind Kejriwal, the poll results punctured his national ambitions for now. The party won just 20 seats in Punjab and failed to open its account in Goa despite a months-long campaign that saw Kejriwal spending much seats and leading in one in a 117-member assembly. The BJP and Congress were neck-and-neck in Manipur and Goa where smaller parties will hold the balance of power in these assemblies. For AAP supreme and Delhi chief minister Arvind Kejriwal, the poll results punctured his national ambitions for now. The party won just 20 seats in Punjab and failed to open its account in Goa despite a months-long campaign that saw Kejriwal spending much



But few political pundits had foreseen the scale of the BJP's victory in Uttar Pradesh. Election commission data showed the party's vote share in the state doubled to about 40% over the last assembly polls in 2012, a stunning achievement likely also to be credited to Amit Shah, the BJP president and Modi's chief election strategist. The party had bagged 42.6% votes in last Lok Sabha elections in 2014. In Uttar Pradesh, the BJP campaigned on Modi's pro-development credentials as well as its Hindutva agenda that appeared to have helped consolidate votes on religious lines. To leverage Modi's social status as a member of the Other Backward Classes (OBC) community, the BJP started a special unit in Uttar Pradesh to mobilise OBC support in 2015. Additionally, Shah's decision to appoint Keshav Prasad Maurya as the party state president ensured a new social combination -- consolidating roughly 40% non-Yadav Other Backward Caste votes. The Congress admitted that the loss in Uttar Pradesh-its campaign was led by party vice-president Rahul Gandhi, was hurtful. "Yes, UP is a bad loss, it hurts," said party spokesperson Abhishek Manu Singhvi. "I agree that, in UP, we need fundamental restructuring for the Congress as a whole. These have to be hard, tough decisions about strategy."

## Tata Crucible Campus Quiz 2017 Udaipur regional event held



Udaipur: Tata Crucible Campus Quiz is back to challenge the masterminds across the country. In its 13th edition this year, the quiz will cover 38 cities across India. At the Udaipur, regional round of Tata Crucible Campus Quiz 2017, Sanjay Krishna and Rajendra Dangwal from National Law University defeated 195 other teams, emerging as the winning team and they will now compete with six other teams

in the Zonal Finals to be held in Mumbai. The runners up position was bagged by Anshul Sharma and Srijan Sinha from AIIMS. The winners of the Udaipur regional round were awarded a prize money of Rs. 75,000\* and the runners-up were awarded Rs. 35,000\*. The winners of the national finals will receive a grand prize of Rs. 5,00,000 /-\* along with the coveted Tata Crucible Trophy. Besides the winners and the runners up, the four stage-finalist teams included Abhinandan Mishra and Prateek. S from IIM, Rahul Jora and Raghav Udaival from S S College of Engg, Nitish Sharma and Arpit. K and Apurv. S and Debjyoti Dey from IIM.

## "Women's Respect Demands Men's Education: Dr. Rajeshwari"



Udaipur: Friday 10th March. On the occasion of International Women's Day; Geetanjali Medical College & Hospital, Udaipur had organized a session on "Women Empowerment". The key speakers of the session were Dr. Rajeshwari Narendra, Director AHRD & Dr. Sunanda Gupta, Professor & HoD Anesthesia Dept. GMCH. Mrs. Kanika Agarwal, Mrs. Shruti Agarwal, Dean Geetanjali Medical College Dr. F.S. Mehta, CEO Geetanjali Hospital Dr. Kishor Pujari, Academic Officer Dr. Manjinder Kaur and GM HR Mr. Rajeev Pandya were the guest of honor. The session marked its beginning by lamp lighting and saraswati vandana by the invited guests.

The first speaker Dr. Sunanda Gupta shared some of his random lessons from her life's journey which motivates and helps a woman to achieve her success at professional and personal life. She had also provided a Take Home Message comprising of ten points which are success mantra as: Dream, Knowledge & Wisdom, Be fearless, Accept Challenges, Be Confident, Love Yourself, Don't be Afraid of Committing Mistakes, Burst the Stress Out, Laugh a Lot and Leadership Qualities. She also said that we should thank god in form of prayers to have a life of a human being. Dr. Rajeshwari discussed about the journey of a woman and struggle associated to beyond victory. She also said that to rise up for the respect of a woman we need to educate our boys to respect women since childhood. She had asked each woman to spare a span of 30 minutes to organize her life and be more efficient. She had divided woman in four types which includes being agile, dull, stricken or carefree along with fine and healthy. Both the speakers were fair enough to speak over women empowerment and motivate every one of them not to bear any kind of injustice. Gender Equality and rights of a woman were the key motives of the session covered handsomely with the speakers' presentations. The guests were felicitated with mementos and shawl. Mr. Rajeev Pandya appreciated the government scheme of "Beti Bachao, Beti Padhao" which exaggerated a poem which gave a feeling of goose bumps to the audience feeling proud to be a woman. Also the staff associated with GMCH family was honored with a gesture of gift for their hard work, dedication & efforts for bringing success to GMCH. The session was anchored by Dr. Udici Kataria.

## Srilatha Memorial Foundation Stone Laid

Udaipur: Srilatha Memorial foundation stone laid by Central Committee member Prabhat Chaudhury, Party Vows to Continue her Struggle Ghantali, Pratappgarh. A memorial shall be built in memory of Srilatha Swaminathan at her residence in Ghantali, Pratappgarh. CPI(ML) central Committee member Prabhat Choudhury, state secretary Mahendra Chaudhary, state committee member Shanker Lal Chaudhary and her associates laid down the foundation stone of her memorial at Ghantali on 5th March, 2017. The national President of All India Progressive Women's Association (AIPWA) and former member of the central committee of the CPI (ML) Liberation Srilatha Swaminathan passed away in the morning of 5th Feb. 2017 at Udaipur

## Now 3 Tesla MRI machine in Udaipur



This revolutionary technique 3 times the time spent by the Tesla MRI machine in the review is halfway and the quality also increases manifold. The Arth diagnostic center of Southern Rajasthan, s Joint Venture with the famous Radiology Center of Gujarat (Gujarat Imaging Center). Inaugurated Dr. Arvinder Singh informed that scanner generates a magnetic field that is twice the strength of 1.5 Tesla machines and 10 to 15 times the strength of low field or open MRI scanners. The magnetic field produced by our 3T Magnetom Trio MRI System yields exceptional anatomic detail. Thus, if a picture is worth a thousand words, the 3 Tesla MRI is an encyclopedia. The increased image clarity revealed by 3T is particularly beneficial for pathological conditions involving the brain, spine, and musculoskeletal system. The benefits of the 3T scanner are not confined to Magnetic Resonance Imaging. The increased spatial resolution of the 3T scanner allows for high-quality vascular imaging. Thus, 3 Tesla MR Angiogram studies may often replace the need for invasive interventional catheter studies. The 3T Magnetom Trio is extremely efficient. Utilizing shorter scan times, the 3T machine maximizes patient comfort without compromising quality. The superb reliability of high-field MRI allows our board-certified radiologists to differentiate between benign and potentially hazardous medical conditions with confidence. This allows your health-care team to provide you with earlier diagnosis and treatment, subsequently leading to more positive outcomes. Dr. Hemant Patel and Dr. Arvinder Singh informed that the investigation of epilepsy, prostate cancer, brain tumors, breast cancer and all other types of complex diseases will now be possible in Udaipur. With the establishment of Tesla MRI in Udaipur, the patients of the division need not to go to big cities for various types of tests. In the big cities such as Mumbai, Delhi, Ahmedabad etc, 3 tesla checks range from Rs 8,000 to Rs 20,000. But in Udaipur, this report will be made available at almost half rates, equivalent quality. Poor patients will also be provided with check at lower rates than government rates, so that those patients can get high quality report in low value.

Udaipur: In joint collaboration with GIC Arth Diagnostics has provided most advance MRI facilities 3 Tesla MRIs for patients of For the Udaipur division, at less than half rates. As we all know, the quality of the photo increases as the mega pixel of camera increases, in the same way as the TISLA power of the MRI machine increases as well as the ability to check it and the quality increases. In the Udaipur range, so far any MRI plant is engaged in 1.5 Tesla or less capacity.

## 17th Sahakari Supermarket inaugurated

Udaipur: The 17th Sahakari Supermarket was inaugurated at Arvana on Saturday, 11th March with the blessings of Home Minister Gulab Chand Kataria. With a Sahakari Supermarket already operating at Panchvati and Shastri Circle, this venue provides proximity to a large geography within the walled city. Also, the USP of this center is that it situated within a Shopping complex, giving proximity to shoppers who other wise visit the mall for recreation. With no other supermarket in the areas near Hathipol, Chandpol, Brahmpol, Mulla Talai, Delhi Gate, Chetak etc, this location is set to provide super relied and variety for the daily household good shopper.

## Drawing photo-Exhibition of Women



Udaipur: Arghya Art Society, Udaipur in association with ART Junction (International Artists Residency, Udaipur) organized Exhibition of 40 Choicest Arts works of 9 women artists of Udaipur at 'Kalavithi' art gallery, Bagor ki Haveli of WZCC from 7th to 11th March, 2017. Renowned, established and upcoming women artists exhibited paintings of different mediums depicting different moods. The works exhibited enriched experience of viewers and received healthy comments. Kiran Murdia, Dr. Meena Baya and Itri Kachhava used Acrylic on Canvas, Deepika Mali used Charcoal on Paper, Sharmila Rathore used Oil on Canvas, Sheetal Guhil used dry point technique on Acrylic sheet while Sarita Mali used Oil on Paper. Jyotika Rathore displayed her work in Etching and Dimple Chandat displayed Wood cut Print. The exhibition was inaugurated by Preeta Bhargav, Superintendent of Central Jail, Udaipur. Two oil paintings of Preeta Bhargav were also displayed in the exhibition. Preeto who is also a poetess told that women artists of Udaipur have created space for their artistic talent in India and abroad and brought proud to this beautiful city. Guest of Honor were Sheros Girls and Aniz Fatima Palwala of Arwana Mall. This exhibition coincided with International Women's Day and Holi (Festival of colors). Deepika Mali woman behind the show told that this exhibition was viewed and appreciated by renowned artists of Udaipur, art lovers and public at large, with previous one (Women's Painting Exhibition).