

IR & Much More

Dignitaries of Mewar with Ashok M. Vinay Bhanawat



A crazy collector of coins, currency notes and postal stamps, Vinay Bhanawat is popularly known as currency man a native of bathera village near Udaipur, he had his schooling and college education in Udaipur. Bhanawat owned a dairy and began to keep aside the notes with 786 number. Now he has a collection of such over 90,000 notes in all the denominations holds the Limca Book Record. He has collected 129 sets of a 9 notes each of 100000 to 900000 number and 24 sets of 89 notes each of 111111 to 999999 in what he calls his fancy number currency collectory. The value of this collection is over 1,13,000 and for this he declared the world's biggest fancy number collector by unique world record in 2012. He possesses silver coin of maharana pratap out of only 100 coins issued by the Govt. of maito in 2001 he has also a special coin of 150 of Rebindranath Tagore issued on his 150th anniversary. Bhanawat has a rare collection of stamps of several states that were earlier a part of india. So also of revenue and court fee stamps of Udaipur. Stamps on all sorts of dances and musical instruments are also there. So also on areas like environment, traffic lights, road safety, mother and child care and music. He has Indian stamps of rupees one to 1000 issued in india since 1947.

Bhanawat's treasure includes coins weighting over 20 kilos that include copper coins with a hole, Dosti London coins and those of Mughal times. He has a collection of over 10,000 autographs of famous personalities of the world. Bhanawat has been honoured by the department of post, government of india several times with 'Large Silver Medal' at National Philatelic Exhibition 'Inpex-Empirepex 2001' Bronze medal at 9th in 2003, 11th in 2007, 12th in 2010 'Rajpex' Rajasthan State Philatelic Exhibitions. He has also won Silver Medal at 1st District level Philatelic exhibition 'Udaipex 2000', 1st position at 2nd District Level Philatelic Exhibition 'Udaipex 2005'. Unique World Record appointed him as the Chief Judge for west india in 2014 Mr. Bhanawat was appointed as a member of board of Juries by Department of Post, Government of India at Postage Stamps Design Competition for the year 2000, 2001, 2002, 2003 and 2004. He was felicitated by District Administration on Republic Day 2002. He was honoured by Society for Environmental Education and Research, India (SEERI) for the Best Environment Exhibition of Stamp in India - 2004. In 2001, he played a key role in establishing philately Bureau at Udaipur under Department of Post, GOI as a result of Which people of Udaipur. Mewar has the opportunity of collecting commemorative stamps.

He was also honoured with Vishist Samman 2013 by Maharana Mewar Charitable foundation. He was also honoured by the Honourable Chief Minister of Pondicherry, Mr. Thiru N. Rangawamy at a felicitation ceremony organized by Assis. World Record Research Foundation held on 15th October 2012 for having the largest number of currency notes ending with "786".

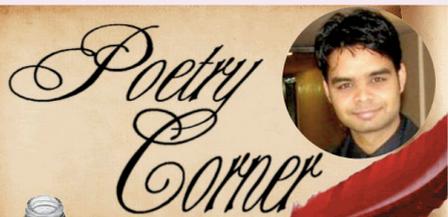
He was honoured again by the CM in 2013. He has the distinction of being the only non-Muslim member of Muslim Mahasabha, Rajasthan and has been honoured by it for this contribution to national intergration. Other honour received by him include Samaj Ratna in 1999, and Bhamashah Award in 2011 by Govt. of Rajasthan. With his huge collection of currency notes, Postage stamps, coins and photographs, Bhanawat has not only won laurels for himself but also made his town and country proud.

Cook with Hritu

Cheese Sandwich

Ingredients: Brown bread slices 10 to 12, olives 10 to 12 finely chopped, cherry tomatoes 5 finely cut, oregano, pepperika, salt according to taste, mozzarella cheese grated 1 cup, olive oil 2 tsp, lettuce leaves 5.

Method: cut the crust of bread slices and keep aside. Take one pan and put olive oil into it. Add tomatoes, olives, oregano, pepperika, salt and saute for 1 minute. Take a slice. Keep lettuce leave onto it and spread tomato-olive mixture. Sprinkle grated cheese over it. Cover with another bread slices. Make other sandwiches. Now grill these sandwiches in a griller. Serve hot with mayonnaise dip.



Ab Jo Tanhaa Se Hum Hain

Ab jo tanhaa se hum hain
Har taraf se sitam haiN
Zindagi kya nibhaayeIN
Himmatein bhi to kam hai
Ab koi din kahin se, ummeed nahi laata
Ab koi khwaab saaya, bhi to nahi dikhaata
Ab khtm ho chale hai, yaadoN ke saare moti
Ab bharam zindagi ka, kyu nahi toot jaata
RoyeiN magar nahiN chhalkein
Aankhon ko yeh qasam hai
Zindagi kya nibhaayeIN
Himmatein bhi to kam hai
Raahein udaas hai to, kaise kadam uthaayeIN
Tanhaa si rehgaruz se, kya suneiN kya sunaayeIN
Hai sang ki bani hui, boondeIN jo gir rahi hai
Aur kaanch ke hai sapne, ab kis tanhaa bachaayeIN
Ghaayal hai dhadkanein aur
Har saans ek zakham hai
Zindagi kya nibhaayeIN
Himmatein bhi to kam hai

- Prashant Shrivastava



Childhood memories are the best to cherish. I remember each and everything related to my childhood. I was the youngest among four sisters. I got so much love and affection by everyone in my family that I never missed any male child. Whenever anyone asked about my brother, my reaction amazed that person. What I really miss about my childhood now is the huge kitchen garden developed by my mother outside my huge house. Sitting under trees of guava, mango, banana and plucking seasonal vegetables and flowers were my favourite

time pass. Summer evenings were the best. My mother used to make different flavours of 'Rasna' for me. Vacations spent with family and friends are unforgettable. Aroma of mom's specially cooked food and taste of mangoes are still alive in my mind. My father was very fond of Ghazals and sufi music. He had a huge collection of Ghazals from different well known singers. "Wo kagaz ki kashti wo barish ka pani" sung by Jagjit Singh was his all time favourite. I don't know where those days are gone. We are living a mechanical life in 21st century. I don't remember when my world changed from sweet, innocent to a cruel and nasty one. One fine day I got up and looked into the mirror. The person's image is the

same but peace and purity are gone. It started in my school days when a young boy troubled me for seeking my attention. I was a different girl whose world belonged to books and music. Nobody was allowed to enter in my world of imagination. But he really disturbed me and followed me everywhere. We were living in a small city at that time where rumours spread faster than anything. His friends encouraged him and it might be the role of his hormones that provoked him to irritate me to the core. His stupid gesture affected my soul so badly that till today I don't believe in female-male friendship. I think it's gud to love someone but it's insanity to ruin a person's life who was hardly 10 years old. One sided crush is not good for the other per-

By The Way

Down The Memory Lane

son who doesn't fall in love. Some young boys always say that love can happen in any age. But I don't believe in this. Certainly age and a girl's yes really matters. Males think differently from females. Their love mostly start from physical appearances but females check your honesty, loyalty and caring nature. They generally don't like those boys who are not serious about them or those who want physical relationships only. I was talking about my life and my heart never allowed me to say yes to that guy. But I always remember his cheap ways and decided to pick this topic for my readers specially females who had undergone this some where in their lives. This was a stigma on my best childhood days but fortunately he could not take away

my positivity. Many girls of my generation were very shy. The way I took decision and try to forget this incident is another story. There was no psychologist or personal healer at that time to heal my wounds. Time healed them automatically but these memories still haunt my mind. Many young boys cross limits and disturb other girls for time pass only. Sometimes they seriously fall in love at wrong time and ruin their careers. It's fine to get attracted to opposite sex but it's really not good to snatch other person's peace. Throwing acid on a girl's face or murdering her on road destroys a boy's life too completely. May be today you can run from law and justice, may be your family protects you today but you can't run from Karma. No one has a right to take other person's

life. Surely I am a lucky one who did not get any chance to encounter such person. But I feel sad for those girls who are not safe and become victims of criminal minded people. I want to request young people to focus on their own lives rather than running behind a girl who may not interested in you. She might have some other dreams to fulfil. Don't ruin her life as well as yours. Love and affection automatically happens at the right age. It's good to live life to the fullest with dreams in your eyes. After all love is a purest feeling so please take it as a blessing of life and don't let it become a horror story. Now again I am going to remember childhood as the best part of my life. Hopefully others too have such memories to cherish.....

Beauty Secretes How to Treat an Oily Scalp and Dry Roots

When it comes to how oily your scalp is and how dry your roots are, there are plenty of options available today to help you attain that optimal balance. Although heredity is thought to be the primary dictator of each person's respective oiliness or dryness woes, appreciating the effect that daily haircare decisions have on your hair--and understanding the impact that less obviously-haircare-related choices have for your hair--is key.



"Dandruff commonly co-exists with an oily scalp. If you are dealing with dandruff, there are several dandruff shampoos available that should be appropriate for you.

"Don't hesitate to step away from your usual brands if they're no longer getting the job done for you at any point during this process; many find that proper management of their hair requires occasionally, or even routinely, shaking up their shampoo status quo.

Select the right conditioner. Although effective 2-in-1 products do exist, use of both shampoo and conditioner is recommended to properly care for your hair. Dealing with both ends of the spectrum (both an oily scalp and dry roots) will be much easier for you when you're able to separately change the amount of shampoo that you use and the amount of conditioner that you use. Determine how regularly you should wash. This will vary depending on your hair's thickness, coarseness, and curliness, among other qualities, but every head needs to be rid of the dead skin, dirt, and oils it accumulates. Regularly may mean twice a week, daily, or even every other week. If your scalp is too oily, though, this is because the sebum--that is, the oils and dead skin--that your scalp is producing is not being washed away at proper intervals. Wash your hair.

Thoroughly dampen your hair in the shower, then squeeze about a half an inch to an inch (in diameter) of shampoo into your hand. The actual amount will vary depending on the length of your hair. Your shampooing technique should be similar to a gentle scalp massage, followed by thorough rinsing. Condition freely. Conditioner should be regularly applied after washing out the shampoo, and followed by another rinse. While the amount of shampoo you use should be very carefully doled out, conditioner can be applied much more liberally to dry hair.

Comb your hair when it's dry. Combing or brushing your hair distributes its natural oils evenly, which will help combat your oily-scalp-but-dry-roots situation. Brushing while it's dry is preferable to brushing it right when you exit the shower; hair is more elastic when it is wet, and breakages can more easily occur during this time.

Massage your scalp. It's part of proper shampooing technique, and it's helpful outside the shower as well. Gentle massage stimulates hair follicles and improves blood flow, generating more of the oils essential to keep your hair healthy.

Mix aloe vera into your shampoo. A few drops are sufficient for this mixture, which you can then use as you would regular shampoo. Many conditioners in the market also include aloe as an ingredient to treat dried-out hair.

Whisk up an egg yolk conditioner. There are plenty of different recipes to be found, but a basic one employs two egg yolks, beaten well, with two tablespoons of olive or coconut oil.

"After beating the two egg yolks together with the oil, apply it to your hair and let it sit for five minutes.

"Wash your hair thoroughly so that no residue remains.

"Utilize instead of shampoo according to your wash schedule, alternating egg washes with regular cleanings.

"Dab witch hazel on your head with a cotton ball. The oil will tighten up your blood vessels and act as an astringent, drying out your scalp, so take care to use this more on your scalp than your dry hair.

"Hereditary factors are not alone in deciding the state of your scalp. Deficiencies of riboflavin and vitamin B12 specifically have been shown to have a hand in an oily scalp. Seek out supplements if you're unable to incorporate foods that are richer in these into your diet.

"Dairy, dark green leafy vegetables, and whole grains provide riboflavin.

"Meat, poultry, eggs, fish, milk, and cheese are excellent sources of vitamin B12.

"Change your care with your environment. Humidity can cause scalps to be oilier than usual, in which case you may need to abstain from products, or perhaps even rinse your hair more often. Summer months can over-moisturize hair, whereas winter months will require diligent conditioning to keep your dry roots from getting even drier.

"When you know you'll be out under the hot, midday sun for any considerable period of time, consider hats or scarves to protect your hair from its moisture-thieving rays.

Rang manch "Makda" staged at Suchana Kendra Open Air Theatre

Vilas Janve: Team Natya Sanstha' in collaboration with Information Centre, Udaipur presented 'Makda' play written by revolutionary Dramatist Late Rizwan Zaheer Usmaan and directed by Shailendra Sharma. The play show cased plight of confused youth who is engaged in destructive activities.

with his natural acting. Rameshwar Gaud as Don-Don lived his role proficiently. Other actors Sunil Tak(Bidu), Vishal Jain(Ek), Tejas Dave(Do) and Aditya Gaud (Teen) were very energetic and exhibited their talent in different scenes. They are promising and can be groomed as professional actors.



Many social issues were also touched but the focus was given to different Tricks of America to overpower other countries just like a spider that captures other small creatures in its web. Usman always raised global issues blending with entertainment. Shailendra Sharma maintained texture of Usman's ideology in his play. He was assisted by Sunil Tak. Adil Imran as Kabirdas and Baba impressed

Make up and costumes were looked after by Rashmi Sharma and Saniya Sharma. Stage was designed by Pushpendra Singh Solanki. Music and sound effects were given by Ashok Sharma and Manoj tak. Light was designed by Siddhant Bhatnagar and Rakesh Jhanwar. Chief Guest Deepak Joshi, Renowned Theatre artist while appreciating talent of young artistes remembered senior playwright and director Late

R.Z. Usman for his contribution in the theatre scenario of Udaipur. Deepak Joshi urged parents to send their children to participate in theatrical activities as Theatre not only enhances their personality but also make them creative and disciplined. The idea of using Suchna Kendra's open air theatre was highly appreciated.

It is located in the heart of the city but was neglected and hardly used for cultural activities. I congratulate young theatre artistes to make use of this facility. Off course it requires some minor improvements after that it will provide a good option for staging dramas and musical concerts.

Vijaya Bank provided bus to NSS

Udaipur: Managing Director and CEO of Vijaya Bank, Dr Kishore Kumar Saans released the 40-seater bus provided to Narayan Sewa Sansthan.

He said that it is the duty of the society to make the physically challenged people self-dependent and include them in the mainstream society. Vijaya Bank, under Corporate Social Re sponsibility, has been providing facilities and help to the physically challenged in different regions. Narayan Sewa Sansthan is such temple where the oppressed are worshipped.

Miniature booklet on Shri ji's birthday



Udaipur: Udaipur's craft artist Chandra Prakash Chittoda created a miniature booklet and congratulated Mewar's pride and Udaipur's Maharaja Shri Ji Huzur Arvind Singh Mewar on his 72nd birthday. The artist has beautifully illustrated the life character and various achievements of Maharana Mewar in this 22-page booklet.

Mehta of KV Honored

Udaipur: Udaipur Govind Singh Mehta, Principal of Kendriya Vidyalaya No. 1, Pratapnagar was presented with the Encouragement Award 2016 by the Kendriya Vidyalaya Society, Jaipur.

Kamlesh Rathi, also from Kendriya Vidyalaya No 1 was the other recipient of the Award, which was presented by Jaideep Das, Deputy Commissioner of the KV Society.

International Cultural Interface brings together Indian and Australian Scholars



Udaipur: The students and teachers from Australia visited department of English of Janardan Rai Nagar Rajasthan Vidyapeeth University, Udaipur and interacted with the students and faculty in an International Cultural Interface on Wednesday. The scholars discussed with each other issues of culture, literature, cinema, music, education and traditional health practices. Thirteen students from Endeavour College, Gold Coast and one from Melbourne along with their teachers Dr. Jenine Castle and Dr. Rene visited the department of English on Wednesday. They visited the department, department library, college library and the language and career laboratory.

The Dean of the Faculty of Social Sciences and Humanities Prof. Suman Pamecha welcomed the visiting group to the campus and extended her greetings and wishes for their successful visit. Prof. Mukta Sharma introduced them to various programmes offered and the research areas undertaken in the department. Prof. H.S.Chandalia introduced the concept of intercultural interface and stated that most of the conflicts in the world are due to the absence of proper understanding between the countries and various peoples. The rat race of economic development has led to the exploitation of natural resources and human beings of the developing nations by the so called developed nations. He said that a better understanding between nations through people to people dialogue can only stop conflicts in the world. Dr. Jenine Castle introduced the programmes Australian students were pursuing. She said that life style, nutrition and health care go hand in hand. An expert in Chronic Fatigue Syndrome, she stated the reasons of excessive fatigue and anxiety and suggested Naturopathy as a means to eradicate such life-style maladies.

The programme was convened by Dr. Mehzeen Sadiwala. Mr. Ganesh Purohit and Dr. Pankaj Paliwal of Jagaran Jan Vikas Samiti were also present during the deliberations. Narendra Pal Singh Panwar offered a vote of thanks.

Bhakti Sharma awarded by TiE & Reebok

Udaipur: Bhakti Sharma was awarded by The Indus Entrepreneurs (TiE) and Reebok in functions organized at different places.

Bhakti was first awarded the "TiE Aspire Young Achievers Award 2016". This award is given by TiE and Aspire jointly to recognize and award young achievers, under the age of 30, in the field of sports, art and culture who demonstrate extra-ordinary conviction and awe-inspiring accomplishments in their lives. This year the award was given to Bhakti Sharma, Shweta Katti and Aishwarya Pissay. The recipients are awarded Rs. 1 Lakh in prize money from Monisha and Amit Bhatia Foundation. Bhakti was also the key speaker in the TiE-Aspire programme along with Bollywood actress Alia Bhatt.

In a separate function, Bhakti was awarded the Reebok Fit to Fight award in recognition of her achievements. Bhakti received this award from Bollywood actress Kangana Ranaut. Bhakti was awarded a glittering trophy and a certificate as part of the ceremony. Bhakti has done the country proud with a lot of her achievements (some of which are listed down). She is currently given it her all in preparation for Tokyo Olympics 2020. She is training hard in Mumbai for the Olympic games and aims at delivering a medal for the country in four years time.

# 04

# Royal Harbinger

