

IR & Much More

Dignities of Mewar

Dr. Smita Singh



Verstile and vibrant, Dr. Smita Singh, Director Udaipur Dental Clinic, Sevashram Udaipur, has dentistry in her genes.

Smita got admission in MBBS in the prestigious king George medical college Lucknow but she opted for dentistry.

Smita came to Udaipur after her marriage with Dr. Sourav Singh, who is also a dentist and specializes in oral and maxillofacial surgery and Dental implants.

For her meritorious services, smita has been honoured by various organizations such as govt of Rajasthan for services rendered in dentistry and anti tobacco programmes.

She also received the kala samman award from vice president of India. Hr. Bhairu singh shekhawat. Smita has also been honoured by Times of India, as also by several branches of Indian dental association.

Smita's love for poetry was evident even in her childhood. Her parents supported her fully and took her to kavi sammelon where her poetry recitations were widely appreciated.

Smita along with her husband Dr sourva singh has a successful clinical practice of over seventeen years equipped with state of the art materials and technology.

Lake city can be rightly proud of a selfless and dedicated person like smita, who is bringing smiles to the people.

- Ashok M

Beauty Secrets: Pack For Under Eye Circle



Under eye circle is a common problem among people these days. Insomnia, tension, stress, workload may be the different reasons behind this.

Today I will share my grandmother's beauty secret with my readers.

Soak 20 almonds in milk for about one hour. Make a fine paste of this. Add few drops of honey and lime juice. Almonds have natural bleach content and a pack made from almonds enhances your skin texture.

I hope my readers will definitely try this and get good results in just one month. If you are allergic to almonds or honey please don't use this on your skin.

Cook with Hritu Coconut halwa



Ingredients: Coconut dessicated 3 cups, full cream milk 3 cups, cardamom powder 1 tsp, saffron 6-8 flakes, sugar according to taste, green colour(optional), 10-12 almonds.

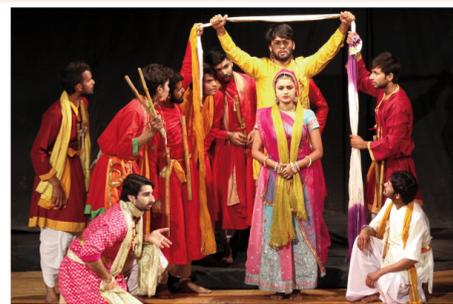
Method: Take a pan. Boil milk. Add coconut powder. Cook on medium heat and stir continuously. Add sugar, cardamom, saffron (soaked in milk) and green colour. Cook till oil separates. Garnish with almonds. Serve hot.

4th National Theatre Festival 'Alfaaz'

A Review by Vilas Janve

Three Days (25-27 Nov.) National Theatre Festival 'Alfaaz' organized by Natyansh Society of Dramatics and Performing Arts in collaboration with West Zone Cultural Centre concluded at Darpan, Shilpgram on Sunday evening.

Festival was inaugurated with the performance of short play 'Aaj ki Paanchaali' staged by the students of Vidhya Bhavan Public School, Udaipur. This play was adjudged first in the Short Play Competition conducted during 'Alfaaz' celebrations at Vidhya Bhavan Society's Mohan Singh Mehta Memorial auditorium last Saturday.



They are still fighting for their right and justice. This action packed play had many entries and exits. Entire stage, wings and even the main gate of auditorium were used by actors to show case different locations.



'Parampara Natya Samiti', Jaipur had privilege to stage its 99th show in this festival. Performed in traditional Tamasha style of Jaipur, this play was written by Dr. Hariram Acharya and directed by Dilip Bhatt belonging to Tamasha family of Shri Gopi ji Bhatt.

By The Way

Love Life! Live Long!

Yesterday I got a chance to watch Dear Zindagi with my family. Story of Kaira (Alia Bhatt) helped me to take life in a different and easy way.

due to financial problem. Kaira was only 6 years old and she could not take it positively. Her brother was taken care of by her parents but she felt neglected.

could not choose any of them as her life partner. Our young generation who lives in metro cities face this problem in daily lives.

handled with a simple hug. It's pointless to make your children robots who are programmed to finish a mission.



She was not ready for commitment in her relationships. Life itself is not complicated, we make it complicated.

She breaks her silence and chooses to talk to her parents. Fear to lose your loved ones or feeling of being rejected by your lover is a common problem.

Drinking alcohol or taking drugs may seem easy but this cannot solve your problem permanently.

Dear zindagi teaches us to take everything with open heart. Dependency on any relationship can destroy your mental peace.

"Geetanjali Hospital conferred with Best Green Hospital"



Udaipur: Wednesday 23rd November 2016, ABP news in collaboration with CMO Asia had organized a two-day healthcare leadership award ceremony in Mumbai in which Geetanjali Medical College & Hospital was honored with "Best Green Hospital" among participants.

Students Union Office inaugurated

Udaipur: Students Union office was inaugurated at Fisheries College of Maharana Pratap University of Agriculture and Technology. The office was inaugurated by University's Students Welfare officer Prof Suman Singh.

Job Fair Organized at AITS

Udaipur: Aravali Institute of Technical Studies in association with Board of Apprenticeship Training (NR), an autonomous body under Department of Higher Education, Ministry of HRD, Govt. of India successfully organized "Apprenticeship Job Fair" for all pass-out engineering graduates and diploma holders.

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# Royal Harbinger

