

By the way

Creating style in common Men

Ritu Sodhi : Fashion is not everyone's cup of tea. Not everyone is blessed with a keen fashion sense. However, when you talk about men and the fashion disasters they make more often are need to be checked.

Fashion Hazards by Men

Some men dresses up in a funny way that you can't stop laughing. Most men wear sports shoes on any outfit or on coat pants. I have seen half of men wearing sun glasses at night.

Are you familiar with 'a pair of jeans'?

Don't wear your one pair of blue jeans for the whole month. You will look clumsy in same pair of jeans with colorful shirts. If you are wearing a shirt that is as colourful as peacock feathers, you must go shirtless because that would be less embarrassing.

Gold is a very expensive metal but if you have a habit of wearing gold chains and bracelets, you straight away hit people in their eye with your bling.

Some men wear odd sizes, either large or too small. If your shirt buttons are open and your paunch is showing from inside, you must need to go for shopping immediately.

Save your shiny shirts for dinners and wear them under your suits.

Walking in the sun wearing a shiny shirt will make you look terrible.

Stop wearing superman t-shirts or shirt which show big logo on it. Sorry it's not funky.

Check ur wallet ,shoes ,tie ,socks and handkerchief before you leave to office.

Everything should be neat and clean and most importantly ironed.

Don't apply strong perfumes like cobra and itra in office. It can surely give headache to your colleagues. Coloured pants don't look good on everyone. Before you copy Akshay kumar or Govinda please look into mirror once.

Colourful shades are getting popular these days and men wear them without checking shapes and sizes.

Wearing formals in dinner parties or outside or wearing casuals in office make you look odd. Wearing a popular brand doesn't guarantee of a cool look. Colour and style must suit you before you plan to buy any branded shirt.

Hair styles and beard or moustache should be kept according to your work and fashion style. Most men go to local barbers for hair cuts and hardly differentiate between hair stylist and barber. A good hair style can completely change your looks.

If a woman calls your outfit ugly and offers you some fashion advice, take it. After all she is giving it for free.

Some men don't smile as if they are being charged for this. Smile and confidence add on extra flavor in your looks.

Some men wear pink colour in a wrong way. Don't wear pink colour suit and socks. You can team up a classy pink shirt with black or blue suit. Off course don't smell bad. Use mild perfumes. Please change your regular glasses with time. Young men are the future leaders of society, and dressing sharp is the first step towards becoming a professional. It's important to note that it is worth paying attention to your clothing as a young man even if you're working in a field without strict dress codes.

Jeans styles are always changing: rips, tears, acid and bleach washing, distressed, stone washed, boot cut, wide leg, low rise, skinny; baggy.

Keep it simple with and stick to fitted jeans in a dark color, sans fading or rips.

You can wear them with a fitted T-shirt for a relaxed, casual look or dress them up with a buttoned shirt and a sport coat for a business-casual style.

When you want to start dressing with style, you have to start from the beginning.

That doesn't mean you should discard of all your clothes right away. Saying goodbye to some of your favorites will be hard, but it must be done in order to make progress. Assume you know nothing, and you'll be open to learn everything. Always remember this mantra- "Simple style is the best Style."

Don't complicate your style.

Knowing how to layer clothes will give you ultimate use out of everything in your closet, and it will help you create more interesting outfits.

Create your own style.

When you're developing your sense of style, you want to open your mind to new types of clothing and clothing styles. You should try things you never would have thought to wear before.

I hope this article will give you some help for becoming a fashion icon. Seriously guys I want you all to look great in your outfits to get more compliments.

Chocolate mousse with Kashish

Ingredients: Semi-sweet chocolate - 6 oz or 175 grams (~1 cup semi sweet chocolate chips), Unsalted butter - 2 tablespoons, Brewed coffee - 2 ½ tablespoons, Chilled heavy whipping cream - 1 cup, Pure vanilla extract - ½ teaspoon

Method: Chop the chocolate into small pieces. Take that into a heat proof bowl. Add coffee and butter. Melt this mixture using double boiler method. Take a saucepan with glassful of water and bring to a simmer.

Put the bowl (with chocolate mixture) on top of it. Make sure that bottom of the bowl is not touching to the water. Keep stirring and it will start to melt.

Once it melts completely, it will be smooth and shiny. Remove the bowl from the heat. Let the mixture cool down to room temperature. It may take about 15-20 minutes.

Whip cream in a bowl. Start whipping it using hand mixer (or stand mixer with whisk attachment). Whip it till you get stiff peaks. Do not over-mix it otherwise cream will curdle and it will turn into butter. Add vanilla extract into it now. Now remove and save the ¼ cup of whipped cream in separate bowl.

Keep that in refrigerator. We will use that for garnishing later on. Now melted chocolate is cooled completely. In that bowl, add third portion of the whipped cream. Gently fold the mixture. Now add another third portion of it and fold it. Now lastly add remaining whipped cream and fold it.

You will notice very light and airy texture. Divide the mousse into individual serving bowl or glass. Keep in the refrigerator to set for about 2 hours or more. Decorate with cream and chocolate ribbons.

All set for Octave

Vilas Janve With Praveen Bhatnager

West Zone Cultural Centre, Udaipur is organizing a 5 day Cultural extravaganza of North Eastern states of India at Ajmer from 21 Sept to 25 Sept., 2016. This festival will showcase the rich culture of North East reflecting unity and harmony. More than 300 Classical, Folk and Tribal artistes, craft persons, visual artistes, Rock Bands, Carol singers and writers as well as poets from the states of Arunachal Pradesh, Assam, Manipur, Meghalaya, Nagaland, Sikkim and Tripura would not only show case their talent but also will interact with their counterparts from other parts of the country residing in Ajmer. Ajmer is an educational hub as well as major town of Rajasthan having people from diverse culture. On Saturday, 17 Sept., the first step of Octave started with the performances in two colleges affiliated to Maharshi Dayanand Saraswati

University. These were not only stage performances but rather healthy interaction sessions with the students and faculty of the respective colleges. Many students knew about the dances, Musical instruments of these states for the first time. After seeing their performances like Pung Cholam, Drum dance of Manipur, Bihu, Festive dance of Assam, Hozagiri a unique dance of Tripura, Tappu dance from Arunachal Pradesh and Cheraw Dance of Mizoram students just fell in love of the guest artistes. They not only heralded many times but also captured these golden moments in their smart phones. There was literary a queue of boys and girls to get clicked with the artistes in the indigenous attire. Principal of Government Girls College, Ajmer Dr. Renu Sharma not only welcomed the artistes but while appreciating

their performances appealed the student community to take advantage of this rare opportunity to attend "Octave" Festival in the MDS University Campus. Director of West Zone Cultural Centre, Udaipur informed that the Festival will be inaugurated by the Governor of Rajasthan Shri Kalyan Singh in the evening at 6.30pm on 21 Sept at MDS Univ. Campus. Special Guest of honor will be Shri Arun Chaturvedi, Hon. Minister of Rajasthan for Social Justice and Empowerment and Shri Jagdish Chandra, CEO of ETV and Urdu Service while Prof. Kailash Sodani, Vice Chancellor of MDS University will preside over the Inaugural ceremony. The Inaugural ceremony will have choreographed performance of Folk and Tribal dances of North East. An exhibition of Crafts of North East region along with the art exhi-



bition will be open for all the days. Similarly Poets and Writers of North East will have interaction in the morning and afternoon while the folk and tribal dances will be show cased in the evening of 23 Sept. The folk and tribal performance will club Satriya Classical Dance of Assam and Manipuri Raas

on 22 Sept. and 24 Sept. respectively. The stage performances will conclude on 25 Sept. with Carol singing and Rock Band performances. This festival will pave better understanding of the distinct cultures of North Eastern states of India. This would certainly interweave the diverse and

rich heritage of the eight North Eastern States. West Zone Cultural Centre is supported by North East Zone Cultural Centre, Dimapur, Sangeet Natak Academy, New Delhi, Lalit Kala Academy, New Delhi and Sahitya Academy, New Delhi. This will be a rare feast of Culture for the people of Ajmer.

Fresher's Day Celebration 2016

Udaipur: AITS organized Fresher's Day Celebration 2016 with full of joy and pumps at Darpan Auditorium, Shilpgram. The Chief Guest of function was Sh. B.L. Khamesara, Ex GM, JVVNL and Guest of Honor was Sh. Ramesh Chaudhary, Rotary District Governor. Sh. Khamesara, in his speech urged all the fresher's to be honest towards their duties and congratulate all the New faces on the occasion. The function was presided by Sh. Omprakash Agrawal, Patron, Aravali Group of Colleges, Udaipur.

Shri N. L. Khetan, Secretary, Aravali Group of Colleges and Shri Amit Agrawal, Finance Secretary, Aravali Group of Colleges graced the function with their august presence. Dr. Hemant Dhabhai, Director, Aravali Institute of Technical Studies welcomed the guests. Mr. and Ms. Fresher's of Aravali for session 2016-17 were Govind Patidar, MCA. II Year and Nikita Pao, B.Tech. I Year. Mr. Anand Jain and Sangeeta Sharma coordinated the Fresher's Day Celebration 2016.

Health secrets: Benefits of pineapple



Pineapples are a tropical fruit that present with a wide array of health and beauty benefits. This sweet fruit is easy to find and the fresher it is, the better. You can easily incorporate pineapples into your daily diet or even apply them topically to reap the benefits of this bright yellow fruit. Pineapples are full of important antioxidants and these

work to prevent cell damage within the body by fighting against free radicals. When you are getting enough antioxidants in your diet, you are working toward preventing several chronic diseases and conditions, such as heart disease, various cancers, atherosclerosis and arthritis.

A cold can put you on the sidelines for a week or more,

Maharana Pratap University of Agriculture celebrates Hindi Day

Udaipur: Hindi Day ceremony was organized at Maharana Pratap University of Agriculture and Technology under the auspices of Directorate of Student Welfare. Student Welfare Officer Dr YC Bhatt informed that on the occasion of Hindi Day, a debate competition was held at Education directorate auditorium on 14th September, 2016 where various colleges under the university participated. On 15th September, poem recita-

tion competition was held where students presented their own creations as well as by others poets.

40 students participated in poem recitation competition. After this competition, winning and consolation prizes were given away.

The debate competition was conducted by Dr Arvind Verma and poem recitation competition was conducted by College of Fisheries' Dr Bhanu Kumar Sharma.

Dr Heena Khan informed that prior to fresher's party, a farewell ceremony was also held. The party had Rajasthani theme. The students presented their talent by performing on Rajasthani songs. In this ceremony, folk dance, singing, ramp walk, talent round, question-answer round were organized. Dr NS Rao, Dr Heena Khan, Dr Neeru Rathod, Dr Shilpa Kanthaliya, Bharat Sukhwai, Lalit Pipliwal etc.

Freshers Party

Udaipur: Janardan Rai Nagar Rajasthan Vidyapeeth University's MBA college organized a fresher's party in its auditorium. In this function, Kripal Singh Jetawat - Mr Fresher and Chetna Agrawal was selected as Miss Fresher.

NHAI to construct elevated road

Udaipur: State government has handed over the task to construct elevated roads in Udaipur and Bikaner to the National Highway authority of India. The total cost of construction has been estimated as 271 crores of rupees for these roads in Udaipur as well as Bikaner. Out of 271 crores, about 136 crores will be used in Udaipur while 135 crores will be used for Bikaner's elevated road project. The decision was taken in a meeting chaired by state CM Vasundhara Raje with the officials.

The present projects were reviewed in the meeting and the need for these elevated roads was found to be necessary to meet the traffic congestion and pressure.

The elevated road project was planned by Municipal Corporation which was marked between Udiyapole and Court circle via Sooraj Pole and Delhi Gate.

The plan was then opposed by business firms that would fall on the route of this road. Protestors also had support by UCCI who termed it totally impractical.

Teachers felicitated by Lions Club

Udaipur: "Education is the need of the hour. And education can be successful only when the teacher and student both take their respective responsibilities," said SS Sarangdevot, the vice chancellor of Rajasthan Vidyapeeth University of Udaipur. He was addressing a Teacher's Felicitation ceremony on the occasion of Teacher's Day in Lions Sewa Sadan at sector 4 of Hiran Magri. He graced the occasion as the chief guest. He added that the government is trying hard to light the lamp of education in every home but these efforts will only be successful when the teacher cultivates each child with dedication. He said that the student should also consider the education as most important need of life and work to realize their dreams. President of Lions Club of Udaipur Poonam Ladia welcomed guests and said, "It is an honor to honor excellent teachers." She termed these teachers as source of inspiration for all others. Program convener Sumit Lunia said that the main aim behind organizing the program was to clear the misconceptions pervasive about education.

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- एल.एल.एम. (2 वर्षीय डिग्री कोर्स)
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- पी.जी. डिप्लोमा इन लॉ एण्ड फॉरेंसिक साइंस (1 वर्ष)
- साइबर लॉ में प्रमाण पत्र कार्यक्रम (6 माह)