

By the way

My Life is My Choice



It's not really tough to be a single mother.

May be you won't agree with my thought.

Confident, competent and caring, just like any other modern woman. She is a single mother.

The fight for respectable existence is a hard one for most single mothers in India. They may be widows, separated or divorced, or simply spinsters, the society's view is still very narrow-minded regarding them.

What does your husband do? Why did you leave him? Who is the father of your child? These are most common questions asked in our society.

Every legal document requires information on husbands. On knowing the truth, Government officials change their mannerisms. From behenji/bhabhiji, they start calling you by your name, to get close to you. And their behavior exhibit mannerisms likened to a predator surveying its prey.

Since you are single, it is assumed by our society that a single lady has craving for men and she will definitely grab the opportunity that comes along.

Today I want to ask a simple question, "Is sex too important for a single lady that she can't live without it"? Or is this a crime to remain single?

I don't deny the fact that all humans are born with same emotions and sometimes single mothers feel the absence of males in their lives. But it does not mean that they are hunters and can prey any damn person who crosses their way.

Nothing can be more wrong, many single mothers are happily living alone with their choice of not getting married again. It's not about sex all the time which can lead you to an unpleasant marriage. How many of you do it daily?

Many married couples don't do it quite often. Then why only single mothers have been targeted all the time?

The reaction of people regarding you and your status in the society changes overnight. People pity your status of being single. The older generation, even your own family sometimes, they blame you, call you a woman of no morals if you talk to men openly. They threaten to take your children away, even call you incapable of handling them because of your single status.

You just can't go for a movie with a male colleague. You can't call him friend. Either you have to tie a rakhi on his hand or you have to sleep with him. But you can't be friend with a male without giving it a name.

I think even a rickshaw puller gains more respect in our society rather than single women.

People also believe them to be of low character. They work under pressure because co workers and colleagues can easily make fun of them. I know a respectable man who links his female staff to other males just to hide his own weaknesses. He is indulged in illegal affairs and his own wife mistrusts him.

These type of males keep on putting blames on females. No one in the society or office wants to know the truth. They have full right to comment on female's character because it is the easiest.

A single woman is an easy target for gossip and discrimination. Adoption is quite a problem for single mothers, and even after that, they don't get the due respect. It's not only a case of turning deaf ear to the gossip.

I have different opinion on this issue. I am a single mother. I have faced same problems and still struggling hard to overcome this madness. I can strongly say that it's not tough to be a single parent.

If you are a single parent, you have to take care of all the physical and emotional needs of your child. Right from personal hygiene, dietary habits, school work, punctuality and peer group. You can partially share this responsibility with the child's grandparents or a trusted friend or even a loyal maidservant. But you are ultimately responsible at the end of the day. Never regret this responsibility.

Although single parenting is quite a lifetime task, there are ways to take on this responsibility.

Parenting is undoubtedly a major responsibility, more so when the mantle falls on a single parent. A single parent has to bear with added responsibilities, tensions and pressures. Either due to separation, divorce or death of a spouse, a single parent is left alone to deal with multiple tasks. There are always meaningful ways to overcome the initial apprehensions about single parenting. Confide in your trusted relatives while taking important decisions concerning your child's future, be it education or hostel accommodation or foreign travel. You will be surprised about the fact that there are people offering unbiased advice. If you are on talking terms with your ex-spouse consult him or her on major occasions. Let the child also meet the separated parent. But if this adds to the complications, take the decisions on your own.

A single parent has to take the place of the missing parent. You should offer a healthy wholesome human being as a parent. As far as possible, never let your bitterness, bad experiences, annoyance and anger, infect your child's psyche. Be frank with the child. Make him or her your companion. Never ever poison the child's mind against the separated spouse. And make the child realize the importance of friendships and lasting human relationships.

It's not tough to be tough at times. Don't answer stupid questions asked to you. Avoid indulging into arguments. If you are targeted for your independence and freedom, don't become nervous. You are much better than those who have less qualities and more time to gossip about you. Higher authorities don't give weightage to cheap gossips and rumours. Senior officials need your hard work and they have ability to judge you by your performance.

People who gossip about you have no capability. Hard working senior officials hardly take interest in your personal life. It's not easy to prove these blames in court. A woman can challenge these people in court for defamation for her character assassination. It's not difficult to deal with these situations but you must not choose wrong ways to prove yourself. Your life is an answer to those who talk behind your back. Why do they always gossip behind your back? Its because they are wrong not you. No one has right to comment on your character.

I am a modern woman who is comfortable with both males and females. I enjoy these gossips and sometimes I don't give explanations to justify my actions. Reason is simple, my life is my choice. I live it with pride and teach others to live with pride and honour till the last breath.

Works At FS Stayed By HC

Udaipur: High Court has stayed the work being done at Vibhuti Park on Fatehsagar Paal. Court has directed the UMC and UIT to approach the National Institute of Hydrology, Roorkee to visit the site and give their report on the feasibility of construction across Vibhuti Park on the Paal. This is subsequent to the ongoing work of constructing of heavy Statue pedestals across the Paal, which was being done without NOC or any other paper work.

UMC Commissioner Siddharth Sihag and UIT Secretary Ramniwas Mehta were present at the hearing on Friday, in which directions were given to assign the task to Roorkee and await NOC and further orders before work is commenced. Sihag informed the court that the drawing and designs have already been sent to the Department of Water Resources for their review and decision. He also informed that a committee has been formed at the UMC to look after this development.

How Focus shifted to Vibhuti Park

Subsequent to a visit by Retired Chief Engineer of the Irrigation Department Ajay Garg to the Vibhuti Park, there were personal allegations made by Garg on Retired SE JP Soni. Post these allegations, Soni wrote a letter to UMC SE Arun Vyas and expressed his views on the allegations made by

Garg. On other hand soni mailed facts file to RH in detail with facts and figures

Prior to independence, there was only one Government Department named "Public Works Department" whose responsibility was to plan, design, execute and maintain all public works like buildings, roads, water supply establishments, hospitals, educational buildings, dams, canals, rest houses, gang huts, etc.

This Public Works Department had well set norms, codes, specifications, manuals, schedule of powers etc. and the overall control was in well experienced technical hands. Each government asset had a designated identification number and there was a regular system of its upkeep and improvement. Roads were having sections of 8-10 km and each section was having 10 beldars and one mate for looking after day to day maintenance. These beldars were given shelter near the road in Gang Huts. There were inspection Bungalows at every 30-40 km and the departmental officers used to inspect the roads having night halts in these Inspection Bungalows. Similar was the case with Dams and Canals etc. Technical officers knew the site requirements and were free and having powers to arrange the same. Normal repair works were carried out through these regular permanent and experienced

beldars by providing materials departmentally. There was rigorous checking of designs, drawings and estimates and in many cases there was a set standard which had to be followed. Thus the work at root level was in the hands of those knowing the job for years and the control was with persons having technical expertise.

There was an established and efficient system of inventory record, stock keeping, audit, etc. This system used to screen the irregularities and responsibilities were fixed regularly. All other government departments had to get their work done through P.W.D. by paying the cost of the work and such works were called Deposit Works. Even if a fan had to be fixed in government owned Collector office, it was done through P.W.D. The officers were having enough administrative and financial powers. Even some progressive states like Mysore had made the Chief Engineer of his state Mr. Vishweshwariya as Deewan (Prime Minister) and the history says that Mysore had vast progress during his time.

After independence, Public Works Department was bifurcated step by step into Roads & Buildings, Irrigation, Public Health Engineering etc. and later on semi government agencies like Urban Improvement Trusts, JDA, Housing Board, RUIDP, etc. have come up. Now even



Sarpanches are executing lot of number of development works costing lakhs of rupees. All these newly cropped up agencies have no historical background, no manuals and codes and they lack continuity. Record keeping is very poor. The biggest setback is this that at lower level, there is some technical staff but the higher level is all non-technical. Thus the system of following established norms, type designs, specifications has practically derailed and most of the decisions are now based on political requirements.

In addition to above, there is gross encroachment of jurisdiction of various departments and agencies. For example, all the lakes in and near Udaipur city are technically under the charge of Water Resources



Department but all development works under NLCP (National Lake conservation Programme) were executed by Urban Improvement Trust and Nagar Nigam. For some time, RUIDP was also working on these lakes. Nehru garden with in the lake is under P.W.D. (B&R), contract for boats is given by Nagar Nigam, contract for fish catching is given by Fisheries Department, water from the lakes is lifted by Public Health Department and many more.

If a road is constructed by U.I.T, patch repair may be done by Nagar Nigam and if a road side drain is constructed by Nagar Nigam its covering can be done by U.I.T. By this hazardous system of jurisdiction there are chances of duplicity in payments and fixing respon-

sibility for any dereliction in duties becomes very difficult. The first principle of development is "planning from whole to the part" but because of multiple departments for a single work, plans are made in parts by each department which result in non-harmony, duplicity, conflicts, and wasteful expenditure.

There is an immediate need to fix the jurisdictions of all departments and to check the encroachment in such well decided jurisdiction. Another need is to merge Urban Improvement Trust or development authority of a city in the elected local body of the city, may it be Nagar Nigam or Nagar Parishad. It should act as a development section under the control of elected Chairman of the local body.

Beauty Secretes

Fenugreek seeds for hair growth



Fenugreek seeds not only help hair fall control, but also help in dandruff control as well as make your hair thicken if you use the remedy regularly at least for a month to actually be able to see real results. The methi seeds are known to be used in a myriad of hair problems including dandruff, rough,

and dry hair. It is chiefly used to remedy hair loss. The composition of lecithin and amino acids in the methi seeds is what makes it a fine remedy for hair related issues. The application of methi seeds offers a setback to hair loss and hair thinning.

Some Easy Ways to Apply of Methi Seeds for Hair Fall Control:

Apply a mixture of powdered methi seeds and coconut oil on the hair and massage. Then, massage it for at least half an hour and keep it on for 3 hrs before providing it a thorough wash-off with a shampoo. This is an excellent remedy in case of hair loss.

Soak a handful of methi seeds in water overnight. Next day, grind the seed to powder and make a paste of it by adding water. Apply it as a hair mask on the hair and leave it

for an hour. Subsequently, shampoo your hair to make them softer and shinier.

Make a fine paste of fenugreek seeds and curry leaves. Apply this paste on your hair and scalp to get longer, lustrous and thicker hair. Most of the south Indian women with thick mane use this remedy for getting their beautiful locks nourished. The methi seeds or fenugreek seeds are derived from the herb known as methi and are native to the Indian soil. The seeds of methi are known to counter a number of hair and skin problems, in addition to several health problems. So, Lap up the comforting embrace of the Mother Nature to resolve the issues related to your hair in the form of methi seeds. The effects of all these remedies will become obvious on the continuous use.

Poetry Corner

Chocolates on my way

Chocolates on my way,
many shades
dark and dark
Milky white,
silky fruity chocolates
Cross the highway
Stick to the lane
Chocolates on my way,
Sweet, bitter, juicy
Making me crazy
Many shades of life,
I can see
In my chocolates
Gloomy, happy,
peppy, spicy
Chocolates on my way
Change my mood
Round, square
bubbly Flinders
Melting in my mouth
Making my day!!

- Neha Rose

Rotary to install 500 computers in schools

Udaipur: Praantpaal of the Rotary district Ramesh Chaudhary has announced that the club will install about 500 computers in Rajasthan. The club has resolved to eradicate illiteracy in South-East Asia by 2018-19.

The club has decided to get associated with government plans along with some other self help groups.

Mr. Chaudhary was addressing a press conference on the occasion of International Literacy Day in the Alok School.

Rotary has aligned itself with the schemes run by central government. Rotary district secretary BL Mehta apprised that Rotary International has set up its

Rotary India Literacy Mission headquarter in Kolkata.

From this center the efforts will be made to upgrade the quality of government schools at par with private ones through Teacher Support, E-Literacy, Adult Education, Child Care. Rotary district secretary and public relation Nakshatra Talesra said that Rotary sent over one lac children to school last year.

Rotary has also worked to provide sanitation and toilet facilities in more than 10,000 schools of the country.

Udaipur president Maanik Nahar said that District 3052 in association with Rotary International has provided computer facility in many government schools.



Aangan Kebab Festival
SEPTEMBER 9 - 18, 2016

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