

Beauty Secretes

How To Use BB Or CC Cream

In 21st century BBcreams hit the market and our makeup bags were changed forever. The all-singing, all-dancing face product was a welcome beauty wonder. Now CC creams have arrived making an impact on the market, you may be wondering whether BB or CC is best for you.

If you are looking for a good face cream but also sun protection and coverage- you need BB Cream in your life! This little product is a time and money saver, shrinking your makeup bag down by having all the benefits of a serum, moisturiser, primer, foundation and sunblock in one! BB Cream is the perfect buy if you are looking for light coverage, use it to cover skin imperfections such as scars and blemishes.

CC cream is like BB's amped-up big sister containing the same properties (moisture, primer, serum, sunscreen) with enhanced focus on skin care. As a result, the SPF in CC cream tends to be higher than BB to protect skin from ageing. The heavier consistency of CC cream also has more impact on age spots, uneven skin tone and wrinkles than the lightness of a BB cream.

CC cream has a matte texture and is less oily than BB cream, so I would personally recommend to use CC cream.

CC cream has colour correcting properties so is ideal to soothe redness and sallowness.

A natural look is attainable with both, however if you want to keep your skin light, BB cream is your best option as it provides sheer coverage while targeting skin blemishes.

In my opinion these products are very useful for those who don't know the art of make up. You don't need a lot of product to get a good coverage, makes skin soft and gives you an extremely even complexion. So readers enjoy these products and save money too.



UNREAL REALITY

Our ignorance perceives trivial as full,
Our attachment discerns empty as powerful,
Our perception makes ugly seem beautiful,
Our emotions discover nothing as plentiful.
The truth and reality are not what seems,
As even unreal and false gleam like beams,
Milk remains below and atop floats the cream,
The unreal rises above, like a fanciful dream.
False and true, evil and good, lucid and esoteric,
Are coexisting opposites like contemporary and historic,
'Sides of the same coin', so often says the mystic,
'Both fade into oblivion', says a message that is cryptic.
Pleasure and pain, success and failure pass away,
The mortal body of flesh mitigates one day,
Old gets obscured and new comes like sun's first ray,
Unreal vanishes and real vacuum and void lay.
Everything at the end passes into nothingness,
All things so big turn out to be, powerless.
We may try to make sense of all the mess,
Everything is proved finally unreal and meaningless.

- Shrishti Chaplot

Hai Zindagi Apni ya maut

Zindagi apnati nhi
Aur maut ne muh mod rakha hai
Gairon ki kya baat karein
Yahan to apno ne hi chor rakha hai
Mushqil hai kehna kaun apna kaun paraya
Charo aur museebaton ne jhakjhor rakha hai
Kis se kahun dil ki baat
Haath sabhi ka maine ab to chor rakha hai
Kya shikayat karu e zindagi tujhse
Yahan koi bhi apna nahi
Maangu zindagi ki dua ya karu maut ki fariyad
Yeh sawal bhi rab ab tujh pe hi chor rakha hai
Naumeed ho chuka hai dil
Intezaar hai saanso ke khud se thum jaane ka
Kyun lamba hota jaa raha hai intezaar
Kya tune bhi mujhse nata tod rakha hai

- Neetu

Be Organic with Kashish Coconut Ladoo



Hi guys, Janmashtami is coming and I am back with quick n easy coconut laddu recipe.

Ingredients: ghee 1 tsp, almonds and pistachios 2 tbsp, desiccated coconut 250gm, milk 1 cup, sugar according to taste, cardamom powder 1 tsp.

Heat ghee in a pan, add nuts and roast till golden. Set them aside. To the same pan, add coconut, milk and sugar. ...Cook till the mixture thickens and all the moisture evaporates completely. Add cardamom powder and nuts. ...Cool the mixture slightly. Gently make laddoos. Store coconut laddu in an airtight jar and refrigerate.

By the way: Money Can't Buy Happiness



Money is everything. I have heard this thousand times in my life but I never believed this. In past few years I have seen many people who have tried to change my thought process. Last month my friend's son Aarav visited me. We were having a chat and Aarav told me that he is studying hard to earn more and more money in future.

He paused for a moment before replying. "Well, I just hope I can find a job I don't hate too much."

"What about Satisfaction and happiness?" I asked him simply. His answer amazed me. "Aunty, this is 21st century and happiness is nothing if u can't buy branded clothes for

yourself, he added.

My friend Rewa is rich and does earn high salary in a multi national company. She has a closet full of clothes, a beautiful beach house, big car and can afford in-home care for her two children.

Rewa works in one of those high-stress, need-it-yesterday type jobs. Like a lot of people, she longs for the good old days. A mere decade ago, giving your employer a highly productive eight or nine hour day meant you were a dedicated employee. Give up a lunch hour once a week, come in on a Saturday once every few months and you were on a fast track to the top. How things have changed.

On those rare occasions when she needs to leave by 6 p.m., Rewa feels compelled to apologize for having to "skip out early."

She has all new gadgets to show to the world. Her children are having best facilities and studying in the most expensive school. Both have ipads and i phones. Rewa's relatives are



highly impressed by her high status. She calls herself classy and stylish. Many times she refused to buy things which are available on stores. She goes to designer stores and wear expensive clothes and jewellery. I am not taking her side or in a mood to tell stories about her lavish life style.

This is not only about Rewa. This is every young girl or boy's thinking.

Is the thought of earning less money scary?

Do you feel awkward in the company of poor friends or relatives?

her family members.

She rushed to the hospital and tried to arrange money from sources. But nobody came forward to help her. In that crucial moment her childhood friend Neha helped her. She not only arranged money for Prisha's mother's operation but also gave her precious time.

After her mother's successful operation Prisha learnt the most important lesson. She became more polite and social. She has started saving money for future.

For my generation finding a balance is harder than ever because the goalposts keep moving. They're acres from where they were in my parents' day and yards from where they were even last year. I know it's hard to live without money in 21st century. But it is time, not houses or handbags, that proves to be our most valuable commodity.

Relations and love are most important. I am a big fan of Dr. Brian Weiss. He has told several times through his writings

that only love is real. We are born for a purpose and that is not to earn money.

Being a multi millionaire is a good tag but having cultural and moral values are still important.

Do you like a person without good character or values? It's good to give your children a better future. But it is insanity to snatch away their childhood and giving them dark future by making them robots.

If you're naturally generous and happy, money can make you more generous and happier. If you're naturally a jackass, money will make you more of a jackass. So stop running after money and be more of a value. Don't run for price tags instead try to be a worthy one. Money will buy you everything but not love nor affection. This is earned by a character, some morals and kindness. Money is good to fulfill your requirements but don't let money overcome your life with arrogance and vanity.

Who is afraid of Lingdoh regulations? Who is afraid of Lingdoh regulations?

Students Union Elections without students' Issues

Elections for students' unions in colleges and universities of Rajasthan are scheduled on 24th August, 2016. Due to BRICS meeting in Udaipur, elections to students unions were held on 17th August. Ideally the students bodies are formed through elections to teach the students the democratic processes and inculcate in them the qualities of sharing, team building, debating and raising pertinent issues so that they become an organic part of the academia, not just a passive recipient of the instruction passed on to them unilaterally.

But in practice the student union elections have become a training exercise for political parties and the universities and colleges nurseries for preparing workers of these parties. All the vices of political party base general elections have entered the campuses including use of money power, muscle power, political power, religious fundamentalism, regionalism, casteism and large scale violence in which

often hardcore criminal elements are employed.

The last elections held in M.L. Sukhadia University on 17th August have shown a shameful conduct of the ruling Bharatiya Janata Party and the main opposition party Indian National Congress. The local press is flooded with reports showing that the Home Minister Gulab Chand Kataria was himself steering the election campaign of the ABVP candidate who was also son of a tall BJP leader. Last year also ABVP candidate who won the election uncontested was the son of a BJP MLA. It shows that in the ruling parties the political work has become a career and leaders want to run their politics as a family business. The district committee, municipal ward members and Panchayat level workers were given the responsibility of mobilizing students in favour of ABVP. Surprisingly enough no issues related to students were raised by the ABVP or NSUI candidate. District and Panchayat level leaders of

Congress were also mobilized to support the NSUI candidate. Interestingly enough, both the candidate supported by BJP and Congress lost and a rebel candidate of NSUI who was denied ticket won by a record margin. After winning the elections he did talk of some local issues of education related to the problems of the students of the University like hostels, lack of faculty and bureaucratic red tapism in the University. But the very serious issues like privatization and commercialization of education, shooting fee structures in IIM and IITs besides other state universities, saffronization of syllabi, lack of regular faculties in colleges and universities, insecure terms of work of contract teachers and guest faculties, mushrooming of colleges, coaching institutes and suicides in education hubs like Kota, lack of sufficient financial support to non-NET research students, lack of adequate hostel facilities, paralysis of UGC and other policy framing bodies, political appointments on the

post of vice chancellors, discrimination on the basis of caste and class on the campuses, library services, representation of students in senates, boards of management and bodies of academic decision making etc. did not form the agenda of the contesting candidates.

The regulations based on recommendation of Lingdoh committee were flouted in open day light and the toothless election controlling bodies turned their eyes away. It was an order of the Supreme Court of India which led to the formation of J.M. Lingdoh committee. J.M. Lingdoh, former Chief Election Commissioner of India submitted the report on 26th May, 2006. The honourable Supreme Court of India ordered the implementation of the recommendations of the committee on 22nd Sep. 2006. In compliance of this order the MHRD director Anupama Bhatnagar issued and order No.D.O. F9-6/2005/0-5 dated 28-11-2006 endorsing the recommendations of the com-

mittee and asking all institutions of Higher Education to implement it.

Section 6.3.1 of the recommendations says "No person who is not a student shall be permitted to take part in the elections in any capacity." This clearly means that it is an affair of the students and no outside interference is allowed. But the Home Minister himself with the entire party was a part of MLSU elections this year. They might say that they were technically not a part of the elections but if they try to ask themselves honestly, they flouted this regulation. Congress was also not behind in any way. Section 6.5.5 says that 75% attendance is required for a student to be a candidate. Who verifies that. It is an open secret that this is also flouted. The worst is the open defiance of section 6.6.1 which lays down a limit of Rs. 5000 expenditure per candidate. A local newspaper reported that nearly Rs.70 Lakh were spent in MLSU elections. Just one candidate spent Rs. 20 Lakhs one

day before the polling. They may be exaggerated data but the truth is that all candidates supported by the ruling political parties spend much more than the stipulated limit. Section 6.6.4 also says that the candidates must use only the voluntary contribution from the student body. Section 6.7.5 says that no printed material including posters, pamphlets should be used.

Looking at such blatant misuse of political and money power should the elections not be scrapped? What good are they doing to student community? Should the country not learn from the JNU Students Election system? But today talking of JNU itself is taken as an act of sedition! This is horrible. The honorable governor of Rajasthan who is also the Chancellor of all state universities and the minister for higher education should exercise their powers to ascertain that the example of MLSU is not followed in other institutions of the state.

- Dr.H.S.Chandalia

More on I.Day@Royal Harbinger

DSP hoisted flag at Aravana

Udaipur: 70th Independence Day was celebrated at Aravana Business Destination. On this occasion, the chief guest DSP Gopalsingh hoisted the flag.

Director of Aravana Hasan Paliwala informed that, addressing the ceremony, Deepak Parihar of Aravana put some light on the importance of freedom. On this occasion, Hathipol area and Aravana's businessmen and many other people were present. On this occasion, they prayed for peace and tranquility in the world. The program was attended by a number of officials including Shabbir Paliwala. A day before, Aravana Business Destination was decorated with magnificent lights.

I-Day celebrations in Geetanjali



Udaipur: The 70th anniversary of Indian Independence was celebrated with great respect and fervor in the Geetanjali Medical College and Hospital. Ankit Agrawal, Dr. Kishore Pujari, Dr. FS Mehta, Dr. GL Dad, and other head of departments with employees were present. The program commenced with flag hoisting which was followed by cultural and patriotic activities.

70th Independence day celebrated in MPUAT



Udaipur: 70th anniversary of Independence Day was celebrated with great zeal and fervor in the premises of Maharana Pratap University of Agriculture and Technology of Udaipur last week. Vice Chancellor Professor Uma Shankar Sharma hoisted the flag. In his message Prof. Sharma thanked to freedom fighters and patriots who got us the freedom seven decades ago.

Tricolour hoisted in Narayan Sewa Sansthan



Udaipur: On the occasion of 70th Independence Day last week, Smt. Kamla Devi and Prashant Agrawal hoisted the tricolour in the Ankur Complex while Shri Kailash Manav unfurled the flag in Manav Mandir premises of the Narayan Sewa Sansthan of Udaipur. In Sewa Mahateerth of Badi, Dr. AS Chundawat hoisted the flag to salute the freedom of the country.

Programs were attended with full respect by members and others.

I-Day celebrations in HZL

Udaipur: The main area of the main office of Hindustan Zinc Limited witnessed a spectacular celebration of freedom. Chief guest corporate finance controller Hemendra Sharma unfurled the national flag in the gracious presence of all employees and their family members. People turned out in huge number to thank their respect to the hard-earned freedom. Sharma also thanked all the freedom fighters whose efforts got us the freedom.