

ROYAL HARBINGER

Weekly

PAGE 2 : And Actress Pritika Choudhary felicitated with 'Humlog Awards' PAGE 3 :Sexual Offences Awareness Program organized in Udaipur



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45th National Safety Week celebrated in WCL

Udaipur. The closing ceremony of the 45th National Safety Day was held at Wonder Cement Limited RK Nagar, Nimbahera. On this occasion, President (Works) SM Joshi welcomed chief guest Deputy Chief Inspector (factory and boilers), Chittorgarh J.R. Gautam. Staff, officials, workers, contractors and workers participated in the event. Electrical Engineer Nilesh Mishra sworn employees and workers to safety and security. Chief Security Officer Ashish Mukherjee informed everyone about the work done by Wonder Cement Ltd in the field of safety in the year 2015. On this occasion, JRGautam detailed various aspects of security and all employees in the past year is not any reportable accidents and zero accidents also congratulated the project in time. The scope of the misuse of mobile phones informing the government about it shortly, he will take steps to ban the practice in the field of mobile. SM Joshi said that if we do our work safely, which saves time in 16 months that we will follow the rules of safety to build a new plant to be certified. He said that security is the responsibility of every person. Joint President, P & D CS Sharma also urged to follow safety rules. Safety Week slogan contest, poster contest, quiz, debate and all the participants were awarded. Chief Financial Officer Jaideep Shah gave vote of thanks and the program was conducted by Narendra Bhatt.

Eye check-up camp organized at UCCI

Udaipur.Udaipur Chamber of Commerce and Industries (UCCI) conducted an eye check-up camp in association with ASG Eye Hospital. A total of 200 people were benefitted in the camp by getting their complete eye check up by expert doctors of ASG Eye Hospital, in which the expert team of doctors examined cataract, eye obliquity,pediatric&oculopasty through modern machines.

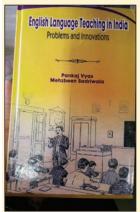
President Shri VP Rathi said that due to today's-busy lifestyles, most working individuals do not go to hospitals for eye check-up. The objective of the camp was to provide medical advice to such individuals.

The song of 'Brahmotsavam' filmed

Udaipur. South Indian film superstar Mahesh Babu and popular actress Samantha starrer film Brahmotsavamwas shot in the Lake City on Tuesday. A song was filmed on Lake Pichola on Tuesday. The film will be shot for two days in various idyllic locations of the city. According to the reports, the unit of the film being directed by Srikanth arrived in Udaipur on Tuesday and the song was shot on the new bridge of Lake Pichola. The shooting saw superstar Mahesh Babu and actress Samantha. The crowd of admirers sprang on the shore of the lake.

Book Launched

English Language Teaching in India :Problems and Innovations



English has a status of associate language, but in fact it is the most important language of India. After Hindi it is the most commonly spoken language in India and probably the most read and written language in India. English in India is used not only for communicating with the outside world, but also for inter-state and intrastate communication. Keeping in view this use of English

Language Dr Pankaj Vyas, Associate Prof. in S.S.College of Engineering, Udaipur and Dr Mehzbeen Sadriwala, Assistant Prof. in J.R.N. Rajasthan University, Udaipur come out with a book under the title: English Language Teaching in India, Problems and Innovations. This book is sure going to serve all the students of English Language and open the new door of learning even to non-English students. English is progressively being deemed as a 'must-know' language in India. It is rather intriguing to observe that in a multilingual country, regardless of official language policies designed to support the use of regional languages in educational contexts, English is in fact used in all the areas of everyday living in the country. It is the language of administration and education, and furthermore jobs in India continue to require fluency in English.

Vatika Owners meeting held

Udaipur. The Vatika Owners Association of Udaipur held a meeting on last Sunday to discuss several issues related to taxes and regulations. All vatika owners demanded that Municipal Corporation should not levy city development tax from the vatikas developed on agricultural lands. More than 50 people attended the meeting.

Rajkumar Taya, president of the association said that there is no where mention of obtaining development tax on the properties developed on agricultural land. Secretary Devnarayan Dhabai has said Vatika Owners are paying heavy annual fees as a license fee to Municipal Corporation. He said that Vatika on agricultural land are permitted to register in UMC, so it is not correct to ask for city development tax.

Other topics discussed in the meeting include park-

ng and cleanliness.

People make things possible

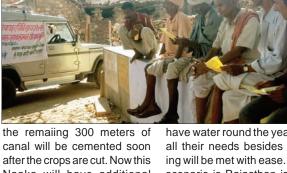
Udaipur: Mukhyamantri Jal Swawlamban campaign these days is being heard everywhere. This campaign is making things better in all marked villages across the district. The implementation of the campaign is being done at a swift pace taking all the agencies and help groups into consideration. Each of the agencies and people involved are targeting to complete all the water storage and related tasks by June 30 which is the date set. This will ensure that all the measures being taken to conserve the rainwater in coming season become successful.

From ground level worker to top officials, all are constantly monitoring and working round the clock for the success of this mission. The project not only is an ambitious attempt by the government to provide



enough water for all needs but it also aims at improving lives of people. Earlier in the Baara village of Girva circle, a naaka was constructed with dimensions of 140 x 8 x 12. It used to collect the rainy water from a 14 kilometer square of area. The capacity of the naaka was about 5.5 lacs of liters but now this naaka has been filled with the soil that used to flow in with

Now after all the hard work from volunteers and government suppor, the dam is now getting a good shape and increased capacity. Now this Naaka of Baara which stands rennovated and upgraded with capacity is all set to quench the thirst of not only adjoining areas but also of nearby places. a small canal of 900 meters will help along. 600 meters of the canal is already concreted while



the remaiing 300 meters of canal will be cemented soon after the crops are cut. Now this in Naaka will have additional scapacity of 500 cubic feet which could not only be possible due to consolidation of the dam and construction of the canal. The greenery around will further ensure that people come here for tourism as well. Tribal people are very pleased to see this dam in function. They now will

have water round the year and all their needs besides farming will be met with ease. Such scenario is Rajasthan is very promising of course. The main reason why such examples are making history is because people have taken things in their hands. The public participation has been unprecedented. Earlier where people used to stay away from public works, now they are taking full inter-

est and taking charge of their things. Home minister in a review meeting recently acquired the feedback of the campaign while secretary in charge Ravishankar Shrivastava stressed upon pushing the activeness towards the campaign. District collector Rohit Gupta further instructed officials to imnspire more people for more participation.

Rajkumar Rinvas has also asked to expedite other water conservation projects in forests for more water storage. With general public, even army is participating in water conservation activities which is further motivational to the people.

The success of the Baara dam (Naaka) is an example of how aware public can bring in the difference and with the help of administration can bring the sea change in life.

International Astrology and health seminar held

Udaipur: In Geetanjali University a two day 2nd International Astrology and Health Seminar - 2016 was inaugurated on 12th march with Joint Collaboration of Dev Varun Shodh Sansthan and public Society alongwith Geetanjali University. The Chief Guest of the programme was Kiran Maheshwari The Cabinet Minister Phed Government Of Rajasthan Dr. R. K. Nahar has presided the ceremony. The Progarmme Began by a song 'Padharo Mahare Desh' Sung By Kopal Sharma. Later Chirag Trivedi and Hitesh Sharma chanted some mantras. Samrika was Inaugurated an there by the guest present on stage. The president Pandit Bhatt in his speech said that there in a great role of over thought in Diabetes, cancer and heart disease. Astrology research is needed in this matter. We are so mush dependent on materialism that we by touch screen, new car but we do not take care of our meal hence invite diseases. This will not be



done by analysing one kundli but many kundlies will be needed to analyse to know that some specific disease enters because some specific planets in Chaktra

Chief guest Pandit Ratan Vashishath said that measurement of cosmic rays and the truth of Planets is necessary to be know. Vice Chancellar said that various changes could be brought by joining new aspects, technologies and new experiments with astrology and medical science. In 1st technical session of the Programme Surendra kumar, Mamta, Goutam, Pankaj Nalwa and

chetan Sharma spoke on the predications of diseases on the basis of astrology. Surendra kumar mohanti told the processe of forecasting diseases by the effect of harmful rays. Mamta Goutam told details of Chakras. Pankaj Nalwa spoke on yog by planets position and diseases upcoming. Chetan Sharma From Delhi Told That There Are 3 Types Of Diseases Physical mental & Spritual. Ultra Sharma Presided this Session. Then Olga Capalco From Masco spoke about acute situation In medical Astrology . They told about all the planets By Energy. In the 2nd Session Aditya

Form Ahamdabad, Suman Sharma Form Allahabad, Namita Nigam, Sheela Prasad. Keval Prasad Rajgor form Dwarka, Rashmi Devlase and Rohit Sharma presented papers on the impact of Astrology on cancer.In the third season Rakesh Soni from Jaipur, Anil Gupta, Amit golambe, Dr. Suryakant from Mumbai and Bahrat sardana from Delhi spoke on the subject astrology and mental disability. In the 4th season Rajesh shrivastava, A.K. Verma and Puja jain read papers on Diseases causing through vastu.

Bindar questions work method of officials



Udaipur: Questioning the working method of officers, MLA Randheer Singh Bhindar said that as soon as a question is raised in the assembly, the officers start working for release of payments. He asked if for each of the matters, people will have to wait for the assembly session. The MLA from Vallabhnagar actually had raised the issue

of balance amount of construction of toilets under the Swachh Bharat Mission. Countering Bhindar, the Panchayati Raj minister Surendra Goyal informed the assembly that there is no money pending to be paid for the Bhindar area. Bhindar again asked if for each payment, the assembly session is needed. He added that as soon as the question is raised, the payment is done. Assuring the MLA, Mr. Goyal said that now this will be taken care of in future.

17th mass wedding on Mahavir Jayanti

Udaipur: The sixth Mahakumbh of Sakal Jain Samaj will be organized by Shri MahavirYuvaManch on 18th and 19th April on the occasion of Mahavir Jayanti. The Institute's main patron RajkumarFattawat said the upcoming Mahavir Jayanti April 19 Sakal Jain Samaj Mahakumbh will be held in which 1 million people of Jain faiths would attend and along with this, on April 18, the 17th mass wedding ceremony will be held at the society in which more than 25 couples will tie the knot. The two-day event on April 18 at the grand procession where the groom and brides separately trestle astride the wedding site will go. After the grand archway and varmal collective devotion evening ceremony will be held. At midnight, the first freestanding pavilion will be completed in the marriage ceremony. Janamkalyan Mahotsav on April 19 grand procession of Lord Mahavira and the entire society under one roof SwamiVatsalya ceremony will be held to honor specific individuals and society.

Himesh Reshammiya visited Ajmer sharif

Himesh Reshammiya visited Ajmer sharif with Farah karimaee to offer prayers for success of Teraa Surroor . Himesh visited Ajmer sharif last time to pray for the success of Aap Kaa Surroor and was surrounded by fans who made his entry to the Dargah impossible and he had worn a burkha and took blessings which had created a huge controversy, this time again also Himesh visited Ajmer sharif Dargah with Farah karimaee to pray for the success of Teraa Surroor but has decided that he will not commit the mistake he did last time, Aap Kaa Surroor became a huge hit and Himesh wants to get blessings for Ajmer sharif Dargah again for the success of his latest film teraa surroor which releases this Friday The producers T series and HR musik have already covered the cost of the movie and are in profits through sales of music rights, satellite rights, Indian theatrical rights, overseas rights , dvd and Internet and other rights but Himesh wants the film to be loved by the audience as well and we are are very happy

with the way the movie has



shaped up said an excited Shawn arranha who directs the film ,Himesh who has given music for 120 films and 650 super hit songs as a composer is on a high with the release of teraa surroor as this this is his 10 th film as an actor and

100th film with t series .said Shawn who is very confident of the product . Teraa suroor stars Himesh Reshammiya, Farah karimaee , Naseeruddin shah , Shekhar Kapur , Kabir Bedi , Monica Dogra , shernaz Patel and releases on 11th March.

New Vice Chancellor of MPUT: Prof Sharma

Udaipur : Professor Umashankar Sharma, assumed office in traditional way as VC of MPUAT, all top officials of MPUAT were present atthis juncture.Prof Sharma while thanking Governor of the state and chancellor of University said that his priority is to develop financial condition of farmers of Mewar. Vice Chancellor said that he will avail all new researches and information to the farmers as early as possible. While discussing about university's issues VC said that there are several vacant posts which in university which need to be fill. He also talked about the problems of pensioners and said that he will resolve it. He assured pensioners that the formality of Ioan from Bank of India



is on its last stage and hopefully state government will also provide guarantee. Dr Sharma was former professor of entomology; he studied in MPUAT and later served there.

Dr Umashankar Sharma was also honored Fellowship Award from Common Wealth Education and Management administration. He was also honored by Governor of Gujarat, Dr Sharma extensively contributed in number of national and international events related to research and education representing MPUAT.

The two-day camp on Women's Day concluded

Udaipur. A two-day camp was organized by Maheshwari Mahila Gaurav at Oriental Palace Resort to teach the tricks of staying healthy. President of the society, SaritaNyatiinformed that the camp was organized in the leadership of KaushalyaGattani, andneurotherapist Dr Karan Singh informed the women to stay healthy in the body to be given about the

pressure point in the detail, so that the pressure of those women at home through his point can prevent diseases.

Shiva temple on the occasion of the musical evening was organized worship. All devotees who come to the evening drinks, fruit-fruit and water were distributed. The members concluded the camp by donating blood.



Entertainment, Tech & Business

Royal Harbinger Being a fair Media

From reporting news as it is to delivering verdict, media has come a long way. There was a time when news used to be very important part of the day and people would spend that one hour in front of TV or beside a radio set to know what was happening across the world. Now we have 24 hours running channels. There are hundreds of such channels which serve you news

in various colors and tastes. The reporting, unlike earlier, today is very biased and as a Editorial unlike earlier, today is very biased and as a balanced listener, you will get a clear idea what exactly the anchor is trying to make you believe. The conviction with which the news

is delivered has a strong impact on the listener and they begin to believe the idea being floated. But now these days so many channels are being aired and most coming with one side or other of the issue, people have started labelling channels with political parties. And this is done by the people who find news opposing their party. One news against your political party and people start a campaign to label the news channel as biased. Well, all this is not good at all for the healthy social and political environs of the county. A news channel is generally aired across the world and entire world sees what's happening in a country. And when it's India, people take plenty of interest. If one channel is laying a positive growth story of the government another is questioning it, it does not help the cause of India that needs investment and for which a positive framework of trust and sustainable growth is needed. True, that media must highlight all the wrongdoings, corruptions, and exploitation in as it is color but the same time, the same media also must showcase a growth story of the country. Media is a very powerful tool to keep people informed and aware. It must understand that if they keep on painting one-sided story of the matter, soon people will start ignoring it. Each story should be a balanced one. All important questions must be asked and answers must be presented without any coloring. Today the youth is very smart. Any lie would nose-dive in no time. Also the analysis that these channels present cannot fool people for a long time. So anyways the truth will come out and then the channel that doctored the image of any incident will lose all the credibility. In the wake of recent JNU developments, it has been proved that media can be important tool but at the same time some channels that allegedly played fake videos have lost their credibility. There could be a bunch of people who would have liked these doctored videos but people at large felt cheated. Its time media takes the responsibility and stop conducting media trials. Reporting should be clean and simple without any coloring. Let the people see and decide what exactly should be the takeaway.

VODAFONE INDIA EXPANDS ITS 4G SERVICES

Vodafone India, one of India's leading telecommunication services provider, today announced the expansion of its next generation, high speed 4G network in Mumbai to the residential and business corridors of Thane and Kalyan district. On Feb 10, Vodafone had commenced the roll-out of its 4G services in Mumbai and since then has been gradually expanding its coverage across the entire city in a phased manner. The roll-out will be completed across all parts of Mumbai including the Eastern suburbs & New Mumbai license areas by end March 2016. Besides Mumbai, Vodafone 4G services are already present in

Kerala, Karnataka, Kolkata and Delhi & NCR. Built on the efficient 1800 MHz band, this state-of-the-art network will enable Vodafone 4G customers to access internet via mobile with speeds across a range of smart devices including Mobile Wi-Fi& dongles. Vodafone 4Gservices can be readily accessed from 4G enabled handsets. Vodafone 4G will significantly enhance the mobile internet experience for customers with faster download/upload of videos and music, seamless video chats and will also facilitate greater ease in using their favorite

apps. Customers will also adore features like high definition video streaming, mobile gaming and two-way video calling. Vodafone's 4G service in Thane and Kalyan district of Mumbai is built on a strong fibre backhaul of 100G, and is supported by its superfast 3G services on a new and modern network. With this launch, Vodafone is now uniquely positioned to offer in Mumbai, 2G/3G/4G services on its own state of the art, convergent radio technology. Leveraging its global network and experience, Vodafone is also the first and only telecom service provider to currently offer international roaming on 4G to its India customers visiting Ireland, New Zealand, Czech Republic, Greece, South Africa, Albania, Hungary, Italy, Portugal, UK, Germany, Romania, Spain and Netherlands with many more countries to be launched in coming weeks. Vodafone 4G services are present in 5 circles of Kerala, Karnataka, Mumbai, Delhi& NCR and Kolkata, which today contribute close to 50% of Vodafone India data revenues.

Awareness on inculcating a Zero Harm **Culture, during National Safety Week**

Udaipur: Vedanta Limited, India's only diversified natural resources company observed the '45th National Safety Week' across its operations. The weeklong activity, from 4 - 10th March, 2016 highlighted Vedanta's priority towards the safety of the employees and inculcating a zero harm culture.

"Safety is an imperative to Vedanta's vision of long-term sustainable development as well as crucial to maintain the 'Licence to Operate'. The importance of a zero harm workplace from business, leadership and human perspective is critical and the company follows global benchmarking standards in terms of adhering to safety procedures, work environment and safety infrastructure. Every business leader must be passionately committed to their workforce's safety," says Tom Albanese, CEO, Vedanta.

Safety is a core value and a part of the company's long-term business goals. In FY15, the company imparted over 750,000 hours of safety training to employees and contractors. The Lost Time Injury Frequency Rate (LTIFR), a unit of measuring productive time lost as a result of worker injury, reduced substantially from 0.54 to 0.46

All Vedanta's companies have adopted a robust approach to hazard identification and risk assessment studies, which is conducted phase-byphase. In terms of certification, 45/52 sites of the company are OHSAS 18001

Key Highlights of the National Safety Week: The company's aluminium operations in Lanjigarh (Odisha)organiseda 'safety march' and urged all the workers to make safety a habit. Around 1,300 students in the area participated in Safety-themed competitions, promoting the practice among the country's future leaders.At the operations in Jharsuguda (Odisha), employees participated in safetythemed quiz competitions to highlight its importance.

At its aluminium operations in Korba (Chhattisgarh), BALCO, organized a marathon or a 'Run for Safety' to mark the event. A special workshop on safety for women was also conducted. Street theatre, safety themed quiz and informative seminars were organized to spread the message among the workers and their families. Cairn India, in Rajasthan, marked the National Safety Week by stressing on the importance of 'Strengthening safety movement to achieve zero harm' through various competitions and screening of films. Vedanta's Sustainable Development Framework guides site teams to consider employees and contractors when developing their management systems. When it comes to workforce safety, there is no difference between a contract worker and an

employee.

FOR BEAUTY MAGAZINES

Bollywood is the sobriquet for the hindi language film industry, based in Mumbai. The term is used as to refer to the whole of Indian cinema. Raja harishchandra (1913) is known as the first silent feature film made in india but the first sound film was alam ara which was released in 1931.

And then, a need was felt to honour the people for their excellence in cinematic achievements, as a result 'the times group' started filmfare awards in 1954 to honour both artistic and technical excellence of professionals in the hindi language film industry, which is one of the oldest film events in india, In which only 5 awards were presented at the starting. But with time, the categories had grown upto to 37. With time, a total of 9 award functions are being held now, which are as follows: -Screen Awards, Stardust awards, Apsara awards, v shantaram awards, Global Indian film awards, Zee cine awards, international Indian film academy (IIFA), Times india film awards (Toifa) including filmfare.

All the technical persons, are being honored during all the award functions, but till



now, the category for best hair and makeup artist had not been introduced in any of the award functions inspite of "IIFA" awards which has only make-up catego-

Like other technical people, hair and

make-up artist had also played on important role since the first Indian film had been made. Their contribution to create a beautiful and screen appealing face can't be ignored and till now, many make-up and hair artists had created stunning and beautiful looks Indian for the whole film frater-

On the other hand, Oscar award which is the oldest and biggest film award function had been honoring hair and make-up artist since 1981 for their outstanding contribution in cinemas.

Why till now, hair and make-up artist are not being given their due for their hard work and passion which they put on making a hero and heroine like fairy tale char-

Their contribution is also as important as any other technical teams. A movie is incomplete without them, they makes a normal looking person a superstar, an old person, an ugly person etc. so, we now demand that with the padma awards, a hair and make- up artist should be honoured for their contribution in film fraternity awards too.

And we congratulate the team of hair and make-up artist (Damian martin, Lesley varderwalt and elka wardega) for best hair and make-up design for 'mad max- fury road' at Oscar awards 2016.

STEELBIRD DISTRIBUTED WOMEN HELMETS ON THE IWDAY

New Delhi: Steelbird Hi-Tech India Ltd reckoned as one of the top class helmet manufacturer company across globe with various appreciation and achievements recently participated in CSR activity to motivate women safety on 8th March, 2016. On the occasion of International Womens day, Steelbird helmet India distributed a bulk of exclusively designed women helmets to women riders. The company has always been in a buzz of striving ahead to boost women safety and always indulging in activities associated with safety of men and women riders.Mr. Shailendra Jain, Group Head-Sales & Marketing (Steelbird) Said: "It is an initiative taken by the company. As a leading manufacturer of ISI helmets, it's our social responsibility to create awareness amongst two-wheeler riders especially that of the female riders who are majorly neglected when it comes to safety. We want people to give first priority to their safety



specially the young girls & boys thus we distributed helmets to women riders who ride without helmet or feels that it is not mandatory for them because they are women. One should always wear quality helmets bearing ISI mark, a standard setup by the ministry of Road transport & This initiative started from the

Steelbird's Head Office and later on extended to other areas of Delhi comprising various lady riders. The helmets were given to the Lady Police of Ashoka Nagar Thana, Traffic Police for their Wife/daughter/sister. The helmets were then also despersed at India Gate focussing on the common ladies driving two wheelers unescorted by an ISI helmet or any safety gear.

Steelbird Helmets is a pioneer in the field of quality helmets which provides extra safety features surpassing the standards set up by the

Krushna Abhishek shoots for Jhunjhunaa

Vanshmani Sharma and Kamal Kishor Mishra of Rock Mountain Productions kept the shoot of their debut film Jhunjhunaa at Filmcity, Mumbai .Krushna Abhishek who is busy in comedy shows has signed this film as main

lead.Himani Shivpuri Mushtag Khan, Mukesh Tiwari and Rakesh Shrivastava came for the shoot. Songs are written and composed by Praveen Bhardwaj.Manoj Sharma is the director of film .Krushna Abhishek and other cast were shooting for a court scene.

TCS Recognized as a Leader in Manufacturing

Mumbai, Tata Consultancy Services (TCS), (BSE: 532540, NSE: TCS) a leading global IT services, consulting and business solutions organization, today announced it has been recognized as a 'Leader' in the IDC MarketScape report, "Worldwide Manufacturing PLM Strategic Consulting 2015 Vendor Assessment." IDC MarketScape assessed ten vendors with annual revenue of at least \$1 billion that offer strategic consulting for a portfolio of PLM processesat customer sites. The reports highlights TCS' strategic consulting experience and capabilities encompassing PLM process design, product costing and engineering, manufacturing collaboration, and PLM training and enablement.

And Actress Pritika Choudhary felicitated with 'Humlog Awards'

Mumbai.'Humlog', a social institution, initiated by Mirachandani organized an award function at Radio Club.Colaba, Mumbai, On the occasion, the Actor, Singer producer, director, Music Director Santosh Sawant and actress Pritika Chaudhary were awarded

for their upcoming film Jhamela. Jhamela is scheduled for release on 8th April 2016. Santosh

Sawant a.k.a. 'Pawa' as known in the film industry hails from Kolisare in Ratnagiri. Mumbai beckoned him to try his luck in the tinsel town. Having

his love for music he cut his first music album titled 'Voice of Art', which was released by T-Series. This bolstered his spirits and went ahead to make a Hindi feature film Jhamela. The film is a cultural biography and the life of an individual associated with folk music base on true events. The main protagonist is played by Santosh Sawant alias 'Pawa' and

Pritika Chaudhary in the lead roles. The film has travelled to various festivals like Cannes Film Festival, Toronto International Film Festival. Melbourne Film Festival, etc. The film had a special screening there and was appreciated and

> applauded too. On receiving the award social institution. Hum Log, filmmakei Santosh Sawant said, "This is a special moment of happiness for me. I

have been honoured at all places for my film. The film is slated to release on 8 April 2016. I would want the audience all over to like the thought of a guy coming from a small village on the silver screen and appreciate the film and its stars so it will bolster our spirits and strengthen us to do better work

Glitz and Glomour at Golden Achiever Awards

Achievers from various fields including Cinema, Television & Media were recently felicitated with the GOLDEN ACHIEVER AWARDS & the AIAC Awards for Excellence (in various categories) at a glittering gala organized by senior journalist turned entrepreneur Abhishek Bachchan at THE CLUB, Mumbai. The agenda of the conference on "Individual Achievements & Nation Building" was to honour men & women from varied fields such as Real Estate, Industry, Education, Entrepreneurship, Healthcare, Social Work, Philanthropy, Creative Arts, Service, Astrology, Media and Performing Arts et el with the AIAC Awards for Excellence in their chosen vocation. The Jury comprising of Anil Dhawan ,Dheeraj Kumar,Mukesh Rishi, Anil Murarka, Baldev Singh Bedi, Kanwaljit Singh and Rakesh Bedi jointly felicitated the award winners. Prominent amongst those who were conferred with the GOLDEN ACHIEVER AWARDS (Contribution to Cinema and



Television category) were Dheeraj Kumar, Varsha Usgoankar, Kanwaljit Singh, Ravi Kishan, Tina Dutta, Rashami Desai, Nandish Sandhu, Sunil Pal, Indira Krishnan, Surendra Pal, Suresh Menon, Tinaa Ghaai, Shilpa Raizada, Tanisha Singh, Meghna Singh, Reeni Dhyani, Jaswir Kaur, Maushmi Udeshi Rashmi Pitre, Kanchi Singh, Baldev Singh Bedi, Rajiv Ruia, Shadab Faridi, Anil Nagrath, Kamya Punjabi, Prachee Shah Pandya, Gauri Tonk Sulagna Chatterjee, Yogesh Lakhani of

Bright Outdoor and Saundarya Garg. Other achievers who were felicitated with the AIAC AWARDS FOR EXCELLENCE in their chosen vocation included Dr. Minnie Bodhanwala (Health Care), Mayank Shroff (Cinepolis Cinemas), Waseem Akhtar (India News), Gaurav Dubey (Mid Day), Vikas Radheshyam Nation), Ranvir Gehlot (Mahanagar Mail), Rajni Panwar (Namaskar Duniya), Krishen Tiwari (Zoom Delhi), Dr. K.K. Kapoor (Cardiologist), Dr. Praveen Gupta (Neurologist), Pt. Jai Prakash Sharma (Astrologer), Aman Verma (Business) Vinu Shetty (Social Entrepreneur), Sanjeev Gupta (Outdoor Media - Global Advertisers) and Bhaskar Jha (HPCL).

Aircel launches 720 seconds of talk time for just Rs.5/day

Udaipur: Keeping in line with its commitment of 'doing a little extra', Aircel, one of India's most innovative telecom brand, launched a unique market-first Rs.5 recharge pack that would enable customers in Rajasthan enjoy 720 seconds of talk time every day in local and STD. Aircelcustomers in Rajasthan can now recharge Rs. 5 pack through paper recharge, ETOP or through USSD Dial *121*555# and enjoyunmatched and the most affordable voice calling rates across the state. With Aircel'sRs.5 pack, the first of its kind in the industry, customers now need not worry too much about STD bills and can connect easily with their friends and relatives across the country. Arvind Singh Shekhawat, Business Head - West, Aircel, said, "At Aircel we always believe in 'doing a little extra' for our valued customers and we're confident that this product will appeal to a large number of our users since they can now enjoy 720 seconds of talk time at just Rs. 5/day.

Finolex Industries held a record 60 Plumber Meetsacross the nation

Udaipur: On the occasion of World Plumbing Day, Finolex Industries Limited with a participation of approximately 3000 plumbers organized 60 Plumber Meets across the Nation. These meets were conducted in 26 states and 58 cities across the country. During the event, FIL appreciated the contribution of senior plumbers for their effort and dedication towards maintaining health and sanitation in the country. In keeping with the Prime Minister Narendra Modiji's agenda on skill development, the plumber meet focused on the importance of skilled plumbers in the country. Plumbers actively participated in these plumber

meets and expressed their



sentiments towards this initiative taken by Finolex Industries Limited. In order to support the plumbing community, Finolex Industries Limited will continue to plan and organize such meets in the near future. It is an endeavour of the company to provide support and better lives to plumbers. In Rajasthan, the company organized these

meets in Jodhpur, Udaipur and Sikar which was attended by 180 plumbers. The company expressed its gratitude for the work done by these plumbers and organized giveaways and games for them. Elaborating about the company's motive and plan on this occasion. Executive Chairman, Mr. Prakash Chhabria sent a video

message to all 60 plumber meets where he expressed his gratitude and thanked the plumber community for playing an important role in our Prime MinisterMr NarendraModiji's initiative of Swacch Bharat Abhiyaan. Speaking on this occasion, Mr. Prakash Chhabria, Executive Chairman of Finolex Industries Ltd. commented, "I am very happy to be standing here as we in partnership with Kushal CREDAI Pune Metro start our first batch today and release the training material. This day is significant considering that today is World Plumbing Day and being able to reach out to so many members of our plumbing community is heartfelt.



MLSU VC caught a student while cheating

Udaipur: OMG-A student caught red handed by MLSU Vice Chancellor while doing inspecting a college at Dhariawad. Udaipur. In addition to it three more students were caught cheating at centers where annual examinations are going on.

MLSU spokesperson Dr Kunjan Acharya has informed that Vice Chancellor Prof I.V Trivedi is very concerned and strict for the discipline during exams, so he himself joined the team of Checking Squad and conducted sudden inspection at Dhariawad Examination Center where he caught one

The flying team caught one student from Chittorgarh, one from Kushalgarh while one student was caught from BN PG College center while doing cheating.

Eye Check up camp by UCCI

Udaipur. UCCI had conducted an eye check up camp in association with ASG Eye Hospital.

200 people were benefitted in the camp by getting their complete eve check up by expert doctors of ASG Eve Hospital.

V.P Rathi, president of UCCI has informed that the camp was conducted specially for businessmen, industrialists and skill workers who are most of the time occupied in their work and unable to go for eye check up.

CSR @Wonder Cement

Wonder Cement Ltd. has organized a meeting on 9th March 16 to develop smart villages located near their plant in Nimbahera. Sarpanch of Panchayat Phalwa, Lasrawan, Facher Ahiran, Badoli Madhosingh, and Development Officer, AEn. Nimbahera were present in the meeting.

Shyam Sunder Paliwal who has developed smart village Piplantri in Rajsamand has shared his experience with all members, with the help of R K Marble and MNREGA scheme, the community has constructed toilets in every home, large scale greenbelt, watershed, waste disposal system in Piplantri. Awareness Program was organized by MotilalPaliwal and H S Jhala of WCL. Hemender Nagar, SDM, Nimbahera has advised all village Sarpanch to make model village like Piplantri. Health camp was also organized in village Lasravan, Nimbahera by Wonder Cement Ltd (WCL) in association with District Health Department on 12th March, 2016..99patients were benefitted in the camp. Dr. Sushil Rathore of Health Department and Dr. Vishwas Jain, Medical Officer- WCL have given services

10 crores for potable drinking water



Udaipur: The Municipal Corporation has made a budget of 10 crores for the provision of potable drinking water in the city. Corporation's Water Supply Committee meeting on Friday, Mayor Chandrasingh Kothari said that if the city has

water, the residents must also get the water for drinking. The corporation has allocated 10 crores in the name of potable drinking water. The water resource department plans to create a demand for them will be at the ward level. They will try to get back to work. If the department doesn't work, the corporation will work on a priority basis.

The corporation has taken this step at the suggestion of Home Minister Gulab Chand Kataria. Committee chairman RehanaGermanwala said that several meetings have been held with the department, but not provided for in wards have been improved. Commissioner Sidharth Sihag said that the work associated with Smart City and AmritYojana will be done on priority. Before that, the work would be doneusing the corporation funds. Mohsin Khan, GarimaPathan, Asha Bordiya, Pramila Chaudhry and Ex EnMukeshPujari were

Full diet @Rs 5 at Krishi Upaz Mandi

Udaipur: Poor farmers specially those arriving everyday from remote tribal areas to the Udaipur Mandi to sell their crops are benefitting at large by the subsidized lunch under the Kisan Kalewa scheme. Villagers can avail a full diet consisting of 8 chapattis, Dal and a vegetable curry along with a glass of buttermilk in summers while 50 grams of Gur (jaggery) in winters. The Krishi Upaj Mandi Samiti is providing the diet at subsidized rate of rs 5 per plate which originally costs them rupees 40 a plate." Large number of villagers arrive at the mandi premises daily to sell their produce. Manytimes women come with their little children and they have to wait for hours at the yard for their tractor or carts to get unloaded" said Bhagwan Sahay Jatav, the mandi secretary. "These are people who may not afford to eat at hotels or dhabas and therefore to benefit them the samiti started the Kisan Kalewa scheme to provide nutritious food at cheap rate" he added. The scheme has been much appreciated by the farming community and so far more than 29 thousand farmers have been benefitted of it. " We have spent 5.48 Lakh rupees to provide the food at the subsidized price. We are also trying to rope in donors from among the merchants for the smooth running of the sheme" Jatav said. Udaipur MP Arjunlal Meena who visited the Mandi recently supervised the quality of food and even had lunch with the farmers.

Home Minister Kataria inaugurates wrestling hall

Udaipur. Gulab Chand Kataria inaugurated a wrestling hall at Luv Kush Stadium The hall is situated at the first floor of the stadium. MLA Phool Singh Meena, Mayor Chandra Singh Kothari, social worker Dinesh Bhatt, Hemant Chajed, Dinesh Gupta etc were also present on the occasion.

Dance competition concluded

Udaipur: On the occasion of International Women's Day, a three day event was organized by Swami SharanamShikshanSansthan at SS College of Education, Jhamar-Kotda Road, Umarda. Various competitions were held under this event. The chief guest of the program was Institute director SubhashRajak, special guest was secretary of the Institute Smt. Ina Rajakwhile the program was conducted by Principal Dr Smt. VatsalaPadliya. The ceremony was attended enthusiastically by local women and they challenged all the teachers of the college. On the first day of competition, solo dance and group dance was held. Subhash dance on the occasion said that the way to express the rhythm, rhythm and balance is required in every section of society in the same way women should proceed to hold its own with the men.

Sexual Offences Awareness Program organized in Udaipur

This Women's day .i.e. 8th Mar 2016. Archana Shaktawat & Saroi Patel had organized an Open forum Discussion -"Pursuit of Equality" at Swami Vivekanand Garden Fateh Sagar. The organizers (Archana & Saroj) run a Voluntary Mission of educating and creating awareness among women about Sexual Offences. They conduct free sessions in various schools and colleges on Sexual Offences, laws related to it and precautionary measures that can be taken. Their motto is to make sure that every woman is aware about her rights so that she can raise her voice against any discrimination. They have been working towards this cause for 18 months and their vision is to make Udaipur a women Friendly and Safe city.

On this event, renowned and successful women of the city were invited to this event to share their success stories with the audience which included students from Faculty of Management Studies (FMS), Law College, MLSU,



(GMC), and Commerce College MLSU and from different professional backgrounds.

The guest speakers were: Preeta Bhargava, Superintendent of Jail, spoke about her achievements. She hails from a small city Dhaulpur and after 12th standard her father told her to discontinue her education. But, she refused to accept this and completed her graduation and post graduation through distance learning. After which, she volun-

now she is at this post. She encouraged girls not to give their dreams and work hard towards it. She also mentioned that she tries to motivate all prisoners to let go of their past and start life afresh.

Ragini Sharma, Renowned Lawver - she imparted a lot of Law related information on domestic violence. Dowrv and Family Disputes. She also spoke the amendments in Sexual Offences Laws post Nirbhava Case. She addressed the youth in the strength of the nation and if they want they change anything and everything. She motivated people to support women in all circumstances. She also mentioned that women need to get out of their cocoon, break barriers and succeed like how she and others guest speakers have done.

Dr. Madhulika Singh - She shared her story about her struggle to reach where she is now. She experienced hardship in terms of traditional restrictions of the Royal Rajput

Family but yet set a benchmark for her. She completed her medical studies from the USA post marriage and became a successful doctor. It always perturbed her that she was known as somebody's wife, mother or daughter. It was this compassion to have her own identity that made her excel in her field. She inspired women to have their own identity and encouraged girls to explore their strengths and outshine in that.

Nanda Chopra, Manager, SSBJ Bank, Udaipur - She's proud mother of three daughters and mentioned they are her strengths. She addressed the issue of Finance and how important it is for women to be financially independent. She imparted knowledge on why women need to have bank accounts and how they should invest their money.

Jyoti Chauhan - runs an NGO which creates awareness among women on Breast and Cervical Cancer. She spoke on lack of awareness among women about cancer. She mentioned that even women in their 20s need to know about this and should know how to self examine themselves. She spoke about how breast and cervical cancer are leading cause of death among women and the reason is late detection, lack of awareness and it is taboo. She said there is a cure for cancer provided women go for the cure. She motivated the youth to stop shunning these topics and start creating awareness about it.

People from the audience gave speech on Women Related Issues like Emotional Manipulation, Gender discrimination, Gender Equality, Measures for Women's Safety and Feminism. Various

thought provoking ideas and suggestions were put forward Students from various colleges got an opportunity to question the guest speakers. There were a few students who narrated poems on Feminism and sang songs on issue of Female Infanticides. We also had a Nukkad Natak on Honor Killing done by students of

Udaipur @

Girls Athletic Events At AITS

Udaipur: International Women's Day to give the message of Women empowerment, AITS successfully organized "Girls Athletic Events 2016" at Gulab Bag. In the athletic events various sports i.e. 200 meter Race, 3 Leg Race, Shot put, Discuss Throw, Spoon race were organized. Rohini got first position in the 200 meter race and Divya got second. In 3 leg Race Radha and Krishna got first place. Rohini Stood first in the shot put and in Disc throw lalita got first. Sh. Om Prakash Agrawal, Honorable Patron, Aravali Group of Colleges congratulate all the women faculty member's, staff and students on the occasion of the Women's Day and congratulated all the winners

Solar Power Plant to come up at Rana Pratap Nagar **Station**

Udaipur.Rana Pratap Nagar station along with 3 other stations of Aimer division will soon use green energy for their electricity needs as Indian Railways will be installing Solar power plants there.

Indian Railway Finance Corporation Ltd (IRFC) signed a memorandum of understanding with Ajmer division of North Western Railway for installation of eco-friendly solar panels on Tuesday. Solar power plant of 280 KWp would be installed

at Ranapratap Nagar, Marwar, Rani and Falna to cater to electricity needs of the rail premise with each station getting 70KWp Solar PV plant.

Rs 3.29 Cr, the cost of green project, will be borne

by IRFC under its CSR funds.

covered under the solar plant and was also developed using the CSR funds.

It may be noted that Udaipur station is already

Program on women empowerment held

Udaipur. A cultural program on empowerment of women was organized at Aishwarya Primary Teacher's Training School.

The chief guests of the program were RJ Ankit and TV actress Neetu Kachhara. The guests were welcomed by the principal Dr Qayyum Ali Bohra. Students of Aishwarya Education Institute presented various cultural programs focusing on the theme of women empowerment.

AITS organizes Girls Athletic Meet

Women's Day, Aravali Institute of Technical Studies far and wide. Journey from Seattle to Udaipur AITS) organized "Girls Athletic Events 2016" at Gulab Bagh. The event was intended to promote the mes- ues, in 1995, the Myers decided to gradusage of Women empowerment on the day special- ally try to shift their lives from Seattle (United ly meant for women. In the athletic events various States) to live full time in India. Claire was sports including 200 meter Race, 3 Leg Race, Shot just 6-year-old then. They came to Udaipur put, Discuss Throw, Spoon race were organized. Om in intervals of 2-3 months in a year, stayed Prakash Agrawal, Honorable Patron, Aravali Group in guest houses and made friends with the of Colleges congratulate all the women faculty mem- local people. In 1999 the family decided to ber's, staff and students on the occasion of the Women's make a permanent home outside the city, in Day and congratulated all the winners and partici-

A Sanctuary for street animals

Udaipur: Animal Aid is a vital rescue center, hospital and sanctuary for injured and ill animals too fragile for the streets. Situated at Badi road, some 15 kilometers away from the city, it is presently home for around 150 animals including dogs, cows, bulls, donkeys and pigs. The inmates are loved here as 'angels' and have more than 3 acres of land to roam, play, doze in and investigate throughout the day. An American family-Erika, Jim and Claire Abrams Myers are the founders and managing directors of Animal Aid. Serving animals is their life's passion and absorbs their attention full-time. Inspired by their selflessness, animal lovers from around the globe come here throughout the year as volunteers to render love and service to their mute friends. Entire expenses Udaipur.On the occasion of International are met by donations received from kind souls

> Enamored by the Indian culture and vala small village called Chhota hawala near Shilpgram. "We saw injured animals on the

roads and realized that there were no veterinary services for them. The govt hospital for the animals focused on dairy cows and goats and had neither facility nor desire to rescue un-owned street animals" Erika and Jim said. Animal Aid Unlimited was officially set up in 2002 and the first operating theatre, hospital and kennels were opened in 2003 with a staff of 7 including a vet, nurse, three rescuers, watch man and a cleaner. Animal Aid's vehicle moved around the city with the staff inquiring with the people if they have seen any suffering animal in their streets. Slowly awareness increased and people began calling at the helpline number to report about ailing animals. Claire started making classroom presentations in various schools to generate awareness among children about the importance of rescuing street animals. By 2013, she had addressed 100,000 kids. 50,000 animals rescued Animal Aid grew rapidly. Since 2003, their animal treatments have grown exponentially and by 2015, more than 50,000 animals have been treated. They have shifted from the original site which was very small to a rented 4-acres where 400 animals-250 who are under treatment and the rest in sanctuary, are housed each day and where 50 full-time staff members and volunteers from around the world take care of them. Animal Aid is growing speedily.

Tata crucible's maiden voyage to Udaipur - A mega success

The prestigious and much awaited Tata Crucible Campus Quiz is back with its intelligent format and stimulating questions to challenge college students across the country. The winner was from NLU institute in Jodhpur defeated 180 teams to win the Udaipur regional round of Tata Crucible Campus Quiz 2016 held at IIM Udaipur, MLSU campus. The winners will now battle against the champions from 8 cities at the Zonal level. The 12th edition of Tata Crucible Campus Quiz is a unique 20-20 game to be played on the basis of a 20 question Prelim followed by a T20 format final. The quiz that has now expand-



ed to 36 cities has numerous exciting rounds in the T20 format. These rounds are designed to test the contestants' speed of thought and endurance for them to battle out their way to the top of the leader board. The winners were awarded prize money of Rs. 75,000 followed by Rs. 35,000 for the runners-up respectively. The winners of the national finals will receive a grand prize of Rs. 5, 00,000 /- along with the coveted Tata Crucible Trophy. The quiz was hosted by ace quizmaster GiriBalasubramaniam, better known as 'Pickbrain' who through his questions kept the

contestants and the audience constantly engaged.

The students of IIM Udaipur facilitated the quiz in the city. Four teams from the institute secured a place in the second round of the tournament. The runners up, Sanish Samuel and Anand Desai were also from the institute but unfortunately the top prize eluded the institute in this edition. The city showed a bumper turnout of about 180 teams - one of the highest number in the country where the event is being held for the first time. The Tata crucible organizers have vouched to make this city a part of their itinerary in the subsequent edition as well.

Maharaja College surrounded in allegations

Udaipur. Serious charges are being made on Maharaja Collegebecause of predominance. Operations are claiming ChatarsinghRathore Maharaja College Education Committee Officer Dr Satish Sharma, Nagendra Singh and Ashish Harkawat college operations against the alleged multi-crore fraud. Chatarsingh said in a press conference on Friday that till June 30, 2015, Dr Satish Sharma was handling college management. According to the committee, the management was entrusted to us. We had given 4.5 crores out of 6 crores to Dr Satish, and the rest was to be given by March 31. Yet Dr Satish got us attacked by some goons. After complaining to the police, the police, instead of arresting them, hit me and my colleagues and relatives. Several people were injured.

Leveled serious charges

Other party Dr Satish Sharma said in press conference soon after that ChatarsinghRathore did not deposited the affiliation fees due to which recognition of the college was dented. He did not follow the terms of the MOU. To give as a wedding held in the campus without permission. Was attacked with anti-social elements. He also got the name of the college changed.

Aravali Cultural Week



Udaipur: Today was the closing of a Fantastic Cultural Week 2016 organized at Aravali Institute of Technical Studies.

Students participated in the cultural week on different theme with huge energy and entho. The poster competition was organized at Rajiv Gandhi Udhayan on the topic "Our Smart City, Udaipur" to float the message of the responsibility of each citizen to contribute in the direction. Sh. Om Prakash Agrawal. Honorable Patron, Aravali Group of Colleges congratulate all the winners and participants.

G D Goenka University Hosts First Edition of Inter -College Moot Court Competition for Law Students Gurgaon, With an objective to raise Chancellor, GD Goenka University

the standards of Clinical Legal Education in India, the GD Goenka University (GDGU), School of Law is hosting the first edition of GDGU Moot Court Competition scheduled from 11-13, March 2016 in the University premises. 132 law students from 44 colleges across 16 states of the country are participating in the 3-day competition which will be adjudged by prominent legal luminaries. Hon'ble Mr. Justice A.P.Shah, Former Chief Justice, Madras and Delhi High Court & former Chairperson, Law Commission of India will inaugurate the competition in the presence of Prof. Dr. Raj Singh, Vice-

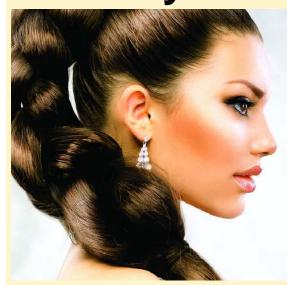
(GDGU), Mr Lalit Bhasin, Senior Advocate, Supreme Court & President, Society of Indian Law Firms, Mr. S Prabhakaran, Co-Chairman, Bar Council of India and Prof. Dr. S Shantha Kumar, Dean, School of Law. Moot Court Competitions, which are a mandatory part of law curriculum in all law schools today, offer a practical and application-based approach to learning of law. Participating institutions in the first edition of the GDGU Moot Court Competition dealing with the international law regime include leading colleges like National Law School Bangalore, National Law University Delhi, other National Law

Universities from Raipur, Gujarat, Assam, Kerala, and others. The competition is divided in four rounds in which the students presented their arguments on various cases before legal experts/judges from companies like AZB Partners BMR Legal, Deloitte, Lakshmikumaran & Sridharan, NGT & Supreme Court, SREI Infrastructure (Kolkata), Shardul Amarchand, Mangaldas, Khaitan & Co., Zeus Law and others. Speaking on the occasion, Dr.Raj Singh, Vice Chancellor, GD Goenka University, said "We at GD Goenka University believe in imparting practical knowledge to our students which will prepare them for the real life situations.

& Much More

Beauty secretes

Healthy Hair



Indian women are known for their beautiful and long hair. Many women complain of falling hair these days. Hair care is important if you want healthy hair. Pollution and wrong food habits can damage your hair. Always have high protein diet and zinc in young age to avoid hair problems in

I have seen that many people use oil daily to nourish their hair. But this is a wrong habit. Apply oil twice a week and at night only. Massage gently. Use lukewarm olive oil to massage your scalp. Steam your hair with hot towel in

Wash with mild shampoo if you have virgin hair. Always use good quality shampoo and hair mask for chemically

If you colour regularly, use shampoo and conditioner which is made for coloured hair only. Take hair spa in a

Antiseptic hair oil: 100ml olive oil, 50ml coconut oil, 50 ml mustard oil, mint leaves 10, been leaves 10, basil leaves 12. Boil these in an iron pan. Use a strainer to strain this oil when it is cool. Apply if you are suffering from itchy scalp, flaking or dandruff.

Hair mask: Egg 1, coconut oil 2 tbsp, henna one tsp, honey 1 tsp, coffee powder 1 tsp, mashed banana 1.

Mix everything. Apply all over and leave for 30 minutes. Wash with Luke warm water. Avoid henna powder if you use color. Every woman dreams to have healthy and silky hair. I hope this article will surely help to solve your hair problems.

ritu sodhi



Lost Paradise

Our ears thirst for the sound of feathers, All around we see a dull shade of brown and grey, All green and blue has become it's prey, A dullness untouched by the bright wings of the butter-

A silence unbroken by the humming of the bees we no longer spy,

Let's get our colours back

Let's get our music back, We have to wake up and rise to regain our paradise.

Prof. Mukta Sharma

Be organic with Kashish



ents. Mash properly. Add Hi readers. Quinoa is a oats in it. Now make fine super good which gives you energy and it is kebab

high in protein. Today I am sharing a very healthy and tasty recipe of quinoa. Kebabs are my all time

Ingredients: Boiled Queen's Quinoa 200gm, boiled kidney beans or rajma 200gm, oats 100gm, green chillies 2 finely cut, ginger 1 piece finely cut, degi mirch

powder 1 tsp, kitchen King masala 1 tsp, salt according to taste, refined oil 3 to 4 tbsp. Method: Take a big bowl. Add boiled quinoa, boiled and mashed rajma, green chillies and other ingredi-

> and round kebabs. Shallow fry in a non stick pan on medium flame in refined oil. Enjoy with coriander and mint chutney.

How to boil Quinoa: Soak quinoa in a bowl. Drain water after 30 minutes. Wash properly. For one cup quinoa take two cups of water. Microwave for 15 minutes or boil over gas till cooked.

MMPS Orchestra enthralls audience at MMFAA

Udaipur. 125 students of Maharana Mewar Public School swayed the audience on the Cultural Eve of Maharana Mewar Foundation 34th Annual Awards Distribution Ceremony -2016 at The Manek Chowk on March 5, 2016. The kaleidoscopic musical presentation incorporated pieces of Raag Bhopali, Yaman and Khamaj along with small bit of popular Hindi Film Music Om Namah Shivaay, John Newton's Amazing Grace, Tarana - E - Hind of Allama Iqbal and Mozart. The Musical Troupe consisted of 10 Vilionists, 1 Celloist, 5 Flutists, 3 Keyboard Players, 1Guitarist, 14 Sitarists, 4 Harmonists, 1 Santoor Player, 1 Mohan Veena Player, 10 Tabla Players, 1 Drummer and School Choir of 30 students.

Kumbhalgarh Festival celebrated with innovations



vilas janve

Udaipur: Organized by Rajasthan Tourism and District Administration, Raisamand and curated by Banyan Tree, Kumbhalgarh Festival (4th to 6th March,2016) was indeed a memorable Festival in terms of innovations. Recently Rajasthan Tourism has adopted the new symbol with new punch line "JAANE KYA DIKH JAAYE!" and this was realized during this during this Festival.

Since morning till night the campus of Kumbhalgarh Fort was fizzy with action imbibing a variety of interesting cultural activities.

Meditative Musical Mornings brought three different genre of Music, Folk Nirgun Bhajan by Shri Mahesha Ram Meghwal and his clan from Barmer, Haveli Sangeet by Pandit Chandra Prakash from Ajmer and Drupad-Dhamar Gayan by Shri Jyoti Swarup Pandey from Udaipur. All the three mornings from Friday to Sunday became very special with rendering of Devine music. Yoga sessions of Ms.Divya Naithani, Yoga Teacher from Mumbai were another treat for health lovers. Foreign and domestic tourists as well as local residents enjoyed practicing various Yogasans and also clarified their doubts. Both the activities took place in the courtyard of Yagya Vedi in befitting ambiance.

The Chief Guest of inaugural ceremony Shri Pravesh Kumar Salvi, Zila Pramukh, Rajsamand garlanded the Picture of Maharana Kumbha on 4 March morning which was followed by Lamp lighting and beating the Drum. The other dignitaries present in colorful Safas were Shri Arvind Sengva, SDM, Kumbhalgarh, Shri BabuSingh, Pradhan, Shri Mandhata Singh, Distt. Social Welfare Officer, Shri Goverdhan Singh Jhala, Secretary, Hotel Association, Shri Bishan Singh Ranawat, Sarpanch, Gavar, Smt.Kamla Joshi,Ex.Pradhan,Shri Kuber Singh Solanki, Secretary

Kumbhalgarh Heritage Society, Prithvi

Singh Jhala and Shri Premsukh

Sharma besides Miss Sumita Saroch,

Dy. Director, Rajasthan Tourism .

The visitors had Musical reception on Ram Pol by Dhanraj and his clan on Bankiya, Dhol and Thali. Those who climbed and saw the Fort Palace also experienced soothing music of Rawan Hatta by Ramniwas Bhopa at Bhairav Pol. This was a refreshing treatment for the climbers who set for a while listening to music. On Nimbu Pol it was again a surprising performance of Algoza by Ramnath Chaudhari who is also famous for his 6 feet long moustache. People not only enjoyed his performance but also had Selfy Sessions on cameras and

Day time performances included vibrant folk and tribal music, dances and indigenous performance to allure

Gavari Tribal Dance Drama from Mewar region had attraction of Elephant which moved forward and backward on the beat of Madal and Thali. Teratal from Gogunda displayed high degree of grace and skill. The Angee Ger from Balotara was centre of attraction for their huge size Red angees and vibrant dance to the beat of Dhol and Thali setting mood for Holi, the festival of colors, Garasia tribal artistes showcased triumph in Valar dance through energetic dance accompanied by Dhol, Thali Kundi and Bansuri. Bhavai dancer Dimple Athwal received grand applaud for her mesmerizing performance. Ghumar dance form Udaipur had elegant gestures. Master musician Ismail Khan Langa and his group from Barmer rendered melodious folk songs while Kailash Solanki from Pushkar displayed high skill on Nagada. Stalwart artiste Jumme Khan Mewati from Alwar was at his best with Bhapang vadan and Mewati folk songs. International Puppeteer Kherati Ram Bhat from Jaisalmer not only entertained children and elders with his scintillating traditional pup-

pet shows but also offered his services to teach puppet manipulating puppets. Pappu Bhat astonished viewers with his extinguishing art of 'CHHATAR KOTALI"

Tourists, students and professional artistes actively took part in Painting and Photography competitions curated by Dr. Vishnu Mali and Shri Rakseh Sharma Rajdeep. Winners got attractive prizes. Safa expert Shri Mahendra Singh Parihar gave demonstration of Safa tying to foreign and domestic tourist which was followed by interesting turban tying competition. In all nine tourists including four females from Canada, Austrelia, Dubai, Izrail and India received prizes and all the fifty participants were gifted Safas by the organizers.Well curated Kumbhalgarh Festival had choicest melodious music and debonair dance concerts in the evenings to allure the audiences from 4th to 6th March.

Taal Mewar, a choreographed performance included dhol,khadtal,bhapang,nagada,cholak,chang etc percussions. Famous artist Shri Rahul Sharma and his Band displayed highly melodious musical compositions and also had fusion with popular folk singer Shri Kachara Khan Mangainar.Shri Rakesh Chaurasia on flute and Shri Purbayan

Chatttarjee on Sitar had sweet jugalbandi on raga Hansdhwani. They were accompanied by Shri Ramkumar Mishra on Tabla. This group had melodious fusion with internationally acclaimed folk musician Shri Mehardeen Langa. Lok Chhanda productions presented MAHARAS (blending Kathak and Chau) directed by Smt. Maitryei Pahari from Delhi. Smt. Archana Singh, Collector, Rajsamand honored artistes. The concluding evening saw wonderful presentation of Odissi performance by Padmashri Madhavi Mudgal and her disciples. Ganga Stavan, Teevra Madhyam, Madhurasthkam and Moksh were highly appreciated. The popular Band performance of Sushimit Sen Chronicles from Delhi attracted youth present and energized

them to swing and dance. Kumbhalgarh festival was curated by Banyan Tree an event company from Mumbai who brought innovations with quality. The period of festival needs to be revised with appropriate advance publicity to make this Festival on tourism map of the world. Inclusion of traditional cuisine and games may attract more tourists in future. Long live Rajsthan Tourism and its new punch line 'JAANE KYA DIKH JAAYE'.

Activites @ The Junior Study school

The.Junior Study School was filled with laughter and also tears as it was time to bid farewell to 5th grade students. The 4th graders had prepared a lovely party for their friends. The day was started with poems followed by choir singing and dance performances. As a memory of the unforgettable years at The Junior Study the pupils were given mementoes. Also the o end the day, the children and teachers danced with big grins on their faces and enjoyed lovely food. Also a few tears were shed both by the students and teachers, as the whole event was very touching and surely never to be forgotten. pupils of the 5th grade had prepared certificates for their teachers. Above all The Junior Study pupils did a marvelous job in the 6th International English Olympiad. Maitreya Chaturvedi (class 1) was number 4 in the state and 4th in international ranking. For his excellent performance he received gifts worth Rs. 1,000, a Zonal Gold Medal, a Merit Certificate and a Participation Certificate. Harshith Reddy (class 1) was 12th in the state and 14th internationally. Harshith got gifts worth Rs. 1,000, a Gold Medal of Excellence, a Certificate of Excellence and a Merit Certificate. Shaurya Mehta (class 2) was 11th in the state and 11th internationally.

Annual Day Celebrated at GSS Public School

Udaipur: Former I.A.S. Sumiti Lal Bohara, while presenting the awards to the students of GSS public School stress the need to give education of global standard so that they may able to cope up with global challenges.

In a function organized at GSS good wishes to outgoing students from school were delivered by president sharad chand purohit at founder laxmi narayan pandya. At this juncture various culture programme were displayed by students. In a grand ceremony ex-students like Yogesh Salvi and Vinod Trivedi were felicitated.



Vote of thanks were delivered by HM Khushi Pandya.

The cultural event were based by theme Rainbow.

LX and VX in scooter range for the first time Udaipur. Hero MotoCorp

launched a new scooter Duet at city's authorized dealer VSS Hero. On this occasion, the company's official Vishrant Singh, director of VSS hero Satpal Singh, National Insurance Company branch managerDilipTalreja, Mohammed Sahib were present. Two vehicles were delivered on this occasion.

Director Satpal Singh explained that the new Duet costs Rs 48,900. The company has provided it with the external fuel filling, mobile charging points, boot light, multi-functional locking system and telescopic suspension. The mileage is 63.8 km per litre. It is available in six colours.

Cochlear implant operation @ mewar hospital Udaipur

ity disappear causing mental infection when he was just of 5, later he lost his parents. No one to take care off. There after sunil from village Hathai District Dungerpur was brought up by patidar Society in the village.society took pains to resolve his deaf problem. They visited various hospitals and consulted doctors thy told expenses of 12 to 15 lacks for treatment. At last Dr. Prakash Dangi from patidar society contacted Dr. Chagan, the ENT specialist, to operate kindly. Dr. Chagan operated the ear of sunil on 12th march successfully in mewar hospital at Bedla Udaipur. Dr. Manish chaparwal director of mewar hospital helped said Cochlear implants aim to provide useful hearing to children who get little or no benefit from hearing aids. Implants consist of an external speech processor and an internal component.To understand how a cochlear implant works it is first necessary to understand how hearing ears hear and process

Udaipur. His hearing abil-

sound. In hearing ears, sound waves cause changes in air pressure in the canal, which make the eardrum vibrate. These vibrations pass into the inner ear, or cochlear, which is filled with fluid. The cochlear is like a snail in shape. If you imagine it rolled out, it resem-

the nerve to the brain where it is understood as sound. If the cochlear has damaged hair cells it will not be able to effectively change sound vibrations into an electrical current. A cochlear implant makes up for the lack of intact hair cells by placing an electrode array (with bles a piano keyboard in that several electrode contacts) it has low notes at one end and within the cochlear. This delivhigh notes at the other. All along ers sound and speech inforthe cochlear there are thoumation directly to the auditory sands of very sensitive cells nerve by way of small electricalled hair cells. When a sound cal currents. Unlike hearing is made the fluid in the cochlear aids, which make sound loudmoves and stimulates these er, a cochlear implant bypasshair cells to send a small eleces the non-functional parts of the ear and delivers small electrical charge to the auditory (hearing) nerve. This small trical signals directly to the electrical current passes along auditory nerve.

By the way: I am a woman

By the way, I am a woman, Woman of today. Woman who knows no boundaries. I don't have fears in my mind. I am ready to take risks. I have a family but I can walk alone. I am working to earn not only bread and butter but also luxurious items.

By the way I am a woman who is a fighter.I was considered as soft hearted and loving creature who can only take care of her family. But I never knew that I had wings ,with them I can fly high in the sky of hopes. One day I woke up and

found myself all alone, struggling in the battle field of life. I was a daughter, sister, wife and mother but I forgot the truth that first of all I am a human being who is made of flesh and blood. I am a woman who was cursed for everything. I was cursed to take birth. I was cursed to be born as a woman. I was humiliated several times for being born as a woman. I was scolded. My heart was broken when I started my journey. Wounds were not healed properly and blood was shedding whenever I took a step forward to go. Males raped my soul and females tried to

a new struggle for me. Was this my fault to be born as a woman?

kill me when I was unborn. Everyday become

From the very first day when I was born, I was struggling to find a way to be secure in life. I was not at all safe in all ages.

I was told not to go outside at nights, I was told to cover myself from tip to toe.

> It was not my mistake to take birth as a woman. I was not wished to take birth. But by the way I am born and by the way I am a woman now.

I want to fly high, I want to change this world. I have that potential. I have that power to make a better world.

I am a home maker, I am a creator. God has created me to spread happiness. I can create

life on earth. I am the ray of hope for today and future generation. Give me hope, give me power to think. Don't snatch away my

happiness by your remarks. Wisdom is my best friend and I believe in humanity. Make my journey smooth or I will make a road of dreams where everything is possible. Be feminity my weapon. Let me breath in fresh air of freedom. I want to be a woman, a woman of today. By the way, let me do whatever I want to do. Create a world for me which is comfortable, safe and free from worries. Let me live peacefully and let me die safelv.