



ROYAL HARBINGER

Weekly

PAGE 2 : Saroj Khan inaugurated Dada Saheb ...

PAGE 3 : Euphoria of Audacity just got bigger



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Prof.Chandalia invited as UGC Visiting Fellow

Udaipur : Professor Hemendra Singh Chandalia, Professor in the department of English, Janardan Rai Nagar Rajasthan Vidyapeeth University has been invited by Sambalpur University, Sambalpur, Odisha as a UGC Visiting Fellow. Prof. Chandalia shall visit the university from Feb 4th to Feb.20th and shall teach M.A. and M.Phil. students of Sambalpur University. He will also interact with the faculty and discuss research practices in the university. Prof. Chandalia has visited various universities as visiting professor twice before. He has delivered extension lectures and invited lectures in UGC Refresher Courses also. On 3rd Feb. he will deliver key note address in a National seminar at G.T. Arts, Commerce and Science College, Nandurbar, Maharashtra on the topic "Indian English Literature after 1990 : Issues and Challenges".



A spectacular tableau by LIC

Udaipur : Republic Day celebrations held at Gandhi



Ground Stadium saw various tableaux from district departments and institutions and the tableau by LIC, Udaipur Mandal was the center of attention for the audience. Udaipur Board said LIC Senior Divisional Manager Mr. BS Sharma Udaipur glimpse of the Board "cultural heritage protection with the full vision of Smart City" was based on the theme. In the tableau, while maintaining our culture of how to create a smart city of Udaipur city, conveying vast and beautiful model and pictures were presented.

Lakshyraj Singh Mewar celebrates 31st Birthday



Udaipur : Lakshyraj Singh Mewar, celebrated his 31st Birthday at City Palace. Many people including, friends, well-wishers and fans of Lakshyraj Singh wished him on his birthday. City Palace witnessed number of prominent people from tourism, social service, media, educationists and businessmen, who came to wish Lakshyraj Singh. Lakshyraj Singh also received hundreds and thousands of wishes online through his facebook fan page which has more than 150k fans.

Lifetime Achievement Award

Udaipur : Dr S.K Verma, President of Society for Microvita Research and Integrated Medicine (SMRIM), Udaipur has been honored with Lifetime Achievement Award by International Foundation for Environment and Ecology, Kolkata. Dr Verma received this highest honor in the field of Microvita Research and Integrated Medicine for his dedication and number of national and international level researches he did in last 35 years. Dr Vratika Jain, secretary of SMRIM informed that Dr Verma is also invited to address in an international conference going to be held in Coimbatore in March 2016.

Collector Gupta to be awarded

Udaipur : DM Rohit Gupta is going to be honored for his extra ordinary dedication and achievement under NREGA Project. Rohit Gupta will be awarded by Ministry of Rural Development on 2nd February celebrated as NREGA Day in a function at Vigyan Bhawan, New Delhi. Rohit Gupta has done outstanding work during his tenure at Pali on the post of District Collector. Gupta



specialized emphasized on Mahatma Gandhi NREGA Scheme due to which Pali District was named as 2nd best place to work for NREGA. Music Competition held on Republic Day Udaipur. Music competition was held on the occasion of Republic Day at Heritage Girls School, Eklingsji. The principal of the school Tulsi Bhatia said that the competition was held in solo and group songs. Gargi was the house winner in the competition. The judges of the competition were Kamlesh of Mewar public School and St. Mary's Prashant.

Brigadier SS Patil receives Shaurya Shiromani Award

Udaipur : On behalf of Janardanray Nagar Rajasthan Vidyapeeth University, Brigadier SS Patil made in their national construction and defense of the country by the School for the remarkable work "Shaurya Shiromani Award" was awarded. Chancellor Prof. SS Sarangdevot, Registrar Prof. CP Agrawal and patriotic poet Iqbal Sagar presented shawl, citation and memento. In his address, Brigadier addressed the students and while addressing the students said that more and more young people should contribute to nation building.

Delaying Gratification-its relevance in Effective Parenting

Tulsi Bhatia

As parents in the 21st century, we are dealing with the '2-minute noodle generation' that looks for instant happiness and solutions everywhere. I don't enjoy reading because I don't have the patience to reach the last page to know whodunit. When I can Google the last episodes of Master-chef Australia before it is telecast in India to know who won the contest, then why should I wait? I don't have to suffer through the commercial breaks when I'm watching cricket because I can switch channels in the meantime and watch something else.

Delaying gratification is a parenting technique of the yester years that has lost coinage today. Parents of today almost never tell their kids that they would buy them the bike or cell phone they yearn for, only if they did well in their exams. Today's kids are seated firmly on that side of the negotiating table where they cancel all the shots. Get it for me if you want me to do well, they say.

When Neha's and Rohit's parents can buy if for them, aren't you ashamed that you cannot?

These are statements that they throw at you. Kids today have their parents by the jugular. Do it or else! What if he does something to himself, is what



parents live in constant dread of. Also shocking is, how the word 'depression' is used so casually by people of all ages. "My daughter's been going through depression for the past few months," says the mother of a 16 year old. The girl flings the word 'depression' around every time she feels that there is pressure on her to perform, or if she is feeling neglected.

Do parents of today realize how serious a problem clinical depression actually is? Should it be a term tossed around so flippantly by parents, children and yes, to a great extent even child psychologists?

"Feeling depressed," again is a cue for the parents to give in to every demand of the child. The question now is, is being happy all the time so important? Should the onus of keeping children happy always be on the adults and

people around them? What happened to the old practice of keeping yourself busy and occupied, to be content. Reading, having a hobby, playing a sport, going for walks... don't these make people happy anymore?

Whatever happened to the good old 'ice cream treat that the family looked forward to on a good report card day?

Where are we going wrong with kids today? Definitely one of the culprits is what we do with them during this so-called quality time that we spend with the kids. The scenario in modern families is familiar... the mother of a toddler is busy with house work or on the phone with a friend and the baby who is not even big enough to sit on her own, is staring zombie-like at flitting colors on the television screen. A two-year old wants Dad to throw a ball to him and Dad promptly hands over his

mobile phone to junior to fiddle around with, to get him off his back. No one invests in bicycles anymore, and family outings usually mean mall-crawling. Gone are the days when families proudly listened to nursery rhymes being belted out non-stop by the preschooler. Today it is not uncommon to see him gyrating to Bollywood songs with lewd lyrics which, of course the child does not understand, and the whole family applauding admiringly.

Happiness is equated with gadgets, gizmos, KFCs & burger treats, designer shoes and fancy clothes delivered at the click of a button.

But gadgets become obsolete and designer clothes lose their sheen after a few wears. What then?

Yes, that is when and why 'depression-on-demand' takes over. Getting all the things they want, served on a platter is not a good parenting idea. No sir, it is not. Let them slog for it. They will value it more. It is not the end product, it is the process that is very, very important. That will bring them a sense of achievement, the joy of getting there at the end. The thrill of a job well done is a high, that all children have a right to experience.

There is no doubt that the children born today are more evolved than their

70's counterparts, but hello! They can still be brought up to be smart and sensible with their values in place. In fact with the right kind of upbringing, they can be super-achievers with high self-esteem!

Self-esteem is the key. As parents that should be our target. Children with high self-esteem have a winning can-do attitude. They are ready to crack that tricky Mathematical problem even if it takes the whole day. They enjoy activities that require creative thinking, getting their hands muddy, synergizing with buddies. They have no time to be bored, can spend quality time with themselves, make eye-contact when talking to people. Such children find it easy to make friends, are raring to go trekking, hiking and are ready and willing to share what they have with others.

And how can we instill high self-esteem in kids? Praise in public, reprimand in private: Urge them to take up challenging projects & complete them. Push them to learn something difficult. Don't over-protect. Teach them to earn money & save it. Give responsibility & make them accountable. Let your holidays be adventure journeys not luxury outings. Early to bed and early to rise still means extra time to do great things!

Happy Parenting!

Smart City: Nagar Nigam prepares for next and final phase

Udaipur : District Administration is gearing up after getting qualified for the top 20 Cities of India. Now Udaipur needs to get into the final 10 cities to get into the complete infrastructural make over.

Shahag said that "Udaipurites are very

supportive and cooperative, people here easily adopt new developments and features introduced by administration so that ease our work". Chandra Singh Kothari thanked the government for selecting the city, he also thanked people for their efforts and wishes.

When asked about Nigams priorities, Kothari said that safe drinking water, developing sewerage plants and maintenance of heritage buildings of the city are our priorities, besides that cleanliness will also be taken care off under the Swatch Bharat Mission.

Bharat Joshi Elected Bar Association prez for 4th time

Udaipur: Advocate Bharat Joshi of Udaipur has created history by winning the post of the president of Udaipur Bar Association for the fourth time. The elections for the Bar association was held on Sunday in which 1,598 votes were cast for 18 contenders for positions of the president, vice-president, general secretary, secretary, finance secretary and library secretary. Voting started at 10 am and continued till 2 pm. Contenders Bharat Joshi, Bharat Kumar Vaishnav and Praveen Khandelwal fought for the position of the president.

Results were declared in the afternoon in which Joshi won the post by securing 778 votes while Bharat K. Vaishnav and Praveen Khandelwal fetched 299 and 510 votes respectively. Advocate Gopal Singh became the vice-president

of the Bar Association by a difference of 32 votes whereas fellow contenders Arun Sanadiya and Vijay Singh Chauhan got 419 and 557 votes respectively. The post of general secretary was won by Ram Lal Jaat who secured 412 votes and defeated Ashutoshpuri Goswami, Praveen Gadiya and Om Prakash Barbar by 17 votes. Sheetal Nandwana became the finance secretary by getting 797 votes and beating Uday Singh Devda by 349 votes. Advocate Manish Khandelwal defeated Harish Sen and bagged the post of library secretary. In the 54 years of the existence of the Bar Association, four advocates were elected as the president twice. Jaswant Lal Mehta in 1962-63, followed by Durga Shankar Durgawat in the year 1965-66.

101 disabled and poor couples became life partner

Udaipur : Under the auspices of Narayan Seva Sansthan and Sewa Parmo Dharm Trust, 25th mass marriage of poor and disabled youth organized at Punjabi Bagh, New Delhi on January 30-31. Institute president Prashant Agarwal said that the marriage ceremony is held twice a year. In Delhi, this is the second time when 101 couples became each other's life partners. He also said that a huge dome in an area of 165x367 square feet has been built at Janmashtami Park in Punjabi Bagh where 100 altars for the espousal of brides and grooms have been made.



Lake City Press Club to honor personalities and journalists

Udaipur : Lake City Press Club organized a cultural evening on the eve of Republic Day.

Under this award ceremony, Pavan Kaushik, Dharendra Sachchan and Pankaj Sharma were honored and awarded by mayor Chandrasingh Kothari and

University Vice Chancellor Prof. By SS Sarangdevot. Also in honor of the young and energetic journalists Akhtar Khan, Ravi Sharma, Madhulika Chauhan, Mohammad Ilyas, Prakash Sharma, Arbad Pandya, photojournalist Rajendra Hiloria were also honored.

डिजिटल इंडिया एवं स्मार्ट सिटी

के साथ कदम से कदम मिला कर बढ़ता हुआ

अर्थ डायग्नोस्टिक्स



भारत सरकार की क्वालिटी कौंसिल द्वारा
NABH प्रमाणित तथा अमेरिका से रजिस्टर्ड दक्षिण
राजस्थान का प्रथम व एकमात्र डायग्नोस्टिक सेंटर

- डॉक्टर्स द्वारा सुझाया गया नं. 1 डायग्नोस्टिक
- डिजिटल ऑनलाइन रिपोर्टिंग
- लेटेस्ट टेक्नोलॉजी
- Randox (UK) तथा AIIMA (दिल्ली) में क्वालिटी कंट्रोल



♦ सभी प्रकार की जाँचें ♦ सोनाग्राफी (3D, 4D कलर)
♦ डिजिटल एक्स-रे

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