



# ROYAL HARBINGER

Weekly

**PAGE 2 : Polo Tournament Of The Nation Vodafone Sirmur Cup 2016 Kick Starts**

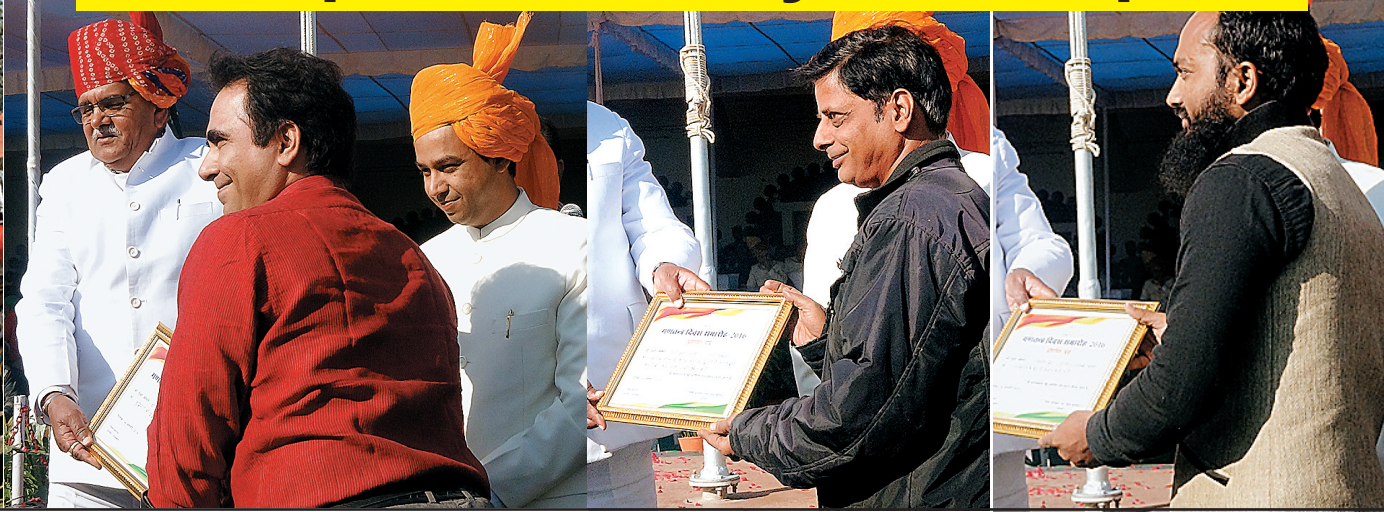
**PAGE 3 : Padma Awards 2016**



UDAIPUR / R-day Special, JANUARY 26, 2016 / PAGE 4/ PRICE : 5.00\* (Vol. 01, No. 42)



## Glimpses of RDay in Udaipur



### Mrs. Grace Pinto among 100 Women Achievers...

Udaipur : The President of India, Shri Pranab Mukherjee felicitated Mrs. Grace Pinto, Managing Director, Ryan International Group of Institutions during a lunch hosted for 100 women achievers on January 22, 2016 at Rashtrapati Bhavan on the 66th anniversary of the Republic of India.



Mrs. Grace Pinto was selected among '100 Women Achievers' by the Women and Child Development (WCD) union ministry for her commendable contribution in the field of education in the country. The Union Ministry of Women and Child Development (MWCD) had launched the '#100Women Initiative' to recognise women who made a difference in their communities in various fields such as education, arts and culture, environment, healthcare etc. The process involved a contest to select 100 women achievers through public nominations via social media. Having received the honor for being among the top women achievers in India, Mrs. Grace Pinto said, "I greatly commend the efforts of Ministry of Women and Child Development to empower women in our country and recognize their contribution in the country. I thank the Hon'ble President for bestowing this honor and am grateful to our Lord Jesus Christ for this recognition. I dedicate this award to all my Ryan staff, parent community and well wishers. We will continue our efforts to make quality education accessible in every part of our country in order to empower the youth of nation."

### India Gate at Celebration Mall

Udaipur : The India Gate at The Celebration Mall, Udaipur is attracting visitors. People are seen excitedly taking selfie with the beautifully erected monument. As per information shared by marketing head Ankit Talesra, the height of India gate is 20 ft. and its Breadth 12 ft. Hundreds of visitors coming to mall are enjoying with selfie. This year too Mall has introduced Special Biggest Republic Sale starting from 23rd - 26th Jan with flat upto 50% discount on top brands and products. The mall management is expecting substantial output of the offer. Some of the top brands like Big Bazaar, Reliance Trends, Subway, Levis, Being Human, Blackberry, Wrangler, Pepe Jeans, United Color of Benetton, People, Wills Lifestyle, Iconic, Reliance Footprint, Payless, Woodland, Allen Solly, Aurelia, Maah Stores, The Body Shop, Metro Shoes etc are offering big discounts.



### Cobalt Therapy Machine MB

Udaipur : The cancer department of MB hospital will be equipped with cobalt therapy machine. The budget finalization committee has sanctioned a sum of four crores of rupees. Besides this, committee has also approved budget for expansion of hospitals affiliated to RNT medical college. With this budget approval, the 20 years old cobalt therapy machine will be replaced with the new one. As per sources, one one year was left before the radiation source of the old machine would be expired. In such a scenario, the replacement is good and proactive step. Principal Dr. DP Singh informed that the new machine will provide radiation in just one and half minutes as compared to 5-6 minutes from the old machine. Dr. Singh apprised that committee has also approved 1.7 crores of rupees for other equipments. The budget also has provision to continue the construction work.

### Tourism gets a boost in Udaipur

Udaipur : State home minister Gulab Chand Kataria has announced to give 40 crores of rupees for the development of tourist spots around the city. The forest department will get 10 crores of rupees every year. He asked forest department to make proposals for Thoor Magra, Maachhla Magra, and nearby places. While inaugurating the logo of bird park, he announced that chief minister will lay down the foundation stone of Gulab Bagh Bird Park in February.

## Breaking dawn: Be true Republic Nation

Ritu sodhi

This year we are celebrating 66th republic day. Its a matter of great honour and pride to be an Indian citizen. I was sitting idle today when a thought came in my mind. I would like to share this with all my readers. We are proud Indians and world's largest Republic, if I am not mistaken. But are we truly Republic?

It's been years since we became republic but we are still not understanding the true meaning of a Republic Nation. We got freedom in 1947 and still developing in many areas.

was travelling to Bihar last month and passed through many states while travelling. Some parts were fully developed and some are growing up fast. It was a nice experience to see India shining brightly in most parts of our Nation. I belong to a family of freedom fighters who gave their lives to build a strong Nation. Today's youth has zeal n vigour to change the fate of our country. Its really important to give them right direction. I have been brought up in a secular family and i have studied in many parts of India where i have seen common problems. Some problems are severe and some are to be handled gently.

Gender discrimination is everywhere and till now we are struggling hard to maintain equality among girls and boys. Its good to say that we treat males and females equally but it is really important to feel this in our hearts. Second problem which I have noticed was equally big. Keeping our Nation clean is today's biggest agenda. I have seen many parts of my country and found that spitting on roads and throwing garbage are the biggest problems. In 2013 one guest came from London to my city and was quite amazed to see open drainage system and trash everywhere. But now after Action Udaipur, many areas are cleaned and renovated and now our city looks more rejuvenated and modern. The credit goes to former DM shri Ashutosh AT pedneker and now the current DM shri Rohit gupta is also actively taking part in this programme.

This is a story about one city but many other cities must follow this programme. Actually we are responsible for this and not our Governments. We clean our homes daily and throw

garbage on roads. We get upset with the system and jam traffic and trains. We have freedom of speech and we have full right to show our rage and we do agitation to show our frustration against system. We never think that this damages the bright image of our country internationally.

Do we damage our own property when we get upset with our parents and siblings? Do we really care about our country? It takes time and cores to construct something but it takes few seconds to destruct everything.

Its good to express your feelings and show your frustration but it is bad to damage our own Nation's property like this. I have heard many people complaining about system. I want to ask a simple question. How many of us have really struggled hard to change this system? We are part of this system and only we can change this by our own efforts. Governments are doing their part and giving us everything. They are earning revenue and returning us in every field. Fine roads, express highways, towers, tall buildings, safe and cheap travelling by air, industries all comforts are made for us.

We should be thankful for our Government for managing everything beautifully and making our future bright. We must contribute in the development of our Nation. Criticising is easy but it is really difficult to work for the development.

We do jobs in different sectors and daily complaint about our work pressure. We think that only we work hard and others dont. I have seen this problem in every field. IF we want to be truly good citizens we must give respect to others work too. Today's world is really progressing fast and we need good teams to give better results in every field. We cant complete any work on time without a good and hard working team. Even we cant run an office smoothly without hard working employees. Its not a good habit to criticise others work and appreciating our own work. To build a strong Nation we must change our own bad habits first. Its really bad to expect everything from our Governments.

Japanese people work really hard to make their country neat and clean. WE must take responsibility to change ugly system into a perfect one. This

year we must celebrate Republic day in a unique way by taking an oath to change our mind sets and stop cursing. NO country is perfect, only citizens make their countries perfect. Its good to teach our children to respect their parents and elders but it would be great if we teach our children to respect their Nation at an early age. Do not harm National property and try to work hard not only for ourself but also for the development of our country. May be our contribution seem small but it may change the future of our country. India is a huge Nation and world has high expectations from us. We can really become an idol for many developing countries. Keeping our Nation clean is our duty. Remembering our rights is a sign of awareness and fulfilling our duties on time shows the potential of each citizen in a good way. We must take proper care of our trains and buses because they are the lifelines of a Nation. Be good towards each and every Indian. United we are unbeatable. This is my request to all readers to give your important suggestions and contribute to make your own country the best Nation in this world.



### Addiction Awareness Program & Prize Distribution

Udaipur : Mera Bharat Vysan Mukht (My India be addiction free), Sankalp Apka, Sahyog Hamara, (Decision yours help ours) With these key note words a campaign which was started last year in Government school where the students were shown the CD of Lab Top by Dr P.C. Jain & his associate Mrs Minaxi Bhargava in now continuing. The Students were given questionnaire on addiction which they solved.

Prize distribution was organized in Govt. Girls School,

Sunderwas, where girls were given Memento, certificate, motivation money for first Rs.500, second Rs 300/- third Rs.200/- .Prize were given by Dr P.C. Jain M.B.B.S who is doing awareness from last two decades on De-Addiction & Roof Top Rain water harvesting. Deepika Gurjar stood, First, Meena Rawat second, Harshita Chobisa Third. All the student recited a poem on de-addiction with dr.jain. School principal mrs madu Purohit thanked & Mrs Saroj Kothari welcomed Dr Jain.

Patient was speaking and listening music while brain surgery

### Awake Brain Tumour surgery at Mewar Hospital

Udaipur : Doctors at Mewar Multispecialty Hospital, Udaipur has successfully operated a brain tumour, patient being awake through out the procedure.

Bhilwara resident 50-year-old Mr. Kishan Das Vishnav was operated successfully for Brain Tumour surgery while he was talking and listening bhajan simultaneously.

The surgery was performed on 19 January 2016 by Neurosurgeon Dr. Ajit Singh and his team including Dr. Vijay Shekhawat (Anaesthesist). During the press conference, Dr. Singh mentioned that most of the brain tumour surgeries are done under anaesthesia. However, when the patient is unconscious, there is a risk of partial removal of tumour and patient has over 50% risk of paralysis.

During the surgery that lasted 2 hours, the patient was awake and reacting to Doctor's command. Post surgery, patient was completely fit and ready to be discharge today.



Dr Manish Chhapparwal, founder of Mewar Group of Hospitals, emphasized that this kind of surgery is rare and helps reduce the risk of paralysis in patients post such complex surgery. Mewar Group of Hospital is chain of 20 hospitals and is performing typical brain surgeries, knee and hip replacement surgeries, spine and Arthroscopy surgeries for over a decade.

## Cancer Survivors narrated stories

Udaipur : The Oncology Department of Geetanjali Hospital has organized a Cancer Survivorship Program to encourage and cheer up cancer survivors, theme of the program was living with & beyond cancer "A New Beginning". Around 500 cancer survivors attended the program. some of them also shared their struggles experiences and told how they are able to conquer over the deadly disease. From inaugurating to presenting cultural



events, the cancer survivors took control over the stage and exhibited their confidence and joyfulness to the present audience. The chief guest of the program was DSP Umesh Ojha who with cancer survivors light the lamp and started the program. Kapil Agarwal, Dr R.K Nahar VC, Ankit Agarwal CEO and Dr F.S Mehta Dean with all doctors of oncology department were present on

the occasion. Two cancer survivors an 8-year-old Anil and 7-year-old Aradita begin the program by singing Gayatri Mantra. A 94-year-old Professor Bahuguna narrated his story of fighting the cancer and set an example for others. A video film of how Geetanjali Cancer Center started was also showcased. Dr Sachin Arjun Jain encouraged survivors and patients in his short address.



## गणतंत्र दिवस के शुभ अवसर पर



**नारायण सेवा संस्थान परिवार की ओर से**

**देशवासियों को हार्दिक शुभकामनाएँ**

हिरण मयरी, सेक्टर-4, उदयपुर (राज.) 313002  
Tel.: +91-294-6622222, 3990000, Mobile: 09649499999  
Web : www.narayanseva.org, E-mail : info@narayanseva.org