

Pradeep Vaid of Udaipur received citation merit and a cheque of 1 lakh

Udaipur : Pradeep Vaid from Udaipur has received certificate of appreciation and cheque of Rs.1 Lac for his special achievement in World Skill Competition 2015, Sao Paulo Brazil. The prize was given in a grand ceremony organized by Ministry of Skill Development and Entrepreneurship at Hotel Trident, Mumbai. Representing AIBHA and Prabhat Hair& Beauty Academy Udaipur, Pradeep received the honor from Venkaiah Naidu (Minister of Parliament Affairs) and Vijay Pratap Singh Rudy (Minister of Skill Development). President of AIHBA Dr Sangita Chouhan, Chief Secretary Ashok Paliwal and Treasurer Vijay Bhardwaj including hair expert Samantha Kochhar and trainer Pushkar Sen, Alisha Chohan, Shwetasha Paliwal and Jai Parekh congratulated Pradeep for achievement.

Various competitions for students during Bird Fair

Udaipur : Students can participate in the several competitions going to be held in the upcoming Bird Fair from 22 to 24th January which include painting and quiz competitions. T Mohanraj senior official of Forest Dpeartment informed that on the first day Jungle Safari will be held near Pichola Lake where after bird watching from morning 8 to 12, school students can participate in the painting and English quiz competition for students of class 8th and 9th and 10th and 12th. Second and Third round will be held at Rajasthan College of Agriculture where lectures on "Importance of Local Participation in Conversation of Threatened and Migratory Bird Species" and "Conversation Beyond Tiger: A Need for Paradigm Gift" will be done by Dr Deepak Apte and Dr Asad R Rehamani. On 23rd January, all participants will be divided into two groups and will be taken to bird watching near lakes and water bodies, thereafter a cultural program is going to be held at RCA Auditorium followed by prize distribution ceremony. For drawing and painting competition, participating students will get topic on the spot while quiz competition will be based on environment, natural heritage, natural habitat etc. 50 students from each school are allowed to take part in Bird Fair.

Heritage Girls learning Squash

Udaipur : The Heritage Girl's School is giving Squash Coaching to their students at school campus. A special camp is organized to teach students about the sport by expert. School Principal Tulsi Bhatia has informed that the school students are getting squash training from prominent squash player Padmashree Bhuvneshwari Kumari. Students who are learning squash said that it is interesting learning the details of sport from an experienced trainer and they are certainly enjoying it.

Sports Day for Rockwoods Kids

Udaipur : Rockwoods High School organized a Sports Day for the students of Primary classes from Nursery to H.K.G. Kids enthusiastically participated in various competitions and had joyous day full of physical activities. School Principal Geeta Nair informed that several races took place like butterfly race, market race, ball and bucket race, face making race, hurdle race, tricycle race, relay race and ring race. The winners were given prize of appreciation by School Patron Alka Sharma and School Director Deepak Sharma.

Sports Day celebrated at CPS

Udaipur : A Sports Day was organized at CPS on the occasion of Makar Sakrant. Students of class H.K.G to 4th took part in the several sports competition. Students were thoroughly encouraged by special guests of the day Alka Sharma (Director), Deepak Sharma (Joint Director) and Vikramjeet Singh Shekhawat. Joker Race, Flower & Flag Race, Sack Race, Hurdle Race and King & Tribe Race were some of the most interesting races which pulled attention of every spectator. The event ended with a race competition between teachers, the program was anchored by students Ashmin Raza and Yomin Dangi of Class Fourth.

St Gregorios wins 8 Gold Medals

Udaipur : Eight students of St Gregorios School Udaipur won gold medals in the 18th National Science Olympiad organized under the banner of Science Olympiad Foundation. All over 16 students were qualified for the second level too. Styaa Bhushan Sharma, president of Science Club informed that students Sulaksh Badala (class 4th), Harsh Vardhan Singh (class 5th), Himank Bohra (Class 6th), Rishit Shrivastava (Class 7th), Yash Jain (Class 8th), Yashasvi Choudhary (Class 9th), Himanshu Badala (Class 10th) and Preshit Ameta (Class 12th) have won gold medals. While eight other students who qualified for second level are Anshul Choudhary (Class 7th), Priyanshu Gautam (Class 9th), Siddharth Sharma, Abhik Mehta, Aditya Sharma, Shirsh Gupta, Divyank Gupta and Kartikey Saxena (All Class 10th).

Trees planted at Badi Road

Udaipur : Rajiv Gandhi Park to Badi Road, a plantation drive organized by udaipurites. Top officials also took part in the plantation and appreciated the attempt of Dalpat Surana later informed that lush green trees for shade or fruit bearing trees were planted like Neelam, Kesiyasama, Jakhrandaa, Paras Peepal, Kanji, Sheesham, Rudraksh, Tikoma, Borsali, Salraji, Jasmine, Mogra etc. He further added, "We will plant five thousand plants in next two years to make the periphery of city more beautiful and green" ADM O.P Bunkar, Mukesh Jani from UIT, B.R Bhati, Rahul Bhatnagar from Forest Department, Babulal Kothari from NLCP, Dalpat Surana and Kapil Surana with others took part in the plantation drive.

New Executive Committee of BYA

Udaipur : On Sunday 17th January the oath taking ceremony and other formalities held at the community hall. For BYA. Hussain Udaipuri (President), Rehana Germanwala (vice President), Gazanfer Ali Okasa (Chief Secretary), Anees Miyaji (Secretary) and Kamruddin Mandiawala (Treasurer) other executive members are Shakir Prithviraj, Hatim Ali Chachuliya, Sakina Dawood, Hussaini Beawerwala and Mansoor Ali Orawala. are being swon in in presence of by election convener Nasir Javed. Hussain Gazanfer ali, a Btech from IIT Bombay and Director of Iqraa is working as a social activist and has also served Bohra Community as a secretary of Dawoodi Bohra Jamat.

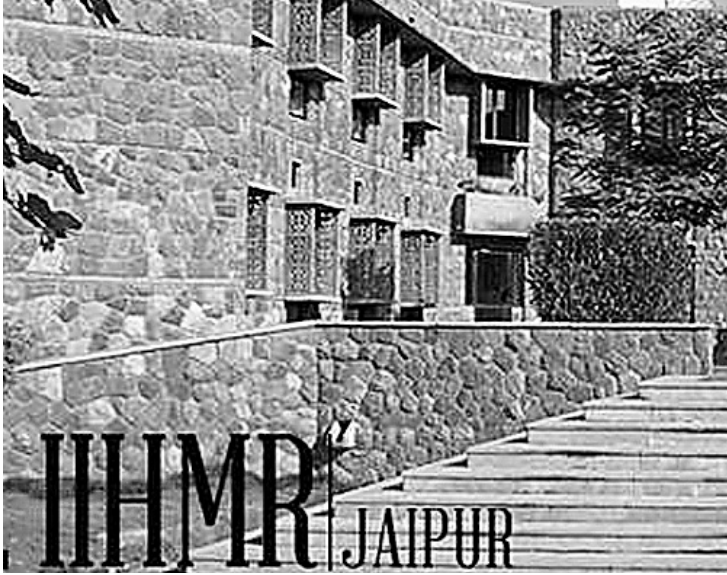
Earth Science Olympiad Exam held

Udaipur : More than one hundred school students appeared in the International Earth Science Olympiad exam held at MLSU .The exam was organized by Ministry of Earth Science GOI in association with Geological Society of India, Bangalore Professor Vinod Agarwal, President of Earth Science Department and Exam Coordinator informed that the exam was organized today in 69 centers of India in which 3500 students took part including 104 students from Udaipur.

10% of Patients Worldwide are Affected Due to Errors in Medical Care

Jaipur : Unsafe use of medication is a major issue in health care in both developed and developing countries, causing millions of patient injuries and costing billions of dollars to health-care systems. WHO reports that 10% of patients worldwide are affected due to errors in medical care. This also estimates that in developed nation between 7.5% and 10.4% of patients in acute care settings and 13% in ambulatory settings experience adverse drug events. The financial burden of these errors is as high as US\$ 4 billion a year, not counting lost wages, productivity or additional health-care costs. Hence this similar level of harm from unsafe medication is prevailed in both developed and developing nations which confirm that patient medication safety and quality management is a global priority.

The IIHMR University, Institute of Health Management Research, Jaipur has been contributing towards this very topical issue of international importance through its flagship yearly WHO sponsored International



Courses in Promoting Rational Drug Use in Communities (PRDUC) for last 11 years.

Following the need of communication skills amongst the hospital Pharmacists, The India Institute of Health Management and Research, University (IIHMR), Jaipur has initiated

a Management Development Programme on 'Patient Medication Safety and Communication Skills for Hospital Pharmacists'

Speaking about this Management Development Programme Dr. SD Gupta, President, IIHMR University said, "The adverse drug events and

medication errors cause significant health and economic repercussions both in developed and developing countries. Therefore a global concerted effort is needed to address patient medication safety and it needs by involving all healthcare stakeholders, including patients. Communication has become the buzzword for healthcare professionals, in part due to the overwhelming reports of medication misuse. According to a healthcare research report majority of population are failing to comply some way with their medication regimens. Better communication skills in pharmacy practice enhance the pharmacist's ability to develop professional relationships with their patients, co-workers and other healthcare providers to optimize health care.

To addresses the issues related to Patient medication safety and medicines management, a Management Development Program on "Patient Medication safety and Communication Skills for Hospital Pharmacist" is being organized at

IIHMR from January 11-15, 2016."

Abhishek Dadnich, Assistant Professor and Programme Co-coordinator, IIHMR University said, "This program is designed for public health professionals and pharmacists currently holding positions of responsibility within health systems. The objective of the management development programme on Patient Medication Safety and Communication Skills for Hospital Pharmacists is to enable participants understand the concepts and need of medication safety culture in organization, develop error-reduction strategies around the use of high-alert medications, The program enable participant to make effective communication techniques to prevent human error while patient medication is going on, The program also focus on how to promote two-way communication with patients and health care professionals and enable participants to identify common barriers to verbal communication and describe ways to overcome each barrier."

Facts on Juvenile Justice (Care and Protection of Children) Act, 2015

Juvenile Justice (Care and Protection of Children) Act, 2015, it shall come into force on such date as the Central Government may, by notification in the Official Gazette, appoint, that is 15th January.

Objective of the Act:
An Act to consolidate and amend the law relating to children alleged and found to be in conflict with law and children in need of care and protection by catering to their basic needs through proper care, protection, development, treatment, social re-integration, by adopting a child-friendly approach in the adjudication and disposal of matters in the best interest of children and for their rehabilitation through processes provided, and institutions and bodies established, hereinunder and for matters connected therewith or incidental thereto.

"child" means a person who has not completed eighteen years of age;
Under Section 77 of the Act it is an offences against a child, if a person gives or causes to be given, to any child any intoxicating liquor or any narcotic drug or tobacco products or psychotropic substance, except on the order of a duly qualified medical practitioner, shall be punishable with rigorous imprisonment for a term which may extend to seven years and shall also be liable to a fine which may extend up to one lakh rupees.

Enforcement Officer: "Child Welfare Police Officer" which are officer designated under section 107(1) of the Act

107. (1) In every police station, at least one officer, not below the rank of assistant sub-inspector, with aptitude, appropriate training and orientation may be designated as the child welfare police officer



to exclusively deal with children either as victims or perpetrators, in co-ordination with the police, voluntary and non-governmental organisations.

Background

(1) The use of tobacco is a prominent risk factor for 6 to 8 leading causes of death and almost 40% of the Non Communicable Diseases (NCD) including cancers, cardio-vascular diseases and lung disorders are directly attributable to tobacco use. A conservative estimates of tobacco attributable deaths in India are about 10 lakhs a year. Of the dead, about 70% (90,000 women and 580,000 men) will be lost during the productive periods of their lives-between the ages of 30 and 69 years. (Prabhat Jha Study ""A Nationally Representative Case-Control Study of Smoking and Death in India" published in the New England Journal of Medicine in March 2008). 50% of cancers in males and 20% cancers in females can be directly attributed to tobacco use (ICMR Study).

(2) As per the findings of the study titled "Economic Burden of Tobacco Related Diseases in India" (2014) commissioned by Ministry of Health & Family Welfare the total economic costs attributable to tobacco use from all diseases in India in the year 2011 for persons aged 35-69 years

amounted to Rs. 1,04,500 crores.

(3) Studies report high prevalence of tobacco use amongst children and youth of the country. As per the Global Adult Tobacco Survey-India (GATS-2010) conducted in the age group 15 years and above, over 35% (almost 29 crores) of the adult population consume tobacco in some form or the other and majority of the tobacco users are illiterate and semi-literate. Further as per the Global Youth Tobacco Survey, 2009, there is evidence that young persons in India are increasingly taking up the use of tobacco and 14.6% of the youth in the age group of 13-15 years consume tobacco in some form or other (Global Youth Tobacco Survey, 2009). More than 5500 children /Adolescents start tobacco consumption daily. (Indian J Pediatr 1999; 66: 817-824).

The efforts of the tobacco industry to attract young and gullible to the world of tobacco. "Catch them young" is their moto, and use of tobacco products is projected as synonymous with adulthood, modernity, affluence, social class norm, elegance, etc. The fear of falling sales, adverse articles and medical and media reports have prompted the tobacco industry to innovate new ways to promote their products amongst children through food products and stationary products intended for use of children. Hence the purport of the said Act is to ensure by all means a complete protection to the children below the age of 18 years from exposure to tobacco, for it's a known fact and evident from several studies that if a person is not addicted to tobacco use till 18 years the chances of him taking up the habit thereafter is very slight.



Udaipur Fitness Trainer receives accolades at Body Power Expo

Udaipur : Udaipur's freelance Fitness Trainer Rajesh Menaria took part and win 5 competitions in BodyPower Expo Mumbai. Asia's largest sport, fitness and nutrition exhibition, which attracted over 30,000 visitors in 2016 and set across an action-packed weekend from 8th to 10th January 2016.

Staged at Mumbai's Bombay Convention & Exhibition Centre, BodyPower India was the fitness hub of Asia, attracting thousands of fitness enthusiasts, from India,

Pakistan, Bangladesh, Thailand, Singapore, Malaysia and UAE. Menaria participated in several competitions and won push up challenge, step up challenge, body-lifting, functional fitness challenge & cardiac endurance.

World's top fitness star Zsuzsanna Toldi IFBB pro figure winner, former Mr. Olympia Dextor Jackson, Phil Heath, Mr India Suhas Khamkar, IFBB pro Varindar Guman appreciated and wished him good luck in fitness industry.

Additional Personal Accident cover up to 10 lacs

Substantial basics

While most of the policies available in the market for those over 60 years of age come with a lot of restrictions, Shravak Arogyam has extended the full benefits of this program with an entry age up to 80 years and the opportunity for lifelong renewal. The program also covers maternity with a waiting period of nine months as well as a maximum family size of six people which can include a couple, two kids, and either of the spouse's parents.

Thoughtful Add-on

Beyond these basics, the program also offers a Personal Accident Cover to the Proposer. This benefit is over and above the Mediclaim cover. The Proposer is covered for INR 2 lacs/ 5 lacs / 10 lacs as per the sum insured of his Mediclaim policy. No other retail policy in the market comes with a combination of accident and Mediclaim. Like all new-age policies, these can also be renewed online.

Policy specific todiseases prevalent in the Jain community JIO has identified the top six ailments prevalent in the Jain community starting with eye related diseases to heart and cancer related diseases and ensured that they are covered under this policy.



Aao Khele" at Vidya Bhawan

Udaipur : An annual sports meet "Aao Khele" begin at VBRI College with traditional opening ceremony. While addressing the crowd, Ajay S. Mehta, president of Vidya Bhawan Society said that sports enhance harmony and evade all differences. Principal Anil Mehta also

emphasized on regular sports activities as a good source of health and confidence. Program coordinator Hemant Menaria has informed that around 280 students participated in the competitions which include various sprints, shot put, discus throw and javelin throw.

City organizations make Makar Sankranti meaningful

Udaipur : The festival of Makar Sankranti was celebrated in the city with full of joy and fervor. Kite Flying, Sitolia and desserts made of Til are symbols of the festival which was commonly seen at many places. Various groups and organizations also organized special events for helpless, needy, neglected and weak people of the society. Laathi the old aged home celebrated the festival with old aged people living at Laathi and orphan children who specially visited them to celebrate the fest together. Kids played

Sitolia with senior citizens and also enjoyed flying colorful kites too. Students of Eduwings Institutes were also present on the occasion.

DPS, Rotary Interact and Rotary Club Udaipur jointly held Makar Sankranti celebration with physically challenged children. Manish Galundia club president has informed that children of Sanjeevani Disabled Hostel learned making kites by students of DPS School who visited them in hostel today. Later both students enjoyed kite flying at Fateh sagar Lake.

'Shravak Arogyam - Phase 3', for the Jain community

Mumbai : Guided by Param Pujya Naypadma sagarji Maharaj Saheb's vision to provide better and affordable healthcare facilities to the Jain population in India, Jain International Organization (JIO) has introduced 'Shravak Arogyam - Phase 3' program that is specially designed to provide social security and healthcare services to all Jains with benefits unparalleled by any other product in the industry.

'Shravak Arogyam - Phase 3' program will not insist on any pre-policy medical check-ups for prospects which saves on both the cost and restrictions of medical health check-up. In fact, to simplify the product for the Jain community, there is no waiting period for pre-existing diseases as against the usual 2-4 years in case of most standard policies. Moreover several pre-existing conditions like Cataract, Arthritis, and Hernia etc. are covered under the program from the first day itself.

Speaking on the launch of Phase 3 of ShravakArogyam, Dr. Bharat Parmar, Director, JIO said, "More than 3.2 Lac JIO members along with their families are already covered under the previous versions of the ShravakArogyam program, which has been running successfully since the past year

and a half. The program is professionally managed by the doctors of Jain Doctors Association (JDA) and around 30,000 members have already benefited from this scheme."

"Due to the overwhelming response of the previous two phases, we are launching the third phase. Shravak Arogyam - Phase 3 goes a step ahead in offering benefits that is unrivalled by any other scheme in its category," he added.

Mr. Anoop Verma, Associate Director, Alliance Insurance Brokers Pvt.Ltd. further elaborates on the salient features in this policy saying, "Some of the policy features of 'Shravak Arogyam - Phase 3' are unique and are not available in retail policies otherwise offered in the market.

For instance, it's a family floater covering '1+5' (6 members) of the family with Pre Existing Diseases & New Born Babies are covered from Day 1 and Entry Age is up to 80 Years & then the coverage facility is for lifetime. It also covers Psychiatric Ailments, Cyber Knife Treatment, Stem Cell Transplantation, Cochlear Implant and Maternity Benefits as well. These policies are also eligible for tax benefits applicable to health insurance policies under the Income Tax Act under section 80D."