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Promoting love and understanding in rela

Relationships are like plants. They need love affection and care everyday. Our loved ones need time and attention. Relationships are more important than any newspaper, television and social media activities. One moment can create a life time memory. We should understand



Ritu Sodhi

the true meaning of love. WE cant love ourself all day. We need a life partner with whom we can laugh and live life. We must devote our time and energy to the other person. We share many relationships with other human beings. We should not take anything for granted. Trust , love and care are not merely words. A good human touch can change everything.

We can give life to a patient by our compassionate and healing touch. Medical science has proven this. Loving actions are required to secure a relationship. Ego and pride kills a relationship slowly. Words have a lasting power and impact. We can win a battle without fighting with our wisdom. We should not speak ill about others , actually this reflects in our personality. Words can not be easily forgotten. We can never erase wounds inflicted by words of anger and hate. Its really important to understand other person's psychology. Holding onto anger is just like holding a burnt coal in hand, it damages ourselves first. Continue to love , even if you get nothing in return. Hatred and ego can be removed by love. Buddha said that we can never win a relationship with anger. Love is real and constant. We constantly grow and change. Its good to forget past. Try to live in present. We should practice daily to improve our nature. Its good to change our nature rather try to improve others. Relationships are really important. Begin to love others right now and feel the warmth of relationships.

Effort to develop Guda village in the conjunction of Village Awareness Campaign



Udaipur : 25 kms from the headquarters of Udaipur, Jhamarkotda village panchayat under the 'village awareness campaign

coordinator Laxminarayan Pandya negotiator of the villagers were facing problems coming into their village development. Village by village roads, school buildings, drinking water, AWC, forest discomfort, the horror of the panther and their problems exposed in relation to employment. 'Village awareness campaign' convener Laxminarayan Pandya state primary school in the village two years ago operated observed that a family member tribe Rama Meena was walking in the raw Tapre. Where two teachers were teaching done. Which delayed construction. In this respect, the authorities have written to several times, but has not taken. Bansilal Meena who has studied till 5th standard, said that due to non-connectivity to roads, any department official has not yet come into the village.

Responding to PM Modi's call Global Health Summit : 2017 in udaipur

NRI doctors in America announce mega summit and pioneering initiative

Udaipur The government of India under Prime Minister Narendra Modi has been making a strong pitch to attract the knowledge and contributions of the Indian Diasporas towards the socio-economic development of India. During each of his foreign tours, the Prime Minister has made it a special point to court and persuade the Indian Diasporas, and now his efforts seem to be bearing fruit as the Pravasi Bharatiya Diwas approaches on 7-9 January 2016.

AAPI (American Association of Physicians of Indian Origin), the leading organization of the Indian-origin doctors in the United States, today announced that it will hold a 3-day global mega-summit on healthcare in Udaipur next year in January 2017, with participation of over 1,000 doctors and medical care professionals of Indian-origin not only from the United States, but also from the UK, Canada, and other countries.

"The Global Health Summit in 2017 will be a premier gathering of over 1,000 leading professionals from the medical, hospital, and healthcare sectors. It will discuss and roll-out a pragmatic action plan to help build the infrastructure of medical care in Rajasthan. I am glad that the board of AAPI has selected Rajasthan as the first state in India where we shall roll-out this model of cooperation", said Dr. Ajay Lodha, the president-elect of AAPI, who lives in New York, and has family roots in Rajasthan.

Doctors of Indian-origin in the United States now number over 100,000 and are widely recognized as one of the most successful and influential communities in the United States. In the United States, the work of AAPI is regu-



larly appreciated by members of US Congress, Presidents, and Governors, and amongst the top professional bodies of the medical and healthcare fraternity.

In its India initiative, AAPI has also partnered with the Ministry of Health and Family Welfare, and the Ministry of Overseas Indian Affairs, on a theme of "Affordable Quality Healthcare for All". "Under this pioneering step, AAPI will work with the Rajasthan government to make Rajasthan a TB free state in India, and to make Rajasthan the first state in India that will launch a program for emergency care of road accident victims, including training of all police and first-responders. AAPI is also in discussion with Rajasthan University of Health Sciences for developing advance courses and fellowship programs and addressing the burden of cardiovascular disease", said Dr. Ajay Lodha. Dr. Lodha

also shared that mega-star Mr. Amitabh Bachchan has lent his support as brand ambassador to AAPI's campaign on road safety and trauma care. "The AAPI leadership and our members are committed to making demonstrable progress in our pilot projects in Rajasthan. Taking these initiatives from pilot to mass-scale in Rajasthan, and then replicating this model across other states of India is my dream", he further added.

About AAPI

AAPI is the world's largest professional organization of the global Indian Diasporas. It is the apex body of Indian physicians in the United States - with constituency of over 100,000 Indian-American Physicians, 20,000 Medical Students/Residents, 150 Member Organizations, and over 25,000 Active Members.

AAPI is a forum to:

facilitate and enable Indian American Physicians to excel in patient care, teaching and research and to pursue their aspirations in professional and community affairs bring American medicine the distinctive contributions from India, and advance the American creed of one nation under God, indivisible with liberty and justice for all be the bridge between India and the United States in more ways than one

About Global Health Summit

The GHS will be a premier and largest gathering of physicians and medical care professionals of Indian origin, not only from the United States, but also from the UK, Canada, and other countries The Summit is in partnership with the Ministry of Overseas Indian Affairs, and Ministry of Health and Family Welfare, along with collaboration with 10 professional associations from all over the world The GHS will focus on sharing best practices, and developing efficient and cost effective solutions for healthcare needs in India. The scientific program of GHS is developed by leading experts with the contributions of a stellar Scientific Advisory Board and International Scientific Committee, and pre-conference web based sessions will be offered to over 50,000 physicians. To provide breadth and depth, the GHS will include high priority areas such as Cardiology, Maternal & Child Health, Diabetes, Oncology, Surgery, Mental Health, HIT, Allergy, Immunology & Lung Health and Gastroenterology, Transplants. All proceeds from this Summit will be utilized for selected projects in India

Governor Singh explores grandeur of City Palace

Udaipur : Governor on his official tour to Udaipur visited City Palace. Maharana Mewar Charitable Foundation's Trustee Lakshyaraj Singh Mewar warm-heartedly welcomed Singh.

Governor viewed Manak Chowk, Mayur Chowk, and Silver Gallery at City Palace and Crystal Gallery at Hotel Fateh Prakash. Lakshyaraj Singh acquainted him with the



rich culture of Mewar and valor of Maharana Pratap. In the visitors' book kept at the Crystal Gallery, Governor Singh highly appreciated the Foundation's efforts of conserving the heritage. He also visited Jag Mandir and other tourist spots of the city. During the tour of the palace, Chief Administrative Officer Bhupendra Singh Auwa and HRH Group of Hotel's officials were present.

3rd Flower Show in Udaipur

Udaipur : District administration and UIT organised the third flower show at Fatahsagar Pal and Doodhtalai. In the exhibition there are also many rare plants and more than hundred varieties including foreign flowers. The ten-day festival will culminate on January three.

Home minister Gulab Chand Kataria and Mayor Chandrasingh Kothari arrived at Fatahsagar Pal at 3 o'clock in the afternoon to see the exhibition. When they arrived, they looked at the flowers and took information about them. Kothari said that the exhibition has successfully entered into the third year. It's very appreciated the residents and tourists have enjoyed. Further enhance the beauty of the city in an effort to attract more tourists from these events will continue to occur. About 10 thousand saplings have been displayed in the exhibition. City's nurseries like Keshav, Judav, Baroda, Plant Kingdom, Unique, etc. also participated.

Annual fest'Gunjan - The Echo' finale at Gitanjali Nursing

Udaipur. Gitanjali School and College of Nursing annual celebration dance on December 23, was celebrated with music and awards. The chief guest at the event, Gitanjali Hospital's Dean and Professor of Forensic Medicine, Dr GL Daad, Gitanjali Nursing's Dean Dr Jayalakshmi LS, Gitanjali Nursing's HOD, faculty and all students were present. The program was started with Saraswati Vandana and by lighting the lamp by chief guests. The program provided by the Department of Community Health Department of the award and best teacher award was given to Professor Vinayak.

Will leads to the Way!

Chansda, is a remote village in a periphery of 50 kilometers of Udaipur district nestled in the undulating lap of Aravali hills. Like most of the villages, this too has a primary and secondary school which was raised to senior secondary level towards the end of the first half of the year 2015. Being run by a headmaster till the secondary level, the school now needed a principal. And the Education Department decided to award the honor to Mrs. Sulekha Shrivastava who was slated to retire by December 2015. Mrs. Shrivastava who is MA in Hindi and English had been teaching a difficult subject of English Literature ever since she cleared RPSC in 1993 to be a first grade teacher from third grade. Mrs. Shrivastava was employed in the District Education Office of Udaipur and was taking care of primary education of the district. After exceptional services, government decided to promote her as principal of freshly raised Chansda School.

July 20, 2015 was the day when Mrs. Sulekha Shrivastava joined the school. The school was in pathetic situation. Students were sitting on floor sans any carpet. The rug that was for students was spread in staff room as teachers had no facility to sit. Students would come out of their classrooms every now and then and when asked why, they replied that it was too hot and rooms had no fans. The primary section had no electricity connection at all let alone fans or lights.

Mrs. Shrivastava knew well that she only had five months and ten days in total to help the school. If she had thought like other previous headmasters, she could have easily



spent these few months easily. But she decided to bring the change. She ordered chairs for staff members so that staff could sit and the rug for students could be reclaimed by the students. Next, Mrs. Sulekha ji ordered new carpets for the students who were still sitting on floor. To handle the fans' situation, she requested some new fans from department while requested some donors to donate at least one fan each. Mrs. Shrivastava got all the donors' names painted on the board in school.

Students of a class then requested her to get their black board painted. The principal got it done without a delay. They another class requested the same. This time she looked at the boards' condition-it was in bad shape. Broken from many places and one could hardly use it. Mrs. Shrivastava noticed that most of the boards were like that only. She then ordered Green Boards for all classes and asked to procure quality chalks.

Students were delighted to see these

changes which they never had thought would ever happen in their remotely located village. By now the Sarpanch of the village Shankar Lal Meena got the news and achievements of the principal. While Principal was looking for a line man to get the electricity connection in primary section, the headman, Sarpanch approached the principal and assured of full support. He meant it and soon the connection was done in primary section. Next, the Sarpanch Mr. Meena worked to get the plot for students to play and Mrs. Shrivastava got the stuff and instruments to play. "I did nothing special actually. These were the things which only needed some initiative and few phone calls. At times I had to pay the money from my pocket because the allotment of money in government process is little lengthy. But I ensured that no work is stopped or is delayed due to lack of money. At many places Sarpanch ji helped liberally," said Sulekha Shrivastava.



One thing that still remains pending is a tube well and now Mrs. Shrivastava has retired. But the Sarpanch who was the Chief Guest of the farewell program of Mrs. Shrivastava on December 23 said that he will get it done before the January 26. Sarpanch also invited Mrs. Shrivastava to attend the Republic Day celebration in school which the outgoing principal accepted graciously. The special guest of the program, veteran editor, eminent media man, and now Editor in Chief of Royal Harbinger and Pressnote.in said, "I have attended more than thousand farewell programs in my life so far but the kind of love this school is bestowing upon me and the principal is unprecedented." The farewell ceremony was convened by Hazare Lal Goswami who recited a poetry he had written to praise the principal. Besides him, all the teachers praised their head and opined that Mrs. Shrivastava actually taught them the way to live. "We all were of the opinion that we

are enduring life in such a remote village with almost no facilities, Madam not only made this school much better place to live and work, she also inspired us to never give up and work with all the dedication," said a teacher. Jam packed verandah where the ceremony was held witnessed unprecedented emotional burst from each member present there. Students of each class brought gifts for Mrs. Shrivastava and each of them touched her feet and took blessings. Mrs. Shrivastava in her address to students only asked them to be determined and work hard to get things done. "Never be afraid of hard work. All you need is a will to get things done and then you can get it done," said the principal. Above all, the entire ceremony and words of each of the teachers vouched for the fact that if you really care and have a will to bring the change, you can. Mrs. Sulekha Shrivastava is a great example whose story will keep inspiring generations to come.