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IMEA 2015 Gold Award

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for CII-ITC Sustainability

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Secure LIFE, not your FUTURE

Life is most unpredictable these days. In Satyuga life was precious. Sages and saints did everything to make their lives worthy. In Kalyuga life has become easy to take and give. People are giving up morality just to earn



money. Relationships are dying and money has taken its place.

Luxuries have become part of life. We can live without mom and dad but we can't live without smart phones and laptops. Can non-living things take place of living beings? Have we ever thought that these things are temporary? Can a laptop

save our life in biggest trouble? Suppose you have lots of money and you are diagnosed with cancer or some other incurable disease; what would you need?

No doubt we have science and technology with which we can fight cancer these days. Survival rate of patients are high. We have many life saving drugs and therapies to cure us completely. But is this enough only?

Cancer patients need mental support and care. In many parts of India till now people think that cancer is infectious. Awareness is really necessary to prevent this. Our body is full of cells and each cell respond to negative and positive thought. We can't win a fight without having will power and good mental health. Obviously money can't buy these things. What I am trying to say is that we can live luxurious life but we can't enjoy life without friends and family.

Human brain is full of emotions and thoughts. We have seen in many cases that suicidal cases are increasing these days. Everything is available in metro cities; high society pubs, restaurants, clubs, night parties, branded clothes, expensive liquor, but emotions are missing somewhere. Big shots like Ambani's and Tata's have big empires. They hire toppers from IIT and IIM on high salaries to come on top. These toppers fight with their rivals and work day and night to increase wealth of their owners. High middle class work under pressure to complete targets. They sign important business deals to win business battles just to please entrepreneurs. But in this process these top officials completely ignore their health and family life. They forget the fact that business is a cruel world where they can make money and promote big brands but in one day they can be thrown out and others can take their place.

Big business persons hire those who have innovative ideas and these days we can buy and sell our ideas to make money. Money is important in life but money can't buy happiness. Our parents might have seen a dream while paying high fees of our colleges and big business schools that we would lead a peaceful life in future. But these big business schools could not teach us to live a perfect life which is full of love and affection. We can win business battles but no battle can be won without being alive. High BP, cholesterol, blood sugar are all gifts of this stressful life. We find ourselves on hospital beds in search of comforts and luxuries.

We don't find time to walk and exercise but we have enough money to cure these diseases. We know that we can easily replace heart valves and stents can open blocked arteries but we are not ready to avoid tensions. Our lust of making money is so big that we can forget anything to fulfill this lust. Our children are suffering from diseases in this age but we don't have time to check their diets. We live life to secure our future but in this race we forget to live in present. When our doctor suggests or warns us to walk regularly and follow healthy diet; we try to search our forgotten wealth, now the search of good gyms and gardens begin. We again step into the world of humans to maintain our health. Yoga teachers give lessons to laugh and breathe and try to bring smile on our faded lips. It is meaningless to repeat that we are living in modern world where emotions have no value. But in bad times our family and friends give us mental support. We should try to create a good and healthy future for us.

Diseases can be avoided by following some basic rules and healthy regime. Forget about deals and business meetings in the morning. Start your day with a fresh smile. Have healthy breakfast with your family. Chat or walk with friends in the evening. Don't forget that you are not a machine. Private hospitals are growing fast because you are not healthy. They are saving your lives not you. Surgeries can cure you but after that you have to take care of your health. It's good to be aware in the beginning. Run not to make money, run to save your life, run for a cause to save life. Plan to save your life in future where you don't have to spend Lacs and Crores to win the battle of your life. Try to spare time for your family and friends because they will support you till the end. Make money to enjoy life. Don't make money to increase stress. Life is not complicated, we make it complicated. Now I hope that those who are reading this article will surely stop and think twice before wasting their precious health on petty things and create a better world for future generation.

Triple N rewarded in Mayuri-2015

Udaipur : BN PG Girl's College witnessed a rare coincidence at the last day of Mayuri-2015, annual college fest when three students were awarded Best Students Award and all of their names start with the alphabet N - Nalini, Nimisha & Namita. Nalini Singh is awarded with Best Student while Nimisha Bhati and Namita Singh were honored as first and second runner up respectively. Chief guests of the program were Arjunlal Meena (MP) and Rajendra Bhatt (Join Registrar Cooperative Society)

Sonia, Rahul Gandhi get bail in National Herald case

New Delhi : Both the leaders have been granted bail on a personal surety bond of 50 thousand rupees each. Rahul's bail was filed by his sister Priyanka, while Sonia Gandhi's bail bond was filed by former Defence Minister AK Antony.

Other leaders filed bail bond for the other five accused. No conditions have been imposed on the bail of any of the accused. Sonia's lawyer Kapil Sibal said that the next date of hearing has been fixed for 20th February. Meanwhile, the petitioner in the National Herald case SUBRAMANIAN SWAMY claimed that he will win the case and those responsible for the financial irregularities in this case, will have to pay the price.

Amidst media hype and hoopla and tight security, Sonia Gandhi, Rahul Gandhi and three other accused in the National Herald case Motilal Vora, Oscar Fernandes and Suman Dubey



appeared before the Metropolitan Magistrate in the Patiala House courts complex in the heart of the capital in pursuance of the summons issued to them on 8th December.

As the proceedings began Swamy opposed the bail saying the accused

including Sonia and Rahul are "highly influential" people and can flee the country and that their passports should be seized and travel restrictions be imposed on them.

The court rejected Complainant's plea saying the accused are reputed

persons having deep political grass-roots and there is no apprehension that they will flee and granted bail to them on furnishing personal bond of 50,000 Rupees each and one surety.

Senior Congress leader AK Antony stood surety for Sonia Gandhi, while Priyanka Vadra gave surety for her brother Rahul. Along with the Gandhis, other accused Suman Dubey, Moti Lal Vora and Oscar Fernandez also got bail in this case while another accused Sam Pitroda, was granted exemption from personal appearance on medical grounds. The case is based on a private criminal complaint lodged by Subramanian Swamy against the accused of cheating, conspiracy and criminal breach of trust.

Swamy had accused Sonia Gandhi, Rahul Gandhi and others of conspiring to cheat and misappropriating funds by just paying Rs 50 lakh by which

Young Indians obtained the right to recover Rs 90.25 crore which the Associated Journals Ltd (AJL), the publisher of National Herald, had owed to the Congress party.

Alleging that Congress did not let run Parliament due to this, Union Minister Mukhtar Abbas Naqvi has said that the BJP has nothing to do with the court case and that congress is doing politics over a matter of court.

He was addressing a press conference in Delhi on Saturday. He added the National Herald matter was totally about Congress and Gandhi's were summoned by court and not BJP headquarters.

Also Speaking on the issue Union Power Minister Piyush Goyal has said that Prime Minister Modi led government will never interfere in the Indian judiciary and will not interfere in the work of investigation agencies.

Wonder Cement Saath:7 draws over 90,000 applicants

Udaipur : The cricket obsession and passion in India would leave an onlooker amazed and wonderstruck and this has been once again proven right in case of Wonder Cement Saath:7 Cricket Mahotsav. The entire state of Rajasthan has been gripped over by the cricket fever, with over 9000 teams registration and over 40000 enquiry phone calls. The participations list has well extended to over 90,000 active applicants from across Rajasthan, leaving aside the spectators. The total engagement numbers are expected to go well over 20,00,000 people from across the state.

Adding a crown to the spirit of the Wonder Cement Saath:7 engagement program are the 7 unique teams that have registered to be a part of the tournament. The registration witnessed some encouraging news, seven all woman teams have registered (i.e. a team full of 10 women members). A total of 238 girls have registered themselves for participating in the tournament. Also, the captain of another team is a 61-year-old woman Mira Devi, who was clearly not daunted by her age and instead chose to participate with great interest. 13 applicants are over the age of 50.



Cricket enthusiasm has no boundaries, which is once again upheld by Mr. Pawan Kumar Mangal, captain of the uniquely abled team (hearing and speech challenged), who have also registered to participate in Wonder Cement Saath: 7 Cricket Mahotsav.

Wonder Cement Ltd, one of the state's leading cement companies and a part of the RK Group, has proved the saying 'Cricket isn't just a game, it is a bonafide religion' correct. The company's initiative Wonder Cement Saath:7 Cricket Mahotsav has achieved astonishing registration milestone of over 9,000 teams. Each team comprises of ten members. The people of Rajasthan have shown great interest for the tournament which now looks set to be a resounding success.

The registration for Wonder Cement Saath:7 Cricket Mahotsav that had commenced on 24th November 2015 received 40,000 calls in a span of two weeks. The state of Rajasthan has explicitly shown their love for cricket with more than 9,000 teams registering for the tournament, while the expectation was mere 4000. A total of 3980 teams will be selected by virtue of a lucky draw. There are also some special teams who have registered - All MBBS Students, Team of Coolies, All Deaf and Dumb, Rajasthan Police and Electricity Board. Out of the 9,000 teams, Udaipur and Jaipur has witnessed maximum registration with over 1800 teams coming from each city. Over 1300 teams from Bharatpur, 1500 teams from Bikaner, 1300 teams from Jodhpur and 1350 from Kota.

Khaadi & Village Industry celebration

Udaipur : President of Khadi and Village Industries commission VK Saxena inaugurated state level Khadi and Village Industries exhibition at the Town Hall. This exhibition is organized by Rajasthan Aadi Jaati Sevak Sangh. The ceremony was presided over by MLA of Udaipur rural Phool Singh Meena while Ram Dash sharma, the president of Rajasthan Khadi Gramodyog Sanstha Sangh Jaipur graced the exhibition as special guest. Exhibition will start at noon and will close at 9 in the evening.

Saxena while observing the exhibition said that such exhibition are best suited to have the product directly between the manufacturer and buyer.

Banwari Lal Gaur, the coordinator of the exhibition said that there are about 135 stalls. 80 stalls are of Khadi products while 55 stalls have Village industry products.



Playback Singer Shaan in Udaipur Visited Empire Studios

Udaipur : Last week Famous Bollywood Playback Singer Shaan visited Udaipur with wife Radhika Mukherjee. During this visit he also visited "The Empire Recording Studio "located at 1, Sardarpura, Udaipur.

Shaan being close friends with Shashank Singh (Founder/ Director of Empire Studios) had a wonderful time together. Aditya Singh, co-founder of Empire also younger brother of Shashank Singh informed us that very soon singer Shaan & Shahank are going to collaborate for Bollywood Film

project based on Rajasthan folk music which will be recorded at Empire Studios at Udaipur with local Rajasthan singers and musicians.

Shashank is very excited to do this Rajasthan based movie project being from Rajasthan he loves the music and sound of Rajasthan folk music. Shashank also said that he would like to invite young talented singers of Rajasthan to associate in this project. Empire studios have also shortlisted a few local singers and recorded their voice samples for this project.

A hundred year old treated in PIMS

Udaipur : Doctors of Pacific Institute of Medical Sciences has treated upon a 100 year old patient with success. "Dholaram of Sakroda area of Udaipur district was treated for prostate gland using the binocular method," said vice chairman Ashish Agarwal. Under the guidance of veteran doctor AS Chundawat, the patient was given anesthesia. And then the operation was performed by Dr. MM Mangal. The patient is totally healthy and fine after the operation at such an age. Anesthesia itself at this age could be harmful let alone operation.

Dr. Nag : An eminent educationist

Kumar Mathur

An eminent educationist in his own right, Dr. K.N. Nag, former Vice Chancellor, MLSU, Udaipur and Rajasthan Agriculture University, Bikaner was born in Jaipur in a 'jagirdar' family that acted as 'Daroga' in the erstwhile Jaipur state. He completed his school education in his home town. From University of Allahabad he earned his B.Sc. (Agriculture Engineering) degree in 1951 and B.Sc. (Agriculture) in 1952. His ME (1958) and Ph.D. (1967) is from Ohio State University, Ohio, USA. He was topper in the 10-week Course in Extension Methods (1954) the first of its kind in India organized by Indian Council of Agriculture Research. Other special courses attended by him include Three Tier Management Programme organized by IIM, Ahmedabad and Tata Management Institute Pune. Nag got several scholarships like Technical Education Scholarship of former Jaipur state for degree, TCM Scholarship for Master's Degree in Engineering at Ohio State University, USA, Rockefeller Foundation Scholarship for Ph.D. at Ohio State University and Commonwealth Visiting Scholarship that enabled him to visit 11 Canadian Universities.

Nag started his career as a Tutor in the Drilling (Tubewell) Deptt. of Agriculture, Rajasthan in 1952. Then he worked as Chief Instructor, Lecturer, Associate Professor, HOD and Executive Engineer. He was the

Founder Dean of College of Technology and Agricultural Engineering, Udaipur (1967-1985) and elevated to the post of V.C. MLS University, Udaipur (1985-87) He then also served as Founder V.C. of Rajasthan Agricultural University, Bikaner (1987-90).

Nag has been member and chairman of several ICAR committees and panels including Scientific Panel Agri. Engg., Dean Committee Agri. Engg., Quinquennial Review Team, Establishment of 4 Agri. Engg. Colleges, and establishment of Krishi Vikas Kendras. He was also a member of the NCERT, MHRD, committee for framing National Vocational Courses. He had an opportunity to be a member of the High Power Delegation (agri.) to Pakistan in 1986. He also rendered services as an honorary Technical Director in Rajasthan Agro-Industries Corporation and Rajasthan Land Development Corporation.

Nag's contribution to the development of the state is by no means small. He got erected and operated the first fully automatic dairy plant in Rajasthan at Rajasthan College of Agriculture, Udaipur, and designed agricultural structures of various kinds. He also established training workshops, soil and water training centres, renewable energy training centres and regional biogas training centres. Computer Education was introduced in MLSU and RAU by him.



Nag has been Fellow of several professional and technical bodies such as Indian Society of Agriculture Engineers of which he was a founder, Indian Water Resources Society, Indian Society of Agro-forestry, Solar Energy Society of India, Institution of Engineers, Indian Society of Technical Education and Indian Dairy Association.

Nag has been actively associated with various societies such as Senior Citizens Council (president, advisor) Prakriti Foundation (founder president) Sajeev Seva Samiti (president) and Maharana Kumbha Sangeet Parishad (vice president).

Nag was honoured with several awards. He was given Mason Vaugh Pioneer Award in Agriculture Engineering by Indian Society of Agriculture Engineers in 2014. He is the first Indian and student of Vaugh to get this rare honour. Other awards won by him include Distinguished Alumni of College of Engineering and Agriculture, Ohio State University, International Award, Ohio University, FAO Consultant in Turkey Mechanised Irrigated Farming, Adana Irrigation project, ISAE Gold medal, Distinguished Graduate, S. Higginbottom Institute of Agr., Tech. and Sciences, Allahabad Agricultural Institute, Centennial Celebration, 20 Distinguished Alumni Award and Life Time Achievement

Award (ISAE).

Nag has organized several national level tournaments besides two international conferences, three All India conferences, West Zone Youth Festival and 3 ISAE Conventions. He recently organized a national seminar on Status of Senior Citizens-Issues and Challenges.

Talking about those who had influenced his life, Nag says that as his father passed away when he was just a child, his mother brought him up. Commitment and discipline were two of the several virtues that he inherited from her. His role model at the college level was Prof. Mason Vaugh. R.S. Dhiman, Scouts Commissioner and K.P. Mathur, Scouts Master had a great influence on him. After the partition of the country, the first refugee camp in Jaipur was organized by the local scouts. Deeply moved by the plight of the people in the camp, he devoted himself whole heartedly to serve them day and night.

How Nag became an agriculture engineer has an interesting story. The selection process was very tough. Out of 600 candidates, 60 were selected first. Then 20 of them were chosen for final selection. Nag's family wanted him to become a civil engineer. But when the selectors learnt that he was a 'jagirdar', they made him study agriculture engineering.

About the educational scenario of Udaipur, Nag says that education got a big boost when M.L. Sukhadia

became the Chief Minister. Govt. College was shifted from Gulab Bagh to the M.B. College campus. The city got Agriculture University and the Zonal Railway Training School was also started. Nag says that Education is expanding fast but we should not let the standards fall. The state govt. needs to be more generous with its grants to the universities. Private Universities should be properly controlled. Nag is greatly fascinated by the ambience of Lake City. A calm and quiet livable place where one gets a glimpse of traditional Rajasthan. He says that when he came to the town in 1955, all the hills were green but not so now. He is all for conservation of forest.

To keep himself in fine fettle, Nag used to walk for one hour every morning but now he does only light exercises for half an hour after getting up at six. To change his mood, he also works in his garden where he grows flowers and salad plants. He is very particular about participating in family and social functions.

Nag's advice to youth is that there is nothing that cannot be achieved through commitment and hard work. Regularly in doing things and a disciplined approach are the two big secrets of success. He opines that senior citizens should keep themselves active and keep on giving to the society in whatever way they can and thus repay their debt. And this what Nag a role model for the youth, seems to be doing himself.