



PAGE 2 : Irrfan Khan, Tigmanshu Dhulia celebrate brother Irshad Khan's Bumper Draw completion at Levo

PAGE 3 : Impact on the Contemporary Society of Shobhaa De's Works



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Apr 27, 20:00 PM

Punjab Cricket Association Stadium, Mohali
Kings XI Punjab vs. Sunrisers Hyderabad

Apr 28, 20:00 PM

MA Chidambaram Stadium, Chennai
Chennai Super Kings vs. Kolkata Knight Riders

Apr 29, 20:00 PM

M.Chinnaswamy Stadium, Bengaluru
Royal Challengers Bangalore vs. Rajasthan Royals

Apr 30, 20:00 PM

Eden Gardens, Kolkata
Kolkata Knight Riders vs. Chennai Super Kings

May 01, 16:00 PM

Feroz Shah Kotla, Delhi
Delhi Daredevils vs. Kings XI Punjab

May 01, 20:00 PM

Wankhede Stadium, Mumbai
Mumbai Indians vs. Rajasthan Royals

May 02, 16:00 PM

M.Chinnaswamy Stadium, Bengaluru
Royal Challengers Bangalore vs. Kolkata Knight Riders

May 02, 20:00 PM

Rajiv Gandhi International Stadium, Hyderabad
Sunrisers Hyderabad vs. Chennai Super Kings

May 03, 16:00 PM

Punjab Cricket Association Stadium, Mohali
Kings XI Punjab vs. Mumbai Indians

May 03, 20:00 PM

Brabourne Stadium, Mumbai
Rajasthan Royals vs. Delhi Daredevils

May 04, 16:00 PM

MA Chidambaram Stadium, Chennai
Chennai Super Kings vs. Royal Challengers Bangalore

An Exceptional Clinic Golcha

Golcha polyclinic is exceptional amongst medical hospitals in Udaipur. When trend to earn money is on peak, this clinic is really exceptional. In this clinic services rendered by doctors are on no profit no loss basis. Just 60 Rs. are charged from a patient. 50 are given to doctors and rest Rs. 10 are kept for management. This clinic was established by R K Golcha charitable trust in Jaipur 32 years back to facilitate public. Noted physician Dr. Shoorveer Singh. Shri M C Jain director of Golcha group reveals that this clinic is running from 8 am to 1 pm regularly with well equipped multi facilities. Dr. M L Dashora, Dr. S C Joshi, Dr. Rahul Chaplot, Dr. Mahima Samar, Dr. Mukesh Paliwal, Dr. B L Kumavat, Dr. Lokesh Partani, Dr. Bhavna Dhabai, Dr. I S Haqim, Dr. V K Jain, Dr. Devendra Sanadya, Dr. Neelakshir Sagar, and Dr. Sudhir Tomar are providing their best services for people. In addition to that 14 paramedical and assisting staff are working with us. Blood , urine , stool examinations are made available at nominal charges. Bio chemical, radiological tests, ENT and Dental care services are being provided at no profit no loss .

Massive quake killed more than 3,200 people

Thousands of desperate Nepalese took shelter under tents and sought help on Monday, two days after a massive quake killed more than 3,200 people, as overwhelmed authorities struggled to provide for the wounded and homeless.

According to news agency Reuters, the death toll from the earthquake rose to 3,218. The toll is likely to climb as rescuers struggle to reach remote regions in the impoverished, mountainous country of 28 million people and as bodies buried under rubble are recovered. It has been over 40 hours since an earthquake measuring 7.6 on Richter scale ravaged Kathmandu and several other parts of Nepal, but the aftershocks are still continuing.

In the past two days, there have been 83 aftershocks measuring over 4 on Richter scale with one on Sunday afternoon recording as high as 6.9. There have been over 200 minor tremors.

"The intensity and frequency of the shocks are likely to gradually come down, but it could take another 24-36 hours or more for that," said Lok Bijay Adhikari, chief of National Seismological Centre.

The aftershocks and rumours about another big quake forced residents in Kathmandu and other parts of Nepal spent the second consecutive night in open spaces and under tents.



idents were more troubled by the rains that lashed the capital and several other towns on Sunday night forcing those living in the open to seek cover.



According to the meteorology department, 4 mm of rainfall was recorded in Kathmandu. More showers are expected in late afternoons and evenings.

"The weather will remain cloudy with possibility of brief rain and thundershowers in some places of eastern Nepal and central hilly region," said an official of the department of hydrology and meteorology.

There are fears that rains could lead to avalanches and landslides and could hamper search, rescue and relief work. Many people are still feared to be buried under rubble in Kathmandu and elsewhere.

Across Kathmandu and beyond, exhausted families whose homes were either flattened or at risk of collapse laid mattresses out on streets and erected tents to shelter from the rain.

The sick and wounded lay out in the open in the capital, unable to find beds in the devastated city's hospitals. Surgeons set up an operating theatre inside a tent on the grounds of Kathmandu Medical College.

"We are overwhelmed with rescue and assistance requests from all across the country," Deepak Panda, a member of the country's disaster management, told Reuters.

At the Tribhuvan University Teaching Hospital, bodies, including that of a boy aged about seven, were heaped in a dark room. The stench of death was overpowering.

Pannadhaay Mahila Hospital of Udaipur

Music Therapy to pacify pain

As Peter Deunov puts it, "Music brings an expansion in the soul, power and might into the spirit, tenderness and warmth into the heart and light and freedom into the mind", music indeed is a magical gift of nature.



We see music as a medium of entertainment but it has a widespread effect and much broader impact on lives of every living creature let alone we human. Science has proved that music can help crops grow faster. Music also brings joy to animals and helps them heal quickly.

With joy, music also is a catalyst to heal wounds of heart and soul. True music amalgamated with melody touches heart and soul directly. The healing influence of music is evident since time immemorial. There are astounding benefits of music on physical, emotional, mental and spiritual wellbeing. It has been acknowledged in our archaic epics "Upanishads" as "Raga Chikitsa" that music heals by providing peace, tranquility and serenity. Great philosophers Aristotle and Plato have mentioned the beneficial effects of music on health and growth of an individual. Presently, these ideas are reemployed and rejuvenated to play an active role in medicine; as evidenced by studies in neurobiology and psychology. In this regard, music therapy is making a contribution to the healing arts.

Music is considered a pre-linguistic language which is nourishing and stimulating to the whole human being, affecting body, emotions, intellect, and developing an internal sense of beauty, sustaining and awakening the qualities in us that are wordless and otherwise inexpressible.

During therapy a selected music is used to produce the same vibrations of the body and played uninterrupted for a while to obtain the desired effect. This music therapy employs sound in an organized or rhythmic form to disentangle the stressed out nerves and brain, relaxing the mind-body as a whole. Music lessens the physiological responses to stress and elevates the state of consciousness by harmonizing both lobes of brain.

Dr. Rajrani Sharma, the Professor and Head Superintendent of Department of Obstetrics & Gynecology in PDZHU (Pannadhaiya Mahila hospital) Udaipur has realized the magic and natural healing power of music and has worked to use it in her hospital. She's exhilarated to tell that the results are amazing and inspiring.

"When I joined the R.N.T Medical College as a house surgeon in department of gynecology in the year 1978,

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Prashant - An Author from Udaipur

Ask any grown up person which time they miss the most and most will name their college life. Perhaps, this is why most of the Bollywood flicks that played around the college jottings and life were admired and loved by most of the people.

But if you try and recall a movie which was close to your life in college, you might struggle. You might even fail to name one. Boys in chiseled body shapes, expensive bikes are not common in cities like Udaipur. Similarly girls in short skirts and other sexy outfits never exist, at least in small towns like the city of lakes. So in the end, the movie or story only ends up like a fantasy in your mind but you never get a chance to correlate those incidences with your life.

Now, Udaipur's Prashant has successfully bridged this gap and has left the faces and looks of characters to your own imagination. In the crowd of old patterned novels across online stores and book shops, the local boy has written a story that is set in Udaipur and touches the base of reality in most simple way.

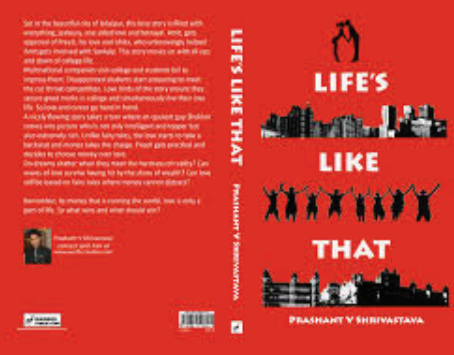
Prashant had to receive rejection initially but he ensured that he never gave up. Blackbuck Publication of Delhi finally accepted his novel and published it. Today this novel is available across all major online stores and book shops. Recently Life's Like That was made available in Kindle edition and is available in US, UK, France, and Australia. And you can also get a copy for Google reader through Play Store of Google.

Elated over the success, Prashant has not stopped and is writing his next novel these days. "I keep googling my name and always feel on cloud nine to find all page one links belonging to me," concludes the introvert Udaipurite who after studying Hindi medium till 12th standard, made his mark in English.

About the Story:

Life's Like That by Prashant V Shrivastava Set in beautiful city of Udaipur, the story is absolutely relatable to everyone's life. The love that was one sided becomes complete only after jealousy factor comes into play. Amit finally finds approval of Preeti, his love. Ishita, the girl that unknowingly helped Amit getting attention of Preeti gets involved with Sankalp. The story moves on with all ups and down of college life.

A Multinational company visits and students fail to impress. Disappointed students start self-preparation to meet the cut throat competition. Love birds of the story ensure they secure good marks in college and simultaneously live their love life. So love and career go hand in hand.



A nicely flowing story takes a turn where an opulent guy Shekhar comes into picture who is not only intelligent and topper but also extremely rich. Unlike fairy tales, the loves starts to take a backseat and money takes the charge. Preeti gets practical and decides to choose money over love.

Do dreams shatter when they meet the hardness of reality? Can waves of love survive having hit by the shore of wealth? Can love still be based on fairy tales where money cannot distract?

Remember, it's money that is running the world, love is only a part of life. So what wins and what should win?

Author's Say

Author Prashant V Shrivastava

Released last year in October, the maiden novel by the debutant author Prashant V Shrivastava has now reached Amazon Kindle and Google Reader. You must be wondering what is so special about this book. The answer is its plot setup and the author. Yes, set in your own Udaipur city, this book has been penned by a Software Engineer, Poet, Article Contributor, and now author Prashant V Shrivastava.

"I was raised in Udaipur and learned everything from this soil. I owe special thanks to my parents, family, and teachers so my first novel had to be from Udaipur only," says Prashant who is busy in writing his next novel. According to Prashant, the fiction he wrote has Udaipur at its base but stories in it are purely imaginary. Basically a romance fiction, Life's Like That has stories and incidents from Udaipur.

Places like Chai ki Thadi, Fatehsagar Lake Coast find exclusive mention in the story. "I have been to many cities and have lived in some as well but I can bet that no hangout place can match the serenity and excitement that Fatehsagar possesses," says the author.

Besides this successful book which has given him a title of Published Author, Prashant is a known name in Udaipur as he contributes to the Times of India's Udaipur Plus edition where he has contributed over 490 articles so far. Prashant writes poetry and tries to rewrite lyrics of popular songs that he loves.

"I'm working on my next novel besides regular things that I do. I keep busy with my daughter and reading besides thinking of scenes and plot for the novel," sums up the author.

ular things that I do. I keep busy with my daughter and reading besides thinking of scenes and plot for the novel," sums up the author.

About the Author

Prashant (Prash) is basically a Software Engineer and is working with an MNC. Besides his love for technology, he loves writing. His technical writing is a blend of his technical knowledge and writing skills. This is why he writes in an unconventional manner and still ends up keeping clients happy.

Talking about his non-technical writing, Prashant has been penning articles for Times of India's Udaipur Plus supplement since August 2007. He's got over 490 articles published on the front page of the supplement. He's still going strong with those publications. The count is incremented every Wednesday.

Besides these, Prashant maintains several blogs simultaneously and there's a special blog for his one year old daughter where he scripts each event of his daughter's life. This is something unique and inspiring especially in this age where people throw away their girl child.

Before taking his articles, blogs, and this novel seriously, Prashant only knew one kind of writing - Poetry. Prashant loves to rewrite on popular Bollywood tunes. He writes Lyrics, Gazals, Rubaaye, sheir, and Nazm quite well. He already has a fan following who love to wait for his poetry that he publishes on his poetry website shayarana.com.

When it comes to giving the credit for all his success, he names his parents and family. His mom Mrs. Sulekha Shrivastava is academic cell officer in Udaipur while Dad Mr. Virendra Shrivastava is a veteran journalist. So he got writing in inheritance. Further his mentor Ritu Dutta cultivated him into a better writer.

In family Prashant has parents, a younger brother who runs software company and is married. Nishant takes care of all technical requirements for Prashant so that he (Prashant) can concentrate on writing instead of worrying about websites maintenance.

Prashant tied knot with Shipra in 2010 and now the couple has a daughter.

He considers his one year old daughter Shranjika as a lucky charm for him. After she was born, Prashant is living a new life altogether. From an obedient son to friendly brother, to loving husband, to cool friend to a responsible dad, Prashant has been living his life on a happy path. His wife Shipra deserves equal credit for his success because she kept patience and maintained her love even when Prashant would return home after 9 in the evening, would do his one hour Pooja, and after dinner, would sit in front of his Computer to do his writings. Shipra also sacrificed her job to ensure the family is properly maintained and Prashant remains free of other routine tasks. He thanks his parents and God for all the happiness.